

Body Mass Index

Linda A. Ferrera

Body Mass Index and Health Linda A. Ferrera, 2005 The Federal guidelines on the identification, evaluation, and treatment of overweight and obesity in adults have defined overweight as a body mass index value between 25 and 29.9; and obesity as a body mass index value greater than or equal to 30. BMI is a ratio between weight and height. It is a mathematical formula that correlates with body fat, used to evaluate if a person is at an unhealthy weight (given a certain height). BMI value is more useful for predicting health risks than the weight alone (for adults ages 18 and up). Individuals with high BMI's are at increased risk of developing certain diseases, including: Hypertension, Cardiovascular Disease, Dyslipidemia, Adult-Onset Diabetes (Type II), Sleep Apnea, Osteoarthritis, Female Infertility, and other Conditions, including: idiopathic intracranial hypertension lower extremity venous stasis disease, gastroesophageal reflux and urinary stress incontinence. This new book gathers research from around the world in the critical field of obesity research and its effects.

Body Mass Index Linda A. Ferrera, 2005 The Federal guidelines on the identification, evaluation, and treatment of overweight and obesity in adults have defined 'overweight' as a body mass index value between 25 and 29.9; and 'obesity' as a body mass index value greater than or equal to 30. BMI is a ratio between weight and height. It is a mathematical formula that correlates with body fat, used to evaluate if a person is at an unhealthy weight (given a certain height). BMI value is more useful for predicting health risks than the weight alone (for adults ages 18 and up). Individuals with high BMI's are at increased risk of developing certain diseases, including: Hypertension, Cardiovascular Disease, Dyslipidemia, Adult-Onset Diabetes (Type II), Sleep Apnea, Osteoarthritis, Female Infertility, and other Conditions, including: idiopathic intracranial hypertension lower extremity venous stasis disease, gastroesophageal reflux and urinary stress incontinence. This new book gathers research from around the world in the critical field of obesity research and its effects.

Encyclopedia of Behavioral Medicine Marc D. Gellman, J. Rick Turner,

Mean Body Weight, Height, and Body Mass Index Cynthia L. Ogden, 2004

The Surgeon General's Call to Action to Prevent and Decrease Overweight and Obesity, 2001 Promotes the recognition, treatment, and prevention of conditions of overweight and obesity in the United States.

Focus on Body Mass Index and Health Research Linda A. Ferrera, 2006 The Federal guidelines on the identification, evaluation, and treatment of overweight and obesity in adults have defined overweight as a body mass index value between 25 and 29.9; and obesity as a body mass index value greater than or equal to 30. BMI is a ratio between weight and height. It is a mathematical formula that correlates with body fat, used to evaluate if a person is at an unhealthy weight (given a certain height). BMI value is more useful for predicting health risks than the weight alone (for adults ages 18 and up). Individuals with high BMI's are at increased risk of developing certain diseases, including: Hypertension, Cardiovascular Disease, Dyslipidemia, Adult-Onset Diabetes (Type II), Sleep Apnea, Osteoarthritis, Female Infertility, and other Conditions, including: idiopathic intracranial hypertension lower extremity venous stasis disease, gastroesophageal reflux and urinary stress incontinence. This new book gathers research from around the world in the critical field of obesity research and its effects.

Body Mass Index (BMI), Presents information on the body mass index (BMI), a ratio between weight and height. Offers an interactive form for determining one's BMI and notes exceptions, such as pregnant women and growing children. Contains a BMI chart and information on improving health. Links to other health-related sites.

Obesity World Health Organization, 2000 This report issues a call for urgent action to combat the growing epidemic of obesity, which now affects developing and industrialized countries alike. Adopting a public health approach, the report responds to both the enormity of health problems

associated with obesity and the notorious difficulty of treating this complex, multifactorial disease. With these problems in mind, the report aims to help policy-makers introduce strategies for prevention and management that have the greatest chance of success. The importance of prevention as the most sensible strategy in developing countries, where obesity coexists with undernutrition, is repeatedly emphasized. Recommended lines of action, which reflect the consensus reached by 25 leading authorities, are based on a critical review of current scientific knowledge about the causes of obesity in both individuals and populations. While all causes are considered, major attention is given to behavioural and societal changes that have increased the energy density of diets, overwhelmed sophisticated regulatory systems that control appetite and maintain energy balance, and reduced physical activity. Specific topics discussed range from the importance of fat content in the food supply as a cause of population-wide obesity, through misconceptions about obesity held by both the medical profession and the public, to strategies for dealing with the alarming prevalence of obesity in children. ... the volume is clearly written, and carries a wealth of summary information that is likely to be invaluable for anyone interested in the public health aspects of obesity and fatness, be they students, practitioner or researcher. - Journal of Biosocial Science

Evolution of Cardio-Metabolic Risk from Birth to Middle Age Gerald S. Berenson, 2011-07-09 That precursors of adult coronary artery disease, hypertension, and type II diabetes begin in childhood have been clearly established by the Bogalusa Heart Study. This unique research program has been able to follow a biracial (black/white) population over 35 years from childhood through mid-adulthood to provide perspectives on the natural history of adult heart diseases. Not only do these observations describe trajectories of cardio-metabolic risk variables leading to these diseases but provide a rationale for the need to begin prevention beginning in childhood. The trajectories of the burden of cardio-metabolic risk variables in the context of their fetal origin and chromosome telomere dynamics provide some insight into the metabolic imprinting in utero and aging process. The observed racial contrasts on cardio-metabolic risk variables implicate various biologic pathways interacting with environment contributing to the high morbidity and mortality from related diseases in our population. To address the seriousness of the onset of cardiovascular disease in youth, approaches to primordial prevention are described focussing on childhood health education as an important aspect of Preventive Cardiology.

