

Diabetes

Rachel S Tattersall

Diabetes Dateline ,1980

The New Glucose Revolution for Diabetes Dr. Jennie Brand-Miller, Stephen Colagiuri, Alan Barclay, Kaye Foster-Powell, 2007-05-31 The New Glucose Revolution for Diabetes is the first comprehensive guide to using the glycemic index to control type 1 diabetes, type 2 diabetes, prediabetes, and more. The book features the latest, most accurate information with new findings by the authors. It includes GI-based recipes and menus for type 1, type 2, prediabetes, gestational diabetes, and juvenile diabetes, as well as related conditions like obesity and celiac disease, plus practical dietary guidance on sugar, sweeteners, alcohol, snacking, and eating out.

Diabetes Epidemic & You Joseph R. Kraft MD MS. FCAP, 2008-05-07 Revised 04/2011 DIABETES EPIDEMIC and YOU is not a cliché! It is a mandate for the awakening of the silent millions worldwide with normal fasting blood sugars and undiagnosed diabetes. If you have a normal fasting blood sugar, YOU may be one of the undiagnosed millions. YES, I do mean YOU. Since Hippocrates' time, earliest diagnosis provided the greatest opportunity for treatment and cure. This book highlights the earliest identification of type 2 diabetes by utilizing the insulin assay with the oral glucose tolerance. My cumulative experience of 14,384 oral glucose tolerances with insulin assays established the earliest diagnosis of prediabetes and diabetes when the blood sugars were normal. Prediabetes is type 2 diabetes. The tolerances were separated according to age groups, from 3Ð13 years to 81Ð90+ years. Each group was further divided into normal glucose tolerances, impaired glucose tolerances, and diabetes mellitus glucose tolerances. YOU, upon testing by oral glucose tolerance, will be in one of these categories. This resource of oral glucose tolerance with insulin assay is unequalled in world medical literature. The importance of early diagnosis is that the clinical pathology of diabetes – mainly heart disease, high blood pressure, stroke, cataracts, erectile dysfunction, and other metabolic disorders – occurs not only in those with advanced diabetes, but also in those with normal blood sugars. YES, this could happen to YOU! When early diagnosis is coupled with specific therapy, the DIABETES EPIDEMIC will be arrested and then reversed. Early diagnosis is the goal of this book – beginning with YOU.

Rethinking Diabetes Gary Taubes, 2024-01-02 An eye-opening investigation into the history of diabetes research and treatment by the award-winning journalist and best-selling author of *Why We Get Fat* • [Gary] Taubes's meticulous, science-based work makes him the Bryan Stevenson of nutrition, an early voice in the wilderness for an unorthodox view that is increasingly becoming accepted.—Niel Barsky, *The Guardian* Before the discovery of insulin, diabetes was treated almost exclusively through diet, from subsistence on meat, to reliance on fats, to repeated fasting and near-starvation regimens. After two centuries of conflicting medical advice, most authorities today believe that those with diabetes can have the same dietary freedom enjoyed by the rest of us, leaving the job of controlling their disease to insulin therapy and other blood-sugar-lowering medications. Rather than embark on “futile” efforts to restrict sugar or carbohydrate intake, people with diabetes can lead a normal life, complete with the occasional ice-cream cake, side of fries, or soda. These guiding principles, however, have been accompanied by an explosive rise in diabetes over the last fifty years, particularly among underserved populations. And the health of those with diabetes is expected to continue to deteriorate inexorably over time, with ever-increasing financial, physical, and psychological burdens. In *Rethinking Diabetes*, Gary Taubes explores the history underpinning the treatment of diabetes, types 1 and 2, elucidating how decades-old research that is rife with misconceptions has continued to influence the guidance physicians offer—at the expense of their patients' long-term well-being. The result of Taubes's work is a reimagining of diabetes care that argues for a recentering of diet—particularly, fewer carbohydrates and more fat—over a reliance on insulin. Taubes argues critically and passionately that doctors and medical researchers should question the established wisdom that may have enabled the current epidemic of diabetes and obesity, and renew their focus on clinical trials to resolve controversies that are now a century in the making.

What to Expect When You Have Diabetes American Diabetes Association,2016-06-14 Managing a chronic disease like diabetes can be overwhelming—especially if you’re among the 1.7 million Americans who are newly diagnosed each year. Here is easy-to-read, steady advice in this newly updated book, written by the experts, so you can live well with diabetes, not just manage it. What to Expect When You Have Diabetes is a reliable companion for when you’re swamped with questions but also have more information than you can absorb. The information in this book is geared especially toward people with type 2 diabetes, primarily because 90–95 percent of those with diabetes have type 2. Type 1 is more rare, but most of the treatment and lifestyle suggestions given here are helpful for both. A Q&A format, organized by topic for quick reference, provides authoritative but understandable answers to a range of questions, such as: Is diabetes a dangerous disease? Should I tell my supervisor and coworkers that I have diabetes? Will the medication I’m taking for depression affect my blood sugar? This book is a perfect companion to a health-care team and is sure to become a trusted reference as you live with diabetes.

