

Lady Cycle

Rosina Ehmann

Womancode Alisa Vitti, 2013 Alisa Vitti found herself suffering through the symptoms of polycystic ovarian syndrome (PCOS), and was able to heal herself through food and lifestyle changes. Relieved and reborn, she made it her mission to empower other women to be able to do the same. As she says, 'Hormones affect everything. Have you ever struggled with acne, oily hair, dandruff, dry skin, cramps, headaches, irritability, exhaustion, constipation, irregular cycles, heavy bleeding, clotting, shedding hair, weight gain, anxiety, insomnia, infertility, lowered sex drive, or bizarre food cravings and felt like your body was just irrational?' With this breadth of symptoms, improving hormonal health is a goal for women at every stage of their lives Alisa Vitti says that medication and anti-depressants aren't the only solutions. The thousands of women she has treated in her Manhattan clinic know the power of her process that focuses on uncovering your unique biological make up. Groundbreaking and informative, *WomanCode* educates women about hormone health in a way that's relevant and easy to understand. Bestselling author and women's health expert Christiane Northrup, who has called *WomanCode* the 'Our Bodies, Ourselves of this generation', provides an insightful foreword.

Bikes and Bloomers Kat Jungnickel, 2018-05-04 An illustrated history of the evolution of British women's cycle wear. The bicycle in Victorian Britain is often celebrated as a vehicle of women's liberation. Less noted is another critical technology with which women forged new and mobile public lives—cycle wear. This illustrated account of women's cycle wear from Goldsmiths Press brings together Victorian engineering and radical feminist invention to supply a missing chapter in the history of feminism. Despite its benefits, cycling was a material and ideological minefield for women. Conventional fashions were unworkable, with skirts catching in wheels and tangling in pedals. Yet wearing “rational” cycle wear could provoke verbal and sometimes physical abuse from those threatened by newly mobile women. Seeking a solution, pioneering women not only imagined, made, and wore radical new forms of cycle wear but also patented their inventive designs. The most remarkable of these were convertible costumes that enabled wearers to transform ordinary clothing into cycle wear. Drawing on in-depth archival research and inventive practice, Kat Jungnickel brings to life in rich detail the little-known stories of six inventors of the 1890s. Alice Bygrave, a dressmaker of Brixton, registered four patents for a skirt with a dual pulley system built into its seams. Julia Gill, a court dressmaker of Haverstock Hill, patented a skirt that drew material up the waist using a mechanism of rings or eyelets. Mary and Sarah Pease, sisters from York, patented a skirt that could be quickly converted into a fashionable high-collar cape. Henrietta Müller, a women's rights activist of Maidenhead, patented a three-part cycling suit with a concealed system of loops and buttons to elevate the skirt. And Mary Ann Ward, a gentlewoman of Bristol, patented the “Hyde Park Safety Skirt,” which gathered fabric at intervals using a series of side buttons on the skirt. Their unique contributions to cycling's past continue to shape urban life for contemporary mobile women.

Bikes and Bloomers Kat Jungnickel, 2020-02-25 An illustrated history of the evolution of British women's cycle wear. The bicycle in Victorian Britain is often celebrated as a vehicle of women's liberation. Less noted is

another critical technology with which women forged new and mobile public lives—cycle wear. This illustrated account of women's cycle wear from Goldsmiths Press brings together Victorian engineering and radical feminist invention to supply a missing chapter in the history of feminism. Despite its benefits, cycling was a material and ideological minefield for women. Conventional fashions were unworkable, with skirts catching in wheels and tangling in pedals. Yet wearing “rational” cycle wear could provoke verbal and sometimes physical abuse from those threatened by newly mobile women. Seeking a solution, pioneering women not only imagined, made, and wore radical new forms of cycle wear but also patented their inventive designs. The most remarkable of these were convertible costumes that enabled wearers to transform ordinary clothing into cycle wear. Drawing on in-depth archival research and inventive practice, Kat Jungnickel brings to life in rich detail the little-known stories of six inventors of the 1890s. Alice Bygrave, a dressmaker of Brixton, registered four patents for a skirt with a dual pulley system built into its seams. Julia Gill, a court dressmaker of Haverstock Hill, patented a skirt that drew material up the waist using a mechanism of rings or eyelets. Mary and Sarah Pease, sisters from York, patented a skirt that could be quickly converted into a fashionable high-collar cape. Henrietta Müller, a women's rights activist of Maidenhead, patented a three-part cycling suit with a concealed system of loops and buttons to elevate the skirt. And Mary Ann Ward, a gentlewoman of Bristol, patented the “Hyde Park Safety Skirt,” which gathered fabric at intervals using a series of side buttons on the skirt. Their unique contributions to cycling's past continue to shape urban life for contemporary mobile women.

Morris's The Lady of the Land Genevieve Apgar, 1921

Victorian Lady Cycles The World Isabel G Homewood, 2018-11-09 Isabel Homewood (nee Fooks) avidly took to cycling in 1894, after she was widowed. She travelled very widely around Europe and the Middle East, through the Antipodes and across America. Following an early Victorian childhood, she experienced crossing the Panama Isthmus before the Canal was completed, pioneering farming in New Zealand, travel by steamer and sailing ships and the First World War. The latter curtailed her ambition to cycle round the world when she had only reached Australia, so she returned to England and trained as a midwife. As she was asked by various bodies to comment on what she thought of certain situations, such as relations between the Armenians and the Turks, she decided to include her personal views on the people she met and their culture in her journals. These contemporary accounts form the basis for this book.

