

# Recover Outlook 2010 Ost File

Tony Redmond

Microsoft Exchange Server 2010 Best Practices Joel Stidley,Siegfried Jagott,2010-07-15 Covers Service Pack 1! Apply best practices for administering Exchange Server 2010 and SP1--and optimize your operational efficiency and results. This guide captures the field-tested solutions, real-world lessons, and candid advice of practitioners across the range of business and technical scenarios--and across the IT life cycle. Gain expert insights on what works, where to make tradeoffs, and how to implement the best decisions for your organization. Discover how to: Apply scenario-based guidance for planning and deployment Prepare Active Directory(R) and the server environment Validate requirements and understand configuration tradeoffs Learn best ways to manage users, mailboxes, and permissions Optimize message routing and security Design and implement Unified Messaging and federated delegation Define your archiving and compliance strategy Build high availability into your backup and recovery plan Monitor and tune performance Apply proven troubleshooting tactics Companion Web content features: Checklists, planning worksheets, and other job aids Quick Reference Guide to best practices, including recommended configurations Fast-reference card for using Windows PowerShell(TM)

*Digital Forensics for Handheld Devices* Eamon P. Doherty,2012-08-17 Approximately 80 percent of the worlds population now owns a cell phone, which can hold evidence or contain logs about communications concerning a crime. Cameras, PDAs, and GPS devices can also contain information related to corporate policy infractions and crimes. Aimed to prepare investigators in the public and private sectors, Digital Forensics

Microsoft Exchange Server 2003 Advanced Administration Jim McBee,2008-05-05 Building on the success of his Microsoft Exchange Server 2003 24seven, Jim McBee has fully updated Microsoft Exchange Server 2003 Advanced Administration for Microsoft Exchange Server 2003 SP2 and Windows Server 2003 R2. Starting where documentation, training courses, and other books leave off, McBee offers targeted instruction, practical advice, and insider tips. He covers security, connectivity, anti-spam protection, disaster recovery, and troubleshooting using an informational and common sense approach that will save you time, improve efficiency, and optimize your day-to-day operations. You'll find: What you need to know about Exchange Server 2003 data storage and security. Real-world scenarios that focus on practical applications. Advice for managing interactions with Active Directory. Updates on mobile e-mail, including seamless Direct Push technologies, and enhancements to device security. The latest protections against spam, including updated Exchange Intelligent Message Filter and new support for Sender ID e-mail authentication. Deployment guidelines for Outlook Web Access. Information on what it takes to support POP3 and IMAP4 clients in the field. Part of the In the Field Results series. This series provides seasoned systems administrators with advanced tools, knowledge, and real-world skills to use on the job. Going beyond what the standard documentation or classroom training provides, these practical guides address the real situations IT professionals face every day, offering streamlined solutions to improve productivity.

*Tony Redmond's Microsoft Exchange Server 2003* Tony Redmond,2004-10-22 With over 40% new and revised material throughout the book, this updated version provides thorough coverage of implementation, migration and management issues for Exchange 2000 and 2003, all backed up by best practices developed by HP, Microsoft's only world-wide Prime Integrator for Exchange. The best and most comprehensive coverage of Exchange from the Chief Technology Officer of HP Services, Microsoft's only worldwide Prime Integrator for Windows and Exchange. - With over 40% new and revised material throughout the book, this updated version provides thorough coverage of implementation, migration and management issues for Exchange 2000 and 2003, all backed up by best practices developed by HP, Microsoft's only world-wide Prime Integrator for Exchange. - New coverage of Exchange Intelligent Message Filter - Revised and updated coverage of best practices for the design, deployment, and operation of Exchange 2003 - Comprehensive treatment of major issues facing email deployments, including anti-virus and anti-spam techniques - Review of Microsoft's future strategy for Exchange since dropping the Kodiak approach

