

Change

Dan Rothstein,Luz Santana

Change Damon Centola,2021-01-19 How to create the change you want to see in the world using the paradigm-busting ideas in this utterly fascinating (Adam Grant) big-idea book. Most of what we know about how ideas spread comes from bestselling authors who give us a compelling picture of a world, in which influencers are king, sticky ideas go viral, and good behavior is nudged forward. The problem is that the world they describe is a world where information spreads, but beliefs and behaviors stay the same. When it comes to lasting change in what we think or the way we live, the dynamics are different: beliefs and behaviors are not transmitted from person to person in the simple way that a virus is. The real story of social change is more complex. When we are exposed to a new idea, our social networks guide our responses in striking and surprising ways. Drawing on deep-yet-accessible research and fascinating examples from the spread of coronavirus to the success of the Black Lives Matter movement, the failure of Google+, and the rise of political polarization, Change presents groundbreaking and paradigm-shifting new science for understanding what drives change, and how we can change the world around us.

Change John P. Kotter,Vanessa Akhtar,Gaurav Gupta,2021-05-04 Transform your organization with speed and efficiency using this insightful new resource Incremental improvement is no longer sufficient in helping organizations navigate the complexity, uncertainty and volatility of today's world. In Change: How Organizations Achieve Hard-to-Imagine Results in Uncertain and Volatile Times, authors John P. Kotter, Vanessa Akhtar, and Gaurav Gupta explore how to create non-linear, dramatic change in your organization. You'll discover the emerging science of change that teaches us about how to build organizations – from businesses to governments – that change and adapt rapidly. In Change you'll discover: Why the ability of organizations to deal with threats and take advantage of opportunities in the face of ever greater complexity and uncertainty is being severely challenged In-depth, evidence-based, actionable solutions for dealing with institutional resistance to change Case studies and success stories that describe organizations who have successfully built the ability to change quickly into their DNA A universal approach for how to dramatically improve outcomes from various change efforts, including: strategy execution, digital transformation, restructuring, and more Perfect for managers, executives, and leaders at companies of all types and sizes, Change will also prove to be a valuable asset to other professionals who serve these organizations. This book is for anyone seeking a proven approach for delivering fast, sustainable and comprehensive results.

Switch Chip Heath,Dan Heath,2010-02-16 Why is it so hard to make lasting changes in our companies, in our communities, and in our own lives? The primary obstacle is a conflict that's built into our brains, say Chip and Dan Heath, authors of the critically acclaimed bestseller Made to Stick. Psychologists have discovered that our minds are ruled by two different systems - the rational mind and the emotional mind—that compete for control. The rational mind wants a great beach body; the emotional mind wants that Oreo cookie. The rational mind wants to change something at work; the emotional mind loves the comfort of the existing routine. This tension can doom a change effort - but if it is overcome, change can come quickly. In Switch, the Heaths show how everyday people - employees and managers, parents and nurses - have united both minds and, as a result, achieved dramatic results: • The lowly medical interns who managed to defeat an entrenched, decades-old medical practice that was endangering patients • The home-organizing guru who developed a simple technique for overcoming the dread of housekeeping • The manager who transformed a lackadaisical customer-support team into service zealots by removing a standard tool of customer service In a compelling, story-driven narrative, the Heaths bring together decades of counterintuitive research in psychology, sociology, and other fields to shed new light on how we can effect transformative change. Switch shows that successful changes follow a pattern, a pattern you can use to make the changes that matter to you, whether your interest is in changing the world or changing your waistline.

Immunity to Change Robert Kegan,Lisa Laskow Lahey,2009-02-15 Unlock your potential and finally move forward. A recent study showed that when doctors tell heart patients they will die if they don't change their habits, only one in seven will be able to follow through successfully. Desire and motivation aren't enough: even when it's literally a matter of life or death, the ability to change remains maddeningly elusive. Given that the status quo is so potent, how can we change ourselves and our organizations? In Immunity to Change, authors Robert Kegan and Lisa Lahey show how our individual beliefs--along with the collective mind-sets in our organizations--combine to create a natural but powerful immunity to change. By revealing how this mechanism holds us back, Kegan and Lahey give us the keys to unlock our potential and finally move forward. And by pinpointing and uprooting our own immunities to change, we can bring our organizations forward with us. This persuasive and practical book, filled with hands-on diagnostics and compelling case studies, delivers the tools you need to overcome the forces of inertia and transform your life and your work.

