

Smart Soccer

Carl Wild

Smart Soccer Nina Savin Scott,1999 Presents strategies for playing soccer under pressure, dealing with various situations during a game, setting goals, playing with teammates, coping with coaches, and dealing with doubts and fears.

Smart Soccer Officiating Carl P. Schwartz,2001

Smart Soccer Coaching Archie Ray,2021-05-29 Engage Your Soccer Players with Professionally Designed Practices Do your players struggle to make good decisions? Do you as the coach struggle to provide fun practices that the players love to be involved in? This excellent book offers a range of 2 v 2 soccer practices designed to engage performers, improve decision making and develop technical excellence. All the practices have been written by a Premier League UK academy coach with over 15 years of coaching experience. The book covers three different 2 v 2 formats with coaching points and practice progressions. This book will help the players to play the game where the ball is on the field. Extremely detailed coaching information, coaches will never have to worry about what to say. This is the third book of the Smart Soccer Coaching series and it provides a fantastic insight into the types of practices being coached to Premier League Academy players. There is a real decision making emphasis on every practice and there is not a moment in any of the practices where the players involved can switch off. The modern game demands that performers are focused, challenged and proactive. Each practice ensures that the player is put into pressured situations that they would face in a real game. Soccer is a tough game and coaching soccer is even tougher, especially if the coach is inexperienced and not educated. This book aims to stimulate the minds of soccer coaches everywhere and get them to think about the way they design their practices, the coaching detail they provide and the environment they create to ensure the players they coach can flourish. The detail and activities in the book will provide soccer coaches and young players with a solid foundation to progress in the sport. The book provides a blueprint of practices explained clearly with supporting diagrams and detailed descriptions. Content Includes: Reasons why you should coach 2 v 2 soccer to your players Common mistakes made by attackers and defenders involved in 2 v 2 practices Common types of 2 v 2 Situations Soccer Practice Formats: 2 v 2 when the attackers have their back to the performers 2 v 2 when the attackers are facing the opponent Possession based 2 v 2 practices Bonus Content: Each book contains 2 additional taster sessions from the Smart Soccer Coaching series. Winning 1 v 1 Duels Dominating the 2 v 1 in Soccer Don't miss the opportunity to grab this book. It will enhance your current coaching knowledge. Buy your copy now.

Intelligent Soccer Training Fabian Seeger,Andree Fincke,2020 Intelligent Soccer Training is the follow-up book to the Soccer Games and Drills Compendium: 350 Smart and Practical Games to Form Intelligent Players. In this companion, you will find 150 training exercises that teach the basic tactical and technical skills of modern soccer, including running behavior (running, chasing and catching); ball techniques (ball control, dribbling, first-touch control, passing and shooting); group tactics, various games entries; as well as how to improve action speed and game intelligence. With its wide range of information, the book is useful for all playing ages and performance levels. --

Soccer IQ Dan Blank,2012 An Amazon #1 Best-Seller! Named the #1 Soccer Book by Football.com. Named a Top 5 Book of the Year by the NSCAA Soccer Journal! Soccer iQ is the first book for soccer PLAYERS! In a world saturated with books about how to coach soccer, Dan Blank finally gives players a book on how to think it. Standing on two decades of collegiate coaching experience, Blank has catalogued soccer's most common mistakes and provides simple, connect-the-dots solutions to help players solve their soccer problems. Soccer IQ is soccer's first text book for players; an almanac of smarter soccer decisions intended to flatten out the learning curve. It covers everything from hunting rebounds to the value of the toe-ball; from playing in the rain to the world's dumbest foul. Blank tells his story from the familiar and humorous voice of a coach who has endured years of stress at the hands of his players. Written in plain-spoken language, Soccer IQ is an easy read and a quick-fix to the most common yet critically important soccer

problems. Includes a bonus chapter on the college recruiting process. Finally someone wrote this book! If every soccer player read Soccer IQ, every coach would be a lot happier. Mark Francis - Head Coach University of Kansas Dan Blank has just written soccer's first definitive text book. Colin Carmichael - Head Coach Oklahoma State University This book has immediately become required reading for my team. I'll take 30 copies. Steve Nugent - Head Coach UNC-Greensboro Soccer IQ may be the best practical soccer book I have ever read. There's no fluff. Just nuts and bolts principles that we teach every day. It'll solve a lot of your soccer problems. Steve Holeman - Head Coach University of Georgia