**Office 365 & Exchange Online: Essentials for Administration** William Stanek,2016-01-09 Expert advice for Office 365 and Exchange Online right at your fingertips. Practical and precise, this hands-on guide with ready answers is designed for architects, administrators, engineers and others working with Office 365 and Exchange Online. If you're an IT Pro responsible for configuring, managing and maintaining Office 365 and Exchange Online, start with this well-organized and authoritative resource. Inside, you'll find expert insights, tips, tricks and workarounds that will show you how to master Office 365 and Exchange Online in the shortest amount of time possible. During the course of reading this book, you will master a number of complex topics, techniques, commands and functions. Topics include establishing remote sessions with Office 365 and Exchange Online; creating and licensing user accounts; adding mailboxes to accounts; connecting to Office 365, Exchange Online and Windows Azure using PowerShell; creating and using contacts; adding equipment, room and other special purpose mailboxes; managing delivery, permissions and storage; managing groups for sharing and collaboration; configuring mail support for Outlook and Outlook Web App; customizing Office 365 and Exchange Online security; and many more topics essential for administration. Not only will this informative training manual help you become familiar with many new ideas, it'll help you master Office 365 and Exchange Online essentials in the shortest amount of time possible. After completing your Office 365 and Exchange Online journey with this in-depth guide, you will be ready to support Office 365 and Exchange Online regardless of whether you want to work with the graphical interface of Windows PowerShell. As you will soon learn, Office 365 is versatile, flexible and highly customizable, allowing you to personalize the product to meet your needs. The focused information you need to solve problems and get the job done.

*Managing Microsoft Exchange Server* Paul Robichaux,1999-07-28 Microsoft Exchange is a big, complicated application; it requires more disk storage than Windows NT Server and has several hundred configuration property pages and dialogs. But it is also a very powerful and flexible messaging system. However, knowing that it can be made to do something and understanding how to do it are often worlds apart. Managing Microsoft Exchange Server bridges this gap.This book is a no-nonsense, practical guide to planning, installing, managing, maintaining, and troubleshooting Exchange networks. Targeted at medium-sized installations and up, Managing Microsoft Exchange Server addresses the difficult problems these users face: Internet integration, storage management, cost of ownership, system security, and performance management. It goes beyond the basics to provide real hands-on advice about what you need to know after you have your first site up-and-running and are facing issues of growth, optimization, or recovery planning. Managing Microsoft Exchange Server comprehensively explains how Exchange works, what it can do, and how you can make it work for you.

*Mastering Microsoft Exchange Server 2016* Clifton Leonard,Brian Svidergol,Byron Wright,Vladimir Meloski,2016-10-03 A bestselling Exchange Server guide, updated for the 2016 release Mastering Microsoft Exchange Server 2016 is the gold-standard reference for system administrators and first-time users alike. Fully updated to align with the latest release, this expert-led guide provides comprehensive coverage and easy-to-follow tutorials for all aspects of Exchange Server installation, configuration, and management. Whether you're migrating from an earlier version or installing Exchange Server for the first time, this book gives you quick access to the answers you need. Step-by-step instructions walk you through planning and design, installation, administration and management, maintenance, and more, so you can get up to speed quickly and get back to work. With a focus on the hands-on details, the Microsoft Certified Masters author team provides practical insight and invaluable guidance on every aspect of Exchange Server 2016, from mastering the basics to leveraging new features. Microsoft Exchange allows access to e-mail, voicemail,

and calendars at any time, from almost any device. The 2016 release is designed specifically to appeal to enterprises; if you've been tasked with the implementation, this guide has the information you need. Get up to speed with the latest changes and features Understand server configurations, requirements, installation, and migration Manage mailboxes, groups, connectivity, and the client access server Troubleshoot common issues efficiently and effectively Exchange Server 2016 shifts even more control to the user, freeing administrators to perform more critical tasks. Beefed-up architecture and more centralized functions have eased configuration and upgrades, and a robust cloud implementation is expected to draw enterprises sooner rather than later. Systems administrators need to become familiar with the latest changes, and Mastering Microsoft Exchange Server 2016 is the ultimate reference and tutorial.

*Computing and Investigations for Everyone* Eamon Doherty,G. Don Purdy,Joel & Todd Liesbesfeld,2008-09 This Everyone book attempts to the guide the reader through the more essential steps of understanding the basic principles or elements that constitute the daily work of investigators in fields relating to computing and electrical loss. The chapter's are meant to set a foundation for people who may want to enter the field of investigations, or are at the beginning of a career in the area, or are seasoned investigators looking to delve into more contemporary areas of investigations, or for persons that are just interested in reading about matters or topics that are currently revealed in differing forms of media, such as in the successful TV drama series CSI. The book is formatted sequentially so that the reader can review important legal matters that are a part of most investigations and then go on to peruse the elements of basic electrical principles as they apply to certain types of fire and fault losses. These beginning chapters set a broad stage for the various areas of computing that follow. The book does not necessarily have to be read in the order that it was written. In a sense, the reader may choose to use the book as a reference book. The chapters were written, for the most part, to be able to stand alone, as monographs. There are many chapters that review a broad range of more common topics and there are chapters concerned with more esoteric areas of computing and electronics. Some of these chapters discuss the high-tech methods that are sometimes deployed by thieves, terrorists, pedophiles, stalkers, etc. All of the co-authors reflect their experience as individuals that work closely with the criminal justice and civil institutions.

