

Age

Yicheng Fang

**How to Age** Anne Karpf,2015-01-06 THE SCHOOL OF LIFE IS DEDICATED TO EXPLORING LIFE'S BIG QUESTIONS IN HIGHLY-PORTABLE PAPERBACKS, FEATURING FRENCH FLAPS AND DECKLE EDGES, THAT THE NEW YORK TIMES CALLS DAMNABLY CUTE. WE DON'T HAVE ALL THE ANSWERS, BUT WE WILL DIRECT YOU TOWARDS A VARIETY OF USEFUL IDEAS THAT ARE GUARANTEED TO STIMULATE, PROVOKE, AND CONSOLE. Society has a deep fear of ageing, and showing your age is increasingly one of our most pervasive taboos. Old age in modern life is widely viewed as either a time of inevitable decline or something to be resisted, denied or overcome. In *How to Age*, sociologist and award-winning journalist Anne Karpf urges us to radically change our narrative. Exploring how our outlook on ageing is historically determined and culturally defined, Karpf draws upon revealing case studies to suggest how ageing can be an actively enriching time of immense growth. She argues that if we can recognize growing older as an inevitable part of the human condition, then the great challenge of ageing turns out to be none other than the challenge of living. In *How to Age*, learn how ageing isn't about your wardrobe or physical fitness, but a determination to live fully at every age and stage of life.

**Such a Fun Age** Kiley Reid,2021-04-20 A Best Book of the Year: The Washington Post • Chicago Tribune • NPR • Vogue • Elle • Real Simple • InStyle • Good Housekeeping • Parade • Slate • Vox • Kirkus Reviews • Library Journal • BookPage Longlisted for the 2020 Booker Prize An Instant New York Times Bestseller A Reese's Book Club Pick The most provocative page-turner of the year. --Entertainment Weekly I urge you to read *Such a Fun Age*. --NPR A striking and surprising debut novel from an exhilarating new voice, *Such a Fun Age* is a page-turning and big-hearted story about race and privilege, set around a young black babysitter, her well-intentioned employer, and a surprising connection that threatens to undo them both. Alix Chamberlain is a woman who gets what she wants and has made a living, with her confidence-driven brand, showing other women how to do the same. So she is shocked when her babysitter, Emira Tucker, is confronted while watching the Chamberlains' toddler one night, walking the aisles of their local high-end supermarket. The store's security guard, seeing a young black woman out late with a white child, accuses Emira of kidnapping two-year-old Briar. A small crowd gathers, a bystander films everything, and Emira is furious and humiliated. Alix resolves to make things right. But Emira herself is aimless, broke, and wary of Alix's desire to help. At twenty-five, she is about to lose her health insurance and has no idea what to do with her life. When the video of Emira unearths someone from Alix's past, both women find themselves on a crash course that will upend everything they think they know about themselves, and each other. With empathy and piercing social commentary, *Such a Fun Age* explores the stickiness of transactional relationships, what it means to make someone family, and the complicated reality of being a grown up. It is a searing debut for our times.

**How We Age** Marc Agronin,2011-04 In the tradition of Atul Gawande and Sherwin Nuland, Marc Agronin writes luminously and unforgettably of life as he sees it as a doctor. His beat is a nursing home in Miami that some would dismiss as "God's waiting room." Nothing in the young doctor's medical training had quite prepared him for what he was to discover there. As Agronin first learned from ninety-eight-year-old Esther and, later, from countless others, the true scales of aging aren't one-sided - you can't list the problems without also tallying the hopes and promises. Drawing on moving personal experiences and in-depth interviews with pioneers in the field, Agronin conjures a spellbinding look at what aging means today - how our bodies and brains age, and the very way we understand aging.

*The Electric Information Age Book* Jeffrey Schnapp,Adam Michaels,2012-01-25 The *Electric Information Age Book* explores the nine-year window of mass-market publishing in the sixties and seventies when formerly backstage players-designers, graphic artists, editors-stepped into the spotlight to produce a series of exceptional books. Aimed squarely at the young media-savvy consumers of the Electronic Information Age, these small, inexpensive paperbacks aimed to bring the ideas of contemporary thinkers like Marshall McLuhan, R. Buckminster Fuller, Herman Kahn, and Carl Sagan to the masses. Graphic designers such as Quentin Fiore (*The Medium Is the Massage*, 1967) employed a variety of radical techniques-verbal visual collages and other typographic pyrotechnics-that were as important to the content as the text. The *Electric Information Age Book* is the first book-length history of this brief yet highly influential publishing phenomenon.

