

Biorhythms Chart

Maynard Tibbert

Biorhythms George S. Thommen, 1987 The newly revised edition of an international bestseller, showing how to chart the body's unique natural cycles--biorhythms--in order to discover richer, healthier, happier lives. Complete with biorhythm tables through the year 2000. 100 black-and-white illustrations.

Biorhythms Barbara O'Neil, Richard V. Phillips, 1975

Biorhythm Awareness Bruno Carli, 2021 Have you ever had a really bad day? Maybe you tripped over the cat as you were getting out of bed, ran out of gas on the way to work because you forgot that you needed to fill up, botched up a major project that the boss was counting on you to get right, and burned dinner. When it was all said and done, you probably wished that you had just stayed in bed that morning. We all have days like that to some extent. But we also have good days. They might not stand out in our minds like the bad ones do, but everyone has them. So why are some days horrible and others stellar? Many of us blame it on fate. But what if I told you that you could avoid having bad days? What if you could prevent even the most devastating of mistakes, improving both your physical and mental health in the process? You're probably thinking, "Yeah, that would be nice, but I don't have a crystal ball." But you don't need one. All you need to turn those bad days into good days is a basic understanding of biorhythms and how to use them to your advantage. There is no rocket science involved, just a few calculations that you don't necessarily even have to do yourself. Would you like to learn more? In this report, we'll go over the history and concepts of biorhythms and discuss how you can use them to change your life for the better.

Biorhythm for Life Howard M. Thomson, 1976

Biorhythm Bernard Gittelson,1976 Explains the nature and workings of the body's biorhythms and related concepts and theory and provides birth charts and biorhythm charts for plotting personal biorhythmic curves.

Biorhythm Kit Jacyntha Crawley,2000-04-28 Biorhythms are the rhythms of life within us all. The book and wheel should help the reader to understand himself and others better. Each cycle - physical, emotional and intellectual - begins on the day you are born and rises and falls in positive and negative phases throughout your life.

Biorhythm 1995-96-97 Bernard Gittelson,1994 This book explains how to construct your own biorhythm chart for 1995, '96 and '97, using the easy-to-use tables provided

Understand Biorhythm Maynard Tibbert,2021-04-24 Do you believe that there is an inner factor that is controlling our emotions and behaviors in everyday life? Have you ever heard about Biorhythms? Biorhythm cycle is a mystery to most, yet it is so easy to understand with this book! Thousands of academic studies evidence the power of biological rhythms to have an influence on our daily conditions, change behaviors, and take emotional control in any area of life. In some ways, this book will pay for itself with your success. - Learn how to prevent potential dangerous days. - Learn how biorhythm can help you choose a partner or friend. - Learn more about your spouse's biorhythm cycles and yours for a harmonious living! - Read Biorhythm charts easily by knowing your friend or partner's birth date. - Create your own Biorhythm calculator with ease. - Learn about celebrities, their biorhythms, and their dangerous days

Mystery Behind Biorhythm Cycles Sydney Rapley,2021-04-24 Do you believe that there is an inner factor that is controlling our

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Biorhythm for Health Design Kichinosuke Tatai,1977

biorhythms is this your day? thommen,1987-02-01 The newly revised edition of an international bestseller, showing how to chart the body's unique natural cycles--biorhythms--in order to discover richer, healthier, happier lives. Complete with biorhythm tables through the year 2000. 100 black-and-white illustrations.

Biorhythm Bernard Gittelson,1993-12-01 An established scientific discipline, biorhythm is the computerized study of biological clocks--the built-in natural cycles that exert a powerful influence on behavior. With biorhythm charts for the next three years, this book details how biorhythms can help one deal with stress, pain, emotions and relationships.

Biorhythm 1994-95-96 Bernard Gittelson,1993 Explaining how to construct your own biorhythm chart from straightforward tables, this book is based on the scientific theory that each person's biological clock is set into action by the massive stimulation of all sensory organs on

the date of his birth.

Symmetry of Biorhythms and Reactivity Aleksandr Petrovich Dubrov, 1989 One of the fundamental problems in biology and medicine is that of individual differences in biorhythms and reactivity. Dubrov (Library of Natural Sciences, USSR Academy of Sciences, Moscow) considers the problem from the point of view of symmetry and harmony, applying the new discipline of functional biosymmetrics to explore the functioning of an organism and its reactivity. Translated from the Russian 1987 original, which presumably has something to do with the high cost. The type is double-spaced (for added bulk?). Annotation copyrighted by Book News, Inc., Portland, OR

Biorhythm 1991-92-93 Bernard Gittelson, 1990-01 Easy-to-use tables in this book allow the reader to construct his or her own personal biorhythm chart.

Biorhythms Peter West, 1999 A biorhythm is an internal cycle which regulates physical, emotional and intellectual performance. This full-color, pocket-sized guide provides a concise introduction to the history and practice of biorhythm theory. Written by Peter West, a renowned expert on biorhythms, the book details how to create your own biorhythm cycles and use them as a self-help technique to achieve your maximum potential.

The Biorhythm Handbook, Workbook and Forecaster Lee Martin, 1978

The Encyclopedia of Crystals, Herbs, and New Age Elements Adams Media, 2016 From crystals and herbs to flowers and essential oils, this comprehensive guide shows you how to use a variety of New Age elements to enhance your life. Each page includes information on their attributes, healing properties, and how they can

be applied in any situation. With detailed descriptions and an informative glossary, you can quickly discover the New Age element that best serves your purpose, whether it's promoting healing, activating creativity, or bringing about good fortune--Amazon.com

Numerology or What Pythagoras Wrought Underwood

Dudley,2019-07-10 Numerology is the belief that numbers have power over events. It is a descendent of number mysticism, the belief the contemplation of numbers can give mystical and non-rational insights into life, the universe, and everything. Twenty-five hundred years ago, Pythagoras originated number mysticism, crediting certain numbers with characteristics, though numerology is a more recent invention that allots numbers, hence, characteristics to individuals. Underwood Dudley outlines here the history of number mysticism and numerology and gives many examples, including biorhythms, Bible-numberists, pyram.

Popular Health & Medical Writing for Magazines Anne

Hart,2005-04-22 Here's how to transform your interest in popular health topics such as gene hunters, medical trends, self-help, nutrition, current issues, or pets into writing salable feature articles for popular publications. Become a health-aware feature writer, journalist, editor, indexer, abstractor, proofreader, information broker, book packager, investigative reporter, pharmaceutical copywriter, or documentary video producer. Here are the skills you'll need to transform your interest in popular science into writing health and medical feature and filler articles or columns for a wide variety of publications. For those who always wanted to write or edit medical publications, scripts, medical record histories, case histories, or books, here's a guide with all the strategies and techniques you'll need to become a medical writer, journalist, or editor. Whether you're a medical language specialist,

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