*Microsoft Exchange Server 2013 Pocket Consultant Databases, Services, & Management* William Stanek,2013-08-15 Portable and precise, this pocket-sized guide delivers ready answers for administering configuration and clients in Exchange Server 2013. Zero in on core tasks through quick-reference tables, instructions, and lists. You'll get the focused information you need to save time and get the job done-whether at your desk or in the field. Coverage includes: Deploying Exchange Server 2013 Administration essentials Using Exchange Management Shell Managing Exchange clients User and contact administration Mailbox administration Working with Distribution Groups and Address Lists Implementing security

**Integrating ISA Server 2006 with Microsoft Exchange 2007** Fergus Strachan,2011-08-31 This book is a convenient, targeted, single-source guide to integrating Microsoft's ISA Server with Exchange 2007 SP1. Unlike longwinded comprehensive resources it doesn't waste time re-hashing general information on the architectures and purposes of ISA and Exchange for raw beginners. Instead, its pragmatic purpose is to smooth the path of the busy administrator who is under pressure to get the integration done quickly, and done right, the first time. It features break-out sessions for issues that require in-depth discussion, tips and tricks sections that hone in on and demystify trouble spots, and FAQs alphabetized by topic that act as a quick-reference for readers who just want a quick answer to a specific question. Readers will learn how to: \*Create the protocol definitions and firewall policy to allow only authorized users to connect to your Exchange Server \*Configure SMTP Filtering and SMTP Message Screener \*Troubleshoot the SSL connection to your Exchange Server \*Take advantage of ISA 2006's integrated Exchange 2007 support \*Enable forms-based authentication for Outlook Web Access \*Leverage unified SSL, VPN, application-layer filtering and endpoint security to optimize access for mobile devices \*Configure user-based settings to provide pre-authenticated access to specific Web applications ...and much more! \*Practical and focused, this guide explains everything you need to know in order to successfully integrate ISA 2006 and Exchange 2007, without wasting time on minutiae \*Tips and tricks from the expert author help you avoid pitfalls before you stumble into them, troubleshoot problems with ease, and optimize performance \*In-depth coverage of Exchange SP1 highlights the many security enhancements that optimize integration with ISA

Microsoft Exchange Server 2010 Administrator's Pocket Consultant William Stanek,2009-11-04 Portable and precise, this pocket-sized guide delivers immediate answers for the day-to-day administration of Exchange Server 2010. Zero in on core support and maintenance tasks using quick-reference tables, instructions, and lists. You'll get the focused information you need to solve problems and get the job done—whether you're at your desk or in the field! Get fast facts to: Configure and manage Exchange clients Set up users, contacts, distribution lists, and address books Administer permissions, rules, policies, and security settings Manage databases and storage groups Optimize message processing, logging, and anti-spam filtering Administer at the command line using Exchange Management Shell Configure SMTP, connectors, links, and Edge subscriptions Manage mobile device features and client access Back up and restore systems

*Microsoft Exchange Server 2003* Tony Redmond,2003 Providing thorough coverage of implementation, migration and management issues for Exchange 2000 and 2003, this book also describes the best practices of one of the largest Exchange consulting groups outside Microsoft. This revised edition features key updates based on two years of consulting practices from Exchange 2000 service packs and the new Exchange 2003 (code name Titanium) release. It also offers expanded coverage of performance and updated coverage of clustering issues. It has been cleared of out-of-date material and the coverage of basic introductory material has been streamlined.

MCITP: Microsoft Exchange Server 2007 Messaging Design and Deployment Study Guide Rawlinson Rivera,2008-04-21 Streamline your exam preparation with this two-in-one guide that covers both of the new MCITP: Enterprise Messaging Administrator exams: Designing Messaging Solutions with Microsoft Exchange Server 2007 (exam 70-237) and Deploying Messaging Solutions with Microsoft Exchange Server 2007 (exam 70-238). If you're planning an upgrade to Exchange Server 2007 or are currently designing and deploying messaging solutions with it, this book is the practical tool you need to prepare for certification and build job skills.

