Sprint

Joel Smith

Sprint (Republish) Jake Knapp, 2018-07-19 Anda mungkin beruntung memiliki pekerjaan atau proyek mendatang dengan visi yang cemerlang. Namun, upaya mewujudkan visi ini sering kali tak mudah. Setiap hari Anda gampang sekali terjebak dalam berbagai hal: surel yang seolah tiada habisnya, tenggat yang molor, rapat-rapat seharian yang menyita waktu, dan proyek jangka panjang yang hanya berdasarkan asumsi. Sudah waktunya Anda mencoba Sprint, sebuah metode untuk memecahkan masalah dan menguji ide-ide baru, menyelesaikan lebih banyak hal dengan efisien. Buku ini ditulis Jake Knapp, mantan Design Partner Google Ventures, untuk menuntun Anda merasakan pengalaman menerapkan metode yang telah mendunia ini. Sprint mewujudkan pengeksekusian ide besar hanya dalam lima hari. Menuntun tim Anda dengan checklist lengkap, mulai dari Senin hingga Jumat. Menjawab segala pertanyaan penting yang sering kali hanya disimpan di benak mereka yang sedang menguji ide/konsep/produk. Sprint juga membantu Anda lebih menikmati setiap proses. Anda bisa mengamati dan bergabung dengan ratusan dari pelaku Sprint di seluruh dunia melalui tagar #sprintweek di Twitter. Sebuah proyek besar terjadi pada 2009. Seorang insinyur Gmail bernama Peter Balsiger mencetuskan ide mengenai surel yang bisa teratur secara otomatis. Saya sangat tertarik dengan idenya—yang disebut "Kotak Masuk Prioritas"—dan merekrut insinyur lain, Annie Chen, untuk bergabung bersama kami. Annie setuju, tetapi dia hanya punya waktu sebulan untuk mengerjakannya. Kalau kami tidak bisa membuktikan bahwa ide itu

bisa diterapkan dalam jangka waktu tersebut, Annie akan beralih ke proyek lainnya. Saya yakin waktunya tidak akan cukup, tetapi Annie adalah insinyur yang luar biasa. Jadi, saya memutuskan untuk menjalaninya saja. Kami membagi waktu sebulan itu ke dalam empat bagian yang masingmasing lamanya seminggu. Setiap pekan, kami menggarap desain baru. Annie dan Peter membuat purwarupa, lalu pada akhir minggu, kami menguji desain ini bersama beberapa ratus orang lainnya. Pada akhir bulan, kami menemukan solusi yang bisa dipahami dan diinginkan orang- orang. Annie tetap menjadi pemimpin untuk tim Kotak Masuk Prioritas. Dan entah bagaimana caranya, kami berhasil menyelesaikan tugas desainnya dalam waktu yang lebih singkat dari biasanya. Beberapa bulan kemudian, saya mengunjungi Serge Lachapelle dan Mikael Drugge, dua orang karyawan Google di Stockholm. Kami bertiga ingin menguji ide perangkat lunak untuk konferensi video yang bisa dijalankan lewat peramban. Karena saya berada di kota tersebut hanya selama beberapa hari, kami bekerja secepat mungkin. Pada penghujung kunjungan saya, kami berhasil menyelesaikan purwarupanya. Kami mengirimkannya ke rekan kerja kami lewat surel dan mulai menggunakannya dalam rapat. Dalam beberapa bulan, seluruh perusahaan sudah bisa menggunakannya. (Selanjutnya, versi yang sudah dipoles dan disempurnakan dari aplikasi berbasis web tersebut dikenal sebagai Google Hangouts.) Dalam kedua kasus tersebut, saya menyadari bahwa saya bekerja jauh lebih efektif ketimbang rutinitas kerja harian saya atau ketika mengikuti lokakarya diskusi sumbang saran. Apa yang

