

HCG

LAURENCE A. COLE

[100 Years of Human Chorionic Gonadotropin](#) Laurence A. Cole,Stephen A. Butler,2020-02-07 100 years of Human Chorionic Gonadotropin: Reviews and New Perspectives is a collection of articles written by some of the world’s leading experts on the pregnancy hormone and cancer marker hCG. In 2019 it is difficult to ignore the effect that our understanding of hCG has had on the lives of millions of people worldwide. The hCG immunoassay, in one form or another, is now one of the most common medical tests conducted and is often the first indication that a mother-to-be is pregnant. Not only a marker of pregnancy, hCG is utilized in the diagnosis and monitoring in oncology and presents a potential target for novel cancer therapeutics. 100 years ago, in 1919, Hirose was demonstrating gonadotropic functions which resulted from a chorionic factor. Over the last century this factor has become defined as hCG and more recently explored as not one molecule but a group of molecules with variable structure and variable functions in both pregnancy and cancer. hCG is a multi-faceted molecule that has clinical and therapeutic implications but can be a challenging topic for researchers and physicians alike. This text covers the different structures and functions of hCG exploring the genes and evolution of the molecule, the different protein and glycosylation structures which can exist and their effect on structure, detection and quantification. 100 Years of hCG is not an attempt to recount the history of every publication on hCG, but rather a collection of reviews and new perspectives by hCG-ologists, the term used by Hussa to describe biochemists working on hCG in the first book written on the topic over 30 years ago. Some of the authors have been around a while, some not so long, but others are just beginning their journey with a most beguiling molecule. Provides updated information on a complex and changing subject in five sections Reviews historical perspectives and developments over the last 100 years Includes novel insights into the structure, function and detection of hCG in pregnancy and cancer Includes chapters on the use of mass spectrometry to detect and quantify hCG as well as traditional immunoassays and over the counter pregnancy tests Describes the role of hCG in pregnancy, endometrial receptivity and embryo implantation and the use in fertility treatment Addresses the specific hyperglycosylated hCG test that can distinguish a normal term from a failing pregnancy and also screen for preeclampsia and gestational hypertension in pregnancy as well as its use as a marker and treatment target in cancer. Includes chapters on the development and use of hCG vaccines Includes a section on hCG and in subunits in cancer

[Human Chorionic Gonadotropin \(hCG\)](#) Laurence A. Cole,2014-12-11 Human chorionic gonadotropin (hCG) is produced during pregnancy by the embryo. It promotes progesterone production by corpus luteal cells. It also functions in pregnancy to promote angiogenesis in uterine vasculature, it immuno-blands the invading placental tissue so it is not rejected by the maternal uterine tissues, promotes the growth of the uterus in line with the growth of the fetus, promotes the differentiation of growing cytotrophoblast cells, promotes the quiescence of contractions in the uterine myometrium during the course of pregnancy, and also has function in growth and development of fetal organs. The first edition described the detailed biology, clinical chemistry, and clinical perspectives of hCG and associated molecules, and examines hCG, hyperglycosylated hCG and hCG free β -subunit, 3 separate and independent molecules with totally sovereign physiological functions. The second edition will include coverage of the many new discoveries that have been made in the last five years: hCG analogues may be the actual driving signal of all human cancers. The editor estimates that 40% of the out of date material will be excluded and replaced with 40% of the exciting new findings. The book will also have a much clearer pregnancy and cancer focus. It provides comprehensive information on hCG from basic science to clinical medicine The second edition will include coverage of the many new discoveries that have been made in the last five years Updated material with new findings in the field

[The Revolutionary HCG Diet](#) David Dolore,2016-02-28 Discover How To Lose Weight Fast With This HCG Diet Book SPECIAL OFFER: OVER 50% DISCOUNT BUY TODAY FOR ONLY \$6.99! (REGULARLY PRICED AT \$14.99) Are you struggling with weight loss? The solution for you: The Revolutionary HCG Diet This book contains proven steps and strategies on how to lose weight fast with the help of the HCG diet. If you are interested in discovering a diet that actually works, do not hesitate to read this book until the very last paragraph. You will have the opportunity to find out useful information on the HCG diet and how you can use it for a healthy lifestyle. A Sneak Preview Of What You Can Expect To Learn... What is the HCG diet Benefits of the HCG diet The rules that you have to follow during the HCG diet Allowed and forbidden foods HCG diet protocol - the four phases New alternative version of the HCG diet How you can lose weight with the HCG diet Much, much more! Get your copy right now and save over 50% off the regular price. Go to the top of the page and click the button on the right to order now for a limited time discount of only \$6.99!

