

Unplugged

Candlewick Press

Unplugged Gordon Korman,2021-01-05 From the New York Times bestselling author of *The Unteachables*, Gordon Korman, comes a hilarious middle grade novel about a group of kids forced to “unplug” at a wellness camp—where they instead find intrigue, adventure, and a whole lot of chaos. Perfect for fans of Korman’s *Ungifted* and the *Masterminds* series, as well as Carl Hiaasen’s eco mysteries. As the son of the world’s most famous tech billionaire, spoiled Jett Baranov has always gotten what he wanted. So when his father’s private jet drops him in the middle of the Arkansas wilderness, at a place called the Oasis, Jett can’t believe it. He’s forced to hand over his cell phone, eat grainy veggie patties, and participate in wholesome activities with the other kids, who he has absolutely no interest in hanging out with. As the weeks go on, Jett starts to get used to the unplugged life and even bonds with the other kids over their discovery of a baby-lizard-turned-pet, Needles. But he can’t help noticing that the adults at the Oasis are acting really strange. Jett is determined to get to the bottom of things, but can he convince everybody that he is no longer just a spoiled brat who is making trouble?

Unplugged Steve Antony,2018-02-27 From the creator of the bestselling *Mr. Panda* series comes an amusing picture book about the fun you can have when you unplug. Meet Blip. Blip loves being plugged into her computer. When a blackout occurs, Blip trips over her wire and tumbles outside. Suddenly, Blip's gray world is filled with color and excitement. She plays with her new friends and has adventures all day long. When Blip finally returns home, she realizes that the world can be even brighter once you unplug.

Unplugged Brian MacKenzie,Andy Galpin,Phil White,2017-07-11 We're looking at our wrists not only to check the time, but also to see how much we've moved, monitor our heart rate, and see how we're stacking up against yesterday's tallies. By 2020, the global market for fitness-focused apps and devices is expected to grow to \$30 billion. The authors believe we are turning rich experience into yet another task we need to complete to meet our daily goals. They encourage you to reconnect to your instincts and the natural world, and avoid the common mistakes that most people make with wearables and tracking apps.

Doug Unplugged Dan Yaccarino,2016-03-08 ****Check out the Doug Unplugs animated series on Apple TV!**** It's easy being a robot, if you play by all the rules—but when Doug gets curious, he decides to unplug and forge his own path. And he discovers a whole world of what's possible. Doug is a robot. His parents want him to be smart, so each morning they plug him in and start the information download. After a morning spent learning facts about the city, Doug suspects he could learn even more about the city by going outside and exploring it. And so Doug . . . unplugs. What follows is an exciting day of adventure and discovery. Doug learns amazing things by doing and seeing and touching and listening—and above all, by interacting with a new friend. Dan Yaccarino's funny story of robot rebellion is a great reminder that sometimes the best way to learn about the world is to go out and be in it. Praise for *Doug Unplugged: A gentle robotic rebellion.* —USA Today A sweet tale . . . Yaccarino [is] especially good at slipping in the small, nourishing details that are savored upon repeated readings. —The New York Times

Unplug Suze Yalof Schwartz,Debra Goldstein,2017-03-07 A modernized approach to meditation that will appeal to anyone, even if - especially if - you believe you have no time, you can't sit still, or that it's just not you. Whether you're a Fortune 500 CEO or someone bogged down with a never-ending to-do list, the proven secret to being more effective and living a happier, healthier life is to hurry up and slow down, to unplug. Studies show that you can get more done - and do it better - by doing less, just by consciously unplugging for a few minutes each day and meditating. This revolutionary book by the founder and CEO of the groundbreaking LA-based meditation studio Unplug Meditation brilliantly simplifies this powerful practice and shows the overwhelmed and overworked how easy it is to unplug in order to relieve stress, regain focus, and recharge. Schwartz debunks the common misperceptions about meditation, including the notion that you need to sit still for long periods of time, or that you need to turn off your brain. She also shares the life-changing benefits you will experience, the proven science of how meditation literally changes your brain, as well as easy techniques and tips to easily incorporate meditation into your daily life.