Lady of the Beasts Robin Morgan, 2015-03-24 Robin Morgan's second collection of poems is a rich tapestry of female experience, both literal and mythic. Daughter, wife, mother, lover, artist, and even priestess are all here in shorter lyrics that cluster around four subjects: blood ties, activism and art, love between women, and archetypes. But Morgan surpasses the political grief and rage she delineated in *Monster*, her acclaimed first book of poems—especially in the four major metaphysical poems here: “The City of God,” balancing grace and despair; “Easter Island,” on the ironies of transcendence in embattled love; “The Network of the Imaginary Mother,” which became a virtual anthem of the women's movement; and “Voices from Six Tapestries,” inspired by the famous Lady and

the Unicorn weavings that hang in the Musée de Cluny in Paris. Themes of familial love and hurt, mortality, survival, and transformation inform the poems collected here as the author weaves a wise and powerful self into being. Lady of the Beasts is Robin Morgan at her most lyrical yet.

Roads Were Not Built for Cars Carlton Reid, 2015-04-09 Cyclists were written out of highway history in the 1920s and 1930s by the all-powerful motor lobby: Roads Were Not Built For Cars tells the real story, putting cyclists center stage again. Not that the book is only about cyclists. It will also contains lots of automotive history because many automobile pioneers were cyclists before becoming motorists. A surprising number of the first car manufacturers were also cyclists, including Henry Ford. Some carried on cycling right through until the 1940s. One famous motor manufacturing pioneer was a racing tricycle rider to his dying day.

Lady's Realm ,1897

The Iron Age ,1897

Iron Age and Hardware, Iron and Industrial Reporter ,1897

A Beacon of Hope for The Childless Couples Dr. Satish Goel, 2016-04-06 The book gives more comprehensive description of the human male and female generative organs along with the problems that afflict them to cause impotence and infertility. A few illustrative charts and diagrams have been included to make the lay reader understand the functioning of these organs. It throws light on the various modern techniques to cure impotence and infertility so that the couples can hope for the best in the near future. The basic theme of this book is to help the childless couples solve their psychological, physical and medical problems and to keep them away from falling into the grip of the unscrupulous quacks, 'Babajis' and the self-proclaimed sexologists.

Cycling William Coutts Keppel Earl of Albemarle, George Lacy Hillier, 1891

The Monthly C.T.C. Gazette' and Official Record ,1894

The Lady's Realm ,1902

English-French and French-English dictionary of the motor car, cycle, and boat Frederick Lucas, 2022-07-31 DigiCat Publishing presents to you this special edition of English-French and French-English dictionary of the motor car, cycle, and boat by Frederick Lucas. DigiCat Publishing considers every written word to be a legacy of humankind. Every DigiCat book has been carefully reproduced for republishing in a new modern format. The books are available in print, as well as ebooks. DigiCat hopes you will treat this work with the acknowledgment and passion it deserves as a classic of world literature.

Sketch ,1898

The National Temperance Quarterly John Turner Rae, 1916

How I Learned to Ride the Bicycle Frances Elizabeth Willard, 1991 A nineteenth century leader of the women's reform movement describes how, at thirty-three, she learned to ride a bicycle

Bicycle Design Tony Hadland, Hans-Erhard Lessing, 2016-10-07 An authoritative and comprehensive account of the bicycle's two-hundred-year evolution. The bicycle ranks as one of the most enduring, most widely used vehicles in

the world, with more than a billion produced during almost two hundred years of cycling history. This book offers an authoritative and comprehensive account of the bicycle's technical and historical evolution, from the earliest velocipedes (invented to fill the need for horseless transport during a shortage of oats) to modern racing bikes, mountain bikes, and recumbents. It traces the bicycle's development in terms of materials, ergonomics, and vehicle physics, as carried out by inventors, entrepreneurs, and manufacturers. Written by two leading bicycle historians and generously illustrated with historic drawings, designs, and photographs, *Bicycle Design* describes the key stages in the evolution of the bicycle, beginning with the counterintuitive idea of balancing on two wheels in line, through the development of tension-spoked wheels, indirect drives (employing levers, pulleys, chains, and chainwheels), and pneumatic tires. The authors examine the further development of the bicycle for such specific purposes as racing, portability, and all-terrain use; and they describe the evolution of bicycle components including seats, transmission, brakes, lights (at first candle-based), and carriers (racks, panniers, saddlebags, child seats, and sidecars). They consider not only commercially successful designs but also commercial failures that pointed the way to future technological developments. And they debunk some myths about bicycles—for example, the mistaken but often-cited idea that Leonardo sketched a chain-drive bike in his notebooks. Despite the bicycle's long history and mass appeal, its technological history has been neglected. This volume, with its engaging and wide-ranging coverage, fills that gap. It will be the starting point for all future histories of the bicycle.

Subject Index of the Modern Works Added to the Library of the British Museum in the Years ... British Museum, 1902

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