[The Super Simple HCG Diet](#) Kathleen Barnes,2013-04-18 The Super Simple HCG Diet is the simplest and most successful way to shed excess weight--3 to 5 pounds a week—without the complexities of the original HCG diet. • Have you considered the HCG diet? • Are you worried that you won’t be able to stick to the 500-calorie restriction? • Or worried you won’t have enough energy? • Or worried you’ll just become numbingly bored with the limited food choices? • Afraid to inject yourself? This book debunks the myths of the 500-calorie Simeons HCG diet and the outdated protocols that are difficult to understand and practically impossible to follow. Easing the calorie restriction to allow 700 calories a day, The Super Simple HCG Diet offers you a simpler program that still ensures success—allowing easier compliance without sacrificing rapid weight reduction. It also eliminates the complex phase system and, for those who need to stay on the program for several months, allows small breaks without abandoning the diet and weight control program altogether. The Super Simple HCG Diet is based on the author’s personal experience. With her unique sense of humor and compassion, Kathleen Barnes helps you navigate the pitfalls, simplify the process, and stay the course for major and permanent weight control.

[Weight-Loss Apocalypse](#) Robin Phipps Woodall,2011-11-08 This book was written to start a new conversation about how Dr. Simeons’ protocol has relevance, not only as a hormonal therapy, but as a means to end our national eating disorder. Instead of continuing to apply the protocol as a short-term diet, it should be discussed as a real solution --a tool to end irrational eating for emotional fulfillment. This country is dealing with a crisis: an addiction to eating emotionally, and the obvious result is the overwhelming increase in obesity. Think about the number of people in our culture who eat without hunger. When you observe our nation’s behavior with food, it’s very clear that fat isn’t what we should be obsessed about, and weight shouldn’t be the target of the problem. We need a genuine desire to eat less, one that isn’t dependent on weight loss as a reward. This requires each of us to be accountable for our own emotions, and find happiness in life not centrally stimulated by food. Finally a book that credibly answers the questions every doctor, patient, and skeptic needs to know about the hCG protocol. - Dr. Heidi Anderson, Doctor of Osteopathic Medicine I’ve been prescribing hCG for weight loss for over four years, and nothing I’ve read comes close to having this level of expertise. Without question, this is the most informative and enlightening book about Dr. Simeons’ hCG protocol available. - Dr. Ed Hagen, OB/GYN Robin’s approach to the hCG protocol is ingenious. Using the protocol as a way to heal the mind and body as an emotional and physical therapy is exactly what this country needs. - Becky Crowther, Registered Dietitian, Life Coach

[Secrets About the HCG Diet! Treatment Guide, Controversy, Benefits, Risks, Side Effects, and Contraindications](#) Y.L. Wright,2011-12-21 Find out the pros and cons of using the hCG protocol to lose weight. Read this unbiased information to learn the benefits, the warnings, the off-label usage, the contradictions, the side-effects, and the contraindications (health conditions for which the hCG protocol could be harmful). Discover the answers to: What is hCG? How does hCG work? How is it used in a program to lose weight? What are its other uses? What treatment modalities work most effectively? What are the specifics of the hCG diet protocol? What are the side effects? How can I do the diet safely? What else do I need to know to take the weight off and keep it off? This book includes a detailed guide to doing the hCG protocol. Learn how to prepare yourself to do this powerful weight-loss protocol safely, taking every possible precaution to avoid problems. This is the fifth book in the series, Bioidentical Hormones, bringing you the latest information from cutting-edge anti-aging physicians, supported by research presented in medical journals.

[HCG Diet 800 Calorie Protocol](#) Sonia E. Russell,Sonia E Lpn Russell,2011-05-24 A modernized medical revision of the original HCG Diet Protocol that details all of the 4 phases. The new 800 Calorie hCG Diet Protocol was developed over 3 years ago, peer reviewed and tested on thousands of dieters with spectacular results.The new modified version will provide the dieter with a more tolerable, healthier and safer program. HCG drops dieters are strongly encouraged to follow this protocol to achieve healthier long term weight loss results.This book includes the phase 2 800 Calorie hCG diet protocol food guide, all required hCG essentials, sample menus, phase 2 recipes, new plateau breaking tips, modernized detailed guidelines for all 4 phases, phase 3 maintenance guide, hCG diet FAQ’s, long term patient testimonials, recommended supplement and nutritional information, calorie counting charts, high glycemic foods to avoid, easy exercise routines and published hCG diet articles.