**The Super Age** Bradley Schurman,2022-01-18 A demographic futurist explains the coming Super Age—when there will be more people older than sixty-five than those under the age of eighteen—and explores what it could mean for our collective future. Societies all over the world are getting older, the result of the fact that we are living longer and having fewer children. At some point in the near future, much of the developed world will have at least twenty percent of their national populations over the age of sixty-five. Bradley Schurman calls this the Super Age. Today, Italy, Japan, and Germany have already reached the Super Age, and another ten countries will have gone over the tipping point in 2021. Thirty-five countries will be part of this club by the end of the decade. This seismic shift in the world population can portend a period of tremendous growth—or leave swaths of us behind. Schurman explains how changing demographics will affect government and business and touch all of our lives. Fewer people working and paying income taxes, due to outdated employment and retirement practices, could mean less money feeding popular programs such as Social Security and Medicare—with greater numbers relying on them. The forced retirement or redundancy of older workers could impact business by creating a shortage of workers, which would likely drive wages up and result in inflation. Corporations, too, must rethink marketing strategies—older consumers are already purchasing the majority of new cars, and they are a growing and vitally important market for health technologies and housing. Architects and designers must re-create homes and communities that are more inclusive of people of all ages and abilities. If we aren't prepared for the changes to come, Schurman warns, we face economic stagnation, increased isolation of at-risk populations, and accelerated decline of rural communities. Instead, we can plan now to harness the benefits of the Super Age: extended and healthier lives, more generational cooperation at work and home, and new markets and products to explore. The choice is ours to make.

**The Synthetic Age** Christopher J. Preston,2019-02-19 Imagining a future in which humans fundamentally reshape the natural world using nanotechnology, synthetic biology, de-extinction, and climate engineering. We have all heard that there are no longer any places left on Earth untouched by humans. The significance of this goes beyond statistics documenting melting glaciers and shrinking species counts. It signals a new geological epoch. In *The Synthetic Age*, Christopher Preston argues that what is most startling about this coming epoch is not only how much impact humans have had but, more important, how much deliberate shaping they will start to do. Emerging technologies promise to give us the power to take over some of Nature's most basic operations. It is not just that we are exiting the Holocene and entering the Anthropocene; it is that we are leaving behind the time in which planetary change is just the unintended consequence of unbridled industrialism. A world designed by engineers and technicians means the birth of the planet's first Synthetic Age. Preston describes a range of technologies that will reconfigure Earth's very metabolism: nanotechnologies that can restructure natural forms of matter; “molecular manufacturing” that offers unlimited repurposing; synthetic biology's potential to build, not just read, a genome; “biological mini-machines” that can outdesign evolution; the relocation and resurrection of species; and climate engineering attempts to manage solar radiation by synthesizing a volcanic haze, cool surface temperatures by increasing the brightness of clouds, and remove carbon from the atmosphere with artificial trees that capture carbon from the breeze. What does it mean when humans shift from being caretakers of the Earth to being shapers of it? And in whom should we trust to decide the contours of our synthetic future? These questions are too important to be left to the engineers.

**Lifespan** David A. Sinclair,Matthew D. LaPlante,2019-09-10 A NEW YORK TIMES BESTSELLER “Brilliant and enthralling.” —The Wall Street Journal A paradigm-shifting book from an acclaimed Harvard Medical School scientist and one of Time's most influential people. It's a seemingly undeniable truth that aging is inevitable. But what if everything we've been taught to believe about aging is wrong? What if we could choose our lifespan? In this groundbreaking book, Dr. David Sinclair, leading world authority on genetics and longevity, reveals a bold new theory for why we age. As he writes: “Aging is a disease, and that disease is treatable.” This eye-opening and provocative work takes us to the frontlines of research that is pushing the boundaries on our perceived scientific limitations, revealing incredible breakthroughs—many from Dr. David Sinclair's own lab at Harvard—that demonstrate how we can slow down, or even reverse, aging. The key is activating newly discovered vitality genes, the descendants of an ancient genetic survival circuit that is both the cause of aging and the key to reversing it. Recent experiments in genetic reprogramming suggest that in the near future we may not just be able to feel younger, but actually become younger. Through a page-turning narrative, Dr. Sinclair invites you into the process of scientific discovery and reveals the emerging technologies and simple lifestyle changes—such as intermittent fasting, cold exposure, exercising with the right intensity, and eating less

meat—that have been shown to help us live younger and healthier for longer. At once a roadmap for taking charge of our own health destiny and a bold new vision for the future of humankind, Lifespan will forever change the way we think about why we age and what we can do about it.

