

Cheap

Lauren Weber

Cheap Ellen Ruppel Shell,2009-07-02 A myth-shattering investigation of the true cost of America's passion for finding a better bargain From the shuttered factories of the Rust Belt to the strip malls of the Sun Belt-and almost everywhere in between-America has been transformed by its relentless fixation on low price. This pervasive yet little- examined obsession with bargains is arguably the most powerful and devastating market force of our time, having fueled an excess of consumerism that blights our landscapes, escalates personal debt, lowers our standard of living, and even skews of our concept of time. Spotlighting the peculiar forces that drove Americans away from quality, durability, and craftsmanship and towards quantity, quantity, and more quantity, Ellen Ruppel Shell traces the rise of the bargain through our current big-box profusion to expose the astronomically high cost of cheap.

Men Is Cheap Brian P. Luskey,2020-02-13 When a Civil War substitute broker told business associates that Men is cheap here to Day, he exposed an unsettling contradiction at the heart of the Union's war effort. Despite Northerners' devotion to the principles of free labor, the war produced rampant speculation and coercive labor arrangements that many Americans labeled fraudulent. Debates about this contradiction focused on employment agencies called intelligence offices, institutions of dubious character that nevertheless served the military and domestic necessities of the Union army and Northern households. Northerners condemned labor agents for pocketing fees above and beyond contracts for wages between employers and employees. Yet the transactions these middlemen brokered with vulnerable Irish immigrants, Union soldiers and veterans, former slaves, and Confederate deserters defined the limits of independence in the wage labor economy and clarified who could prosper in it. *Men Is Cheap* shows that in the process of winning the war, Northerners were forced to grapple with the frauds of free labor. Labor brokers, by helping to staff the Union military and Yankee households, did indispensable work that helped the Northern state and Northern employers emerge victorious. They also gave rise to an economic and political system that enriched the managerial class at the expense of laborers--a reality that resonates to this day.

Done Dirt Cheap Sarah Nicole Lemon,2017-03-07 Tourmaline Harris's life hit pause at fifteen, when her mom went to prison because of Tourmaline's unintentionally damning testimony. But at eighteen, her home life is stable, and she has a strong relationship with her father, the president of a local biker club known as the Wardens. Virginia Campbell's life hit fast-forward at fifteen, when her mom "sold" her into the services of Hazard, a powerful attorney: a man for whom the law is merely a suggestion. When Hazard sets his sights on dismantling the Wardens, he sends in Virginia, who has every intention of selling out the club--and Tourmaline. But the two girls are stronger than the circumstances that brought them together, and their resilience defines the friendship at the heart of this powerful debut novel.

Cheap. Fast. Good! Beverly Mills,Alicia Ross,2005-01-01 The creators of *Desperation Dinners!* explain how to save time and money in the kitchen with 275 delicious recipes that are quick and easy to prepare, economical, healthy, and family friendly, and include helpful tips on stocking the pantry, shopping, menu planning, creating one's own convenience items, food substitutions, and cooking techniques. Simultaneous.

A Very Short Fairly Interesting and Reasonably Cheap Book About Studying Leadership Brad Jackson, Ken Parry, 2011-05-25 The first edition of this popular and acclaimed book quickly became a favourite among students for the engaging way in which it guided them through the cacophony of competing perspectives and models of leadership. This new edition includes an expanded discussion of hot topics like followership, gender, ethics, authenticity and leadership and the arts set against the backdrop of the global financial crisis. In teaching you how to critically appraise and work with leadership theories rather than faithfully accept them, this book will not merely make you a better student of leadership; it could make you a better leader too.

