

# Cleansing Aura

Marcel Souza

**Energy Work** Kelly Wallace,2013-11-07 The aura is a combination of the natural energy your mind, body, and soul emit. This electromagnetic field normally extends between three to six feet from your body. If your aura is very strong it can extend an even greater distance. On the other hand, if you've been through a lot of trauma and negativity in your life, your aura can become very weak, small, and filled with holes or rips. It can even develop a hard outer shell that prevents anything from entering or exiting your aura field. You Can Change Your Energy Field Many people believe that once you're born with a certain type of aura energy or color you're stuck with it for life. Or, that we have no control over the type of energy we give off. Nothing could be further from the truth! By learning to clear and heal your energy field then changing your aura color you can give off the type of vibrations you want others to feel from you while attracting positive people and opportunities. You'll be able to advance on both the material and spiritual planes much more quickly than you have been.

**Aura Reading and Cleansing** Sharon Fitzgerald,2016-02-08 Your Guide To Reading And Cleansing Your Aura Everyone has aura. In fact, we are surrounded with differently-colored aura. The colors, shapes and positions of our auras can tell a lot of things about our personality, intentions as well as present condition. This means that if our aura emits lower vibrations, this means that our spirit our suffering which can also translate to having poor physical well-being. Reading and cleansing the aura are good ways to achieve peace of mind and good health. If you are a novice at reading and cleansing the aura, you might find the entire process ludicrous because you cannot see auras yet. The most important step in reading and cleansing auras is to be able to see them and it takes time and practice. With this book, you will be able to learn about the following: Understand the basic information about auras. Chapter 1 will discuss about what you need to know about auras which include their colors, sizes, shapes and positions. Chapter 2 will discuss about how to read aura. This chapter will teach tips on how you can open your eyes to see auras. This chapter includes exercises on how you can teach your body to see auras. It also includes understanding the anatomy of aura so that you will be able to read them accurately. Lastly, chapter 3 will discuss tips on how you can cleanse and purify your aura. This chapter provides helpful tips so that you can clean your aura as well as maintain positivity in your life. This chapter also provides different self-help tips on how you can purify your aura. Every one of us is encapsulated with auras. If you want to make a difference to yourself as well as to other people, it is important that you maintain good aura. Simply put, your aura defines you as a person.

**The Little Book of Aura Healing** Laura Styler,2020-10-20 Awaken your personal power--easy techniques to understand, read, and heal your aura The Little Book of Aura Healing is your beginner's guide to what your aura is and how you can heal and maintain it for better well-being. Begin with a brief background on how auras work before diving into specifics of each color, each layer, and practical aura balancing techniques that anyone can do. The Little Book of Aura Healing illuminates how your aura is connected to your physical, emotional, mental, and spiritual health. Start healing your aura right away with: Practical techniques--Explore simple practices for reading, healing, and strengthening your aura, with friendly language and helpful illustrations. Learn the signs--Discover ways to identify an aura that's imbalanced and how to align the energy of your thoughts, emotions, intentions, and actions for greater aural symmetry. The seven layers--Learn about the color, size, chakra, and personality traits associated with each of the seven main layers of your aura, and how to heal the ones that need your attention most. This book is your ultimate guide to auras and their colors as well as simple practices to read, cleanse, and heal them.

