

RUN GEMS

BUDD COATES, CLAIRE KOWALCHIK

📖 **GRAPHICS GEMS II** JAMES ARVO, 2013-10-22 GRAPHICS GEMS II IS A COLLECTION OF ARTICLES SHARED BY A DIVERSE GROUP OF PEOPLE THAT REFLECT IDEAS AND APPROACHES IN GRAPHICS PROGRAMMING WHICH CAN BENEFIT OTHER COMPUTER GRAPHICS PROGRAMMERS. THIS VOLUME PRESENTS TECHNIQUES FOR DOING WELL-KNOWN GRAPHICS OPERATIONS FASTER OR EASIER. THE BOOK CONTAINS CHAPTERS DEVOTED TO TOPICS ON TWO-DIMENSIONAL AND THREE-DIMENSIONAL GEOMETRY AND ALGORITHMS, IMAGE PROCESSING, FRAME BUFFER TECHNIQUES, AND RAY TRACING TECHNIQUES. THE RADIOSITY APPROACH, MATRIX TECHNIQUES, AND NUMERICAL AND PROGRAMMING TECHNIQUES ARE LIKEWISE DISCUSSED. GRAPHICS ARTISTS AND COMPUTER PROGRAMMERS WILL FIND THE BOOK INVALUABLE.

📖 **GAME ENGINE GEMS, VOLUME ONE** ERIC LENGYEL, 2010-04-05 GAME ENGINE GEMS BRINGS TOGETHER IN A SINGLE VOLUME DOZENS OF NEW ARTICLES FROM LEADING PROFESSIONALS IN THE GAME DEVELOPMENT INDUSTRY. EACH GEM PRESENTS A PREVIOUSLY UNPUBLISHED TECHNIQUE RELATED TO GAME ENGINES AND REAL-TIME VIRTUAL SIMULATIONS. SPECIFIC TOPICS INCLUDE RENDERING TECHNIQUES, SHADERS, SCENE ORGANIZATION, VISIBILITY DETERMINATION, COLLISION DETECTION, AUDIO, USER INTERFACE, INPUT DEVICES, MEMORY MANAGEMENT, ARTIFICIAL INTELLIGENCE, RESOURCE ORGANIZATION, AND CROSS-PLATFORM CONSIDERATIONS. A CD-ROM CONTAINING ALL THE SOURCE CODES AND DEMOS ACCOMPANIES THE BOOK.

📖 **PRACTICAL RUBY GEMS** DAVID BERUBE, 2007-09-08 THIS BOOK IS A COMPREHENSIVE GUIDE TO UTILIZING AND CREATING RUBY GEMS. COVERAGE PROVIDES AN ENORMOUS CODE LIBRARY THAT WILL HELP DEVELOPERS IMPROVE THEIR PROJECTS. IT DETAILS 34 OF THE BEST AND MOST USEFUL GEMS, INCLUDING ONES TO SPEED UP WEB APPLICATIONS, PROCESS CREDIT CARD PAYMENTS, PRODUCE PDF DOCUMENTS, READ AND UPDATE RSS FEEDS, AND ACQUIRE REAL-TIME SHIPPING PRICES FROM FedEx AND UPS. EACH OF THESE ALSO COMES COMPLETE WITH ACTUAL USE CASES AND CODE EXAMPLES THAT READERS CAN IMMEDIATELY USE IN THEIR OWN PROJECTS. IN ADDITION, THE BOOK DESCRIBES HOW READERS CAN PACKAGE AND DISTRIBUTE THEIR OWN RUBY GEMS.