Vegan on the Cheap Robin Robertson, 2010-11-19 You can eat great meatless and dairy-free meals every day—and stay on your budget—with these 150 recipes and smart money-saving tips. With *Vegan on the Cheap*, you can enjoy delicious vegan meals every day of the week. Robin Robertson, “an acclaimed authority on vegan cooking” (Publishers Weekly), provides 150 mouth-watering, exciting recipes that cost just 50 cents to \$2 per serving—hefty savings to go with hearty vegan meals. Find options for savory soups and stews, satisfying salads, hearty noodle dishes, first-class casseroles, favorites for the slow cooker, and meatless and dairy-free recipes for classics like pizza, burgers, and sandwiches—and a chapter for desserts to satisfy every sweet tooth. Throughout the book, smart tips and creative ideas help you save money by cooking in bulk, prepping meals in advance, and finding tasty ways to reuse leftovers. Including recipes for delicious vegan meals like Walnut-Dusted Fettuccine with Caramelized Vegetables and Fresh Pear Galette, it also features cost-per-serving icons that highlight the cost of each affordable dish—and even shows how you can make your own meat alternatives at a fraction of the cost of packaged proteins.

A Very Short, Fairly Interesting and Reasonably Cheap Book about Studying Marketing Jim Blythe, 2006-10-18 Conceived by Chris Grey and written to get you thinking, the “Very Short, Fairly Interesting and Reasonably Cheap” series offers an informal, conversational, accessible yet sophisticated and critical overview of what you find in conventional textbooks. *Studying Marketing* is packed full of lively debate and funny anecdotes covering topics marketing students are familiar with, such as key thinkers and concepts, and some they are not. It looks at areas most textbooks ignore, such as the development of marketing as a discipline and as an academic subject, and raises arguments that students haven't heard about in their lectures. Suitable for Marketing students at Undergraduate and Postgraduate level. Along with professionals involved in marketing and anyone interested in how marketing works.

A Very Short, Fairly Interesting and Reasonably Cheap Book About Studying Strategy Chris Carter, Stewart R Clegg, Martin Kornberger, 2008-09-17 ‘If strategy is the queen of business, then this book offers us the perfect introduction to her court! It is accessible, lively, and informative. The book repays the reader with wonderful account of how strategy works. It also lets the reader in on some of the darker secrets of strategy’ - André Spicer, Associate Professor of Organisation Studies, Warwick Business School *Studying Strategy* is a welcoming, lively and thought provoking account that helps students get to grips with strategy’s key issues and broad debates and introduce them to the latest ideas. Conceived by Chris Grey as an antidote to conventional textbooks, each book in the ‘Very Short, Fairly Interesting and

Reasonably Cheap' series takes a core area of the curriculum and turns it on its head by providing a critical and sophisticated overview of the key issues and debates in an informal, conversational and often humorous way. Suitable for students of strategy at Undergraduate, Masters and MBA level, professionals involved in strategic decision making and anyone interested in how strategy works.

Cheap David Bosshart, 2006 Although manufactured goods have been getting cheaper, with that trend, Bosshart warns, comes cheap morals and cheap ethics. With implications for the environment, the labor market, and for companies, the age of cheap comes with a price.

Dirt Cheap Mark Hoffmann, 2020-04-21 A young entrepreneur sets out to earn some money and discovers the value of a dollar (and of dirt)! Perfect for fans of *Lemonade in Winter*, *The Most Magnificent Thing*, and *Rosie Revere, Engineer*. Birdie doesn't know much about money. All she knows is that she wants a new soccer ball that costs \$24.95. The fastest way to that \$24.95 is going into sales, but what to sell? All her belongings? Not much of a market for those. Birdie needs something that she has in abundance and that everyone needs. So when she sees everyone in her neighborhood working on their yards, she realizes she's hit pay dirt. Literally! Soon Birdie is raking in the dough, with profits of all varieties: quarters, dimes, nickels, pennies, even dollar bills! Now she can buy that soccer ball, but does her business plan have any holes? An industrious tale about striking it rich! A terrific treatise for early financial literacy that subtly teaches about worth determination, pricing structures, coin values, marketing techniques, and the reward of hard work, all supported by a delightful story with a round-headed protagonist in amusingly huge, face-swallowing glasses and itty-bitty pigtails.--Booklist Our heroine has a positive outlook and doesn't let things get her down. The book demonstrates how even a young child can be a great entrepreneur. A light, fun, and educational tale that would work wonderfully as a two-voice read-aloud.--SLJ Hoffman's acrylic and color pencil illustrations are pleasingly eccentric. There's a stealthy math lesson here as Birdie counts her coins, and her can-do attitude makes for a nice message about the value of hard work.--The Bulletin Hoffmann cleverly intertwines early math skills with messages of working toward goals and problem-solving. Worth it, dirt and all.--Kirkus