**Aura** Hitesh Morjaria,2012 Meditation; Spirituality;Meditation;Spirituality;

**Exploring Auras** Susan G. Shumsky,2012-06 In the new, revolutionary Exploring Auras, you will discover extraordinary breakthroughs about the human energy field that are simply unavailable anywhere else. Through this powerful, informative, practical book, you will discover, experience, cleanse, and strengthen your auric fields through simple methods that produce powerful results. The ancient Greek word 'aura' means 'breath of air' - the vital energy that breathes life into your being. This subtle energy field, which permeates and envelops your body, is a multifaceted, multidimensional field of immense light, power, and energy. The breath of air that gives you life also breathes life into the cosmos. Thus everything in the universe is filled and surrounded by auric fields that you can experience, measure, evaluate, cleanse, heal, restore, and strengthen. With the easy, proven tools and techniques in Exploring Auras, you will learn how to: Develop the subtle sensory perception to see or sense auras. Overcome 'psychic - sponge - syndrome', over - sensitivity, and psychic vampirism. Develop spiritual self - defense, auric protection, and self - reliance. Increase power, balance, focus, and clarity in your energy field. Heal and release dense vibrations in your environment. Release attachments and addictions crystallized in your energy field. Cut psychic ties and cords to create healthier relationships. Overcome psychic nets, clamps, plates, hooks, tentacles, arrows, jails, holes, leaks, armors, masks, shells, entities, environmental static, and geopathic zones. Heal and augment energy fields through intuitive dowsing, color, sound, breathing, movement, meditation, affirmation, visualization, and energetic sexual practices.

**Aura: A Complete Guide to Aura Reading and Aura Cleansing (Thought Forms and Astral Colors Reading Ability Development)** Jason Carlson, When we open up to the concept that all is energy and we acknowledge the existence of the human aura, we embark on both an enlightening and intriguing journey. This guide offers valuable insight into the human energy system, the development of the chakras and the aura, how the aura is affected by the Chakras, by other people and also by our surroundings. It also includes valuable insight into the use of crystals and how they can be used to balance and or heal and expand the aura. This book is right for you if: · You want to see auras but you're not sure where to begin · You're on the path to spiritual awakening and psychic development · You want to be able to reveal exactly what a person is feeling or what state of being they're in · You're highly sensitive to the emotions of others and you want to learn how to shield yourself · You want to heal your own auric field and attract positivity into your life If you are looking at discerning the emotional, physical and spiritual well-being of a person, then you should consider learning how to read auras. This type of search for information would be non-intrusive. If you want to forge those improved relationships, or maybe you are just curious about conquering something that seems to be supernatural, then this is the book for you.

**Auras** Devon Wilson,2023-07-08 Our world is driven by materialism, competition, and comparison, causing us to look outwardly for validation and a sense of self. However, within each of us lies a unique energy field known as our aura. This new book by Clarissa Lightheart explains the chakras, energy points in our body, and how they align with the vibrations in our auras. When you can perceive and even see auras, you develop a better understanding of your own emotions, your relationships, and your physical and spiritual health. Some people are naturally more attuned to this energy than others. Still, by educating ourselves and learning to see people light, we can benefit from a better understanding of ourselves and those around us. Here is a preview of what you'll learn... Understanding what an aura is Learning how to see auras Identifying the types and levels of auras The art of interpreting auras How to influence auras Common auric obstructions Much, much more! If you are looking at discerning the emotional, physical and spiritual well-being of a person, then you should consider learning how to read auras. This type of search for information would be non-intrusive. If you want to forge those improved relationships, or maybe you are just curious about conquering something that seems to be supernatural, then this is the book for you.

**Exploring Auras** Susan G. Shumsky,2006 Do you want more energy, well-being, clarity, and peace of mind? In the new, revolutionary Exploring Auras, you will discover extraordinary breakthroughs about the human energy field that are simply unavailable anywhere else. This edition has been replaced by Power of Auras (EAN: 9781601632890) Through this powerful, informative, practical book, you will discover, experience, cleanse, and strengthen your

auric fields through simple methods that produce powerful results. The ancient Greek word aura means breath of air—the vital energy that breathes life into your being. This subtle energy field, which permeates and envelops your body, is a multifaceted, multidimensional field of immense light, power, and energy. The breath of air that gives you life also breathes life into the cosmos. Thus everything in the universe is filled and surrounded by auric fields that you can experience, measure, evaluate, cleanse, heal, restore, and strengthen.

