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The Big, Fun, Sexy Sex Book Lisa Rinna, lan Kerner, 2013-01-08 The New York Times bestselling authors of Rinnavation and She Comes First reveal candid and fun tips to improving your marriage by rejuvenating your sex life—and getting from "no-go" to the Big O. JUST SAY O! Have flannel pj's replaced your silky negligees? Are you more likely to nod off cuddling the remote—instead of your partner? Are you too tired for sex? Is foreplay becoming "boreplay"? Too much comfort in your relationship can strip your sex life of its XXX rating and render your love life . . . lifeless. New York Times bestselling authors Ian Kerner, a nationally recognized sex counselor, and vivacious television personality Lisa Rinna are on a mission to help you get from "no-go" to the Big O. Mind-blowing sex is just pages away—now let's have some fun! IT'S NEVER TOO LATE TO GET THE SEX LIFE YOU'VE ALWAYS WANTED! • Sexy scenarios and hot new moves to amp up the adventure! • The best sexual positions to make you climax • Confidence boosters that make you feel sexier than ever and bring out your inner thrill-seeker • Oral sex and hand job tips that will make his body go nuclear • Fixes for common bedroom problems such as low desire, mismatched libidos, and sexual boredom • Tips for coping with sexual "male-functions" such as premature ejaculation, erectile disorder, and a propensity for porn • The ten-step sex workout • The most amazing sex of your life—at any age, even after kids!

Atlas of Emergency Medicine Kevin J. Knoop, Lawrence B. Stack, Alan B. Storrow, 2002 If a picture is worth a thousand words, this text speaks volumes. - Review of the First Edition, Academic Emergency Medicine *The primary visual sourcebook for diagnosis of emergency conditions *Features 700 high quality full-color photos *Covers diagnosis and clinical features for a broad spectrum of typical and atypical conditions *New to this edition: chapters on HIV, wounds and forensic evaluation, coverage of pneumonia, additional toxins, and treatment techniques

The Penis Book Aaron Spitz, M.D.,2018-02-20 What's the weirdest thing you've ever wanted to know about the penis but were afraid to ask? Dr. Aaron Spitz has that answer—and many more. Let Dr. Spitz—who served as assistant clinical professor at UC Irvine's Department of Urology for 15 years and who is a regularly featured guest on The Doctors—become your best friend as he fearlessly guides you through the hairiest and the scariest questions in The Penis Book. An unflinching, comprehensive guide to everything from sexually transmitted infections to the science of blood flow, The Penis Book prominently features an easy-to-follow holistic five-step plan for optimum penis health, including plant-based eating recommendations, information on some penis-healthy foods, and suggested exercises for penis wellbeing. Useful to men and women alike, The Penis Book is a one-stop-shop for the care and maintenance of the penis in your life.

Rasayana H.S. Puri,2002-10-17 Until relatively recently, much of the information on India's research into their medicinal plants has remained within India, mainly published within Indian journals. However, today the field of Ayurveda is expanding, with the integration of herbs and minerals discovered in other countries and the strengthening of academic knowledge networks worldw

Textbook on Scar Management Luc Téot, Thomas A. Mustoe, Esther Middelkoop, Gerd G. Gauglitz, 2020-12-07 This text book is open access under a CC BY 4.0 license. Written by a group of international experts in the field and the result of over ten years of collaboration, it allows students and readers to gain to gain a detailed understanding of scar and wound treatment – a topic still dispersed among various disciplines. The content is divided into three parts for easy reference. The first part focuses on the fundamentals of scar management, including assessment and evaluation procedures, classification, tools for accurate measurement of all scar-related elements (volume density, color, vascularization), descriptions of the different evaluation scales. It also features chapters on the best practices in electronic-file storage for clinical reevaluation and telemedicine procedures for safe remote evaluation. The second section offers a comprehensive review of treatment and evidence-based technologies, presenting a consensus of the various available guidelines (silicone, surgery, chemical injections, mechanical tools for scar stabilization, lasers). The third part evaluates the full range

of emerging technologies offered to physicians as alternative or complementary solutions for wound healing (mechanical, chemical, anti-proliferation). Textbook on Scar Management will appeal to trainees, fellows, residents and physicians dealing with scar management in plastic surgery, dermatology, surgery and oncology, as well as to nurses and general practitioners

