

Addictive

William R. Miller, Nick Heather

Principles of Addiction ,2013-05-17 Principles of Addiction provides a solid understanding of the definitional and diagnostic differences between use, abuse, and disorder. It describes in great detail the characteristics of these syndromes and various etiological models. The book's three main sections examine the nature of addiction, including epidemiology, symptoms, and course; alcohol and drug use among adolescents and college students; and detailed descriptions of a wide variety of addictive behaviors and disorders, encompassing not only drugs and alcohol, but caffeine, food, gambling, exercise, sex, work, social networking, and many other areas. This volume is especially important in providing a basic introduction to the field as well as an in-depth review of our current understanding of the nature and process of addictive behaviors. Principles of Addiction is one of three volumes comprising the 2,500-page series, Comprehensive Addictive Behaviors and Disorders. This series provides the most complete collection of current knowledge on addictive behaviors and disorders to date. In short, it is the definitive reference work on addictions. Each article provides glossary, full references, suggested readings, and a list of web resources Edited and authored by the leaders in the field around the globe – the broadest, most expert coverage available Encompasses types of addiction, as well as personality and environmental influences on addiction

Irresistible Adam Alter,2018-03-06 “Irresistible is a fascinating and much needed exploration of one of the most troubling phenomena of modern times.” –Malcolm Gladwell, author of New York Times bestsellers David and Goliath and Outliers “One of the most mesmerizing and important books I’ve read in quite some time. Alter brilliantly illuminates the new obsessions that are controlling our lives and offers the tools we need to rescue our businesses, our families, and our sanity.” –Adam Grant, New York Times bestselling author of Originals and Give and Take Welcome to the age of behavioral addiction—an age in which half of the American population is addicted to at least one behavior. We obsess over our emails, Instagram likes, and Facebook feeds; we binge on TV episodes and YouTube videos; we work longer hours each year; and we spend an average of three hours each day using our smartphones. Half of us would rather suffer a broken bone than a broken phone, and Millennial kids spend so much time in front of screens that they struggle to interact with real, live humans. In this revolutionary book, Adam Alter, a professor of psychology and marketing at NYU, tracks the rise of behavioral addiction, and explains why so many of today's products are irresistible. Though these miraculous products melt the miles that separate people across the globe, their extraordinary and sometimes damaging magnetism is no accident. The companies that design these products tweak them over time until they become almost impossible to resist. By reverse engineering behavioral addiction, Alter explains how we can harness addictive products for the good—to improve how we communicate with each other, spend and save our money, and set boundaries between work and play—and how we can mitigate their most damaging effects on our well-being, and the health and happiness of our children. Adam Alter's previous book, Drunk Tank Pink: And Other Unexpected Forces that Shape How We Think, Feel, and Behave is available in paperback from Penguin.

Deadly Persuasion Jean Kilbourne,1999 This frightening expos reveals how advertisers use what they know about consumers' inner desires and dreams to make sure they develop an addictive relationship to their products. Illustrations.

The Addictive Personality Craig Nakken,2009-09-29 Craig Nakken brings new depth and dimension to our understanding of how an individual becomes an addict. Since its publication in 1988, *The Addictive Personality* has helped people understand the process of addiction. Now, through this second edition, author Craig Nakken brings new depth and dimension to our understanding of how an individual becomes an addict. Going beyond the definition that limits dependency to the realm of alcohol and other drugs, Nakken uncovers the common denominator of all addiction and describes how the process is progressive. Through research and practical experience, Nakken sheds new light on: Genetic factors tied to addiction; Cultural influences on addictive behavior; The progressive nature of the disease; and Steps to a successful recovery The author examines how addictions start, how society pushes people toward addiction, and what happens inside those who become addicted. This new edition will help anyone seeking a better understanding of the addictive process and its impact on our lives.