Creative Soccer Training Fabian Seeger,Loïc Favé,2017-11-01 Meyer & Meyer Premium—At Meyer & Meyer we make no compromises to present the best in sports content. Go for Gold! Creative Soccer Training includes 350 modern practical games and drills that build on basic playing skills. Foregoing theoretical introductions, the authors focus on presenting comprehensive exercises and particular skills that go beyond standard training. This book includes a great variety of creative training exercises that will form intelligent soccer players. Numerous graphics help soccer coaches implement training content with their own team in a simple and fast way. The practice-oriented design additionally makes this compilation an optimal resource for training players at advanced levels.

Soccer iQ Vol. 2 Dan Blank,2014-04 It's as if Dan was sitting right next to you with a dry erase board saying, 'See what I mean?' This is another must have book for the soccer lover. ~ Ray Leone, Head Coach, Harvard A follow-up to the Amazon #1 best-seller, Soccer iQ, Volume 2 is written in the same conversational and humorous tone as its predecessor. Volume 2 is an easy read that identifies more of the most common soccer mistakes and provides players with simple, connect-the-dots solutions that they can immediately implement into their games. It is another must-have book for any serious soccer player. Soccer iQ Vol. 2 gives you way more than your money's worth. ~ Tony Amato - Head Coach, Arizona

Soccer Practice Victor Wise,2023-03-05 This book was written to change the way players think about and play the game of soccer. I struggled for years with sub-average performances as a defender, defensive center midfielder, and outside midfielder. I was often placed in these positions because I could not score. Due to my immaturity, I did not like others correcting my form. I knew it needed considerable improvement, so I would take it personally when someone gave me feedback. I realized that this was limiting my ability to become the player I wanted to be. Therefore, I sought out the knowledge that allowed me to score multiple goals a game, defend correctly, pass with excellent form, etc. As a result of this success, I could not help but share my understanding of the game to other players who are looking to improve, parents who want to boost their child's confidence on the field, and coaches who want to be viewed as outstanding by all of their players and their players' parents. Though I train players individually and in small groups, I know that writing the information down in a book will allow it to reach more eyes, build more confidence, and make a significant impact on the world. This book dives deep into the important topics of soccer. Though the correct form and tactics are extremely helpful in ensuring the ball ends up in the opponent's net, you also need a strong mindset to improve on any weaknesses, solidify your strengths, and implement many tips and tricks, to become the person on your team that consistently scores. This book will help you become the most admired player on your team. Changing one or two things may help you become better, but once you start implementing most or even all the techniques described in this book, you will see a significant improvement in your performance on the field. However, remember that the knowledge in this book is only helpful when applied. You must apply it to score 10X more goals each season, which will lead to several more wins.

Smart First Touches: Developing the Skilful Player ,

The Intelligent Soccer Coach Carl Wild,2021-09

Soccer Smart Marcus Dibernardo,2014-03-20 Soccer Smart is a ground breaking book in the area of soccer cognitive development and performance. The book investigates the notion of “game intelligence” as a combination of cognitive ability (IQ) and a player's experience through

training. It discusses recent theories in elite player performance and provides training sessions and tools grounded in these new scientific findings geared towards developing players to their maximum potential. The exercises in this book will challenge your players as they will be forced to think, process and problem solve quickly in order to be successful. In essence, the training will help players strengthen their cognitive ability and develop a higher soccer IQ resulting in a better performance on the field.