📖 **THE PERFECT RUN** MACKENZIE L. HAVEY, 2020-04-16 'THE PERFECT RUN IS SURE TO INCREASE YOUR APPRECIATION AND ENJOYMENT ON THE RUN, AND THAT'S A BIG PAYBACK' – RUNNER'S WORLD THE PERFECT RUN, WHEN YOU ARE IN A FULL FLOW AND FEELING TOTALLY UNSTOPPABLE, CAN BE ELUSIVE, BUT THIS PRACTICAL EXPERT GUIDE, WRITTEN BY A CELEBRATED RUNNER'S WORLD WRITER MACKENZIE HAVEY, WILL ENSURE YOU FIND IT TIME AND TIME AGAIN AND IN THE PROCESS TRANSFORM YOUR RUNNING PERFORMANCES. AT SOME POINT IN EVERY RUNNER'S CAREER THEY EXPERIENCE THE "PERFECT" RUN, WHEN THEY ARE IN FULL FLOW AND FEEL TOTALLY UNSTOPPABLE. YOUR WORRIES ABOUT THE DAY AND PHYSICAL

ACHES AND PAINS MELT AWAY. YOUR BODY AND MIND ARE IN COMPLETE SYNC AND THE RUN FEELS EFFORTLESS. EVEN STILL, THE PATH TO ACHIEVING THE PERFECT RUN REMAINS MYSTERIOUS. IT OFTEN MATERIALIZES IN THE UNLIKELIEST OF CIRCUMSTANCES-IN ADVERSE WEATHER OR ON A DAY WHEN EVERYTHING ELSE SEEMS TO BE GOING WRONG. CONVERSELY, WHEN WE TRY HARD TO CREATE THE RIGHT CONDITIONS FOR THAT PERFECT RUN, IT OFTEN DOESN'T COME ABOUT. IN THE PERFECT RUN, MACKENZIE L. HAVEY REVEALS EVERYONE HAS THE POTENTIAL TO ENJOY MORE JOYFUL AND FLOW-DRIVEN RUNNING, NO MATTER YOUR EXPERIENCE, PACE, OR SPORTING AMBITIONS. THIS GROUND-BREAKING BOOK FEATURES INSIGHTS FROM ELITE ATHLETES, NEUROSCIENTISTS, COACHES, AND EVERYDAY RUNNERS TO PROVIDE A ROAD MAP FOR HOW TO CULTIVATE THE RIGHT CONDITIONS FOR THE "PERFECT" RUN. THESE IDEAS WILL NOT ONLY HELP FACILITATE THE POTENTIAL FOR MORE SUCCESSFUL RUNNING BUT, MORE SIGNIFICANTLY, CAN ALSO BE TRANSLATED INTO OTHER AREAS OF YOUR LIFE TO HELP PROVIDE A SENSE OF CALMNESS, SELF-CONTROL, AND FULFILLMENT FAR BEYOND THE RUNNING TRAILS.

📖 **SPACE SIMULATION**, 1972

📖 **AN HISTORICAL AND DESCRIPTIVE ACCOUNT OF THE FAMOUS COLLECTION OF ANTIQUE GEMS POSSESSED BY THE LATE PRINCE PONIATOWSKI** JAMES PRENDENVILLE, 1841

📖 PHOTOGRAPHIC FACSIMILES OF THE ANTIQUE GEMS FORMERLY POSSESSED BY THE LATE PRINCE PONIATOWSKI, ACCOMPANIED BY A DESCRIPTION AND POETICAL ILLUSTRATIONS OF EACH SUBJECT JAMES PRENDENVILLE, 1857

📖 **EXPLANATORY CATALOGUE OF THE PROOF-IMPRESSIONS OF THE ANTIQUE GEMS POSSESSED BY THE LATE PRINCE PONIATOWSKI, AND NOW IN THE POSSESSION OF JOHN TYRRELL** JAMES PRENDENVILLE, 1841

📖 EXPLANATORY CATALOGUE OF THE PROOF-IMPRESSIONS OF THE ANTIQUE GEMS POSSESSED BY THE LATE PRINCE PONIATOWSKI, AND NOW IN THE POSSESSION OF JOHN TYRRELL, ESQ JAMES PRENDENVILLE, 1841