Handbook of Addictive Disorders Robert Holman Coombs,2004-05-12 The most comprehensive source for the latest research and practice techniques for diagnosing and treating addictive disorders This book brings together an array of international experts on addictive disorders. Robert Coombs's *Handbook of Addictive Disorders* discusses the contemporary issues surrounding the understanding of addiction, from diagnosis to treatment of an addicted client. The *Handbook of Addictive Disorders* is an example of practical and clinical information at its best. - Lorraine D. Grymala, Executive Director American Academy of Health Care Providers in the Addictive Disorders The *Handbook of Addictive Disorders: A Practical Guide to Diagnosis and Treatment* is a comprehensive, state-of-the-art resource, featuring valuable contributions from a multidisciplinary team of leading experts. This unique guide deftly defines addiction and examines its comorbidity with other problems. Subsequent chapters present an overview of addictive disorders coupled with strategies for accurately diagnosing them, planning effective treatment, and selecting appropriate interventions. Chapters on public policy and prevention are of indispensable value in light of this growing health concern. The only reference available to cover the full spectrum of addictions and addictive behaviors, the *Handbook of Addictive Disorders* provides the most current research and treatment strategies for overcoming: Chemical dependency Workaholism Compulsive gambling Eating disorders Sex addiction Compulsive buying This useful guide features case studies, figures and diagrams, lists of practical interventions for each disorder, and self-assessment exercises for clients. Psychologists, addiction counselors, social workers, and others working in the addictions field will find the *Handbook of Addictive Disorders* to be an essential resource for practical, validated information on all types of addictions and their related problems.

Addictive Personality Rich Juzwiak,2008-08-15 Defines addictive personalities, including how addictions occur, the stages of addiction, and the most common types of addictions.

Stimulant Use and Addictive Disorder Qi Wang,Di Wen,Yixiao Luo,Fanglin Guan,Jianfeng Liu,Zeng Xiao

Feng,2022-02-02

Almost Addicted J. Wesley Boyd, Eric Metcalf, 2012-10-09 Almost Addicted will help you assess your or your loved one's drug use and evaluate its impact on relationships, work, and personal well-being. Do you think your pot smoking is hindering your relationships? Does it feel as if you're just a tad too dependent on the pills your doctor prescribed for pain? Almost Addicted will help you assess your or your loved one's drug use and evaluate its impact on relationships, work, and personal well-being. Most people who abuse illegal drugs don't fit the image of the dysfunctional, hustling addict who can't fit into normal society. Between the estimated 10 percent of the population who are true addicts and those who don't use drugs at all falls a group of regular drug users who oftentimes don't realize how much their use is affecting their daily lives. According to J. Wesley Boyd, MD, of Harvard Medical School, and Eric Metcalf, MPH, these people are almost addicted. Whether their drug of choice is legal or illegal, an upper or a hallucinogen, an almost addict's drug use is negatively impacting their quality of life--but falls short of meeting the diagnostic criteria for substance abuse or dependence. For the first time, Boyd and Metcalf describe what it is to be almost addicted and provide almost addicts and their loved ones with the knowledge and guidance to address and evaluate their condition. In this book, readers will find the tools to identify and assess their patterns of drug use; evaluate its impact on relationships, work, and personal well-being; develop strategies and goals for abstaining from or cutting back on drugs; measure the results of applying these strategies; and make informed decisions about next steps, including getting professional help if needed.

Addiction and Change Carlo C. DiClemente, 2017-12-04 Not everyone who experiments with substance use or risky behavior becomes addicted, and many who are addicted have been able to recover. This authoritative book, now revised and updated, has given tens of thousands of professionals and students a state-of-the-art framework for understanding the journey both into and out of addiction. From Carlo C. DiClemente, codeveloper of the transtheoretical model (TTM), the book identifies the stages and processes involved in initiating, modifying, maintaining, or stopping any pattern of behavior. Grounded in extensive research, and illustrated with vivid case examples, the book shows how using the TTM can help overcome obstacles to change and make treatment and prevention more effective. New to This Edition *Incorporates 15 years of research advances, contemporary prevention and treatment approaches, and the ongoing development of the TTM. *Chapter on current developments in intervention research. *Expanded discussions of neuroscience; self-regulation; behavioral economics; self-help, mutual help, and spirituality; motivational issues; process addictions (gambling and sex addiction); and more. *Deeper coverage of risk and protective factors across adolescent and young adult development.