*Microsoft Exchange Server 5.5* Tony Redmond,1998-07-17 Microsoft Exchange Server 5.5: Planning, Design and Implementation describes the best practices used during the planning, design, and implementation phases of projects to deploy Microsoft Exchange Server. It incorporates the author's general expertise gained from 16 years working with corporate messaging systems as well as experience gained from enterprise-level projects around the world, including Digital's own deployment of 55,000 Exchange clients across 160 servers. The new functionality of Exchange V5.5 is covered, but the real value lies in the pragmatic and practical attitude taken to solving the problems posed by large-scale implementations of any messaging system. This book shows system designers, implementation teams, and e-mail administrators what Exchange V5.5 is capable of and where it needs human assistance to succeed. Covers Exchange 5.5 SP1 and advanced security and message journaling Describes best practice used during the planning, design and implementation phases of deploying Microsoft Exchange Server Foreword by Elaine K. Sharp, Worldwide Messaging Server Product Manager, Microsoft Corporation, March 1992 to October 1996

*Connecting Microsoft Exchange Server* Kieran McCorry,1999-10-19 This guide covers how to connect Microsoft Exchange Server into mixed messaging environments. It explores how connections can be made, offers tricks and

tips, and warns of potential pitfalls. The content extends from the simple task of connecting one Exchange server to another to complex issues associated with X.400 and SMTP backbones.

Microsoft Exchange Server 2003 Distilled Scott Schnoll,2004 Scott Schnoll has the amazing ability to present deeply technical information in an easy-to-understand, light-hearted way. This book is a must-read for anyone who is implementing Exchange 2003. --Paul Bowden, lead program manager, Exchange Server Development, Microsoft Corporation Scott Schnoll's clear, concise writing style and diverse knowledge makes his Exchange 2003 book readable and valuable to anyone deploying, inheriting, or considering Exchange Server 2003. An excellent, thorough, all-purpose Exchange 2003 book. --William Lefkovics, senior messaging and systems analyst,eEye Digital Security This is one Exchange Server book that you'll actually enjoy reading from cover to cover. You won't want to put it down . . . I didn't! It's easy to read, yet it contains all of the essential information that you need to know. Christopher Meirick, co-blogger, MS Exchange Blog: <http://www.msexchange.co.uk> Scott Schnoll's knowledge of Exchange is second to none, and he has the ability to take very technical topics and explain them in a manner that is easy to digest. This book should be in every Exchange administrator's toolkit. Mark Fugatt, MCT,Exchange MVP I really enjoyed reading this book. I found it to be extremely informative, especially in covering the new features of Exchange 2003. I have no doubts in recommending this book to those who are serious about Exchange 2003. --Neil Hobson, Exchange MVP, lead messaging consultant,Silversands Scott has written the essential administrative guide for Exchange 2003 deployment. Not only covering the "how-to," but also truly exploring the "what-if" scenarios as well. --Kevin T. Price, deputy chief technical officer, CMS Information Services, Inc. An essential technical reference containing the critical information necessary for successful administration and deployment of Exchange Server 2003. New features, removed features--this book covers it all. --James V. Walker, consultant Scott Schnoll's clear, concise writing style and diverse knowledge make his Exchange 2003 book readable and valuable to anyone deploying, inheriting, or considering Exchange Server 2003. An excellent, thorough, all-purpose Exchange book. --William Lefkovics, Senior Messaging and Systems Analyst, eEye Digital Security Nearly three years in the making, Exchange Server 2003 is the most reliable and secure messaging solution that Microsoft has ever produced. Microsoft Exchange Server 2003 Distilled is a practical, hands-on guide designed to bring readers quickly up to speed on the latest changes and enhancements to the leading e-mail server. Drawing on his involvement in Microsoft's Exchange Server 2003 Joint Development Program, author Scott Schnoll offers the detailed technical information that Exchange administrators need to know. He has a clear and concise style, and focuses on what's new, what's improved, and what's been removed from Exchange Server 2003. Throughout the book Scott illustrates key points with real-world scenarios, and provides best practices drawn from his years of experience working with Exchange. You will find answers to a variety of important questions, such as: What features have been included in Exchange Server 2003 to replace Exchange Server 2000 and 5.5 features? Chapter 3 How do you use Internet Mail Wizard to configure Exchange for Internet messaging? Chapter 4 What does Exchange Server 2003 offer for remote security, and how can you now better block unwanted e-mail? Chapter 6 How do you back up, restore, and recover data using Recovery Storage Groups, Windows Volume Shadow Service, and other features? Chapter 8 How do you use the new Outlook Mobile Access and Exchange ActiveSync features? Chapter 9 What tuning and configuration patterns will work best for your organization? Chapter 10 032124592XB04022004