Unplugged€”15th Anniversary Edition Paul McComas,2020-10-03 Jimi Hendrix. Janis Joplin. Jim Morrison. And recently, Amy Winehouse. Each died at 27 as a result of drug abuse, despair, or both. Back when Kurt Cobain took his own life at that age, his mother lamented, €œI told him not to join that stupid club.€ Unplugged imagines a talented and tormented woman whose membership in the club is denied€”barely. Up-and-coming rocker Dayna Clay struggles to make it through the final night of a wildly successful concert tour. Tormented by an ever-deepening depression, the 27-year-old hands her guitar to a fan and beats a hasty retreat. She flies home to Chicago and attempts suicide €; but nature seemingly steps in to spare her. Still unsure whether her life is worth living, she forfeits her career and disappears, setting out incognito for parts unknown. Dayna winds up, quite by accident, in the South Dakota Badlands, whose inhabitants€”human and otherwise€”challenge and change her in striking ways. She develops a profound affinity for the jagged, dramatic, semi-stable Badlands formations, which she takes strength from climbing. She forms a bond with the bighorn sheep she finds living on this seemingly unlivable land. And she befriends Drake, a €œwise-acre€ but wise rancher and retired stuntman who himself has struggled with depression, and his mischievous daughter, Kayla€”with whom Dayna begins to fall in love. All the while, Dayna€”s mysterious disappearance and continuing absence only serve to boost public interest in her€”and to fuel her now-skyrocketing record sales. Laboring to choose between her musical ambitions and the new life she has made, Dayna finds herself stranded, alone, in a far-flung corner of the wilderness she has come to know and love. Saved from suicide earlier by nature, she now may perish by the very same hand €;. This expanded 15th-anniversary edition of the critically acclaimed novel contains sheet music for the dozen Dayna Clay songs that the author composed€”six of them in collaboration with creative partner Maya Kuper, who plays Dayna in their adapted live show *Unplugged: A Survivor's Story in Scenes & Songs*.

The Unplugged Family Activity Book Rachel Jepson Wolf,2020-06-23 Get ready for kid-approved ideas that celebrate the great outdoors year round! Whether you're building forts or making fresh cider, there's something for every kid and every season. Each season is full of excitement waiting to be found and Rachel highlights the best of each one with sections for recipes, nature exploration and play, and natural history: In spring, make candied violets, spruce tip ice cream, or paper from wildflower seeds. Craft a kite, weave flower crowns, and make a DIY fairy garden! When summer comes, whip up herb-infused balms, rosewater, and zucchini boats. Host a backyard camp-out, build a nature exploration pack, cast shadow drawings, sail a leaf-boat, and master giant bubbles. As the days cool for autumn, brew mulled cider, make spiced honey, and discover the deliciousness of homemade apple sauce. Plant bulbs for next year’s flowers, create an autumn rainbow, or craft a felted acorn necklace. Cozy up in winter with homemade maple candy, an herbal tea blend, and learn how to set out pine cone bird feeders. Build a snow fort or try some winter stargazing followed by making paper stars. (Or for those in warmer climates, make an ice lantern!) Unique celebrations throughout give the entire family a reason to gather, from winter bonfires and Solstice celebrations to maple tappings and beeswax candle dippings!

Dot Unplugged Candlewick Press,2020-02-11 Can Dot and her family make it through a rainy day without any tech? It’s pouring rain, and the power’s gone out at Dot’s house. Should they take it as a challenge to honor the National Day of Unplugging? Playing outside is out of the question, and so is using the many devices Dot is accustomed to. But what might the basement hold? Dot, her friend Hal, Mom, Dad, and Scratch find lots of exciting stuff, including an old spinner game. It turns out it’s super fun to watch Dad do charades, Mom speed-sculpt from clay, Hal tweet-sing a song, and Dot hunt for something surprising. Their improvised game keeps them so entertained, they just might decide to stay unplugged a bit longer!

Unplugged Ryan G. Van Cleave,2010-06 WARNING: THIS VIDEO GAME MAY IMPAIR YOUR JUDGMENT. IT MAY CAUSE SLEEP DEPRIVATION, ALIENATION OF FRIENDS AND FAMILY, WEIGHT LOSS OR GAIN, NEGLECT OF YOUR BASIC NEEDS AS WELL AS THE NEEDS OF LOVED ONES AND/OR DEPENDENTS, AND DECREASED PERFORMANCE ON THE JOB. THE DISTINCTION BETWEEN FANTASY AND REALITY MAY BECOME BLURRED. PLAY AT YOUR OWN RISK. NOT RESPONSIBLE FOR SUICIDE ATTEMPTS. No such warning was included on the latest and greatest release from the *Warcraft* series of massive multiplayer online role-playing games—*World of Warcraft* (WoW). So when Ryan Van Cleave—a college professor, husband, father, and one of the 11.5 million *Warcraft* subscribers worldwide—found himself teetering