How Solar Energy Became Cheap Gregory F. Nemet, 2019-05-20 Solar energy is a substantial global industry, one that has generated trade disputes among superpowers, threatened the solvency of large energy companies, and prompted serious reconsideration of electric utility regulation rooted in the 1930s. One of the biggest payoffs from solar's success is not the clean inexpensive electricity it can produce, but the lessons it provides for innovation in other technologies needed to address climate change. Despite the large literature on solar, including analyses of increasingly detailed datasets, the question as to how solar became inexpensive and why it took so long still remains unanswered. Drawing on developments in the US, Japan, Germany, Australia, and China, this book provides a truly comprehensive and international explanation for how solar has become inexpensive. Understanding the reasons for solar's success enables us to take full advantage of solar's potential. It can also teach us how to support other low-carbon technologies with analogous properties, including small modular nuclear reactors and direct air capture. However, the urgency of addressing climate change means

that a key challenge in applying the solar model is in finding ways to speed up innovation. Offering suggestions and policy recommendations for accelerated innovation is another key contribution of this book. This book will be of great interest to students and scholars of energy technology and innovation, climate change and energy analysis and policy, as well as practitioners and policymakers working in the existing and emerging energy industries.

In CHEAP We Trust Lauren Weber, 2009-09-07 Cheap suit. Cheap date. Cheap shot. It's a dirty word, an epithet laden with negative meanings. It is also the story of Lauren Weber's life. As a child, she resented her father for keeping the heat at 50 degrees through the frigid New England winters and rarely using his car's turn signals-to keep them from burning out. But as an adult, when she found herself walking 30 blocks to save \$2 on subway fare, she realized she had turned into him. In this lively treatise on the virtues of being cheap, Weber explores provocative questions about Americans' conflicted relationship with consumption and frugality. Why do we ridicule people who save money? Where's the boundary between thrift and miserliness? Is thrift a virtue or a vice during a recession? And was it common sense or obsessive-compulsive disorder that made her father ration the family's toilet paper? In answering these questions, *In Cheap We Trust* offers a colorful ride through the history of frugality in the United States. Readers will learn the stories behind Ben Franklin and his famous maxims, Hetty Green (named the world's greatest miser by the Guinness Book of Records) and the stereotyping of Jewish and Chinese immigrants as cheap. Weber also explores contemporary expressions and dilemmas of thrift. From Dumpster-diving to economist John Maynard Keynes's Paradox of Thrift to today's recession-driven enthusiasm for frugal living, *In Cheap We Trust* teases out the meanings of cheapness and examines the wisdom and pleasures of not spending every last penny.

Getting Me Cheap Amanda Freeman, Lisa Dodson, 2022-11-29 Two groundbreaking sociologists explore the way the American dream is built on the backs of working poor women Many Americans take comfort and convenience for granted. We eat at nice restaurants, order groceries online, and hire nannies to care for kids. *Getting Me Cheap* is a riveting portrait of the lives of the low-wage workers—primarily women—who make this lifestyle possible. Sociologists Lisa Dodson and Amanda Freeman follow women in the food, health care, home care, and other low-wage industries as they struggle to balance mothering with bad jobs and without public aid. While these women tend to the needs of well-off families, their own children frequently step into premature adult roles, providing care for siblings and aging family members. Based on years of in-depth field work and hundreds of eye-opening interviews, *Getting Me Cheap* explores how America traps millions of women and their children into lives of stunted opportunity and poverty in service of giving others of us the lives we seek. Destined to rank with works like *Evicted* and *Nickle and Dimed* for its revelatory glimpse into how our society functions behind the scenes, *Getting Me Cheap* also offers a way forward—with both policy solutions and a keen moral vision for organizing women across class lines.