📖 **NASA SP.**, 1962


📖 **THE RUNNER'S CODE** CHAS NEWKEY-BURDEN, 2021-10-14 CRACKING... FULL OF RUNNING GEMS, REALITIES AND GIGGLES. NICE WORK! – MARTIN YELLING, MARATHON TALK 'LOVELY – VERY IMPRESSIVE' – TALKSPORT 'FROM NOW ON, IF ANYONE I KNOW MENTIONS THAT THEY WANT TO START RUNNING, THIS WILL BE MY FIRST RECOMMENDATION' – STUART HERITAGE BEST BOOKS OF 2021: SPORT – WATERSTONES SELECTION THE RUNNER'S CODE EXPLORES THE UNWRITTEN RULES OF EVERYDAY RUNNING AND IS ESSENTIAL READING FOR ANYONE WHO MARVELS AT MARATHONS, TEARS ROUND THE TRACK OR SIMPLY PLODS ROUND THE PARK. FILLED WITH SMART ADVICE AND BRILLIANTLY KNOWING HUMOUR, THIS UNIQUE CELEBRATION OF RUNNING TAKES THE NEWBIE AND VETERAN ALIKE THROUGH THE SECRET, NUANCED AND BLINDINGLY OBVIOUS RULES OF RUNNING TO ANSWER ALL THE

IMPORTANT QUESTIONS, SUCH AS: - WHAT'S THE CORRECT ETIQUETTE FOR ACKNOWLEDGING OTHER RUNNERS? - WHAT SHOULD YOU DO IF YOU GET 'CAUGHT SHORT' ON A RUN? - AND EXACTLY HOW MANY TIMES CAN YOU ASK COLLEAGUES FOR MARATHON SPONSORSHIP? THE BOOK IS PACKED WITH PLENTY OF NEED-TO-KNOW INFORMATION TO HELP YOU DELIVER YOUR BEST RUNNING PERFORMANCE, SUCH AS COPING WITH DIFFERENT WEATHER CONDITIONS, ADVICE ON KIT AND CLOTHING (HOW MANY MILES CAN A PAIR OF TRAINERS LAST, AND IS IT EVER APPROPRIATE TO RUN IN A MANKINI?) AND PAVEMENT ETIQUETTE (OVERTAKING DAWDLING PEDESTRIANS ON A BUSY STREET). THERE ARE ALSO SECTIONS ON GETTING THE BEST RACE-DAY NUTRITION, FINDING THE PERFECT RUNNING HEADSPACE AND GAINING MAXIMUM JOY FROM YOUR RUNNING. THE RUNNER'S CODE FEATURES EXCLUSIVE CONTRIBUTIONS FROM BBC PRESENTERS NICKY CAMPBELL AND LOUISE MINCHIN, SPORTS WRITER HENRY WINTER, AND LEADING RUNNING AUTHORS ANNA McNUFF, PAUL TONKINSON, RACHEL CULLEN, MARTIN YELLING, LIZ YELLING, HELEN CROYDON AND MICHAEL STOCKS. THEY EACH BRILLIANTLY REVEAL WHAT THEY LOVE AND WHAT THEY HATE ABOUT RUNNING. WRITTEN BY JOURNALIST, AUTHOR AND SELF-CONFESSED RUNNING NUT CHAS NEWKEY-BURDEN, THE RUNNER'S CODE WILL HELP US TO ALL RUN BETTER AND MORE RESPONSIBLY, WHILE REMINDING US OF THE JOY AND, AT TIMES, THE WONDERFUL ABSURDITY OF RUNNING.

📖 NOT YOUR AVERAGE RUNNER JILL ANGIE, 2017-12-29 RUN FOR FUN—NO MATTER YOUR SIZE, SHAPE, OR SPEED! DO YOU THINK RUNNING SUCKS? DO YOU THINK YOU'RE TOO FAT TO RUN? WITH HUMOR, COMPASSION, AND LOTS OF LOVE, JILL ANGIE EXPLAINS HOW YOU CAN OVERCOME THE CHALLENGES OF RUNNING WITH AN OVERWEIGHT BODY, EXPERIENCE THE EXHILARATION OF HITTING NEW MILESTONES, AND GIVE YOUR SELF-ESTEEM AN ENORMOUS BOOST IN THE PROCESS. THIS ISN'T A GUIDE TO RUNNING FOR WEIGHT LOSS, OR A SIMPLE RUNNING PLAN. IT SHOWS HOW A WOMAN CARRYING A FEW (OR MANY) EXTRA POUNDS CAN SUCCESSFULLY BECOME A RUNNER IN THE BODY SHE HAS RIGHT NOW. JILL ANGIE IS A CERTIFIED RUNNING COACH AND PERSONAL TRAINER WHO WANTS TO LIVE IN A WORLD WHERE EVERYONE IS FREE TO FEEL FIT AND FABULOUS AT ANY SIZE. SHE STARTED THE NOT YOUR AVERAGE RUNNER MOVEMENT IN 2013 TO SHOW THAT RUNNERS COME IN ALL SHAPES, SIZES, AND SPEEDS, AND, SINCE THEN, HAS ASSEMBLED A GLOBAL COMMUNITY OF REVOLUTIONARIES WHO ARE TAKING THE RUNNING WORLD BY STORM. IF YOU WOULD LIKE TO BE PART OF THE REVOLUTION, THIS IS THE BOOK FOR YOU!