on the edge of the Arlington Memorial Bridge, he had no one to blame but himself. He had neglected his wife and children and had jeopardized his livelihood, all for the rush of living a life of high adventure in a virtual world. A fabulously written and gripping tale, *Unplugged* takes you on a journey through the author's semireclusive life with video games at the center of his experiences. Even when he was sexually molested by a young school teacher at age eleven, it was the promise of a new video game that had lured him to her house. As Ryan's life progresses, we witness the evolution of video games—from simple two-button consoles to today's multikey technology, brilliantly designed to keep the user actively participating. For Ryan, the virtual world was a siren-song he couldn't ignore, no matter the cost. As is the case with most recovering addicts, Ryan eventually hit rock bottom and shares with you his ongoing battle to control his impulses to play, providing prescriptive advice and resources for those caught in the grip of this very real addiction.

Unplugged William H. Colby,2006 Medical technology has helped mankind conquer tuberculosis, polio, and countless other once certain-death diseases. It has given us hope against cancer and AIDS, allowed heart and brain surgeries that have saved untold numbers of lives, and delivered us from the pain and crippling legacy of injury. Medical technology, it seems, is a never-ending string of miracles. But it is also a double-edged sword. More often than not, death today happens because of a decision to stop doing something, or to not do it at all. As the tragic life and death of Terri Schiavo so poignantly illustrated, universal definitions of life, death, nature, and many other concepts are elusive at best. *Unplugged* addresses the fundamental questions of the right-to-die debate, and discusses how the medical advances that bring so much hope and healing have also helped to create today's dilemma. This compelling book explores recent high-profile cases, including that of Mrs. Schiavo, and illuminates the complex legal, ethical, medical, and deeply personal issues of a debate that ultimately affects us all. Compassionate and beautifully written, the book helps readers understand the implications of current laws and proposed legislation, various medical options (including hospice), and the typical end-of-life decisions we all must face in order to make informed decisions for ourselves and our loved ones.

Unplugged Benjamin A. Donley,2002-04

Life Unplugged Meleah Bowles,Elise Williams Rikard,2019-12-17 Life *Unplugged* makes digital detox easy with alternative activities and better ways to feel connected to your friends, family, and the world around you. By unplugging your electronics, you'll be able to take that much-needed vacation you've been craving. For busy entrepreneurs and families, it can seem impossible to find time for yourself or to stay connected to your loved ones, but with *Life Unplugged*, staying connected is much simpler than you imagine. This workbook guides you through ways to de-stress, cultivate mindfulness, and improve your mood and health while also helping you find balance and joy in your daily life through digital detox. It's the mini vacation without the extra cost of actually going away and all the wellness benefits you need for a more fulfilling lifestyle. You'll find: Habit-tracking worksheets to keep you on task Fun challenges to help you be the most successful in your detox Journaling prompts to get your creative juices flowing Tips to finding and integrating alternative activities into your daily routine Ways to optimize your free time, so you're more productive throughout the day With this life-changing journal, you'll learn to live without being attached to your phone, TV, laptop, or social media. It can be as easy as taking a few breaks from your digital devices a day to make you feel refreshed, enlightened, and purposeful. Sleep better and improve your overall mental and physical health by taking a break from the internet. The practice of digital detoxing has proven to improve your memory, posture, blood pressure, and give you greater feelings of gratitude and happiness. Live a more connected, purposeful life by staying in tune with the world around you.

Baby, Unplugged Sophie Brickman,2021-09-07 A charming, meticulously researched, and illuminating look at how technology infiltrates every aspect of raising children today, filled with helpful advice parents can use to best navigate the digital landscape, and ultimately learn to trust their own judgment. There's an app or device for nearly every aspect of parenting today: monitoring your baby; entertaining or educating your toddler; connecting with other new parents for tips, tricks, and community—virtually every aspect of daily life. But it isn't a parenting paradise; the truth is much more complicated. The mother of two young daughters, journalist Sophie Brickman wondered what living in a tech-saturated world was doing to her and her children. She turned to experts, academics, doctors, and innovators for advice and insight. *Baby, Unplugged* brings together Brickman's in-depth research with her own candid (sometimes hilarious) personal experience to help parents sort through the wide and often confusing tech offerings available today and to sort out what's helpful and what's not. Filled with relatable and entertaining stories as well as practical takeaways, *Baby, Unplugged* is destined to become a touchstone for parents today, giving them the permission to forge their own path through the morass of technological options, to restore their faith in themselves, and to help them raise good, social, and engaged people in the modern world.