The Fourth Age Byron Reese,2020-03-17 As we approach a great turning point in history when technology is poised to redefine what it means to be human, The Fourth Age offers fascinating insight into AI, robotics, and their extraordinary implications for our species. “If you only read just one book about the AI revolution, make it this one” (John Mackey, cofounder and CEO, Whole Foods Market). In The Fourth Age, Byron Reese makes the case that technology has reshaped humanity just three times in history: 100,000 years ago, we harnessed fire, which led to language; 10,000 years ago, we developed agriculture, which led to cities and warfare; 5,000 years ago, we invented the wheel and writing, which lead to the nation state. We are now on the doorstep of a fourth change brought about by two technologies: AI and robotics. “Timely, highly informative, and certainly optimistic” (Booklist), The Fourth Age provides an essential background on how we got to this point, and how—rather than what—we should think about the topics we’ll soon all be facing: machine consciousness, automation, changes in employment, creative computers, radical life extension, artificial life, AI ethics, the future of warfare, superintelligence, and the implications of extreme prosperity. By asking questions like “Are you a machine?” and “Could a computer feel anything?”, Reese leads you through a discussion along the cutting edge in robotics and AI, and provides a framework by which we can all understand, discuss, and act on the issues of the Fourth Age and how they’ll transform humanity.

**Come of Age** Stephen Jenkinson,2018-07-03 In his landmark provocative style, Stephen Jenkinson makes the case that we must birth a new generation of elders, one poised and willing to be true stewards of the planet and its species. Come of Age does not offer tips on how to be a better senior citizen or how to be kinder to our elders. Rather, with lyrical prose and incisive insight, Stephen Jenkinson explores the great paradox of elderhood in North America: how we are awash in the aged and yet somehow lacking in wisdom; how we relegate senior citizens to the corner of the house while simultaneously heralding them as sage elders simply by virtue of their age. Our own unreconciled relationship with what it means to be an elder has yielded a culture nearly bereft of them. Meanwhile, the planet boils, and the younger generation boils with anger over being left an environment and sociopolitical landscape deeply scarred and broken. Taking on the sacred cow of the family, Jenkinson argues that elderhood is a function rather than an identity—it is not a position earned simply by the number of years on the planet or the title “parent” or “grandparent.” As with his seminal book *Die Wise*, Jenkinson interweaves rich personal stories with iconoclastic observations that will leave readers radically rethinking their concept of what it takes to be an elder and the risks of doing otherwise. Part critique, part call to action, Come of Age is a love song inviting us—imploing us—to elderhood in this time of trouble. That time is now. We’re an hour before dawn, and first light will show the carnage, or the courage, we bequeath to the generations to come.

*Age in America* Corinne T. Field,Nicholas L. Syrett,2015-05-22 Eighteen. Twenty-one. Sixty-five. In America today, we recognize these numbers as key transitions in our lives—precise moments when our rights and opportunities change—when we become eligible to cast a vote, buy a drink, or enroll in Medicare. This volume brings together scholars of childhood, adulthood, and old age to explore how and why particular ages have come to define the rights and obligations of American citizens. Since the founding of the nation, Americans have relied on chronological age to determine matters as diverse as who can marry, work, be enslaved, drive a car, or qualify for a pension. Contributors to this volume explore what meanings people in the past ascribed to specific ages and whether or not earlier Americans believed the same things about particular ages as we do. The means by which Americans imposed chronological boundaries upon the variable process of growing up and growing old offers a paradigmatic example of how people construct cultural meaning and social hierarchy from embodied experience. Further, chronological age always intersects with other socially constructed categories such as gender, race, and sexuality. Ranging from the seventeenth century to the present, taking up a variety of distinct subcultures—from frontier children and antebellum slaves to twentieth-century Latinas—Age in America makes a powerful case that age has always been a key index of citizenship.

*The Age of A.I.* Henry A. Kissinger,Eric Schmidt,Daniel Huttenlocher,2021-09-14

**The Second Machine Age: Work, Progress, and Prosperity in a Time of Brilliant Technologies** Erik Brynjolfsson,Andrew McAfee,2014-01-20 A pair of technology experts describe how humans will have to keep pace with machines in order to become prosperous in the future and identify strategies and policies for business and individuals to use to combine digital processing power with human ingenuity.

An Anxious Age Joseph Bottum,2014-02-11 We live in a profoundly spiritual age, but not in any good way. Huge swaths of American culture are driven by manic spiritual anxiety and relentless supernatural worry. Radicals and traditionalists, liberals and conservatives, together with politicians, artists, environmentalists, followers of food fads, and the chattering classes of television commentators: America is filled with people frantically seeking confirmation of their own essential goodness. We are a nation desperate to stand of the side of morality--to know that we are righteous and dwell in the light. In An Anxious Age, Joseph Bottum offers an account of modern America, presented as a morality tale formed by a collision of spiritual disturbances. And the cause, he claims, is the most significant and least noticed historical fact of the last fifty years: the collapse of the mainline Protestant churches that were the source of social consensus and cultural unity. Our dangerous spiritual anxieties, broken loose from the churches that once contained them, now madden everything in American life. Updating The Protestant Ethic and the Sprit of Capitalism, Max Weber's sociological classic, An Anxious Age undertakes two case studies of contemporary social classes adrift in a nation without the religious understandings that gave them meaning. Looking at the college-educated elite he calls the Poster Children, Bottum sees the post-Protestant heirs of the old mainline Protestant domination of culture: dutiful descendants who claim the high social position of their Christian ancestors even while they reject their ancestors' Christianity. Turning to the Swallows of Capistrano, the Catholics formed by the pontificate of John Paul II, Bottum evaluates the early victories--and later defeats--of the attempt to substitute Catholicism for the dying mainline voice in public life. Sweeping across American intellectual and cultural history, An Anxious Age traces the course of national religion and warns about the strange angels and even stranger demons with which we now wrestle. Insightful and contrarian, wise and unexpected, An Anxious Age ranks among the great modern accounts of American culture.