365 Ways to Live Cheap Trent Hamm, 2008-11-17 Use cold water for most clothes washing and save up to \$63 a year. Minimize your carload and reduce your gas mileage by as much as 5 percent. Invest in a deep freezer and fill it up with meat discounted at 30 percent or more. Take a look at your life and you'll realize that there's almost always a way to make do on less. This

book offers up a bevy of ways to cut down on costs and still enjoy a satisfying lifestyle in any situation. From practicing good gas conservation habits to learning to love leftovers, this book will help every aspiring penny pincher stop the unnecessary spending and find the fun in frugality!

Good and Cheap Leanne Brown, 2015-07-14 A perfect and irresistible idea: A cookbook filled with delicious, healthful recipes created for everyone on a tight budget. While studying food policy as a master's candidate at NYU, Leanne Brown asked a simple yet critical question: How well can a person eat on the \$4 a day given by SNAP, the U.S. government's Supplemental Nutrition Assistance Program informally known as food stamps? The answer is surprisingly well: Broiled Tilapia with Lime, Spicy Pulled Pork, Green Chile and Cheddar Quesadillas, Vegetable Jambalaya, Beet and Chickpea Salad—even desserts like Coconut Chocolate Cookies and Peach Coffee Cake. In addition to creating nutritious recipes that maximize every ingredient and use economical cooking methods, Ms. Brown gives tips on shopping; on creating pantry basics; on mastering certain staples—pizza dough, flour tortillas—and saucy extras that make everything taste better, like spice oil and tzatziki; and how to make fundamentally smart, healthful food choices. The idea for Good and Cheap is already proving itself. The author launched a Kickstarter campaign to self-publish and fund the buy one/give one model. Hundreds of thousands of viewers watched her video and donated \$145,000, and national media are paying attention. Even high-profile chefs and food writers have taken note—like Mark Bittman, who retweeted the link to the campaign; Francis Lam, who called it “Terrific!”; and Michael Pollan, who cited it as a “cool kickstarter.” In the same way that TOMS turned inexpensive, stylish shoes into a larger do-good movement, Good and Cheap is poised to become a cookbook that every food lover with a conscience will embrace.

Cheap Cabernet Cathie Beck, 2010-07-20 I didn't know that people come into our lives, and sometimes, if we're terribly lucky, we get the chance to love them, that sometimes they stay, that sometimes you can, truly, depend on them. Cathie Beck was in her late thirties and finally able to exhale after a lifetime of just trying to get by. A teenage mother harboring vivid memories of her own hardscrabble childhood, Cathie had spent years doing whatever it took to give her children the stability--or at least the illusion of it--that she'd never had. More than that, through sheer will and determination, she had educated them and herself too. With her kids in college, Cathie was at last ready to have some fun. The only problem was that she had no idea how to do it and no friends to do it with. So she put an ad in the paper for a made-up women's group: WOW . . . Women on the Way. Eight women showed up that first night, and out of that group a friendship formed, one of those meteoric, passionate, stand-by-you friendships that come around once in a lifetime and change you forever . . . if you're lucky.