The Treatment of Diabetes Mellitus Elliott P. Joslin,1946

Diabetes Dateline ,1990

The Diabetes Code Dr. Jason Fung,2018-04-03 FROM NEW YORK TIMES BESTSELLING AUTHOR DR. JASON FUNG • “The doctor who invented intermittent fasting.” —The Daily Mail “Dr. Fung reveals how [type 2 diabetes] can be prevented and also reversed using natural dietary methods instead of medications ... This is an important and timely book. Highly recommended.” —Dr. Mark Hyman, author of The Pegan Diet “Dr. Jason Fung has done it again. ... Get this book!” —Dr. Steven R. Gundry, author of The Plant Paradox Everything you believe about treating type 2 diabetes is wrong. Today, most doctors, dietitians, and even diabetes specialists consider type 2 diabetes to be a chronic and progressive disease—a life sentence with no possibility of parole. But the truth, as Dr. Fung reveals in this groundbreaking book, is that type 2 diabetes is reversible. Writing with clear, persuasive language, Dr. Fung explains why conventional treatments that rely on insulin or other blood-glucose-lowering drugs can actually exacerbate the problem, leading to significant weight gain and even heart disease. The only way to treat type 2 diabetes effectively, he argues, is proper dieting and intermittent fasting—not medication. “The Diabetes Code is unabashedly provocative yet practical ... a clear blueprint for everyone to take control of their blood sugar, their health, and their lives.”—Dr. Will Cole, author of Intuitive Fasting

The Type 1 Diabetes Self-Care Manual Wood Jamie,Peters Anne,2017-11-08 The Type 1 Diabetes Self-Care Manual: A Complete Guide to Type 1 Diabetes Across the Lifespan for People with Diabetes, Parents, and Caregivers offers practical, evidence-based and common sense help for people with type 1 diabetes and their caregivers. For the close to 1.5 million people with type 1 diabetes in the United States alone and their family and friends, this book will help them understand the effects of type 1 diabetes, not just when diagnosed, but throughout their lifespan. Dr. Jamie Wood and Dr. Anne Peters, two of the most respected and sought-after endocrinologists, provide an easy-to-follow narrative on all aspects of the disease. The Type 1 Diabetes Self-Care Manual will be the go-to reference for everyone touched by type 1 diabetes.

Everyday Diabetes in Primary Care Jay Shubrook,2023-03-22 More than 85% of people with diabetes receive their diabetes care in the primary care setting. With the busy primary care practitioner in mind, Everyday Diabetes in Primary Care: A Case-Based Approach offers dozens of diabetes cases in an easy-to-digest format—each representing a common clinical question that clinicians face in this common and complex area. For every case, fellowship-trained diabetologist Dr. Jay Shubrook shares his considerable expertise, providing authoritative, real-world guidance for your day-to-day management of patients with diabetes.

Diet and nutrition for people with diabetes National Diabetes Information Clearinghouse (U.S.),1979

The Secrets of Living and Loving with Diabetes Janis RD, CDE, LD/N Roszler,William H. PhD, CDE Polonsky,2014-10-14 When you or a loved one has

diabetes, it can bring stress, tension, and worry into your relationship. Using current medical information, skill-building exercises, questionnaires, personal anecdotes, and humor, *The Secrets of Living and Loving with Diabetes* helps readers gain control of their diabetes and reach a new level of confidence in their relationships. In this book, three experts deliver advice on issues such as handling nagging friends and relatives, injecting insulin discreetly while dining out, bringing up the subject of blood sugar highs and lows before turning out the bedroom lights, and avoiding diabetes urgencies becoming emergencies. Also included are practical tools like exercises, quizzes, questions, checklists, and coping strategies. According to the American Diabetes Association, over 29 million people in the US have diabetes—nearly 10% of the population. There is a great urgency to not only better understand the physical effects of diabetes, but the emotional and interpersonal ones as well. *The Secrets of Living and Loving with Diabetes* helps readers take control of their diabetes; deal with fears, feelings, and emotions; enlist support from family, friends, and online resources; have diabetes and a fulfilling sex life; and discover the communication tools needed to build better relationships.