Soccer Training Dylan Joseph, 2018-05-17 If you are NOT interested in being a better player, coach, or parent of a soccer player, this book is NOT for you. With game-proven methods to score more against any team, this is your manual for success! How teams play is unpredictable... or is it? Through countless hours of practice, training, and experience, soccer's elite have shown consistent patterns of in-game skills that when applied, will lead to very predictable outcomes - more goals, more assists, and more wins! Learn the keys to being a better soccer player through warm-ups, instructional drills, and exercises to sharpen your skills that take advantage of the human anatomy, an unshakable mindset, and proper form for all areas of soccer. In Soccer Training, there are 14 chapters, with well over 100 tips from scoring to defending, fitness to nutrition, and on-the-field tactics to boosters for your free time. Each is broken down in a way that answers the question, How can I use these steps to prepare for and use during every game that I play? Learn what coaches do not teach, not because they do not care, but because they just don't know. Often, coaches emphasize the team's abilities, while giving little to no time and minimal volume to the skills of each individual. It is just as essential to develop the players within the system. This book is a high-level overview of the areas that can take a player from being a bench-warmer to MVP. In a day and age where many so-called experts' advice is to improve your conditioning, get more touches, try harder, and you need to want it more, this book stands out on delivering the steps to turn any player into a great performer. Who this book is for: -The defender who does not know which direction to push an attacker or how to position their body correctly. -The midfielder who does not get enough assists and is not considered to be the team's playmaker. -The striker/attacker/forward who does not score at least 2 goals a game. -The soccer player who needs a surefire confidence boost that can only come from game-ready knowledge. -The parent who loves their child playing such a beautiful sport, but hates to see them struggle with a lack of confidence in what to do. -The coach who only focuses on team drills, but knows that their squad can go further if their shooting power, passing form, and foot skills improved through the correct methods and increased IQ. Outcomes of applying the facts in this book: -Understand how to beat a defender every time (plus a few skills to avoid). -Condition your mindset to become one of a winner. -Remove the toxic habits you need to break. Correctly understand soccer to unlock everything you need to know about for every age including boys, girls, kids, teens, young adults, men, and women. You may ask why should I order this book versus watching free YouTube videos? Well, though YouTube can be used to supplement this book because videos show visual representations of the skills covered, each video is often unorganized and the order in which you watch the videos is NOT structured at all. This book provides that structure to ensure that you are not just getting a little information in one spot and some knowledge in another without being able to understand the entire picture of how it all works together. It gives every player the ability to walk onto a field and know that (1) your team will win and (2) you will lead them to victory! The skills you develop will move you forward in your playing career. Soccer Training contains the facts that will empower every player, trainer, mom, and dad. Please note this is not a picture book. It is time for hours of SOCCER TRAINING to pay off. Become the player, coach, or parent that changes every game from here on out. Pick up your copy today by clicking BUY NOW.

The Soccer Games and Drills Compendium Fabian Seeger, 2017-03-06 Meyer & Meyer Premium — the next level of instructional sports literature with high-quality, full-color books. The Soccer Games and Drills Compendium is a comprehensive compilation of 350 realistic drills and games that facilitate high-quality design and quick implementation of modern soccer training. The many drills are divided into technical, tactical, and fitness-based focus areas. Individual focus areas cover basic training content, such as passing, dribbling, shots on goal, feints, juggling, and 1-on-1 situations,

followed by focus areas with differentiated and advanced content, such as transitioning and reacting, chaos and action, game start variations, active defense, tournaments, and topics on tactical training. In addition, this book includes exercises for soccer-specific speed training, athletic and endurance training, indoor training, goalkeeper training, and team building. In this compendium you will find a wide variety of soccer-specific training exercises, and the graphics and practice-oriented design make it an optimal resource for taking effective training content and implementing it on the field. The many variations included with the drills and games make this compilation ideal for training players at all performance levels and age groups.