Integrative Sexual Health Barbara Bartlik, Geovanni Espinosa, Janet Mindes, 2018 Integrative Sexual Health explores beyond the standard topics in men's and women's health, drawing on a diverse research literature to provide an overview of sexual biology and sexual dysfunction, diverse lifespan, lifestyle and environmental impacts on sexual function, integrative medicine solutions to sexual problems, and traditional eastern and western treatment approaches to healing sexual difficulties. This comprehensive guide written by experts in the field provides clinical vignettes, detailed treatment strategies for mitigating the side effects of both medications and sexual dysfunction associated with medical illness and poor lifestyle habits, and extensive further reading resources. Integrative treatment modalities not typically consulted in mainstream medicine, such as traditional Chinese medicine, Ayurvedic medicine, aromatherapy, and botanical medicine, are presented with the best evidence, in a clinically relevant manner. Part of the Weil Integrative Medicine Library, this volume is a must read for the specialist and non-specialist alike who wish to address sexual problems using an integrative medicine approach, and acquire tools to maintain lifetime optimal health and vitality that supports healthy sexuality. Integrative medicine is defined as healing-oriented medicine that takes account of the whole person (body, mind, and spirit) as well as all aspects of lifestyle; it emphasizes the therapeutic relationship and makes use of appropriate therapies, both conventional and alternative. Series editor Andrew Weil, MD, is Professor and Director of the Arizona Center for Integrative Medicine at the University of Arizona. Dr. Weil's program was the first such academic program in the U.S., and its stated goal is to combine the best ideas and practices of conventional and alternative medicine into cost effective treatments without embracing alternative practices uncritically.

Sexing the Body Anne Fausto-Sterling,2020-06-30 Now updated with groundbreaking research, this award-winning classic examines the construction of sexual identity in biology, society, and history. Why do some people prefer heterosexual love while others fancy the same sex? Is sexual identity biologically determined or a product of convention? In this brilliant and provocative book, the acclaimed author of Myths of Gender argues that even the most fundamental knowledge about sex is shaped by the culture in which scientific knowledge is produced. Drawing on astonishing real-life cases and a probing analysis of centuries of scientific research, Fausto-Sterling demonstrates how scientists have historically politicized the body. In lively and impassioned prose, she breaks down three key dualisms -- sex/gender, nature/nurture, and real/constructed -- and asserts that individuals born as mixtures of male and female exist as one of five natural human variants and, as such, should not be forced to compromise their differences to fit a flawed societal definition of normality.

Veterinary Herbal Medicine Susan G. Wynn, Barbara Fougere, 2006-11-29 This full-color reference offers practical, evidence-based guidance on using more than 120 medicinal plants, including how to formulate herbal remedies to treat common disease conditions. A body-systems based review explores herbal medicine in context, offering information on toxicology, drug interactions, quality control, and other key topics. More than 120 herbal monographs provide quick access to information on the historical use of the herb in humans and animals, supporting studies, and dosing information. Includes special dosing, pharmacokinetics, and regulatory considerations when using herbs for horses and farm animals. Expanded pharmacology and toxicology chapters provide thorough information on the chemical basis of herbal medicine. Explores the evolutionary relationship between plants and mammals, which is the basis for understanding the unique physiologic effects of herbs. Includes a body systems review of herbal remedies for common disease conditions in both large and small animals. Discusses special considerations for the scientific research of herbs, including complex and individualized interventions that may require special design and nontraditional outcome goals.

A Dictionary of the Psalter Matthew Britt,1928

"I Want to Be Like Nature Made Me" InterACT, Human Rights Watch (Organization), 2017 This report examines the physical and psychological damage caused by medically unnecessary surgery on intersex people, who are born with chromosomes, gonads, sex organs, or genitalia that differ from those seen as socially typical for boys and girls. The report examines the controversy over the operations inside the medical community, and the pressure on parents to opt for surgery--Publisher's description.

Scientific Basis for Ayurvedic Therapies Lakshmi C. Mishra, 2003-09-29 Arguably the oldest form of health care, Ayurveda is often referred to as the Mother of All Healing. Although there has been considerable scientific research done in this area during the last 50 years, the results of that research have not been adequately disseminated. Meeting the need for an authoritative, evidence-based reference, Scientific Basis for Ayurvedic Therapies is the first book to analyze and synthesize current research supporting Ayurvedic medicine. This book reviews the latest scientific information, evaluates the research data, and presents it in an easy to use format. The editor has carefully selected topics based on the availability of scientific studies and the prevalence of a disease. With contributions from experts in their respective fields, topics include Ayurvedic disease management, panchkarma, Ayurvedic bhasmas, the current status of Ayurveda in India, clinical research design, and evaluation of typical clinical trials of certain diseases, to name just a few. While there are many books devoted to Ayurveda, very few have any in-depth basis in scientific studies. This book provides a critical evaluation of literature, clinical trials, and biochemical and pharmacological studies on major Ayurvedic therapies that demonstrates how they are supported by scientific data. Providing a natural bridge from Ayurveda to Western medicine, Scientific Basis for Ayurvedic Therapies facilitates the integration of these therapies by health care providers.

Webster's New International Dictionary of the English Language Noah Webster,1913

Popular Mechanics, 2000-01 Popular Mechanics inspires, instructs and influences readers to help them master the modern world. Whether it's practical DIY home-improvement tips, gadgets and digital technology, information on the newest cars or the latest breakthroughs in science -- PM is the ultimate guide to our high-tech lifestyle.