📖 BUILD AWESOME COMMAND-LINE APPLICATIONS IN RUBY 2 DAVID B. COPELAND, 2013-11-15 SPEAK DIRECTLY TO YOUR SYSTEM. WITH ITS SIMPLE COMMANDS, FLAGS, AND PARAMETERS, A WELL-FORMED COMMAND-LINE APPLICATION IS THE QUICKEST WAY TO AUTOMATE A BACKUP, A BUILD, OR A DEPLOYMENT AND SIMPLIFY YOUR LIFE. WITH THIS BOOK, YOU'LL LEARN SPECIFIC

WAYS TO WRITE COMMAND-LINE APPLICATIONS THAT ARE EASY TO USE, DEPLOY, AND MAINTAIN, USING A SET OF CLEAR BEST PRACTICES AND THE RUBY PROGRAMMING LANGUAGE. THIS BOOK IS DESIGNED TO MAKE ANY PROGRAMMER OR SYSTEM ADMINISTRATOR MORE PRODUCTIVE IN THEIR JOB. NOW UPDATED FOR RUBY 2. WRITING A COMMAND-LINE APPLICATION THAT'S SELF-DOCUMENTING, ROBUST, ADAPTABLE AND FOREVER USEFUL IS EASIER THAN YOU MIGHT THINK. RUBY IS PARTICULARLY SUITED TO THIS TASK, BECAUSE IT COMBINES HIGH-LEVEL ABSTRACTIONS WITH CLOSE TO THE METAL SYSTEM INTERACTION WRAPPED UP IN A CONCISE, READABLE SYNTAX. PLUS, RUBY HAS THE SUPPORT OF A RICH ECOSYSTEM OF OPEN SOURCE TOOLS AND LIBRARIES. TEN INSIGHTFUL CHAPTERS EACH EXPLAIN AND DEMONSTRATE A COMMAND-LINE BEST PRACTICE. YOU'LL SEE HOW TO USE THESE TOOLS TO ELEVATE THE LOWLIEST AUTOMATION SCRIPT TO A MAINTAINABLE, POLISHED APPLICATION. YOU'LL LEARN HOW TO USE FREE, OPEN SOURCE PARSERS TO CREATE USER-FRIENDLY COMMAND-LINE INTERFACES AS WELL AS COMMAND SUITES. YOU'LL SEE HOW TO USE DEFAULTS TO KEEP OPTIONS SIMPLE FOR EVERYDAY USERS, WHILE GIVING ADVANCED USERS OPTIONS FOR MORE COMPLEX TASKS. THERE'S NO REASON WHY A COMMAND-LINE APPLICATION SHOULD LACK DOCUMENTATION, WHETHER IT'S PART OF A HELP COMMAND OR A MAN PAGE; YOU'LL FIND OUT WHEN AND HOW TO USE BOTH. YOUR JOURNEY FROM COMMAND-LINE NOVICE TO PRO ENDS WITH A LOOK AT VALUABLE APPROACHES TO TESTING YOUR APPS, AND INCLUDES SOME FUN TECHNIQUES FOR OUTSIDE-THE-BOX, COLORFUL INTERFACES THAT WILL DELIGHT YOUR USERS. WITH RUBY, THE COMMAND LINE IS NOT DEAD. LONG LIVE THE COMMAND LINE.