A Life of Control Alan L. Graber, Anne W. Brown, Kathleen Wolff, 2021-04-30 Diabetes happens in a life that already has a story. This book, composed of nearly forty personal narratives, based on taped interviews, about the lives of actual patients with diabetes, draws upon the collective experience of an endocrinologist and two nurse practitioners who worked together for twenty-five years. The people who describe their experiences with diabetes range from teenagers to physicians, immigrants, athletes, pregnant women, accountants, a prisoner, and a dairy farmer. They speak of the variety of ways they handle monitoring, diet, insurance coverage, sports, and fashion. Some talk of how they manage to drive trucks for a living or, for recreation, fly airplanes or go spelunking. Many speak frankly of their anxieties and frustrations. The authors acknowledge that both the patient and clinician have a story about their relationship, and describe the richness and tension in their interaction. Families, too, are sources of both support and conflict. These relationships are acknowledged in the organization of the book, which is divided into sections defined by the main elements of diabetes control: patient self-determination, the role of the family, the social situation, and the patient-clinician encounter. The book provides a wealth of information about diabetes, including material on prevention, complications, and new technology, as well as a superb glossary, but it is not intended as a textbook on diabetes or as a self-care manual for patients. Rather the book provides a textured account of the health professional's view of diabetes control and the perspective of the patient whose life is complicated by diabetes.

Diabetes Pasquale Covelli, Pat Covelli, Melvin Wiedman, 1988

The Genetic Landscape of Diabetes Laura Dean, 2004

Diabetes For Dummies Alan L. Rubin, 2015-08-31 The straight facts on treating diabetes successfully With diabetes now considered pandemic throughout the world, there have been enormous advances in the field. Now significantly revised and updated, this new edition of *Diabetes For Dummies* includes the latest information on diabetes medications and monitoring equipment, new findings about treating diabetes in the young and elderly, new ways to diagnose and treat long- and short-term complications, updated nutritional guidelines, new tools for measuring blood sugar and delivering insulin to the body, and much more. There's no question that the burden of diabetes is increasing globally: it's estimated that 387 million people worldwide are living with diabetes, and that staggering number is expected to increase an additional 205 million+ by 2035. If you or a loved one is part of this overwhelming statistic, you can take comfort in the sensitive and authoritative information provided in this hands-on guide. From monitoring and maintaining your glucose to understanding the importance of exercising and eating right—and everything in between—*Diabetes For Dummies* takes the guesswork out of living with diabetes and empowers you to take control and keep your life on a healthy track. Reduce your risk of diabetes complications Discover the latest and the tried-and-true options for monitoring blood sugar Get up to speed on the various diabetes medications and lifestyle strategies Improve diabetes control and overall health If you're one of the millions of diabetics or pre-diabetics in search of an

accessible and up-to-date resource to help you manage this disease, *Diabetes For Dummies* is the trusted guide you'll turn to again and again.

The Medical Library Association Guide to Finding Out about Diabetes Dana L. Ladd, Alyssa Altshuler, 2013 For the more than 26 million Americans diagnosed with or affected by diabetes, having accurate information on the disease is crucial. But the sheer volume of information available can be daunting for patients and caregivers alike. This comprehensive guide provides librarians and library users with background on key diabetes concepts, encompassing reliable print and electronic resources, including hard-to-find periodicals and audiovisual sources. Each chapter in this guide presents an overview and description as well as an annotated list of multi-format resources on topics including: Types 1 and 2 and gestational diabetes Diet, clinical trials, and support sources Legal and insurance issues With this guide, librarians can deepen their understanding and collections, and thus improve service to the growing number of patrons affected by, at-risk for, or curious about this pervasive disease.

Diabetes Head to Toe Rita R. Kalyani, Mark D. Corriere, Thomas W. Donner, Michael W. Quartuccio, 2018-12-18 Silver Winner of the 2019 Benjamin Franklin Awards (Health & Fitness) of the Independent Book Publishers Association.

Therapy for Diabetes Mellitus and Related Disorders Guillermo E. Umpierrez, 2014-06-02 Nearly 100 of the world's leading medical researchers and clinicians share their expertise on the diagnosis, treatment, and care of people with diabetes mellitus. This newly revised sixth edition is a comprehensive guide to type 1, type 2, and gestational diabetes. New diabetes treatment strategies include medical nutrition therapy with diabetes diet and exercise programs. This guide covers the latest research on diabetes medication and technology with insulin-pump therapy, insulin secretagogues, incretin mimetics, and medications for obesity, as well as advances in diabetes prevention. Family care topics include diabetes in pregnancy, diabetic ketoacidosis, childhood obesity, and type 2 diabetes in children. Other topics include glycemic control, diabetes complications and comorbidities, diabetes mellitus therapy in different patient groups, and much more. This is an excellent resource for physicians seeking to provide the most current treatment for their patients. *Therapy for Diabetes Mellitus and Related Disorders* is the most comprehensive clinical reference work available on the disease.

Report of the National Commission on Diabetes to the Congress of the United States United States. National Commission on Diabetes, 1975

Reviewing **Diabetes**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is truly astonishing. Within the pages of "**Diabetes**," an enthralling opus penned by a highly acclaimed wordsmith, readers embark on an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve into the book's central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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Diabetes Introduction

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