

Entenmann's

Hedy Goldsmith

Entenmann's Bake Shop ,2014-01-10 For over 100 years, Entenmanns has created delicious baked goods. Now, make the spirit of Entenmanns in your own home!

Entenmann's Big Book of Baking Entenmann's Baker: Orograin Bakeries,Parragon Books Staff,2011-08 Presents a collection of recipes for such baked goods as donuts, crumb cakes, brownies, cookies, pies, and party cakes.

New York Magazine ,1979-04-16 New York magazine was born in 1968 after a run as an insert of the New York Herald Tribune and quickly made a place for itself as the trusted resource for readers across the country. With award-winning writing and photography covering everything from politics and food to theater and fashion, the magazine's consistent mission has been to reflect back to its audience the energy and excitement of the city itself, while celebrating New York as both a place and an idea.

The Belly Fat Cure Sugar & Carb Counter REVISED Jorge Cruise,2012-10-15 Based on the revolutionary #1 New York Times bestseller that is changing the way America eats, this is the only supermarket guide that exposes the true cause of belly fat and disease: hidden sugar! Transforming your health, energy, and waistline is as easy as 1, 2, 3: 1. Unlock the secret to fat loss that food conglomerates don't want you to know. 2. Follow the one simple menu that tells you exactly what to eat to melt up to 9 pounds this week. 3.

Discover thousands of Belly Good items that make shedding pounds each week a snap. With a bonus dining-out section featuring menu items from some of your favorite restaurants, this comprehensive guide will help you look and feel your best in no time at all!

Get the Trans Fat Out Suzanne Havala Hobbs, 2010-02-17 Discover the Dangers of Trans Fat and Learn How to Avoid It The media and health professionals are loudly proclaiming the health risks of trans fat, because even the smallest amounts in your diet can raise your risk of heart disease and other health conditions. But trans fats—especially from partially hydrogenated oils—are found everywhere! From the grocery store shelves to restaurant menus, trans fat works its way into the foods we eat and jeopardizes our health. Get the Trans Fat Out shows you how you can identify and avoid these damaging fats—without sacrificing taste or convenience. Inside you'll find all the information you need to protect you and your family from trans fat, including:

- Key health and nutrition information on the risks of trans fat
- Tips on grocery shopping for healthy products
- Delicious recipes with zero trans fat
- Information on how to stay healthy when eating at restaurants
- A complete, easy-to-understand guide to the trans fat content of many common products and menu items from fast food chains

For every health-conscious consumer, Get the Trans Fat Out is the definitive resource to living trans fat free.

The Belly Fat Cure Combo Pack Jorge Cruise, 2011-01-01 This combo pack

comprises of THE BELLY FAT CURE and THE BELLY FAT CURE SUGAR & CARB COUNTER. For years, experts have told you that you're overweight because you eat too much and don't exercise enough. They were WRONG. The truth is that you are eating foods packed with hidden sweeteners that deliver a belly-fattening Sugar/Carb Value. The Belly Fat Cure makes smart eating effortless and affordable. It includes more than 1,500 options customized for: carboholics, meat lovers, chicken and seafood fans, chocoholics, fast-food junkies, and even vegans! Based on this revolutionary New York Times bestseller, The Belly Fat Cure Sugar & Carb Counter is the only supermarket guide that exposes the true cause of belly fat and disease: hidden sugar! BFC Sugar & Carb Counter transforms your health, energy, and waistline by unlocking the secret to fat loss, providing one simple menu which tells you exactly what to eat to melt up to 9 pounds this week, and lists thousands of Belly Good items that make shedding pounds each week a snap. It also has a bonus dining-out section, featuring menu items from some of your favorite restaurants.

New York Magazine, 1979-04-16 New York magazine was born in 1968 after a run as an insert of the New York Herald Tribune and quickly made a place for itself as the trusted resource for readers across the country. With award-winning writing and photography covering everything from politics and food to theater and fashion, the magazine's consistent mission has been to reflect back to its audience the energy and excitement of the city itself, while celebrating New York as both a place and an idea.