 **LEARNING RAILS: LIVE EDITION** SIMON ST. LAURENT, EDD DUMBILL, 2010-07-30 READY TO LEARN RAILS? GET UP TO SPEED USING THE FRAMEWORK'S LATEST RELEASE. IN THIS LIVE EDITION, LEARNING RAILS HAS BEEN UPDATED TO COVER RAILS 2.3.5, MAKING IT AN IDEAL GUIDE FOR RAILS BEGINNERS. UNLIKE MOST RAILS BOOKS, LEARNING RAILS IS FOR WEB DEVELOPERS, AND NOT FOR PROGRAMMERS. RATHER THAN BEGIN WITH THE INNER LAYERS OF A RAILS WEB APPLICATION -- THE MODELS AND CONTROLLERS -- THIS BOOK APPROACHES RAILS DEVELOPMENT FROM THE OUTER LAYER: THE VIEW SIDE OF AN APPLICATION. YOU'LL START FROM THE FOUNDATIONS OF THE WEB YOU ALREADY KNOW, AND LEARN HOW TO CREATE SOMETHING VISIBLE WITH RAILS BEFORE REACHING THE MORE DIFFICULT DATABASE MODELS AND CONTROLLER CODE. EACH CHAPTER INCLUDES EXERCISES AND REVIEW QUESTIONS SO YOU CAN TEST YOUR UNDERSTANDING AS YOU GO. PRESENT CONTENT BY BUILDING AN APPLICATION WITH A BASIC VIEW AND A SIMPLE CONTROLLER, WHILE LEARNING RUBY ALONG THE WAY BUILD FORMS AND PROCESS THEIR RESULTS, PROGRESSING FROM SIMPLE TO MORE COMPLEX CONNECT FORMS TO MODELS BY SETTING UP A DATABASE, AND USE RAILS' ACTIVE RECORD TO CREATE CODE THAT MAPS TO DATABASE STRUCTURES USE RAILS SCAFFOLDING

TO BUILD APPLICATIONS FROM A VIEW-CENTRIC PERSPECTIVE ADD COMMON WEB APPLICATION ELEMENTS SUCH AS SESSIONS, COOKIES, AND AUTHENTICATION BUILD APPLICATIONS THAT COMBINE DATA FROM MULTIPLE TABLES CREATE SIMPLE BUT DYNAMIC INTERFACES WITH RAILS AND AJAX O'REILLY LIVE EDITION BOOKS GIVE YOU ACCESS TO UPDATES TO TOPICS IN BETWEEN EDITIONS OF A BOOK. A LIVE EDITION IS AN ELECTRONIC AND PRINT-ON-DEMAND VERSION OF THE BOOK THAT IS UPDATED WHEN THERE IS A SIGNIFICANT CHANGE TO THE SOFTWARE OR TECHNOLOGY THE BOOK COVERS, KEEPING YOU ON TOP OF .X RELEASES OR MAJOR FIXES.

📖 THE TERRIBLE AND WONDERFUL REASONS WHY I RUN LONG DISTANCES THE OATMEAL, MATTHEW INMAN, 2014 FROM #1 NEW YORK TIMES BEST-SELLING AUTHOR, MATTHEW INMAN, AKA THE OATMEAL, COMES THIS HILARIOUS, BEAUTIFUL, POIGNANT COLLECTION OF COMICS AND STORIES ABOUT RUNNING, EATING, AND ONE CARTOONIST'S REASONS FOR JOGGING ACROSS MOUNTAINS UNTIL HIS TOENAILS FALL OFF. CONTAINING OVER 70 PAGES OF NEVER-BEFORE-SEEN MATERIAL, INCLUDING A LAZY CARTOONIST'S GUIDE TO BECOMING A RUNNER AND THE BLERCH'S GUIDE TO DIETING, THIS BOOK ALSO COMES WITH BLERCH RACE STICKERS. ALL RUNNERS WONDER, AT SOME POINT OR ANOTHER, WHY WE DO WHAT WE DO. MR. INMAN'S EXPLANATION IS THE BEST I'VE EVER SEEN. AND THE FUNNIEST. BECAUSE HE IS CLINICALLY INSANE. MARK REMY, EDITOR AT LARGE, RUNNER'S WORLD, AUTHOR OF THE RUNNER'S RULE BOOK.