membedakannya? Saya menimbang kembali lokakarya tim yang saya gagas sebelumnya. Bagaimana kalau saya memasukkan elemen ajaib lainnya-fokus pada kerja individu, waktu untuk membuat purwarupa, dan tenggat yang tak bisa ditawar? Saya lalu menyebutkan, "sprint" desain. Saya membuat jadwal kasar untuk sprint pertama saya: satu hari untuk berbagi informasi dan mereka ide, diikuti dengan empat hari pembuatan purwarupa. Sekali lagi, tim Google menyambut baik eksperimen ini. Saya memimpin sprint untuk mendesain Chrome, Google Search, Gmail, dan proyek-proyek lainnya. Ini sangat menarik. Sprint ini berhasil. Ide-ide diuji, dibangun, diluncurkan, dan yang terbaik, kebanyakan dari ide-ide ini berhasil diterapkan dalam dunia nyata. Proses sprint menyebar di seisi Google dari satu tim ke tim lain, dari satu kantor ke kantor lain. Seorang desainer dari Google X tertarik dengan metode ini, jadi dia menjalankan sprint untuk sebuah tim di Google Ads. Anggota tim dalam sprint di Ads kemudian menyampaikannya kepada kolega mereka, dan begitu seterusnya. Dalam waktu singkat saya mendengar penerapan sprint dari orang-orang yang tidak saya kenal. Dalam perjalanannya, saya membuat beberapa kesalahan. Sprint pertama saya melibatkan empat puluh orang-jumlah yang sangat besar dan justru hampir menghambat sprint tersebut, bahkan sebelum dimulai. Saya menyesuaikan waktu yang diperlukan untuk mengembangkan ide dan pembuatan purwarupa. Saya jadi memahami mana yang terlalu cepat, terlalu lambat, hingga akhirnya menemukan yang waktu paling sesuai. Beberapa tahun kemudian, saya bertemu Bill Maris untuk membicarakan sprint. Bill

adalah CEO Google Ventures, perusahaan modal ventura yang didirikan Google untuk berinvestasi pada startup-startup potensial. Dia adalah salah satu orang berpengaruh di Silicon Valley. Namun, Anda tidak akan menyangkanya dari pembawaannya yang santai. Pada sore itu, dia mengenakan pakaian khasnya, yaitu topi bisbol dan kaus dengan tulisan tentang Vermont. Bill tertarik untuk menjalankan sprint dengan startup dalam portofolio GV. Startup biasanya hanya memiliki satu kesempatan emas untuk mendesain sebuah produk yang sukses, sebelum akhirnya kehabisan dana. Sprint bisa membantu mencari tahu apakah startup-startup ini berada di jalur yang tepat sebelum akhirnya mereka bisa berkecimpung dalam tahapan yang lebih berisiko untuk membangun dan meluncurkan produk mereka. Dengan menjalankan sprint, mereka bisa mendapatkan sekaligus menghemat uang. Namun agar berhasil, saya harus menyesuaikan proses sprint ini. Saya sudah berpikir mengenai produktivitas individu dan tim selama beberapa tahun. Namun, saya hampir tidak tahu apa-apa mengenai startup dan kebutuhan bisnis mereka. Tetap saja, antusiasme Bill meyakinkan saya bahwa Google Ventures adalah tempat yang tepat untuk menerapkan sprint-sekaligus tempat yang tepat bagi saya. "Ini misi kita," ujarnya, "untuk bisa menemukan entrepreneur terbaik di muka bumi dan membantu mereka membuat dunia ini menjadi tempat yang lebih baik." Saya tentu tak bisa menolaknya. Di GV, saya bergabung dengan tiga rekan lain: Braden Kowitz, John Zeratsky, dan Michael Margolis. Bersama, kami mulai menjalankan sprint dengan startup-startup, bereksperimen dengan prosesnya, dan menguji