**Outlook 2017: The Beginner's Guide** Gack Davodson,2017-02-19 Microsoft Outlook often considered as an email application is in fact a personal information manager which is a part of Microsoft Office Suite. It includes task manager, contact manager, calendar, etc. and can work both as a standalone application as well as with Microsoft Exchange Server and SharePoint Server. The new Microsoft Outlook updates 2017 include many improved features to help you communicate faster. It is complete with web version as well as support for mobile devices.

**Microsoft Exchange Server 2007 with SP1** Tony Redmond,2008-04-30 Exchange 2007 represents the biggest advance in the history of Microsoft Exchange Server technology. Given Exchange's leap to x64 architecture and its wide array of new features, it isn't surprising that the SP1 release of 2007 would be particularly robust in terms of hotfixes, security enhancements and additional functionality. Tony Redmond's upgraded edition of his popular Microsoft Exchange Server 2007 bible features extensive coverage of the significant changes and additions offered with SP1. Every chapter has been updated, with particular focus on the most pivotal aspects of SP1, including: \*install enabling on Windows Server 2008 \*IVp6 support \*Unified Messaging inclusion \*EMC enhancements \*Client Access Improvements for Outlook Web Access and Activesync \*New user interfaces for POP3 and IMAP4 \*System resource monitoring and message routing improvements \*New features for the mailbox server role \*.pst file data managment improvements \*new high-availability features \*optimization for mobile access \*and much more! Complete coverage of all the updates in SP1 ensure admins skip the initial 2007 release's bugs and upgrade with ease Written by HP Services CTO Tony Redmond, the world's most trusted author of Exchange books for over a decade 250+ pages of updates throughout, including totally new sections on Windows 2008 compatibility, Microsoft Yona, Windows Mobile 6 and 6.1 devices, Apple iPhone, and more!

Microsoft Exchange Server 2007 Administrator's Pocket Consultant William R. Stanek,2008 The fast-answers, on-the-go guide to administering Microsoft Exchange Server 2007 with Service Pack 1. This pocket-sized reference features concise tables, listings, and step-by-step instructions for concise, accurate answers on the spot--Resource description page.

**Pro Exchange 2013 SP1 PowerShell Administration** Michel de Rooij,Jaap Wesselius,2014-12-19 Pro Exchange 2013 SP1 PowerShell Administration is your one-stop resource for both basic and advanced administration of Exchange Server 2013 Service Pack 1 and Exchange Online, Microsoft's best-selling hosted Exchange service. The industry shift that is currently happening toward 'the cloud' is not just about hosting your applications somewhere else. It's also driving automation and standardization of technical solutions, which in turn is leading to greater productivity. Embracing PowerShell will help you administer your existing environment more efficiently and also teach you valuable 'cloud-ready' skills as well. This book is your best-in-class companion for gaining a deep, thorough understanding of managing all facets of Exchange 2013 Service Pack 1 with PowerShell. Authors Michel de Rooij and Jaap Wesselius, both Microsoft messaging MVPs, take you through tips, tricks, and little known facts that will make your administration life simpler and more effective. Along with revealing what's new in Exchange Server 2013, this well-paced, deeply engaging tutorial provides detailed deployment guidance, for upgraders and migrators as well as for organizations entirely new to the Exchange platform. The book details how all of the major Exchange components fit together, from SMTP messages to all kinds of clients. It also provides in-depth configuration examples with an eye toward creating scalable, reliable, and secure installations. Additionally, this guide covers the tools and techniques for monitoring an Exchange environment and troubleshooting when things go wrong. Discover how to automate time consuming management tasks, configure a Hybrid environment with an on-premises Exchange deployment, and more today with Pro Exchange 2013 SP1 PowerShell Administration. Teaches you the basics of PowerShell and provides a foundation for more advanced scripting Deploy an Office 365 tenant in hybrid mode with your existing Exchange servers Learn how to manage Exchange Online with Remote PowerShell

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