📖 **RUNNING FOR MORTALS** JOHN BINGHAM, JENNY HADFIELD, 2007-04-17 THE AUTHORS OF MARATHONING FOR MORTALS - JOHN THE PENGUIN BINGHAM AND COACH JENNY HADFIELD, MA, CPT - NOW SHOW BEGINNING RUNNERS HOW TO FIT RUNNING INTO THEIR LIFESTYLE EASILY YOU DON'T HAVE TO RUN FAST OR COMPETITIVELY TO REAP THE REWARDS THAT RUNNING HAS TO OFFER. WHAT YOU DO NEED IS THE COURAGE TO START. THAT IS THE PENGUIN MANTRA THAT HAS ENABLED JOHN BINGHAM—THROUGH HIS BEST-SELLING BOOK NO NEED FOR SPEED, HIS POPULAR MONTHLY COLUMN FOR RUNNER'S WORLD MAGAZINE, AND HIS MANY APPEARANCES AT MAJOR RUNNING EVENTS THROUGHOUT THE YEAR—TO INSPIRE THOUSANDS OF MEN AND WOMEN TO TAKE UP THE SPORT FOR FITNESS AND THE SHEER ENJOYMENT THAT RUNNING BRINGS THEM. BY TEAMING UP WITH COACH JENNY HADFIELD, HIS WIFE AND COAUTHOR ON MARATHONING FOR MORTALS, BINGHAM LAYS OUT STRATEGIES THAT WILL HELP READERS TO SAFELY AND EFFORTLESSLY INTEGRATE RUNS INTO THEIR BUSY SCHEDULES. IN THIS BOOK, BACKED BY RUNNER'S WORLD, THE AUTHORITY OF AMERICA'S LEADING RUNNING MAGAZINE, THE AUTHORS PROVIDE TIPS FOR GETTING STARTED, STICKING TO A ROUTINE, EATING FOR ENERGY, HYDRATION, AND TRAINING FOR SPEED AND ENDURANCE.

📖 **EFFECTIVE RUBY** PETER J. JONES, 2015 IF YOU'RE AN EXPERIENCED RUBY PROGRAMMER, EFFECTIVE RUBY WILL HELP YOU HARNESS RUBY'S FULL POWER TO

WRITE MORE ROBUST, EFFICIENT, MAINTAINABLE, AND WELL-PERFORMING CODE. DRAWING ON NEARLY A DECADE OF RUBY EXPERIENCE, PETER J. JONES BRINGS TOGETHER 48 RUBY BEST PRACTICES, EXPERT TIPS, AND SHORTCUTS—ALL SUPPORTED BY REALISTIC CODE EXAMPLES. JONES OFFERS PRACTICAL ADVICE FOR EACH MAJOR AREA OF RUBY DEVELOPMENT, FROM MODULES TO MEMORY TO METAPROGRAMMING. THROUGHOUT, HE UNCOVERS LITTLE-KNOWN IDIOMS, QUIRKS, PITFALLS, AND INTRICACIES THAT POWERFULLY IMPACT CODE BEHAVIOR AND PERFORMANCE. EACH ITEM CONTAINS SPECIFIC, ACTIONABLE, CLEARLY ORGANIZED GUIDELINES; CAREFUL ADVICE; DETAILED TECHNICAL ARGUMENTS; AND ILLUMINATING CODE EXAMPLES. WHEN MULTIPLE OPTIONS EXIST, JONES SHOWS YOU HOW TO CHOOSE THE ONE THAT WILL WORK BEST IN YOUR SITUATION. EFFECTIVE RUBY WILL HELP YOU SYSTEMATICALLY IMPROVE YOUR CODE—NOT BY BLINDLY FOLLOWING RULES, BUT BY THOROUGHLY UNDERSTANDING RUBY PROGRAMMING TECHNIQUES. KEY FEATURES OF THIS CONCISE GUIDE INCLUDE HOW TO AVOID PITFALLS ASSOCIATED WITH RUBY’S SOMETIMES SURPRISING IDIOSYNCRASIES WHAT YOU SHOULD KNOW ABOUT INHERITANCE HIERARCHIES TO SUCCESSFULLY USE RAILS (AND OTHER LARGE FRAMEWORKS) HOW TO USE MISUNDERSTOOD METHODS TO DO AMAZINGLY USEFUL THINGS WITH COLLECTIONS BETTER WAYS TO USE EXCEPTIONS TO IMPROVE CODE RELIABILITY POWERFUL METAPROGRAMMING APPROACHES (AND TECHNIQUES TO AVOID) PRACTICAL, EFFICIENT TESTING SOLUTIONS, INCLUDING MINITEST UNIT AND SPEC TESTING HOW TO RELIABLY MANAGE RUBYGEM DEPENDENCIES HOW TO MAKE THE MOST OF RUBY’S MEMORY MANAGEMENT AND PROFILING TOOLS HOW TO IMPROVE CODE EFFICIENCY BY UNDERSTANDING THE RUBY INTERPRETER’S INTERNALS