**Egg Folk Magic Cleanse Do It Yourself Let the Easy 5 Minute Aura Cleanse Absorb Negative Energy Create Positive Energy Uplift, Energize and Manifest Good for People, Pets, Places and Things** Grace Divine, 2016-02-22 For the first time made available to the West, this is a form of native traditional shamanic Indian aura charging used by MILLIONS of people to clear negativity & take away the evil eye. Many people claim feeling better, stronger, more energized, better luck and positivity after the easy egg cleanse. This book shows how everyone can do this with one egg and a glass of water. It teaches the fun filled easy steps one at a time. This book also includes extensive images with suggestions on meanings of egg forms for purposes of interpretation to learn if: 1. If you absorbed negative energy from a situation or person 2. If someone wishes you ill will or gave you the evil eye 3. What kind of energy is around you (positive or negative) 4. And possibly, the who, what, where, when and how of people who may hold a grudge or have negative or positive wishes towards you including spiritual energies. This book is for fun and entertainment purposes only. I hope it informs the public about alternative, ancient and anthropological forms of auric clearing. I make no claims about this process however, I find it to be SUPER FUN and I do it at parties. And I personally, do feel better after doing it! My name is Grace Divine. I am a painter, writer and musician. I paint in over 30 styles. And many of my art work is for the benefit of humanity, animals, earth and nature. Check out my over 1000 paintings and photographs and books at my website below. Sending light, love and blessings to the world. XO Grace Divine [www.GraceDivine.com](http://www.GraceDivine.com)

**COMPLETE AURA AND ENERGY FIELD CLEANING COURSE** Marcel Souza, The Complete Course on Aura and Energy Field Cleansing is a comprehensive and practical guide that delves deep into the fascinating universe of subtle energy surrounding every human being. Authored by recognized experts in the fields of spirituality and well-being, this book provides a unique journey towards understanding and mastering the energies that surround us. From fundamental concepts to advanced techniques, the book presents essential principles for understanding the aura and energy field in an accessible and educational manner. Readers will be guided through step-by-step exercises, meditations, and specific practices, providing them with the necessary tools to cleanse, balance, and strengthen their own aura and energy field. The work not only explores the origins of negative energies that can impact our physical and emotional well-being but also offers effective strategies to neutralize them. With a holistic approach, the book integrates ancient wisdom with contemporary discoveries, allowing readers to achieve a state of balance and harmony in their lives. Furthermore, The Complete Course on Aura and Energy Field Cleansing addresses the importance of self-discovery, promoting an inner journey that aims not only for the purification of energies but also for personal and spiritual development. This book is an indispensable resource for those seeking to deepen their connection with themselves and the world around them, empowering them to live with greater fulfillment, vitality, and serenity.

**A Sparkling Aura a Sparkling Life** Scott Marmorstein, 2016-11-18 If you are interested in learning some of the following: \*Auras and chakras, from a psychic perspective The beginning stages of working with someone's auras and chakras. \*Spirit Guides & Angels (how to contact and work with them) \*Knowing how to safeguard your aura from psychic vampires, and what psychic vampires are Ethereal Crystals and Gemstones, their uses in psychic healing \*Psychic cleansing methods you can use on yourself How to promote a healthy aura for yourself and others Then this book is what you're looking for!

**Reiki** Kimberly Moon, 2019-12-11 In this book, you will discover how to enrich your life with the power of Universal Life Force. Connecting your senses with the energy of your soul to bring healing into the world, you can master the techniques of Reiki and invite balance, well-being, and harmony into your everyday life.