The Change Book Tricia Emerson,Mary Stewart,2011-03-15 Change is hard, but learning more about it doesn't have to be boring. The Change Book: Change the Way You Think About Change helps you get smart on change management without the pain. It addresses framing your change, leadership, resistance, culture, communication and more. Flip it open to any page and you'll find powerful, concise, and easy advice from battle-tested practitioners. Why aren't your communication efforts working? The book addresses common pitfalls, like waiting too long, delivering bad news and hitting people with the wrong kinds of information. How many people should you involve in your new effort? There's advice on engaging the masses and there are real stories of organizations who harnessed the power of their people. What should you do about those who resist? Do you have to turn all of them into supporters? Read about finding the people in your sweet spot and focusing on them. How will you keep people excited and engaged? The book offers tips for getting buy-in and maintaining momentum.

The Change Book Mikael Krogerus,Roman Tschäppeler,2023-02-02 How do you make your way in a fast-changing world? Why do we have less and less time? Why are some people unfaithful? Who governs the world? This book is about change - from the small and seemingly insignificant transitions in our day-to-day lives, to the big and almost incomprehensible shifts in human history. Because if we want to make change happen ourselves, we have to understand it first. Distilling expert wisdom and complex theories, the authors of the bestselling The Decision Book present fifty simple and effective models to help us make sense of our changing world. Everything is in a constant state of change, from the personal and political to economics and the environment. Whether you're buying a new car, deciding who to vote for, or making an investment, this little book offers surprisingly simple explanations of the biggest theories of transformation that will help you see the world anew - and radically challenge some of your preconceived ideas.

Change or Die Alan Deutschman,2009-10-13 Change or Die. What if you were given that choice? If you didn't, your time would end soon—a lot sooner than it had to. Could you change when change matters most? This is the question Alan Deutschman poses in Change or Die, which began as a sensational cover story by the same title for Fast Company. Deutschman concludes that although we all have the ability to change our behavior, we rarely ever do. From patients suffering from heart disease to repeat offenders in the criminal justice system to companies trapped in the mold of unsuccessful business practices, many of us could prevent ominous outcomes by simply changing our mindset. A powerful book with universal appeal, Change or Die deconstructs and debunks age-old myths about change and empowers us with three critical keys—relate, repeat, and reframe—to help us make important positive changes in our lives. Explaining breakthrough research and progressive ideas from a wide selection of leaders in medicine, science, and business (including Dr. Dean Ornish, Mimi Silbert of the Delancey Street Foundation, Bill Gates, Daniel Boulud, and many others), Deutschman demonstrates how anyone can achieve lasting, revolutionary changes that are positive, attainable, and absolutely vital.

Change by Design Tim Brown,2009-09-29 In Change by Design, Tim Brown, CEO of IDEO, the celebrated innovation and design firm, shows how the

techniques and strategies of design belong at every level of business. Change by Design is not a book by designers for designers; this is a book for creative leaders who seek to infuse design thinking into every level of an organization, product, or service to drive new alternatives for business and society.

Change Anything Kerry Patterson, Joseph Grenny, David Maxfield, Ron McMillan, Al Switzler, 2011-04-11 A stunning approach to how individuals can not only change their lives for the better in the workplace, but also their lives away from the office, including (but not limited to) finding ways to improve one's working relationship with others, one's overall health, outlook on life, and so on. For example, why is it that 95% of all diet attempts fail? Why do New Year's Resolutions last no more than a few days? Why can't people with good intentions seem to make consistent and positive strides? Based upon the latest research in a number of psychological and medical fields, the authors of Change Anything will show that traditional will-power is not necessarily the answer to these strivings, that people are affected in their behaviors by far more subtle influences. Change Anything shows how individuals can come to understand these powerful and influential forces, and how to put these forces to work in a positive manner that brings real and meaningful results. The authors present an array of everyday examples that will change and truly empower you to reexamine the way you go about your business and life.