hasilnya agar bisa menemukan cara untuk memperbaikinya. Ide-ide dalam buku ini lahir dari semua anggota tim kami. Braden Kowitz memasukkan desain berbasis cerita dalam proses sprint, sebuah pendekatan tak biasa yang berfokus pada pengalaman konsumen alih-alih komponen individu atau teknologi. John Zeratsky membantu kami memulai dari akhir sehingga tiap sprint bisa membantu menjawab berbagai pertanyaan bisnis paling penting. Braden dan John memiliki pengalaman dalam bisnis dan startup, hal yang tidak saya miliki, dan mereka menyesuaikan prosesnya untuk menciptakan fokus yang lebih baik dan keputusan yang lebih cerdas di tiap sprint. Michael Margolis mendorong kami untuk mengakhiri tiap sprint dengan pengujian di dunia nyata. Dia menjalankan riset konsumen, yang perencanaan dan pelaksanaannya bisa menghabiskan waktu berminggu-minggu, dan menemukan cara untuk mendapatkan hasil yang jelas hanya dalam sehari. Ini benar-benar sebuah keajaiban. Kami tidak perlu lagi menebak-nebak apakah solusi kami bagus atau tidak karena di akhir tiap sprint, kami mendapatkan jawabannya. Kemudian ada Daniel Burka, seorang entrepreneur yang mendirikan dua startup sebelum menjual salah satunya ke Google dan bergabung dengan GV. Saat kali pertama menjelaskan proses sprint kepadanya, dia skeptis. Baginya, sprint terdengar seperti serangkaian proses manajemen yang rumit. Namun, dia sepakat untuk mencoba salah satunya. "Dalam sprint pertama itu, kami memangkas prosesnya dan menciptakan sesuatu yang ambisius hanya dalam sepekan. Saya benar-benar jatuh hati." Setelah kami berhasil meyakinkannya, pengalaman langsung Daniel sebagai

seorang pendiri startup dan sikapnya yang tidak menoleransi omong kosong membantu kami menyempurnakan prosesnya. Sejak sprint pertama di GV pada 2012, kami telah beradaptasi dan bereksperimen. Mulanya kami mengira pembuatan purwarupa dan riset yang cepat hanya akan berhasil untuk produk berskala besar. Mampukah kami bergerak sama cepatnya jika konsumen kami adalah para ahli di berbagai bidang seperti kesehatan dan keuangan? Tanpa disangka, proses lima hari ini bisa bertahan. Proses ini sesuai untuk semua jenis konsumen, mulai dari investor sampai petani, dari onkolog sampai pemilik bisnis skala kecil. Juga bagi situs web, aplikasi iPhone, laporan medis, hingga perangkat keras berteknologi tinggi. Tidak hanya untuk mengembangkan produk, kami juga menggunakan sprint untuk menentukan prioritas, strategi pemasaran, bahkan menamai perusahaan. Proses ini berulang-ulangmenyatukan tim dan menjadikan ide-ide menjadi nyata. Selama beberapa tahun belakangan, tim kami mendapatkan beragam kesempatan untuk bereksperimen dan memvalidasi ide kami mengenai proses kerja. Kami menjalankan lebih dari seratus sprint bersama dengan startup-startup dalam portofolio GV. Kami bekerja bersama, sekaligus belajar dari para entrepreneur brilian seperti Anne Wojcicki (pendiri 23andMe), Ev Williams (pendiri Twitter, Blogger, dan Medium), serta Chad Hurley dan Steve Chen (pendiri YouTube). Pada awalnya, saya hanya ingin membuat hari-hari kerja saya efisien dan berkualitas. Saya ingin berfokus pada apa yang benar-benar penting dan menjadikan waktu saya berharga-bagi saya, tim, dan konsumen kami. Kini, lebih dari satu dekade

kemudian, proses sprint secara konsisten telah membantu saya meraih mimpi tesebut. Dan saya sangat senang berbagi mengenai hal tersebut dengan Anda dalam buku ini. Dengan keberuntungan, Anda bisa memilih pekerjaan Anda karena visi yang tajam. Anda ingin berbagi visi tersebut kepada dunia, baik yang berupa pesan, layanan, maupun pengalaman, dengan perangkat lunak maupun keras, atau bahkan-sebagaimana dicontohkan dalam buku ini-sebuah cerita atau ide. Namun, mewujudkan visi ini tak mudah. Gampang sekali terjebak dalam berbagai hal: surel yang seolah tiada habisnya, tenggat yang molor, rapat-rapat seharian yang menyita waktu Anda, dan proyek jangka panjang yang hanya berdasarkan asumsi. Prosesnya tidak harus selalu seperti ini. Sprint menawarkan jalur untuk memecahkan masalah-masalah besar, menguji ide-ide baru, menyelesaikan lebih banyak hal, dan melakukan semuanya dengan lebih cepat. Sprint juga membantu Anda lebih menikmati prosesnya. Dengan kata lain, Anda benar-benar harus mencobanya sendiri. Ayo kita mulai. —Jake Knapp San Francisco, Februari 2016 [Mizan, Bentang Pustaka, Manajemen, Ide, Kreatif, Inovasi, Motivasi, Dewasa, Indonesia] spesial seri bentang bisnis & startup