[The Clinical Marker HCG](#) Robert Hussa,1987-08-10 Written by a single author and authority in the field, The Clinical Marker hCG addresses several sensitive areas of clinical tests for the marker hCG: interpretation of results, different reference standards, application to pregnancy testing, early detection of hCG, differential of diagnosis of ectopic pregnancy, diagnostic potential in conjunction with ultrasound, use as a tumor marker, immunocytochemical applications, low-level hCG analysis, discordant results, and significance of subunits and their measurement. The evolution of hCG tests is thoroughly reviewed, with a clear description of the new generation immunoenzymetric tests and their advantages.

[HCG Diet 800 Calorie Protocol Second Edition](#) Sonia E Russell,2012-08-01 Licensed nurse, Sonia Russell, LPN is recognized as a leading expert in hCG diet research and weight loss safety. Many dieters have claimed to be weak, tired, complain of hunger, frequent headaches and hair loss on the original 500 Calorie VLCD. The HCG Diet 800 Calorie Protocol was developed from years of patient data obtained in the clinical setting to provide the dieter with a safer, effective and more comfortable plan. The 800 Calorie Protocol includes the use of vitamins and minerals, adding breakfast, more protein sources, an extra fruit serving, and more food choices. The results have shown to yield the same, if not better weight loss when compared to the original 500 Calorie protocol. The modified version also includes an improved phase 3 stabilization plan by removing certain foods that many dieters have been known to overindulge upon. The 800 Calorie Protocol teaches the principals of eating clean by prohibiting canned and processed foods, fat free/sugar free store bought foods or products containing preservatives, flavor enhancers, pesticides, herbicides, sugar substitutes, corn syrups or hormones. The dieter will learn healthier ways to grocery shop, read food labels, and prepare and cook healthier foods. The HCG Diet 800 Calorie Protocol Second Edition contains detailed updates to each phase of the 800 Calorie Protocol including new stall breaking techniques, egg white protein alternatives, approved breakfast protein shakes, updates to the phase 2 food guide, phase 2 allowable water veggies, more

DELICIOUS PHASE 2 AND 3 RECIPES, SAMPLE MENUS FOR PHASES 2 AND 3, A DETAILED PHASE 3 STABILIZATION PLAN, DIETER TESTIMONIALS, ALL REQUIRED HCG ESSENTIALS, UPDATED HCG DIET FAQ’S, RECOMMENDED SUPPLEMENTS, CALORIE COUNTING CHARTS, AND EXERCISE ROUTINES.

📖 **HCG-DIET; WHAT DR. SIMEONS REALLY SAID** DAN HILD,SUSAN MARGRET WIMMER,2020-08-26 FINALLY A BOOK CALLS OBESITY EXACTLY WHAT IT IS A DISORDER. HCG-DIET: WHAT DR. SIMEONS REALLY SAID IS A SMALL BOOK WITH GREAT CLARITY AND SOUND ADVICE FOR ENDING YOUR DYSFUNCTIONAL RELATIONSHIP WITH WEIGHT LOSS ONCE AND FOR ALL. FROM THEORIES ON OBESITY TO THE CAUSES TO THE TREATMENT, AUTHORS DAN HILD AND SUSAN MARGRET WIMMER SHARES THE NUTS AND BOLTS BEFORE HE HONES IN ON THE GREAT NEWS - HUMAN CHORIONIC GONADOTROPHIN, OTHERWISE KNOWN AS THE PHENOMENAL NEW TREATMENT HCG. AS THE AUTHORS WALK YOU THROUGH THE STEP-BY-STEP PROCEDURES, ONE THING IS CLEAR: OUR BODIES GIVE US AMPLE WARNING, YEARS AHEAD OF TIME, OF ONCOMING OBESITY. BUT, ISN’T IT GOOD TO KNOW IF WE MISS THE HARBINGERS OF WEIGHT GAIN, WE HAVE A WONDERFUL SOLUTION AND COACH IN MR. DAN HILD AND SUSAN MARGRET WIMMER’S EXCEPTIONAL BOOK, HCG-DIET: WHAT DR. SIMEONS REALLY SAID? GET YOUR COPY TODAY AND GET OFF THE HAMSTER WHEEL OF DIETING AND ONTO THE ROAD OF LASTING, HEALTHY WEIGHT LOSS SUCCESS!