Unplugged J. B. Taylor,2021-04 Zendaya Fernwood carries with her a secret. The world around her is a lie, an ingeniously designed digital prison for the mind. Escape occupies her every thought. Freedom is her goal and nothing will stop her from unplugging. What awaits Zendaya is a fate far worse than she could have imagined. Beyond her prison is a scorched earth where man and machine wage war in a seemingly endless campaign of suffering. There is hope on the horizon, a unique figure with the potential of rising from the shadows of the scorched earth to make a difference. To finally, after so very long, give humans the freedom they deserve.

VJ Nina Blackwood,Mark Goodman,Alan Hunter,Martha Quinn,2019-05-14 In this “highly entertaining snapshot of a wild-frontier moment in pop culture” (Rolling Stone), discover the wild and explosive true story of the early years of MTV directly from the original VJs. Nina Blackwood, Mark Goodman, Alan Hunter, and Martha Quinn (along with the late J. J. Jackson) had front-row seats to a cultural revolution—and the hijinks of pop music icons like Adam Ant, Cyndi Lauper, Madonna, and Duran Duran—as the first VJs on the fledgling network MTV. From partying with David Lee Roth to flying on Bob Dylan's private jet, they were on a breakneck journey through a music revolution. Boing beyond the compelling behind the scenes tales of this unforgettable era, *VJ* is also a coming-of-age story about the 1980s, its excesses, controversies, and everything in between. “At last—the real inside story of the MTV explosion that rocked the world, in all its giddy excess, from the video pioneers who saw all the hair, drugs and guitars up close. *VJ* is the wild, hilarious, addictive tale of how one crazy moment changed pop culture forever” (Rob Sheffield, New York Times bestselling author).

Unplugged Lois Greiman,2006 In this sassy, sexy mystery from the author of *Unzipped*, cocktail waitress-turned-shrink Christina McMullen will go to any lengths to help a friend—even if it means ending up in the middle of a messy police investigation. Original.

Unplugged Donna Freitas,2016-06-21 In the tradition of M. T. Anderson's *Feed* and Scott Westerfeld's *Uglies*, *Unplugged* is the first in a provocative and compelling new series from acclaimed author Donna Freitas. Humanity is split into a dying physical world for the poor and an extravagant virtual world for the wealthy. Years ago, Skylar Cruz crossed over to the App World for a chance at a better life, and her family stayed behind in the Real World. Now Skye is a virtual teenager, surrounded by glamorous apps and expensive downloads—yet she's never felt like she fits in, and all she wants is to see her mother and sister again. Skye is desperate and ready to risk everything to unplug from the App World. But she soon learns that the only person she can trust—in either world, including friends and family—is herself.

Unplugged Michael Agelasto,2014-05

Unplugged Orianna Fielding Banks,2015-01-02 Put down that smart phone All too often, we allow digital life to overtake real life: we use devices to entertain children, and ignore our friends across the table to look at a (probably meaningless) e-mail, post, or text. *Unplugged* helps you disconnect and regain a healthy balance between your human relationships and technology. It includes step-by-step plans for minutes-long, hour-long, day-long, and weekend detoxing programs; interviews with celebrities like Arianna Huffington (founder of The Huffington Post) and Lewis Lapham (founder of Lapham's Quarterly) who have addressed the issue; and mindfulness techniques that teach you how to manage your online world in a healthy way.

Nirvana - Unplugged in New York Songbook Nirvana,1995-03-01 (Guitar Recorded Versions). Guitar tab for 14 songs, plus photos from the MTV sessions. About a Girl * All Apologies * Come As You Are * Dumb *

Whispering the Techniques of Language: An Psychological Quest through **Unplugged**

In a digitally-driven earth wherever monitors reign great and instant connection drowns out the subtleties of language, the profound techniques and psychological nuances concealed within phrases usually move unheard. However, nestled within the pages of **Unplugged** a charming literary value pulsing with fresh emotions, lies a fantastic journey waiting to be undertaken. Penned by an experienced wordsmith, this enchanting opus invites visitors on an introspective journey, delicately unraveling the veiled truths and profound influence resonating within the fabric of every word. Within the mental depths of this poignant evaluation, we shall embark upon a genuine exploration of the book's core subjects, dissect its interesting writing style, and succumb to the strong resonance it evokes strong within the recesses of readers hearts.

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Unplugged Introduction

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