Sprint Jake Knapp,2017-03-14 Pecahkan Masalah-Masalah Besar dan Uji Ide-Ide Baru Hanya dalam 5 Hari Anda mungkin beruntung memiliki pekerjaan atau proyek mendatang dengan visi yang cemerlang. Namun, upaya mewujudkan visi ini sering kali tak mudah. Setiap hari Anda gampang sekali terjebak dalam berbagai hal: surel yang seolah tiada habisnya, tenggat yang molor, rapat-rapat seharian

yang menyita waktu, dan proyek jangka panjang yang hanya berdasarkan asumsi. Sudah waktunya Anda mencoba Sprint, sebuah metode untuk memecahkan masalah dan menguji ide-ide baru, menyelesaikan lebih banyak hal dengan efisien. Buku ini ada ditulis Jake Knapp, pendiri Google Ventures yang tersohor itu, menuntun Anda merasakan pengalaman menerapkan metode yang telah mendunia ini. -Sprint mewujudkan pengeksekusian ide besar hanya dalam lima hari. - Menuntun tim Anda dengan deretan checklist lengkap, mulai dari Senin hingga Jumat. - Menjawab segala pertanyaan penting yang sering kali hanya disimpan di benak mereka yang sedang menguji ide/konsep/produk. - Sprint juga membantu Anda lebih menikmati prosesnya. Anda bisa mengamati dan bergabung dengan ratusan dari pelaku Sprint di seluruh dunia melalui tagar #sprintweek. Tak ada yang lebih seru dari proses ini, dan Anda benar-benar harus mencobanya sendiri. Ayo, kita mulai! [Mizan, Bentang Pustaka, Ide, Kreatif, Selfhelp, Inovasi, Ekonomi, Bisnis, Hidup, Indonesia] Spesial Seri Bentang Bisnis & Startup

Sprint Jake Knapp, John Zeratsky, Braden Kowitz, 2016-03-10 A NEW YORK TIMES and WALL STREET JOURNAL bestseller 'A must read for entrepreneurs of all stripes' - Eric Ries, author of The Lean Startup From three partners at Google Ventures, a unique five-day process for solving tough business problems, proven at more than 100 companies. What's the most important place to focus your effort? How many meetings and discussions does it take before you can be sure you have the right solution? What will your idea look like in real life? How do you start? Now there's a surefire way

to answer these important questions: the sprint. Designer Jake Knapp created the five-day process at Google, where sprints were used on everything from Google Search to Google X. He joined Braden Kowitz and John Zeratsky at Google Ventures, and together they have completed more than one hundred sprints with companies in mobile, e-commerce, healthcare, finance, and more. A practical guide to answering critical business questions, Sprint is a book for teams of any size, from small startups to Fortune 100s, from teachers to nonprofits. It's for anyone with a big opportunity, problem, or idea who needs to get answers today.

Design Sprint Richard Banfield, C. Todd Lombardo, Trace Wax, 2015-09-28 Annotation In the world of digital products, the future is difficult to predict and success requires reducing the risk of failure. This book codifies and captures a common language and process for design sprints, making them accessible to anyone, and enabling businesses and teams to build products that are successful.

Sprint Instaread,2016-04-15 Sprint by Jake Knapp with John Zeratsky and Braden Kowitz | Summary & Analysis Preview: A sprint is a lightning-speed process to isolate a company's most pressing problem and find its solution within a week. This speedy process was developed by author Jake Knapp and his co-authors in their work with Google Ventures, which invested in startups and other companies and needed to bring them to success expediently and efficiently. While the Google Ventures team became experts in this process,

Sprint was written to share the practice with other companies that typically rely on the traditional brainstorm to generate new ideas quickly. Instead, the authors view the brainstorm as a failed concept for effecting meaningful change. No longer does a company need the experts from Google Ventures to come in. The process is simple enough that any company or team within a company can conduct its own sprint... PLEASE NOTE: This is key takeaways and analysis of the book and NOT the original book. Inside this Instaread Summary of Sprint · Overview of the book · Important People · Key Takeaways · Analysis of Key Takeaways About the Author With Instaread, you can get the key takeaways, summary and analysis of a book in 15 minutes. We read every chapter, identify the key takeaways and analyze them for your convenience.