Body Mass Index Hülya Çakmur, 2023-12-13

Body-mass Index and Health Ayşe Emel Onal, 2019-02-13 The body mass index has an important place in weight control. Attention should be paid to the regularization of anthropometric measures and to physical activity to protect from increasing obesity that is associated with chronic noncommunicable conditions, such as diabetes mellitus, cancers and cardiovascular diseases. Also, attention should be paid to the countries that are developing. The daily intake of calories, carbohydrates, oils and proteins, fibers, vitamins and minerals and clean water is essential for all individuals, especially for children and for pregnant women.

Body Weight Status of Adults Charlotte A. Schoenborn, 2002

Life Satisfaction and Body Mass Index Kristjana Baldursdottir, 2021 According to the World Health Organization, obesity is one of the greatest public-health challenges of the 21st century. Body weight is also known to affect individuals' self-esteem and interpersonal relationships, including romantic ones. We estimate utility-maximizing Body Mass Index (BMI) and calculate the implied monetary value of changes in both individual and spousal BMI, using the compensating income variation method and data from the Swiss Household Panel. Two-stage least squares models are estimated for women and men separately, with mother's education as an instrument to account for the potential endogeneity in income. Results suggest that the optimal own BMI is 27.4 and 22.7 for men and women, respectively. The annual value of reaching optimal weight ranges from \$3,235 for underweight women to \$32,378 for obese women and from \$19,088 for underweight men to \$43,175 for obese men. Women on average value changes in their own BMI about three times higher than changes in their spouse's BMI. Men, on the other hand, value a reduction in their spouse's BMI

almost twice as much compared to a reduction in their own BMI.

National Health and Nutrition Examination Survey ,2013

SOLUTION TO THE COUNTRY'S WEIGHTY PROBLEMS Val Serbalik,2012-06-28 Solution to the Country's Weighty Problems: The Body Mass Index Reduction Program, (BMIRP) is a tongue in cheek book with hilarious illustrations suggesting the enactment of a federally mandated weight - reduction program to address the obesity epidemic in the U.S. The author presented in 2012 components of the program which have since been implemented by various governmental agencies and airlines, including charging fees based upon weight and Body Mass .and restrictions on access to facilities to those with excessive Body Mass He brings to the forefront problems, such as: debt and budget crisis, threatening national bankruptcy; trade deficit; reliance upon foreign oil, and its economic and national security threats; global warming, environmental pollution, energy conservation; out of control health care costs and declining health; corpulence and enhanced weight epidemic; and deteriorating national infrastructure. For less than the cost of a trip to the Golden Corral or other comparable "all- you- can- eat" buffet restaurant, or the cost of a "Big Mac" or "Whopper" with fries, the reader is exposed to a pragmatic, innovative, comprehensive, non-political, non-ideological program to address the nation's monumental problems.

2000 CDC Growth Charts for the United States ,2002

Social Dynamics in Swiss Society Robin Tillmann,Marieke Voorpostel,Peter Farago,2018-06-13 Using longitudinal data from the Swiss Household Panel to zoom in on continuity and change in the life course, this open access book describes how the lives of the Swiss population have changed in terms of health, family circumstances, work, political participation, and migration over the last sixteen years. What are the different trajectories in terms of mobility, health, wealth, and family constellations? What are the drivers behind all these changes over time and in the life course? And what are the implications for inequality in society and for social policy? The Swiss Household Panel is a unique ongoing longitudinal survey that has followed a large sample of Swiss households since 1999. The data provide the rare opportunity to go beyond a snapshot of contemporary Swiss society and give insight into the processes in people's lives and in society that lie behind recent developments.

Routledge Handbook of Critical Obesity Studies Michael Gard,Darren Powell,José Tenorio,2021-12-30 The Routledge Handbook of Critical Obesity Studies is an authoritative and challenging guide to the breadth and depth of critical thinking and theory on obesity. Rather than focusing on obesity as a public health crisis to be solved, this reference work offers divergent and radical strategies alongside biomedical and positivist discourses. Comprised of thirty nine original chapters from internationally recognised academics, as well as emerging scholars, the Handbook engages students, academics, researchers and practitioners in contemporary critical scholarship on obesity; encourages engagement of social science and related disciplines in critical thinking and theorising on obesity; enhances critical theoretical and methodological work in the area, highlighting potential gaps as well as strengths; relates critical scholarship to new and evolving areas of obesity-related practices, policies and research. This multidisciplinary and international collection is designed for a broad audience of academics, researchers, students and practitioners within the social and health sciences, including sociology, obesity science, public health, medicine, sports studies, fat studies, psychology, nutrition science, education and disability studies.

New Trends in Body Mass Index Research Alard Vermeulen,2012-06-01 Body Mass Index (BMI) is the measure of the body weight relative to height that is associated with body fat and health risk. In this book, the authors present current research in the study of BMI including such topics as BMI and estrogen-dependent breast cancer in postmenopausal women; body mass index relating to psoriasis and age and sex variations in BMI.

BMI and Waist Circumference Anatomical Chart Company,Robert Kushner,2006-11 BMI and Waist Circumference chart is an essential tool for primary care professionals and anyone involved in wellness and weight counseling. With this tool, it's easy to find the patient's Body Mass Index (BMI) score based on their height and weight and to discover if the patient has a high-risk waistline. The chart provides: A definition of BMI English and Metric

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