Cheap Journals Cheap Journals, 2018-02 100 Page Lined Journal This book will be perfect for: Journaling Notes work School work Book Features Perfect bound High quality 130gms paper 100 pages Thick cover 200gms Extra-large pages (8.5 x 11.0) Paper is suitable for pencils, pens, felt tips pens, and acrylic pens

Super Cheap New Zealand Matthew Baxter, 2019-09-25 Super Cheap New Zealand is the ultimate budget travel guide to New Zealand, full of the most useful, up-to-date information for a cheap holiday in this amazing country. With so many ways to eat for next to nothing, crazily discounted activity passes and inexpensive budget airline tickets, there has never been a better time to

visit. Unlike other guides, this book shows you exactly how, where and when you can save money. Grab lunch for \$5, enjoy a free hike in the mountains, or go bungy jumping on the cheap; all with this super helpful guide. Inside the Super Cheap New Zealand guidebook: - Budget food - eat for only a few dollars with comprehensive listings of low-cost restaurants, takeouts, supermarkets, free water fountain locations and more - Budget shopping - dollar shops and discount megastore listings, plus information on which member cards to get to save even more - Color maps for budget travelers, making it super easy to get around - Highlights and itineraries so you can keep your wallet happy while still having an amazing, stress-free holiday - Bus passes - local, regional and national passes, and info on how to use them for additional savings at tourist hotspots - Cheap accommodation - the best and cheapest hostels, hotels and campsites, as well as plenty of ways to find free accommodation - Hidden treasures - walking and cycling routes to cut down on bus fares or fuel costs, cheap side trips and free alternatives to crowded, overpriced spots - Essential help for budget travelers - expert travel tips, free tours, simple to understand directions, plus easy-to-understand explanations of the various combo and discount activity packages - Guides to Auckland, Christchurch, Wellington, Queenstown, Hobbiton, Rotorua, Lake Tekapo, Mount Cook, Milford Sound, Dunedin, Franz Josef Glacier, as well as great off-the-beaten-track places nearby This book is perfect for backpackers, budget travelers, families on a tight budget, students and those who are new to New Zealand. Get the most out of this amazing country, without burning a hole in your wallet!

Cheap Transportation William Windom, 1874

The Social Cost of Cheap Food Sébastien Rioux, 2019-09-26 The distribution of food played a considerable yet largely unrecognized role in the economic history of Victorian and Edwardian Britain. In the midst of rapid urbanization and industrialization, retail competition intensified and the channels by which food made it to the market became vital to the country's economic success. Illustrating the pivotal importance of food distribution in Britain between 1830 and 1914, *The Social Cost of Cheap Food* argues that labour exploitation in the distribution system was the key to cheap food. Through an analysis of labour dynamics and institutional changes in the distributive sector, Sébastien Rioux demonstrates that economic development and the rising living standards of the working class were premised upon the growing insecurity and chronic poverty of street sellers, shop assistants, and small shopkeepers. Rioux reveals that food distribution, far from being a passive sphere of economic activity, provided a dynamic space for the reduction of food prices. Positing food distribution as a core element of social and economic development under capitalism, *The Social Cost of Cheap Food* reflects on the transformation of the labour market and its intricate connection to the history of food and society.

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Table of Contents Cheap

1. Understanding the eBook Cheap
 - The Rise of Digital Reading Cheap
 - Advantages of eBooks Over Traditional Books
2. Identifying Cheap
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Cheap
 - User-Friendly Interface
4. Exploring eBook Recommendations from Cheap
 - Personalized Recommendations
 - Cheap User Reviews and Ratings
 - Cheap and Bestseller Lists
5. Accessing Cheap Free and Paid eBooks
 - Cheap Public Domain eBooks
 - Cheap eBook Subscription Services
 - Cheap Budget-Friendly Options
6. Navigating Cheap eBook Formats
 - ePub, PDF, MOBI, and More
 - Cheap Compatibility with Devices
 - Cheap Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text

- Sizes of Cheap
 - Highlighting and Note-Taking Cheap
 - Interactive Elements Cheap
8. Staying Engaged with Cheap
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Cheap
 9. Balancing eBooks and Physical Books Cheap
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Cheap
 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
 11. Cultivating a Reading Routine Cheap
 - Setting Reading Goals Cheap
 - Carving Out Dedicated Reading Time
 12. Sourcing Reliable Information of Cheap
 - Fact-Checking eBook Content of Cheap
 - Distinguishing Credible Sources
 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

Cheap Introduction

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