Sprint ,2018 NEW YORK TIMES BESTSELLER WALL STREET JOURNAL BESTSELLER "Sprint offers a transformative formula for testing ideas that works whether you're at a startup or a large organization. Within five days, you'll move from idea to prototype to decision, saving you and your team countless hours and countless dollars. A must read for entrepreneurs of all stripes." -Eric Ries, author of The Lean Startup From three partners at Google Ventures, a unique five-day process for solving tough problems, proven at more than a hundred companies. Entrepreneurs and leaders face big questions every day: What's the most important place to focus your effort, and how do you start? What will your idea look like in real life? How many meetings and discussions does

it take before you can be sure you have the right solution? Now there's a surefire way to answer these important questions: the sprint. Designer Jake Knapp created the five-day process at Google, where sprints were used on everything from Google Search to Google X. He joined Braden Kowitz and John Zeratsky at Google Ventures, and together they have completed more than a hundred sprints with companies in mobile, e-commerce, healthcare, finance, and more. A practical guide to answering critical business questions, Sprint is a book for teams of any size, from small startups to Fortune 100s, from teachers to nonprofits. It's for anyone with a big opportunity, problem, or idea who needs to get answers today.

Sprint Review Meeting Paul VII,2016-06-22 Agile Scrum Demos and Sprint Review Meetings Just Got Easier Sprint Review: 15 tips to demo and continuously improve your product. This class contains proven steps and strategies on how to improve your sprint review and demo as part of an agile scrum team. I am sure you will get value from this because it gives you a complete introduction to agile scrum sprint reviews and walks you step by step through carrying out and improving sprint reviews in your team or business from the ground up. It also gives you plenty of examples. It tells you EXACTLY how I have carried out sprint reviews in practice and guides you through some common best practices based on extensive research. In this class you will learn: - A brief recap of agile and scrum principles -Why the sprint review is so powerful for inspecting, adapting, demoing and improving your

product - How to carry out a sprint review in your team or business like the pros - Concise tips and options for improving your sprint review and taking them to the next level So let's get into the next chapter. Allow me to help you to learn, improve and master the agile scrum sprint review! Table of Contents Introduction 3 What is Agile Scrum? 6 What is the Sprint Review? 8 Walkthrough: How to run a Sprint Review Meeting 10 Introduction 10 Typical Artifacts 10 Explanation - The Process 12 The Preparations 12 The Setup 13 Conducting the Meeting 13 Ending the Meeting 15 In Summary 16 Tip 1 - Conduct Product Demos in All of Your Sprint Review Meetings 17 Tip 2 - Don't Focus Too Much on the Demo 19 Tip 3 - Be Transparent All Throughout the Meeting 21 Tip 4 - Know Just How Done, Done is 23 Tip 5 - Accept that New Features are Almost Always a Possibility 25 Tip 6 - Discuss Features with Product Owner before the Actual Sprint Review Meeting 27 Tip 7 - Keep the Demo as Short Possible 29 Tip 8 - Keep the End User in Mind 31 Tip 9 -Don't Limit the Demo to Being a One-Person Show 33 Tip 10 - Avoid Taking Shortcuts during the Demo 35 Tip 11 - Focus on Providing Value 37 Tip 12 -Learn how to deal with difficult requests 39 Tip 13 - Learn How to Deal with Potentially Difficult Stakeholders 41 Tip 14 - Do Not Be Afraid to Engage the Stakeholders 43 Tip 15 - Keep the Meeting Lively 45 Conclusion 47 Preview of 'The Scrum Master Mega Pack' 48 Check Out My Other Books 51 Scroll Up To The Top Of The Page And Click The Orange Buy Now or Read For Free Icon On The Right Side!