Positive Exposure Rick Guidotti, 2016-01-01

Being Called to Change Dale Halaway, 2018-02-17 This book will help you understand the nature of change, how to recognize when it's knocking on your door, and how to embrace change in your life. To help you embrace change effectively, with minimal stress, Being Called to Change lays the groundwork for making massive changes? changes that stick! Dale's teachings show you how to relax more, how to calm down more, and how to let go of the idea that you need to be in control of everything going on in your life. Being Called to Change empowers you to make lasting changes from a place of grounded clarity and understanding. Being Called to Change will help you to unlock the power within you and to make positive, beneficial changes in your life, business, and relationships? all while reducing the stress you experience in your day-to-day life. Are you being called to change? Time to answer the call!

The Change Kirsten Miller, 2022-05-03 GOOD MORNING AMERICA BOOK CLUB PICK The Change is like a guttural rage scream (and somehow a soft, tearful hug) of a book, and I couldn't have loved it any more. --Emily Henry Big Little Lies meets The Witches of Eastwick—a gloriously entertaining and knife-sharp revenge fantasy about three women whose midlife crisis brings unexpected new powers—putting them on a collision course with the evil that lurks in their wealthy beach town. A roar of rage, a pacy page-turner, I loved it with all my broken heart. Read it. You'll love it. --New York Times bestselling author Marian Keyes Miller triumphs... THE CHANGE is that rare treat: a suspenseful story with great pacing, memorable characters, and an engaging voice. Fantastic in every way, this fierce anthem against misogyny is a smash. --Publishers Weekly (starred review) A pointed, punchy, and potent thriller... wry and clever, serious and exacting, and masterfully suspenseful. --Booklist (starred review) In the Long Island oceanfront community of Mattauk, three different women discover that midlife changes bring a whole new type of empowerment... After Nessa James's husband dies and her twin daughters leave for college, she's left all alone in a trim white house not far from the ocean. In the quiet of her late forties, the former nurse begins to hear voices. It doesn't take long for Nessa to realize that the voices calling out to her belong to the dead—a gift she's inherited from her grandmother, which comes with special responsibilities. On the cusp of 50, suave advertising director Harriett Osborne has just witnessed the implosion of her lucrative career and her marriage. She hasn't left her house in months, and from the outside, it appears as if she and her garden have both gone to seed. But Harriett's life is far from over—in fact, she's undergone a stunning and very welcome metamorphosis. Ambitious former executive Jo Levison has spent thirty long years at war with her body. The free-floating rage and hot flashes that arrive with the beginning of menopause feel like the very last straw—until she realizes she has the ability to channel them, and finally comes into her power. Guided by voices only Nessa can hear, the trio of women discover a teenage girl whose body was abandoned beside a remote beach. The police have written the victim off as a drug-addicted sex worker, but the women refuse to buy into the official narrative. Their investigation into the girl's murder leads to more bodies, and to the town's most exclusive and isolated enclave, a world of stupendous wealth where the rules don't apply. With their newfound powers, Jo, Nessa, and Harriett will take matters into their own hands...

Leading Change John P. Kotter, 2012 From the ill-fated dot-com bubble to unprecedented merger and acquisition activity to scandal, greed, and, ultimately, recession -- we've learned that widespread and difficult change is no longer the exception. By outlining the process organizations have used to achieve transformational goals and by identifying where and how even top performers derail during the change process, Kotter provides a practical resource for leaders and managers charged with making change initiatives work.

A Prescription for Change Michael Kinch, 2016-10-07 The introduction of new medicines has dramatically improved the quantity and quality of individual and public health while contributing trillions of dollars to the global economy. In spite of these past successes--and indeed because of them--our ability to deliver new medicines may be quickly coming to an end. Moving from the beginning of the twentieth century to the present, A Prescription for Change reveals how changing business strategies combined with scientific hubris have altered the way new medicines are discovered, with dire implications for both health and the economy. To explain how we have arrived at this pivotal moment, Michael Kinch recounts the history of pharmaceutical and biotechnological advances in the twentieth century. Kinch relates stories of the individuals and organizations that built the modern infrastructure that supports the development of innovative new medicines. He shows that an accelerating cycle of acquisition and downsizing is cannibalizing that infrastructure Kinch demonstrates the dismantling of the pharmaceutical and biotechnological research and development enterprises could also provide opportunities to innovate new models that sustain and expand the introduction of newer and better breakthrough medicines in the years to come.