The Diet Detective's Count Down Charles Stuart Platkin, 2007-01-02 THE COST OF A CALORIE REVEALED - CALORIE SHOPPING with EXERCISE EQUIVALENTS - The Diet Detective's Count Down Offers Readers Calories, Carbs, Fat and the Exercise Equivalents For More Than 7,500 Foods (Walk, Run, Swim, Bike, Yoga, and Dance). Ever find yourself debating whether or not to buy just one bag of chips? Or grab a little candy bar for the road? Consider this: what if the nutritional labels on your favorite foods spelled out exactly what you'd have to do to burn those calories? Well, nutrition and public health advocate, Charles Stuart Platkin's new book, THE DIET DETECTIVE'S COUNT DOWN, is the first of its kind that translates food into exercise, giving readers a tool for deciding what a calorie means and which calories are worth it. THE DIET DETECTIVE'S COUNT DOWN lists more than 7,500 foods with exercise equivalents in minutes calculated using six forms of activity: WALKING, RUNNING, BIKING, SWIMMING, YOGA, AND DANCING. All this information is listed in an easy to view table format. The table also includes calories, fat and carbohydrates. This is no ordinary diet book, it is a food fact bible giving readers tasty nuggets of information that make them think before they eat. Translating food into calorie counts isn't enough -- translating calorie counts into exercises makes clear the consequence each bite has on the waistline! Examples of an Exercise Equivalent (The book contains more than 7500 listings in an easy to use table format w/ Calories, Carbs and Fat, walking, running, biking, swimming, yoga and dance): 1 double-stuffed Oreo cookie = 18 minutes of

walking 1 handful of chips = 26 minutes of dancing 1 slice of chocolate cake
= 48 minutes of biking 1 candy bar = 32 minutes of swimming 1 soda = 48
minutes of yoga 1 tablespoon of butter = 11 minutes of running

The Yummy Hunter's Guide Helen Brand, Eric Robespierre, 2000-12 For those of you who never thought there was such a thing as a delicious low-calorie food, you're in for a treat. For those of you who knew such foods existed, but were frustrated because you had to buy six bottles of dressing to find the one that tasted just OK, your salad days are just beginning! There are over 590 foods in 43 different categories. Yummy Hunters provide reviews of their submissions. Then Eric and I add our own reviews. These product reviews take the guesswork out of shopping for you. They will give you important insights into each food and will help you determine if the product is something you want to try for yourself and your family. This translates into saving time and money and pays off with delicious-tasting, low-cal products that make your dieting more enjoyable and ultimately more successful.

The Complete Book of Food Counts Corinne T. Netzer, 2008-12-30 With thousands of brand-new listings, this newly revised and updated edition of the phenomenal bestseller from America's #1 authority on the nutritional content of food is the most up-to-date, comprehensive, pocket-sized food count guide available. Reissue.

California. Court of Appeal (2nd Appellate District). Records and Briefs California (State).,

Shiksa Goddess Wendy Wasserstein, 2002-05-14 Celebrated playwright and magnetic wit Wendy Wasserstein has been firmly rooted in New York's cultural life since her childhood of Broadway matinees, but her appeal is universal. *Shiksa Goddess* collects thirty-five of her urbane, inspiring, and deeply empathic essays—all written when she was in her forties, and all infused with her trademark irreverent humor. The full range of Wasserstein's mid-life obsessions are covered in this eclectic collection: everything from Chekhov, politics, and celebrity, to family, fashion, and real estate. Whether fretting over her figure, discovering her gentile roots, proclaiming her love for ordered-in breakfasts, lobbying for affordable theater, or writing tenderly about her very Jewish mother and her own daughter, born when she was forty-eight and single, Wasserstein reveals the full, dizzying life of a shiksa goddess with unabashed candor and inimitable style.

Agriculture Decisions United States. Department of Agriculture, 1984 Up to 1988, the December issue contained a cumulative list of decisions reported for the year, by act, docket numbers arranged in consecutive order, and cumulative subject-index, by act.

The NutriBase Guide to Protein, Carbohydrates & Fat NutriBase, 2001-11-12 Dieters everywhere are trying their best to reduce their carbohydrate consumption and increase their protein consumption at the same time, in the hopes of losing a few inches around their waistline. Whether you are trying to keep to a diet or you have a more serious medical condition, such as

diabetes, that limits your carb intake, here is the perfect guide to help you make informed decisions about healthy eating. The NutriBase Guide to Protein, Carbohydrates, & Fat contains listings for 40,000-plus food products—more than any other book on the market—including brand-name and generic items, specialty foods, fast foods, and chain-restaurant meals. This handy reference tells you the amount of protein, carbohydrates, fat grams, and total calories in each food item—in short, everything you need to help you compare foods and shop smartly.