Driving Value with Sprint Goals Friso

Dalmijn, Maarten Dalmijn, 2023-07-24 Leverage Sprint Goals to Supercharge Teamwork and Build Winning Products There are many books on Scrum and how to do Scrum the right way. This isn't one of those books. Driving Value with Sprint Goals will teach you how to deliver exceptional value. To build great products, all teams and participants must align behind clear goals that deliver real value (outcomes) -- not just more features (output). Sprint Goals are your most powerful tool for achieving this alignment, but many teams avoid, misuse, or struggle with them. Maarten Dalmijn guides you through defining, creating, and executing on Sprint Goals that deliver outstanding value to customers and the business. This concise guide is packed with strategies and concepts for building high-performing teams that accelerate the delivery of value. As you reconsider critical Scrum and product management processes through the lens of the Sprint Goal, you can transform your entire organization from being low-value feature factories to delivering high-value outcomes. Understand how making plans doesn't start with planning but with intent Use humble planning together with intent to deal with surprises as you discover and learn what's necessary while you do the work Establish a laser-like focus on driving the outputs that lead to the most valuable outcomes Learn how to use Sprint Goals throughout the Sprint, at Sprint Planning, Daily Scrum, Sprint Review, Sprint Retrospective, and for the ongoing work of building high-performing teams Learn what happens when Sprint Goals are absent or misapplied, and how to avoid those pitfalls

Driving Value with Sprint Goals will reshape the way you think about delivering value by offering a fresh and cohesive perspective invaluable to every Product Owner, Product Manager, Scrum Master, Agile Coach, and tech executive. Maarten masterfully bridges the gap between Scrum and product management. If you want to create products that truly make a difference, you need to read this book. --Pawel Huryn, Author, Product Coach Register your book for convenient access to downloads, updates, and/or corrections as they become available. See inside book for details.

Agile Estimating & Planning Your Sprint With Scrum Paul VII,2016-09-01 Agile Estimating & Planning Your Sprint with Scrum - Just Got Easier Thank you and congratulations on taking this class, Agile Estimating & Planning Your Sprint with Scrum. In this class, you will be given proven tips to help you to estimate and plan sprints as part of your scrum projects. I am very confident that you will find this class valuable, as it will give you a complete overview of estimating and planning in agile scrum teams. In this class, I go to great lengths to dissect the topic and present it in an easy to understand manner for both beginners and intermediates in scrum. For starters, I will introduce you to scrum, then walk you through the process of preparing for and conducting sprint planning sessions as part of an agile scrum team. As we go on with the class, I give practical examples and tips on how to improve planning in your team or business from the ground up. To give you just a glimpse of what you will learn, here is a guick

summary: Why we need plans and why do we need a sprint plan Comparison of different forms of
estimation e.g. Ideal days, story points etc. How to overcome common impediments to planning How to prepare for a sprint planning meeting An overview of the sprint planning meeting Artifacts needed for planning How to create a sprint goal How to use velocity in planning How to commit to the goal using capacity driven or velocity driven planning Tips to improve your sprint planning meetings So let's get started and let me help you to master agile estimating &sprint planning with scrum. Table of Contents Agile Estimating & Planning Your Sprint with Scrum Introduction Lesson 1 What is Agile Scrum?
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Design Sprint Richard Banfield, C. Todd Lombardo, Trace Wax, 2015-09-28 With more than 500 new apps entering the market every day, what does it take to build a successful digital product? You can greatly reduce your risk of failure with design sprints, a process that enables your team to prototype and test a digital product idea within a week. This practical guide shows you exactly what a design sprint involves and how you can incorporate the process into your organization. Design sprints not only let you test digital product ideas before you pour too many resources into a project, they also help everyone get on board-whether they're team members, decision makers, or potential users. You'll know within days whether a particular product idea is worth pursuing. Design sprints enable you to: Clarify the problem at hand, and identify the needs of potential users Explore solutions through brainstorming and sketching exercises Distill your ideas into one or two solutions that you can test Prototype your solution and bring it to life Test the prototype with people who would use it

Speed Strength Joel Smith,2018-12-06 In training speed, the most elusive athletic quality, what

really works, and what doesn't? What are the components of sprinting itself that elites do, where amateurs falter? And how can we arrange all of this in a training medium that facilitates high performance? Speed Strength is the product of hundreds of athletes trained, thousands of hours of study, dozens of expert mentors, and an open mind. If you are interested in the answer to these questions, then Speed Strength is the book that holds the answers you are looking for, and much more. Joel Smith is the host of the Just Fly Performance Podcast and a track and strength coach of 13 years. As a track coach to national champions and Olympic champions as a strength coach, Joel has seen the elements of speed inside and out. Featuring the insight of over 25 field leaders, Speed Strength touches on the most important trainable elements of sprinting in a holistic and thorough manner.