Make Just One Change Dan Rothstein, Luz Santana, 2011-09-01 The authors of Make Just One Change argue that formulating one's own questions is "the single most essential skill for learning"—and one that should be taught to all students. They also argue that it should be taught in the simplest way possible. Drawing on twenty years of experience, the authors present the Question Formulation Technique, a concise and powerful protocol that enables learners to produce their own questions, improve their questions, and strategize how to use them. Make Just One Change features the voices and experiences of teachers in classrooms across the country to illustrate the use of the Question Formulation Technique across grade levels and subject areas and with different kinds of learners.

How to Change Katy Milkman, 2022 'Game-changing. Katy Milkman shows in this book that we can all be a super human' Angela Duckworth, bestselling author of Grit How to Change is a powerful, groundbreaking blueprint to help you - and anyone you manage, teach or coach - to achieve personal and professional goals, from the master of human nature and behaviour change and Choiceology podcast host Professor Katy Milkman. Award-winning Wharton Professor Katy Milkman has devoted her career to the study of behaviour change. An engineer by training, she approaches all challenges as problems to be solved and, with this mind-set, has drilled into the roadblocks that prevent us from achieving our goals and breaking unwanted behaviours. The key to lasting change, she argues, is not to set ever more audacious goals or to foster good habits but to get your strategy right. In How to Change Milkman identifies seven human impulses, or 'problems', that commonly sabotage our attempts to make positive personal and professional change. Then, crucially, instead of getting you to do battle with these impulses she shows you how to harness them and use these as driving forces to help instil new, positive behaviours - better, faster and more efficiently than you could imagine. Drawing her own original research, countless engaging case studies and practical tools throughout to help you put her ideas into action, Milkman reveals a proven, inspiring path that can take you - once and for all - from where you are today to where you want to be.

A Chance for Change Crystal R. Sanders,2016-02-10 In this innovative study, Crystal Sanders explores how working-class black women, in collaboration with the federal government, created the Child Development Group of Mississippi (CDGM) in 1965, a Head Start program that not only gave poor black children access to early childhood education but also provided black women with greater opportunities for political activism during a crucial time in the unfolding of the civil rights movement. Women who had previously worked as domestics and sharecroppers secured jobs through CDGM as teachers and support staff and earned higher wages. The availability of jobs independent of the local white power structure afforded these women the freedom to vote in elections and petition officials without fear of reprisal. But CDGM's success antagonized segregationists at both the local and state levels who eventually defunded it. Tracing the stories of the more than 2,500 women who staffed Mississippi's CDGM preschool centers, Sanders's book remembers women who went beyond teaching children their shapes and colors to challenge the state's closed political system and white supremacist ideology and offers a profound example for future community organizing in the South.

Change the World Robert E. Quinn,2000-03-31 In this empowering book, Robert E. Quinn, author of the highly successful and influential Deep Change, gives readers the courage to use personal transformation to positively impact their home life, work life, and communities -- to be what he refers to as inner-directed and outer-focused. We are all potential change agents, but most of us are trapped by belief that we as individuals cannot make a difference. Informed by the teachings of Jesus, Gandhi, and Martin Luther King, Jr. -- three of the most successful change agents ever -- Quinn outlines eight steps each of us can take to move ourselves and others to the highest levels of excellence. Following his advice, each of us can access and apply the power that lies within us in ways that will change our world for the better.

We Are the Change Harry Belafonte,2019-05-07 Sixteen award-winning children's book artists illustrate the civil rights quotations that inspire them in this stirring and beautiful book. Featuring an introduction by Harry Belafonte, words from Eleanor Roosevelt, Maya Angelou, and Dr. Martin Luther King, Jr. among others, this inspirational collection sets a powerful example for generations of young leaders to come. It includes illustrations by Selina Alko, Alina Chau, Lisa Congdon, Emily Hughes, Molly Idle, Juana Medina, Innosanto Nagara, Christopher Silas Neal, John Parra, Brian Pinkney, Greg Pizzoli, Sean Qualls, Dan Santat, Shadra Strickland, Melissa Sweet, and Raúl the Third.

Radical Change Eliza T. Dresang,1999 Proposing a conceptual framework for evaluating hand-held books, Dresang (information studies, Florida State U.) explains how books are changing along with developments in digital information and how librarians, teachers, and parents can recognize and use books to create connections for and among young people using digital concepts and designs that emphasize multilayered, nonlinear stories and information. Annotation copyrighted by Book News, Inc., Portland, OR

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