The Unplugged Alpha Richard Cooper,2020-11-26 Most men today are sent off into society with a broken belief system, which they use to make choices, that get them terrible results with life and women. Men have been conditioned to be the quintessential nice guy. They're trained to be overly humble, kind to a fault, and that just being themselves is enough to attract and keep the woman of their dreams. Men are told to believe that conventional masculinity is toxic, and to put women ahead of their own interests, passions, and purpose. This has led to an entire generation of men forming very unhealthy attachments to women that they, unfortunately, often make their sole focus of their lives. The playbook to women and life has changed, but most men missed the memo. Do you want to succeed, and level up in every area of your life? If so, then this book explains: - The importance of maximizing your looks, money, social status, and game. - Why it's essential to get genuine burning desire from a woman who wants to date you. - The top 20 red flags that you must vet women for a long term relationship. - How to become one of the top 20% of men that women swipe right for on online dating. - Why smart men avoid marriage. And much more. This book exposes the comforting lies you've been told throughout your life for what they really are. Enabling you to become a truly authentic Alpha that chases excellence, and leads a successful passion-filled life.

<u>Webster's New International Dictionary of the English Language, Based on the International Dictionary 1890 and 1900</u> William Torrey Harris, Frederic Sturges Allen, 1911

A Mind of Its Own David M. Friedman,2008-09-04 Whether enemy or ally, demon or god, the source of satisfaction or the root of all earthly troubles, the penis has forced humanity to wrestle with its enduring mysteries. Here, in an enlightening and entertaining cultural study, is a book that

gives context to the central role of the penis in Western civilization. A man can hold his manhood in his hand, but who is really gripping whom? Is the penis the best in man -- or the beast? How is man supposed to use it? And when does that use become abuse? Of all the bodily organs, only the penis forces man to confront such contradictions: something insistent yet reluctant, a tool that creates but also destroys, a part of the body that often seems apart from the body. This is the conundrum that makes the penis both hero and villain in a drama that shapes every man -- and mankind along with it. In A Mind of Its Own, David M. Friedman shows that the penis is more than a body part. It is an idea, a conceptual but flesh-and-blood measuring stick of man's place in the world. That men have a penis is a scientific fact; how they think about it, feel about it, and use it is not. It is possible to identify the key moments in Western history when a new idea of the penis addressed the larger mystery of man's relationship with it and changed forever the way that organ was conceived of and put to use. A Mind of Its Own brilliantly distills this complex and largely unexamined story. Deified by the pagan cultures of the ancient world and demonized by the early Roman church, the organ was later secularized by pioneering anatomists such as Leonardo da Vinci. After being measured scientifically in an effort to subjugate some races while elevating others, the organ was psychoanalyzed by Sigmund Freud. As a result, the penis assumed a paradigmatic role in psychology -- whether the patient was equipped with the organ or envied those who were. Now, after being politicized by feminism and exploited in countless ways by pop culture, the penis has been medicalized. As no one has before him, Friedman shows how the arrival of erection industry products such as Viagra is more than a health or business story. It is the latest -- and perhaps final -- chapter in one of the longest sagas in human history: the story of man's relationship with his penis. A Mind of Its Own charts the vicissitudes of that relationship through its often amusing, occasionally alarming, and never boring course. With intellectual rigor and a healthy dose of wry humor, David M. Friedman serves up one of the most thought-provoking, significant, and readable cultural works in years.

New International Dictionary ,1920

Antioxidant-Antidiabetic Agents and Human Health Oluwafemi Oguntibeju,2014-02-05 The human system employs the use of endogenous enzymatic as well as non-enzymatic antioxidant defence systems against the onslaught of free radicals and oxidative stress. Enzymatic antioxidants and non-enzymatic antioxidants work synergistically with each other, using different mechanisms against different free radicals and stages of oxidative stress. Dietary and lifestyle modifications are seen as the mainstay of treatment and management of chronic diseases such as diabetes mellitus. The major aims of dietary and lifestyle changes are to reduce weight, improve glycaemic control and reduce the risk of coronary heart disease, which accounts for 70-80% of deaths among those with diabetes. It is also important to note that medicinal plants have been used as medicines since ancient time, and continue to play significant role even in modern medicine in management and treatment of chronic diseases. Impressive numbers of modern therapeutic agents have been developed from plants. Phytochemicals have been isolated and characterised from fruits such as grapes and apples, vegetables such as broccoli and onion, spices such as turmeric, beverages such as green tea and red wine, as well as many other sources. The WHO estimates that approximately 80% of the worlds inhabitants rely on traditional medicine for their primary health care and many medicinal plants have ethno-medical claims of usefulness in the treatment of diabetes and other chronic diseases globally, and have been employed empirically in antidiabetic, antihyperlipidemic, antihypertensive, antinflammatory and antiparasitic remedies. This book examines the role of antioxidant-rich natural products in management and treatment of diabetes and other chronic diseases.

Psychology of the Unconscious Carl Gustav Jung,1916

Sexual Personae Camille Paglia,1990-09-10 From ancient Egypt through the nineteenth century, Sexual Personae explores the provocative connections between art and pagan ritual; between Emily Dickinson and the Marquis de Sade; between Lord Byron and Elvis Presley. It ultimately challenges the cultural assumptions of both conservatives and traditional liberals. 47 photographs.

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