Treating Addictive Behaviors William R. Miller, Nick Heather, 2013-06-29 About a decade ago, psychologists began exploring the commonalities among alcohol and drug abuse, smoking, and obesity. The term substance abuse evolved into the current concept of addictive behaviors, which recognizes similarities with other behaviors that do not involve consummatory responses (e. g. , pathological gambling, compulsions, sexual deviations). Professional societies and journals now have been founded in both Britain and the United States with the purpose of focusing

on research and treatment in the area of addictive behaviors. As the field has evolved, new models have emerged to address the questions and puzzles that face professionals. This volume examines some of these current issues and, in particular, explores common processes of change that seem to cut across the addictive behaviors. The chapters are based on papers presented at the Third International Conference on Treatment of Addictive Behaviors, which was held at North Berwick, Scotland, in August of 1984. The conference was organized around an integrative model of stages and processes of change that has been useful in organizing new knowledge about how to intervene with addictive behaviors. This model is set forth by its authors, Jim Prochaska and Carlo DiClemente, in Chapter 1. In Chapter 2, Fred Kanfer expounds his own model of self-regulation, which overlaps nicely with the Prochaska-DiClemente framework and provides a behavioral-theoretical context.

The Heart of Addiction Lance Dodes, 2010-09-14 Nobody has had an answer for why people with addictions continue to repeat them -- until now. For more than twenty years, distinguished psychiatrist Dr. Lance Dodes has been successfully helping people master their addictions -- alcoholism, compulsive gambling, smoking, sexual addiction, and more with a radical approach. Dr. Dodes describes how all addictions have, at their heart, unrecognized emotional factors that explain: Why we feel the impulse Why we feel it when we do What alternatives (really) work in that critical moment In this refreshing book filled with compelling case studies, Dr. Dodes debunks several such widely accepted myths as: Addictions are fundamentally a physical problem. People with addictions are different from other people. You have to hit bottom before you can get well. You are wasting your time if you ask why you have an addiction.

Addictive Substances and Neurological Disease Ronald Ross Watson, Sherma Zibadi, 2017-02-18 Addictive Substances and Neurological Disease: Alcohol, Tobacco, Caffeine, and Drugs of Abuse in Everyday Lifestyles is a complete guide to the manifold effects of addictive substances on the brain, providing readers with the latest developing research on how these substances are implicated in neurological development and dysfunction. Cannabis, cocaine, and other illicit drugs can have substantial negative effects on the structure and functioning of the brain. However, other common habituating and addictive substances often used as part of an individual's lifestyle, i.e., alcohol, tobacco, caffeine, painkillers can also compromise brain health and effect or accentuate neurological disease. This book provides broad coverage of the effects of addictive substances on the brain, beginning with an overview of how the substances lead to dysfunction before examining each substance in depth. It discusses the pathology of addiction, the structural damage resulting from abuse of various substances, and covers the neurobiological, neurodegenerative, behavioral, and cognitive implications of use across the lifespan, from prenatal exposure, to adolescence and old age. This book aids researchers seeking an understanding of the neurological changes that these substances induce, and is also extremely useful for those seeking potential treatments and therapies for individuals suffering from chronic abuse of these substances. Integrates current research on the actions of addictive substances in neurological disease Includes functional foods, such as caffeine beverages, that have habituating effects on the brain Provides a synopsis of key ideas associated with

the consequences of addictive and habituating lifestyle substances

Interventions for Addiction, 2013-05-20 *Interventions for Addiction* examines a wide range of responses to addictive behaviors, including psychosocial treatments, pharmacological treatments, provision of health care to addicted individuals, prevention, and public policy issues. Its focus is on the practical application of information covered in the two previous volumes of the series, *Comprehensive Addictive Behaviors and Disorders*. Readers will find information on treatments beyond commonly used methods, including Internet-based and faith-based therapies, and criminal justice interventions. The volume features extensive coverage of pharmacotherapies for each of the major drugs of abuse—including disulfiram, buprenorphine, naltrexone, and others—as well as for behavioral addictions. In considering public policy, the book examines legislative efforts, price controls, and limits on advertising, as well as World Health Organization (WHO) efforts. *Interventions for Addiction* is one of three volumes comprising the 2,500-page series, *Comprehensive Addictive Behaviors and Disorders*. This series provides the most complete collection of current knowledge on addictive behaviors and disorders to date. In short, it is the definitive reference work on addictions. Includes descriptions of both psychosocial and pharmacological treatments. Addresses health services research on attempts to increase the use of evidence-based treatments in routine clinical practice. Covers attempts to slow the progress of addictions through prevention programs and changes in public policy.