**How to Read Auras** Yuna Willows, 2015-02-02 There's an old saying that goes: People have eyes, yet they do not see. This is applicable especially when it comes to the constantly evolving energies that are present everywhere, yet most people are not even aware of. These energies, also called bioelectric fields, are more commonly known as Auras. Simply put, they're the colored halos emitted and carried by all living things in the world. Those who can see auras are presumed to have very sharp senses, and most likely they have further honed them specifically for the task. Taking time to learn how to see and read Auras properly will powerfully impact your sense of personal awareness, and it will also improve your relationships with people. In this book, you will learn how to sense, see, and – to some extent – use auras to your advantage and for the benefit of others. You'll also learn how to understand and recognize different auras, as well as how to properly interpret them, and even manipulate them to some degree too. As you read this guide, try to be extra sensitive and aware of any aura encounters you may experience. This will help you familiarize yourself with the experience of aura-reading, and it will make for more graphic and easier learning. Let's get started!

**Spiritual Cleansing** Angela Grace, 2021-04-19 If you long for freedom, peace, & joy but often feel frustrated with negative energetic attachments, keep reading. Have you ever been so happy, but someone (or something) completely stomped your good mood into the mud? That person or situation likely attached its negative energy to your aura. It's essential to protect yourself from bad energy that lowers your vibration & throws off your goals & dreams. These threats require your utmost attention. Perhaps you're experiencing a period of great stress or having nightmares? You likely need a proper cleansing of yourself & your home. Have you tried smudging, sprays, & candles, & nothing seems to work? Do you finally want to say goodbye to all of the energetic parasites wreaking havoc out of sight & see what works for you? Cleansing yourself & home of negative energies & attachments doesn't have to be difficult, even if you feel like you've already tried everything. In fact, it's easier than you think. Here's just a tiny fraction of what you'll discover: A treasure trove of easy, step-by-step exercises you can do at home for a supercharged vibration & powerful cleansing The spiritual insider's homemade potion to safeguard from malicious entities This quick number secret to seeing your soul's characteristics & what they say about you The secret gland that, when activated, can skyrocket energy & reach the stratosphere of the divine (& it's not the third eye) How to see with your own eyes the energetic movements in your home with just two kitchen items The insider's step-by-step secret DIY spray recipe to dissolve negative energy Unbeatable Guided Meditations to Banish Negative Entities, Cleanse Your Aura, & Supercharge Your Life (& the items you need to power up your meditations) The easy 'invisible chair' at-home exercise to release a lifetime of trauma Made-for-you Negative Energy Cleanse rituals to enchant your home with angelic power A treasure-trove of \*bonuses\*, including a companion video course with over 4.5 hours of empowering content, energy-tapping videos, powerful guided meditations, journals, & so much more. Take a second to imagine how you'll feel once you can effortlessly cleanse your aura & home of harmful negative entities. Imagine your friend's & families' faces when they step foot in your beautifully pure home. Spiritual cleansing isn't reserved for shamans & mystics. In fact, anyone can do it. You can begin spiritually cleansing today with the amazing secrets inside, even if you're completely new to the practice. So, if you're done allowing negative entities to impose on your auric space & have a burning desire to start fresh, then turn the first page.

**Book of Seeing Aura** Peter London, 2021-08-24 Dear reader, if you are interested in the subject of the third eye, cups and energies, and you want to know how to learn to read the aura, recognize its colors and learn different techniques for enhancing it, this book is for you.

**Aura: Tips & Tricks to Reading People and Energy Fields (Unlock the Power of Palm Healing and Learn About Aura Cleansing Chakra Healing)** Scott Larson, Auras are a spiritual aspect that has been defined as the electromagnetic

presence that is around the human body and every object in the known universe. Whatever you see around you carries with it the weight of the existence that it has brought forth through the passage of time to the instance where you contact it. This means that rocks, chairs, animals, and people all have auras. Now, the human energy field, as we call it, is an aura that carries with it a variety of densities that permeate through the human body in the forms of colors. This can exit the physical body and the particles of energy often manifest in the form of color to the naked eye. This book is right for you if:

- Heal blocked chakras
- Extend your auras for others to feel it
- Feel and interpret the auras of other people
- Use auras to develop your senses and feelings
- Balance auras to affect your physical health

You will also learn the significance of the subtle variations which can be found within those colours. Finally, you will be shown how to heal the aura which leads to overall greater health and well-being.