Low-Calorie Foods and Food Ingredients R. Khan, 2012-12-06 amounts can produce a deleterious effect on animals. In an attempt to quantify this potential for toxicity and to give sufficient margin for safety, JECFA has introduced an acceptable daily intake (ADI) level for food additives. For example, the ADI values granted for saccharin, aspartame, cyclamate, acesulfame-K and sucralose are 2.5, 40, 11,9 and 13.5 mg kg⁻¹ body weight per day, respectively. Chapter 2 on regulatory aspects of low-calorie food elaborates these points. The additives that are to be consumed in large amounts, such as a fat replacement product like 'Olestra' or a new bulking material like 'polydextrose', present a more complex problem as far as the evaluation of their toxicity is concerned. Normal safety testing of an additive, such as a high-intensity sweetener, requires that the test animals are fed with a sufficiently high dosage in order to produce an effect and then on that basis an ADI value is calculated. In cases like 'Olestra' and

'polydex trose', which are not normally present in diet or metabolised to dietary constituents, such an approach will obviously not be applicable, or of any use, in calculating an ADI value. Due to these factors the regulatory authorities have not yet been able to produce any guidelines for toxicity trials for additives that are to be taken in food in large quantities.

Sociological Snapshots 5 Jack Levin, 2008-06-11 A collection of short, informal and contemporary essays that start students on the road to thinking sociologically.

Baking Out Loud Hedy Goldsmith, 2012-10-02 Fun, craveable desserts—from even-better-than-you-remember-them homemade Pop Tarts and Oreos to brilliant original treats—are the hallmark of pastry chef Hedy Goldsmith. Celebrated in the New York Times and on Food Network for the clever and delicious dishes she creates, Hedy has a sense of humor that comes out in her sweets. *Baking Out Loud* includes her most sought-after recipes and many more desserts that will inspire home bakers. Hedy grew up on the kind of supermarket treats that are familiar to Americans—Cracker Jacks, Nutter Butters, coffee cakes from Entenmann's bakery—as well as concoctions from her Easy-Bake Oven. In *Baking Out Loud*, she not only details how she transformed her childhood favorites into grown-up versions that are irresistible to kids and adults alike but also shares recipes that boast her signature in-your-face flavors. Twinkies were the inspiration for her Red Velvet Twinks, which combine rich chocolate cake and cream cheese filling that has a touch of tang from the addition of

goat cheese. Her Chocolate Caramel Peanut Bars are the most indulgent version of a Snickers bar imaginable. And Hedy finally gives the recipe for her famous Junk in Da Trunk cookies (aka Chocolate Chunk Cookies) and Banana Toffee Panini. From cookies and bars to pies, cakes, tarts, custards, and all sorts of ice creams, Baking Out Loud is a whimsical collection of eighty inventive recipes that any home baker is going to love to make.

Foreskin's Lament Shalom Auslander, 2007-10-04 A New York Times Notable Book, and a "chaotic, laugh riot" (San Francisco Chronicle) of a memoir. Shalom Auslander was raised with a terrified respect for God. Even as he grew up and was estranged from his community, his religion and its traditions, he could not find the path to a life where he didn't struggle daily with the fear of God's formidable wrath. Foreskin's Lament reveals Auslander's "painfully, cripplingly, incurably, miserably religious" youth in a strict, socially isolated Orthodox Jewish community, and recounts his rebellion and efforts to make a new life apart from it. His combination of unrelenting humor and anger renders a rich and fascinating portrait of a man grappling with his faith and family.

The Dieter's Calorie Counter Corinne T. Netzer, 1998 Fully revised and updated for the first time in nearly six years, this comprehensive, easy-to-use reference is fully alphabetized for quick reference and updated with all new listings of fresh, frozen, brand-name, and generic foods, this book is a dieter's best friend.

The Name's Familiar II Laura Lee, 2001-06-30 The fictional characters Dracula, Madeline, and Lois Lane were all inspired by real people. There really is a Nathan behind Nathan's hotdogs, a Cliff behind CliffsNotes, and an Anne behind Auntie Anne's, but J. Crew is just a figment of a marketing director's imagination. Monica, Sandra, Rita, and the other girls of Mambo No. 5 fame are Lou Bega's real-life ex-girlfriends. For those of you who have wondered about these names and those who never thought to, Laura Lee details the stories behind them, and many others, in her new book, The Name's Familiar II. This sequel to her book, The Name's Familiar, contains over 350 entries that tell the origins and originators of words, characters, brand names, and even towns. Elmira, New York, for instance, was named after a rambunctious little girl whose mother was constantly calling her. Neighbors heard her name so much they decided to call the town Elmira. The names explained in this book range from those of contemporary pop culture to ancient legend. Whether it's Smokey the Bear or Julius Caesar, you'll be given new insight that will change the way you look at names forever.

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this original position
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