Soccer IQ Dan Blank,2012 Blank has catalogued soccer's most common mistakes and provides simple, connect-the-dot solutions to help players solve their soccer problems--Page 4 of cover.

Soccer iQ Presents Shutout Pizza Dan Blank,2015-06-15 WARNING: This is not a goalkeeping book. From the best-selling author of Soccer iQ comes a book dedicated to teaching and organizing a back four. Coach Dan Blank led the Southeastern Conference's best defense at two different universities in consecutive years. It began with a handbook he created for his defenders that ensured everyone was on the same page. Shutout Pizza is a vastly expanded version of that handbook. It introduces the governing principles that guided the SEC's best defenses, and covers a broad spectrum of scenarios that commonly occur during matches. Shutout Pizza is packed with diagrams that will help the reader visualize the concepts discussed in the text, and includes several of most effective drills for training these concepts. This is an excellent book for coaches and players who want to defend more effectively.

The Complete Idiot's Guide to Soccer Basics Sam Borden,2009-02-03 The ultimate resource for getting on the ball The Complete Idiot's Guide® to Soccer Basics explains anything and everything a parent or new coach needs to know to understand the game and make the most of a child's soccer experience. From the rules of the game to playing techniques, this is a one-volume course for parents and children to score winning goals. • Since 1974, total individual participation in U.S. soccer programs has grown from 100,000 to more than 3 million, primarily young players between the ages of 6 and 14 • Most parents of today's youth soccer players didn't play soccer themselves growing up, and will welcome this reference book • Includes game strategies and practice techniques for every player position

More Physics of Soccer Deji Badiru,2022-08-21 This book is a continuation of the Physics of Soccer book series. It presents guidelines for playing soccer smart and safe, using the principles of STEM (Science, Technology, Engineering, and Mathematics). It is a great book to get kids excited about the role and linkage of science in sports.

Soccer Smarts for Kids Andrew Latham,2016-02-17 Everything kids ages 8 to 12 need to know to play smarter, more enjoyable soccer As a youth soccer coach for more than twenty years, Coach Andrew Latham sets kids up for success in Soccer Smarts for Kids with his no-fluff, easy-to-understand strategies and cover-to-cover tips—from goal setting and staying fit to pre-game prep and mental motivation. Coach Latham preps young players to be their best by sharing soccer secrets, exercises, and tricks for kids to develop their skills on the field, with: Basic to advanced techniques so kids can move at their own pace Player profiles highlighting six superstar soccer players (including Lionel Messi and Alex Morgan) Playbook essentials featuring color photos and custom diagrams Need-to-know terms to crack the code of fundamental soccer definitions Soccer fans will improve their game, play smarter, and have more fun with Soccer Smarts for Kids.

Smart Bets Victor Harrison,2020-01-02 Do you want to win consistently and make money daily betting on soccer? This book offers the TRUE KEYS. This book contains amazing insight for the everyday person who is interested in soccer betting. In this book the author explains the different ways you can use to pick matches with different outcomes. You will learn simple strategies on: - How to pick a home win - How to pick an away win - How to pick a draw - How to pick soccer matches that are safest to bet on, if you are considering BTTS yes bet. The book also contains many examples of situations

and circumstances that give rise to a very high probability of specific outcomes, you can look out for to make your bet pay. If you want to make some easy, extra cash on the side or create additional income for yourself, this is the book for you. The concept outlined in this book focuses on applying the psychology of the game, as well as the probability of how events evolves all the time in soccer matches to assert the probabilities of events and outcomes in up-coming matches. The strategies explained in this book works for every soccer league and competition, and is easy to master. If you spend time to learn this strategy, you should be able to apply them to identify at least two to three value opportunity per day, by spending no more than 20 - 30 minutes on research.

Soccer Smart Coaching Series Marcus DiBernardo,2015-03-01

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