Sprint Cars A. R. Schaefer,2004-07 Discusses sprint cars, including their history, design, and competitions.

The Science of a Sprint Ellen
Labrecque,2015-08-01 This book discusses the science behind various elements of track and field, particularly sprinting. The chapters examine case studies of famous sports moments, explain how the athletes perform these actions, and document the history of how scientists, doctors, and coaches have been working to make these sports safer. Sidebars include thought-provoking trivia. Questions in the backmatter ask for text-dependent analysis. A timeline provides history, key developments, and advancements

associated with the sport.

Sprint Chris Everheart, 2016-06 Filming a sprint car race on the local track, Dylan Clarke captures racer Carlee Martin's fiery accident. The more Dylan replays the video, the more he believes that there's something suspicious about the crash. As he investigates, Dylan discovers that some of Carlee's fellow racers might have wanted to hurt her. And, now, they're after him too.

Sprint Torlando Hakes, 2020-02-26 Scrum is the workflow method that is sweeping the world across multiple industries empowering production teams to work autonomously and effectively. In Sprint: The Scrum Playbook For Paint Trade And Craftsman Professionals, author Torlando Hakes lays it all out, giving you step by step instructions on how to build a Scrum Team, implement the Scrum Workflow, and manage cash on the Scrum Schedule. When I first read the book, I immediately recognized its immense value in the painting industry, and I straightaway asked Torlando to deliver a Workshop centered on it at our annual education conference. I hear from contractors all around the country, all throughout the year, about their increasing frustration over structuring team roles, scheduling, and holding productive meetings. Sprint contains one of the best, holistic approaches to solving these problems that I have come across. Torlando has learned Scrum Management deeply, and he has translated it for our industry in easy to understand-and-implement instructions that has already helped business owners get control of and scale their business without sacrificing peace for profit." - Chris

Shank, Education Director - Painting Contractors Association (PCA)If you are trying to free your time and become a real owner of a business and not just a glorified sales person or project manager that owns their own job, Sprint will show you how to do it right. This principle based system that is focused on your people will help you turn your business from the curse that it is into the blessing that it should be.

How to Sprint, the Theory of Sprint Racing Archibald Hahn, 2018-10-30 This work has been selected by scholars as being culturally important and is part of the knowledge base of civilization as we know it. This work is in the public domain in the United States of America, and possibly other nations. Within the United States, you may freely copy and distribute this work, as no entity (individual or corporate) has a copyright on the body of the work. Scholars believe, and we concur, that this work is important enough to be preserved, reproduced, and made generally available to the public. To ensure a quality reading experience, this work has been proofread and republished using a format that seamlessly blends the original graphical elements with text in an easy-to-read typeface. We appreciate your support of the preservation process, and thank you for being an important part of keeping this knowledge alive and relevant.

Agile Product Management Paul VII,2016-10-18
Product Owner - Your job Just Got Easier
Introduction Thank you and congratulations on
taking this class, Agile Estimating & Planning
Your Sprint with Scrum. In this class, you will be

given proven tips to help you to estimate and plan sprints as part of your scrum projects. I am very confident that you will find this class valuable, as it will give you a complete overview of estimating and planning in agile scrum teams. In this class, I go to great lengths to dissect the topic and present it in an easy to understand manner for both beginners and intermediates in scrum. For starters, I will introduce you to scrum, then walk you through the process of preparing for and conducting sprint planning sessions as part of an agile scrum team. As we go on with the class, I give practical examples and tips on how to improve planning in your team or business from the ground up. To give you just a glimpse of what you will learn, here is a quick summary: Why we need plans and why do we need a sprint plan Comparison of different forms of estimation e.g. Ideal days, story points etc. How to overcome common impediments to planning How to prepare for a sprint planning meeting An overview of the sprint planning meeting Artifacts needed for planning How to create a sprint goal How to use velocity in planning How to commit to the goal using capacity driven or velocity driven planning Tips to improve your sprint planning meetings So let's get started and let me help you to master agile estimating &sprint planning with scrum. Introduction Thank you and congratulations on taking this class, Productivity at Work: 21 tips for explosive Productivity and Time Management. In this class you will be given the exact proven tips used by the pros to dramatically improve your time management and explode your productivity. I know

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