**Auras** Barbara Rowland, Sarah Martin, 2018-12-15 Do you want to understand your family members and coworkers? Then it's time to broaden your vision... If you're like us, you're often left confused by the behavior of others. Why do people act the way they do? How do they really feel? Can they be trusted? How can we really know? Auras reflect who we are and provide a source of information about a person. Reading auras is an ancient skill taught in many religious traditions (and not so religious traditions) throughout history. Reading auras is not an anti-Christian approach to understanding and analyzing human behavior, and it's certainly not a sin! Science has discovered that energy fields are real and measurable and therefore readable. Science has proven that reading auras is a God given skill that we can develop. This book will provide you with a step-by-step guide on how to go from beginner to expert with very little practice! Let us help you discover... Five simple steps that will teach you how to see auras. The scientific and spiritual connection of auras. How reading auras can open you to greater happiness, peace and fulfillment. The ancient history of auras and how it affects us today. The connection between belief, faith and energy and how you can capitalize on your personal growth. How reading auras can help keep you safe, save money and even help to heal illness. The relationship between the mind, the third eye, chakras and energy and how to harness the power of each. How to interpret illness, deceit and danger and what to do when you see things that a person is hiding from you. How to cleanse your aura and why it's important for your health and wellbeing. The 10 colors of an aura and what they mean. How to interpret color, brightness and layers of an aura. The 7 layers of an aura, how to see them, what they mean and what to do with the information. And much more.... If you want to change your life, improve your relationships and have a broadened vision of the world, then now is your chance! You're worth it. Take the step to help make your world a better place by clicking the Add To Cart button now.

**Aura Balancing** Julietta Bourne, 2014-07-08 Aura Balancing - The Definitive Guide Scientifically Proven: The Secret Guide to Aura Balancing About the Book: Aura Balancing Aura Balancing is the perfect book for you to learn about and balance your aura and energy systems. Auras affect every single physical object, living or dead, in the entire world and all are connected with one another. But life will truly never be the same for you until after you have successfully utilized the methods contained within this book and gain a new understanding of what aura and energy balancing is and how it affects you. There is plenty of useful information in this guide that will teach you how you can balance your auras and live a much more peaceful life as a result. There's so much that you can learn from simply reading this book, such as:

1. What is an aura? We will dive specifically into that and expand beyond the simple definition of an aura. We will discuss how it works and how it affects you.
2. What are the seven major chakras and how do they work in the body?
3. Are there any potential issues that can develop with auras and energy systems? How can they be prevented? This book will dive right into that.
4. How can I identify the status of my energy system? An entire chapter of this guide is dedicated directly to that question.
5. What role does the aura play in the energy field? This guide covers it!
6. What exactly is the 'energy system?' This book will open with a discussion explaining all of that!
7. How can I cleanse and restore balance to my aura? This book will give you dozens of different methods for doing so!

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**Spirituality** Karen Penczak, 2020-07-16 Why do you need to draw the Reiki Symbols correctly? Because the Reiki Symbols are the keys to penetrate to the universal life force energy, and you need to have the right keys for the right gates to achieve the right purpose.

**The Little Book of Aura Healing** Jasper Knight, 2023-03-22 Awaken your personal power-easy techniques to understand, read, and heal your aura The Little Book of Aura Healing is your beginner's guide to what your aura is and how you can heal and maintain it for better well-being. Begin with a brief background on how auras work before diving into specifics of each color, each layer, and practical aura balancing techniques that anyone can do. The Little Book of Aura Healing illuminates how your aura is connected to your physical, emotional, mental, and spiritual health. Start healing your aura right away with:

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- The seven layers-Learn about the color, size, chakra, and personality traits associated with each of the seven main layers of your aura, and how to heal the ones that need your attention most.

This book is your ultimate guide to auras and their colors as well as simple practices to read, cleanse, and heal them.

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