📖 **HCG DIET** STEPHANIE HINDEROCK,2021-09-18 Do YOU WANT TO LOSE WEIGHT QUICKLY WITHOUT EXERCISE AND WHILE STILL ENJOYING YOUR FAVORITE FOODS? IF YES, READ THIS CONCISE AND PROFESSIONAL REVIEW OF THE HCG DIET AND FOLLOW THE PRESCRIBED DIET PLAN TO GET YOUR DESIRED RESULTS IN A SHORT TIME. DATA RELEASED BY THE NATIONAL HEALTH AND NUTRITION EXAMINATION SURVEY SHOWED THE PREVALENCE OF SEVERE OBESITY WAS 11.5% AMONG U.S WOMEN IN 2017-2018 (HALES, CARROLL, FRYAR, & OGDEN, 2018). OBESITY RESULTS IN SERIOUS HEALTH PROBLEMS AMONG ADULTS INCLUDING END-STAGE RENAL DISEASE, RESPIRATORY ISSUES, AND CORONARY HEART DISEASE. BESIDES, PREGNANT OVERWEIGHT WOMEN FACE SEVERAL PREGNANCY COMPLICATIONS LIKE GESTATIONAL DIABETES MELLITUS (GDM), HYPERTENSION, CONGENITAL DEFECTS, FERTILITY ISSUES, AND PREECLAMPSIA. HOWEVER, YOU CAN GET RID OF OBESITY AND LOSE WEIGHT QUICKLY BY FOLLOWING THE HCG DIET PLAN, WHICH IS CLAIMED TO REDUCE UP TO 0.5-1 KG OF WEIGHT PER DAY. THE PROCESS IS HIGHLY EFFICIENT, SAFE, AND SECURE AND CAUSES FAST WEIGHT REDUCTION AMONG PREGNANT WOMEN WITHOUT CAUSING ANY HUNGER OR WEAKNESS. HCG REFERS TO HUMAN CHORIONIC GONADOTROPIN, WHICH IS A HORMONE PREGNANT WOMEN RELEASE IN LARGE QUANTITIES DURING THE EARLY STAGES. OFTEN USED BY DOCTORS AND GYNECOLOGISTS TO TEST PREGNANCY, HCG CAN ALSO TREAT FERTILITY ISSUES AND WAS PROPOSED AS A WEIGHT-LOSS TOOL IN 1954 BY ALBERT SIMEONS (PALSDOTTIR, 2018). THE HCG DIET COMBINES SEVERE CALORIE RESTRICTION (500 CALORIES/DAY) WITH THE HCG HORMONE INJECTIONS (ZERATSKY, 2019). YOU CAN ACHIEVE DRAMATIC WEIGHT LOSS BY USING HCG PRODUCTS IN VARIOUS FORMS INCLUDING PELLETS, DROPS, AND SPRAYS. IN THIS HCG DIET GUIDE, YOU WILL DISCOVER: 📖 WHAT IS HCG AND WHO PRESENTED THE IDEA OF THE HCG DIET AS A WEIGHT-LOSS MECHANISM 📖 HOW EFFECTIVE THE HCG DIET IS TO TREAT OBESITY 📖 WHAT ARE THE POTENTIAL RISKS OR SIDE EFFECTS OF USING THE HCG DIET 📖 WHAT RESEARCHERS, NUTRITIONISTS, DIETITIANS, AND DOCTORS SAY ABOUT THE EFFICIENCY AND RELIABILITY OF THE HCG DIET 📖 SOME LEGAL OBLIGATIONS OF THE HCG DIET IN THE UNITED STATES 📖 FINAL RECOMMENDATION ON WHETHER TO USE THE HCG DIET OR NOT

📖 **HCG DIET GUIDE FOR BEGINNERS** JANE ROSS,2017-09-04 MAKE GRADUAL CHANGES TO YOUR EATING HABITS, HAVE A REAL AWARENESS ABOUT THE THINGS YOU EAT AND DRINK EACH DAY & START LOSING WEIGHT RIGHT AWAY INSTEAD OF LOSING BONE AND MUSCLE MASS. HCG DIET FAVOURS TO CHOOSE ORGANIC MEATS, VEGETABLES, AND FISH. DAIRY, CARBS, ALCOHOL, AND SUGAR ARE ALL OFF LIMITS. THE LOW CALORIE & PORTION CONTROL INTAKE ALLOWS YOU TO START LOSING WEIGHT, WHILE THE HCG INJECTIONS OR DROPS REDUCE YOUR APPETITE AND MAKE SURE YOU’RE BURNING FAT, I.E. LOSE ANYWHERE FROM 1/2 – 2 LBS A DAY. THIS BOOK HCG DIET GUIDE FOR BEGINNERS CAN HELP YOU ENJOY FLAVOURFUL MEAL WITH SIMPLE INGREDIENTS, EASY & FEW INSTRUCTIONS TO FOLLOW. BESIDES THE VARIETIES OF MEALS WILL HELPS TO KEEP YOU ON THE DIET LONGER THAN EXPECTED WITHOUT GETTING BORED, EVEN DURING THE VERY LOW CALORIE DAYS YOU WILL FEEL BOUNDLESS ENERGY AND NO HUNGER PAINS. ALL HCG DIET RECIPES IN THIS BOOK COMPLY EXACTLY WITH THE HCG PROTOCOL PLUS THE SIGNIFICANT INFORMATION & TIPS, FOOD LIST WILL MAKE YOUR DIET ACCURATE, EASY & WILL OFFERS SOME PRETTY SUBSTANTIAL RESULTS WITH SIGNIFICANT WEIGHT LOSS.