**At the End of an Age** John Lukacs,2003-09-10 At the End of an Age isa deeply informed and rewarding reflection on the nature of historical and scientific knowledge. Of extraordinary philosophical, religious, and historical scope, it is the product of a great historian's lifetime of thought on the subject of his discipline and the human condition. While running counter to most of the accepted ideas and doctrines of our time, it offers a compelling framework for understanding history, science, and man's capacity for self-knowledge. In this work, John Lukacs describes how we in the Western world have now been living through the ending of an entire historical age that began in Western Europe about five hundred years ago. Unlike people during the ending of the Middle Ages or the Roman empire, we can know where we are. But how and what is it that we know? In John Lukacs's view, there is no science apart from scientists, and all of Science, including our view of the universe, is a human creation, imagined and defined by fallible human beings in a historical continuum. This radical and reactionary assertion--in its way a summa ofthe author's thinking, expressed here and there in many of his previous twenty-odd books--leads to his fundamental assertion that, contrary to all existing cosmological doctrines and theories, it is this earth which is the very center of the universe--the only universe we know and can know.

Railway Age ,1926

**The Iron Age** ,1906

*The Insurance Age* ,1906

**Privacy and Security in the Digital Age** Michael Friedewald,Ronald J Pohoryles,2016-01-13 Privacy and data protection are recognized as fundamental human rights. Recent developments, however, indicate that security issues are used to undermine these fundamental rights. As new technologies effectively facilitate collection, storage, processing and combination of personal data government agencies take advantage for their

own purposes. Increasingly, and for other reasons, the business sector threatens the privacy of citizens as well. The contributions to this book explore the different aspects of the relationship between technology and privacy. The emergence of new technologies threaten increasingly privacy and/or data protection; however, little is known about the potential of these technologies that call for innovative and prospective analysis, or even new conceptual frameworks. Technology and privacy are two intertwined notions that must be jointly analyzed and faced. Technology is a social practice that embodies the capacity of societies to transform themselves by creating the possibility to generate and manipulate not only physical objects, but also symbols, cultural forms and social relations. In turn, privacy describes a vital and complex aspect of these social relations. Thus technology influences people’s understanding of privacy, and people’s understanding of privacy is a key factor in defining the direction of technological development. This book was originally published as a special issue of Innovation: The European Journal of Social Science Research.

**An Ordinary Age** Rainesford Stauffer,2021-05-04 Best Book of 2021 —Esquire? Featured on Good Morning America A meticulous cartography of how outer forces shape young people’s inner lives. —Esquire, Best Books of 2021 In conversation with young adults and experts alike, journalist Rainesford Stauffer explores how the incessant pursuit of a “best life” has put extraordinary pressure on young adults today, across our personal and professional lives—and how ordinary, meaningful experiences may instead be the foundation of a fulfilled and contented life. Young adulthood: the time of our lives when, theoretically, anything can happen, and the pressure is on to make sure everything does. Social media has long been the scapegoat for a generation of unhappy young people, but perhaps the forces working beneath us—wage stagnation, student debt, perfectionism, and inflated costs of living—have a larger, more detrimental impact on the world we post to our feeds. An Ordinary Age puts young adults at the center as Rainesford Stauffer examines our obsessive need to live and post our #bestlife, and the culture that has defined that life on narrow, and often unattainable, terms. From the now required slate of (often unpaid) internships, to the loneliness epidemic, to the stress of finding yourself through school, work, and hobbies—the world is demanding more of young people these days than ever before. And worse, it’s leaving little room for our generation to ask the big questions about who they want to be, and what makes a life feel meaningful. Perhaps we’re losing sight of the things that fulfill us: strong relationships, real roots in a community, and the ability to question how we want our lives to look and feel, even when that’s different from what we see on the ‘Gram. Stauffer makes the case that many of our most formative young adult moments are the ordinary ones: finding our people and sticking with them, learning to care for ourselves on our own terms, and figuring out who we are when the other stuff—the GPAs, job titles, the filters—fall away.

**Age** Hortense Calisher,1987

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