❑ RHODES FRAMEWORK FOR ANDROID❑ PLATFORM AND BLACKBERRY® SMARTPHONES DEEPAK VOHRA, 2012-03-15 THE RHODES FRAMEWORK OFFERS SEVERAL ADVANTAGES OVER OTHER MOBILE FRAMEWORKS. SOME OF THE UNIQUE FEATURES OF THE RHODES FRAMEWORKS ARE AS FOLLOWS: - THE ONLY SMARTPHONE FRAMEWORK TO OFFER SUPPORT FOR THE MODEL VIEW CONTROLLER PATTERN - THE ONLY SMARTPHONE FRAMEWORK TO OFFER SUPPORT FOR THE OBJECT-RELATIONAL MANAGER -THE ONLY SMARTPHONE FRAMEWORK TO OFFER OFFLINE, DISCONNECTED ACCESS TO DATA WITH THE RHO-SYNCH SERVER - THE ONLY SMARTPHONE FRAMEWORK TO SUPPORT ALL MOBILE DEVICES INCLUDING ANDROID, BLACKBERRY, IPHONE, SYMBIAN, AND WINDOWS - PROVIDES RUBY IMPLEMENTATIONS FOR ALL SMARTPHONE DEVICE OPERATING SYSTEMS -PROVIDES A WEB-BASED INTEGRATED DEVELOPMENT ENVIRONMENT FOR DEVELOPING MOBILE APPLICATIONS FOR ALL SMARTPHONE PLATFORMS WITH THE RHOHUB DEVELOPMENT SERVICE THIS BOOK DISCUSSES DEVELOPING RHODES APPLICATIONS FOR ANDROID AND THE BLACKBERRY PLATFORM, AS THESE ARE THE TWO MOST COMMONLY USED MOBILE PLATFORMS. FOR EACH, AN APPLICATION FOR CREATING A CATALOG AND

ANOTHER APPLICATION FOR GETTING RSS FEED WILL BE DEVELOPED.

📄 **BULLETIN** WALTHAM PUBLIC LIBRARY (MASS.), WALTHAM PUBLIC LIBRARY (WALTHAM, MASS.), 1912

📄 **RUNNER'S WORLD RUNNING ON AIR** BUDD COATES, CLAIRE KOWALCHIK, 2013-04-09 RENOWNED RUNNING COACH COATES PRESENTS A REVOLUTIONARY YET SIMPLE TRAINING METHOD BASED ON RHYTHMIC BREATHING TO HELP RUNNERS AT ALL EXPERIENCE LEVELS IMPROVE THEIR PERFORMANCE, PREVENT INJURY, AND EXPERIENCE THE JOY OF RUNNING USING A MIX OF ACCESSIBLE SCIENCE, EASTERN PHILOSOPHY, AND EXPERIENCE.

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RUN GEMS INTRODUCTION

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