The Encyclopedia of Addictions and Addictive Behaviors Esther Gwinnell, Christine A. Adamec, 2006 Provides more than three hundred alphabetically arranged entries that cover the signs, symptoms, and causes of addictive behaviors, and includes discussions of treatments and therapies.

Addiction Jon Elster, 1999-10-28 *Addiction* focuses on the emergence, nature, and persistence of addictive behavior, as well as the efforts of addicts to overcome their condition. Do addicts act of their own free will, or are they driven by forces beyond their control? Do structured treatment programs offer more hope for recovery? What causes relapses to occur? Recent scholarship has focused attention on the voluntary aspects of addiction, particularly the role played by choice. *Addiction* draws upon this new research and the investigations of economists, psychiatrists, philosophers, neuropharmacologists, historians, and sociologists to offer an important new approach to our understanding of addictive behavior. The notion that addicts favor present rewards over future gains or penalties echoes throughout the chapters in *Addiction*. The effect of cultural values and beliefs on addicts, and on those who treat them, is also explored, particularly in chapters by Elster on alcoholism and by Acker on American heroin addicts in the 1920s and 1930s. Essays by Gardner and by Waal and Mørland discuss the neurobiological roots of addiction Among their findings are evidence that addictive drugs also have an important effect on areas of the central nervous system unrelated to euphoria or dysphoria, and that tolerance and withdrawal phenomena vary greatly from drug to drug. The plight of addicts struggling to regain control of their lives receives important consideration in *Addiction*. Elster, Skog, and O'Donoghue and Rabin look at self-administered therapies ranging from behavioral modifications to cognitive techniques, and discuss conditions under

which various treatment strategies work. Drug-based forms of treatment are discussed by Gardner, drawing on work that suggests that parts of the population have low levels of dopamine, inducing a tendency toward sensation-seeking. There are many different explanations for the impulsive, self-destructive behavior that is addiction. By bringing the triple perspective of neurobiology, choice, and culture to bear on the phenomenon, *Addiction* offers a unique and valuable source of information and debate on a problem of world-wide proportions.

Clinical Textbook of Addictive Disorders Richard J. Frances, Sheldon I. Miller, Avram H. Mack, 2011-01-01 This authoritative work comprehensively examines all aspects of addictive disorders and their treatment. Leading researchers and practitioners identify best practices in assessment and diagnosis and provide tools for working with users of specific substances. Issues in working with particular populations--including polysubstance abusers, culturally diverse patients, women, and older adults--are addressed, and widely used psychosocial and pharmacological treatment approaches are reviewed. An indispensable text for anyone studying or treating these prevalent, challenging disorders, the book describes ways to tailor interventions to each patient's needs while delivering compassionate, evidence-based care.

Concepts of Addictive Substances and Behaviours across Time and Place Matilda Hellman, Virginia Berridge, Karen Duke, Alex Mold, 2016-02-18 *Concepts of Addictive Substances and Behaviours across Time and Place* presents fascinating new historical and social scientific research examining the temporal and spatial variations in the ways that addiction problems are understood and addressed in European societies. The book illustrates the changing and versatile nature of language use, of stakeholders concepts and ideas, and of the popular, professional and political discourse around addiction. The arguments that unfold concern the various cultural components invested in the ways in which the problems are viewed and addressed. A framework is presented for discussing these circumstances in view of current knowledge-based governance at a local, regional and global level. *Concepts of Addictive Substances and Behaviours across Time and Place* is based on research from ALICE RAP (Addiction and Lifestyles in Contemporary Europe, Reframing Addictions Project), a multidisciplinary European study of addictive substances, and behaviours in contemporary society. This is an essential resource for public health professionals, stakeholders influencing policy for addictive substances and behaviours, students, and academics looking to better understand the historical and geographical variations of addictive behaviours across in Europe and the role of stakeholder involvement in the construction of addiction prevention policy.

Hijacked Brains Henrietta Robin Barnes, MD, 2015-01-06 This book, written from the perspective of a practicing primary care physician, interweaves patients' stories with fascinating new brain research to show how addictive drugs overtake basic brain functions and transform them to create a chronic illness that is very difficult to treat. The idea that drug and alcohol addiction are chronic illnesses and not character flaws is not news--this notion has been around for many years. What *Hijacked Brains* offers is context and personal stories that demonstrate this point in a very accessible package. Dr. Barnes explores how the healthy brain works, how addictive drugs flood basic reward pathways, and what it feels like to grapple with addiction. She discusses how,

for individuals, the combination of genetic and environmental factors determines both vulnerability for addiction and the resilience necessary for recovery. Finally, she shows how American culture, with its emphasis on freewill and individualism, tends to blame the addict for bad choices and personal weakness, thereby impeding political and/or health-related efforts to get the addict what she needs to recover.

Addictive Disorders in Medical Populations Norman S. Miller, Mark S. Gold, 2011-07-26 This book has a much wider focus than traditional books written about drug and alcohol addictions. This unique book is written by medical specialists who diagnose, treat and research addictive disorders in their specialties. Thus, it meets the needs of the typical medical practitioner who wants to learn about and treat patients with addictive disorders in their practices. Because alcohol and drug problems are so prevalent and affect medical conditions profoundly, the medical specialist will improve their knowledge and skill to diagnose and treat addictive disorders in their specialties. Drug and alcohol addictions occur commonly in medical populations; 25–50% of patients seen by primary care physicians have alcohol and drug disorders, with even higher prevalence in certain medical specialty populations. Drug use (including illicit drug use and actual or perceived misuse of prescribed medications), alcohol use, and what has been called unhealthy drinking are even more common in trauma centers and our society. Currently, there are no authoritative addiction texts that focus on the identification, intervention and management of either “addictive disorders in medical populations” or “medical complications in addiction populations”. Neurobiological progress in the field of addiction has been amazing and evidence-based treatments have developed at a phenomenal pace, with bench to office applications for tobacco, alcohol and drugs. Pharmacological and psychosocial treatments are described here in detail and in practical terms. The medical and mental complications of addiction are explained comprehensively throughout the text. Clinical considerations are the predominant theme, with the standards of clinical practice grounded in the most current research. The chapters include practical presentations of both clinical and research materials, with instruments for screening and assessment and treatment. It will be useful for all those seeking information to help a patient or family with a tobacco, alcohol or drug problem. We hope this book can give answers and direction to the identification and management of addictions and their medical complications in patient populations.

Addictive Thinking Abraham J Twerski, 2009-06-03 The unpredictability and anxiety associated with the coronavirus pandemic can cloud and confuse everybody's thinking. Excuses, self-deception and addictive logic can harm your recovery and relationships. Don't let it. Author Abraham Twerski reveals how self-deceptive thought can undermine self-esteem and threaten the sobriety of a recovering individuals and offers hope to those seeking a healthy and rewarding recovery. Abnormal thinking in addiction was originally recognized by members of Alcoholics Anonymous, who coined the term stinking thinking. Addictive thinking often appears rational superficially, hence addicts as well as their family members are easily seduced by the attendant--and erroneous--reasoning process it can foster. In *Addictive Thinking*, author Abraham Twerski reveals how self-deceptive thought can undermine self-esteem and threaten the sobriety of a recovering individual. This timely revision of the original classic includes updated

information and research on depression and affective disorders, the relationship between addictive thinking and relapse, and the origins of addictive thought. Ultimately, Addictive Thinking offers hope to those seeking a healthy and rewarding life recovery.

Immerse yourself in heartwarming tales of love and emotion with Crafted by is touching creation, Tender Moments: **Addictive** . This emotionally charged ebook, available for download in a PDF format (PDF Size: *), is a celebration of love in all its forms. Download now and let the warmth of these stories envelop your heart.

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