📖 **THE TRIGGERING OF OVULATION IN STIMULATED CYCLES: HCG OR LHP** J.C. EMPERAIRE,1994-05-15 THIS WORK DISCUSSES THE LATEST MEDICAL RESEARCH AIMED AT HELPING WOMEN WHO HAVE DIFFICULTIES IN THEIR MENSTRUAL CYCLE WHICH RESULT IN INFERTILITY. THE AREA OF PARTICULAR INTEREST IS THE USE OF HORMONES, ESPECIALLY HUMAN CHORLONIC GONADOTROPIN (HCG) AND LUTEINIZING HORMONE (LH), TO ARTIFICIALLY MIMIC THE NATURAL MENSTRUAL CYCLE AND ENHANCE FERTILITY.

📖 **PHASE 3 HCG DIET** SONIA E. RUSSELL,2013-02-21 DIETERS ARE OFTEN UNCERTAIN ON HOW TO EFFECTIVELY FOLLOW THE 21 DAY PHASE 3 STABILIZATION AND MANY FEAR THEY WILL GAIN THE WEIGHT BACK. SONIA E RUSSELL, LPN, LICENSED NURSE, PROFESSIONAL HCG DIET COACH, AND AUTHOR OF THE HCG DIET 800 CALORIE PROTOCOL HAS TEAMED UP WITH CERTIFIED PERSONAL FITNESS TRAINER AND HCG DIET COACH, CANDICE EKBERG, B.S. ESS, NSCA-CPT, EMT-I .THEY HAVE COMBINED THEIR YEARS OF HCG DIET COACHING, KNOWLEDGE IN NUTRITION, FITNESS TRAINING, AND MEDICAL BACKGROUND TO DEVELOP A STRUCTURED AND COMPREHENSIVE PHASE 3 PLAN THAT WILL HELP ENSURE STABILIZATION, PREVENT THE FRUSTRATION OF CHRONIC CORRECTION DAYS, AVOID UNNECESSARY ADDITIONAL ROUNDS AND THE POSSIBILITY OF GAINING ANY WEIGHT BACK. THEIR PHASE 3 PLAN WILL REDUCE STRESS TO THE HYPOTHALAMUS BY PROHIBITING THE DIETER TO OVER-INDULGE ON SUGARS, STARCHES, GRAINS, BREADS, NUTS, BEANS AND LIMITING MOST DAIRY. THE EXPANDED PHASE 3 PLAN INCLUDES A COMPREHENSIVE 3 WEEK FOOD TRACKING GUIDE, PHASE 3 OVERVIEW, THE SCIENCE BEHIND STABILIZING, PHASE 3 FOOD ITEMS, HOW TO READ FOOD LABELS, PHASE 3 CALORIE CONVERSION CHART, THE INTERVAL BETWEEN ROUNDS, UNDERSTANDING BASAL AND RESTING METABOLIC RATES, PHASE 3 EXERCISE, HOW TO BEGIN PHASE 4, AND A LARGE ASSORTMENT OF DELICIOUS PHASE 3 RECIPES. THE RECIPES INCLUDE; BEVERAGES, CONDIMENTS, BREAKFAST FOODS, APPETIZERS & SNACKS, SOUPS & SALADS, CHICKEN, BEEF, FISH AND SEAFOOD DISHES. BY FOLLOWING THE STRUCTURED PHASE 3 PLAN, THE DIETER WILL HAVE THE TOOLS TO ENABLE A SUCCESSFUL STABILIZATION.

📖 **HCG 750+ DIET** ANIL MANU PATEL,2011-10-10 PATEL’S WEIGHT-LOSS PROGRAM WILL GUIDE READERS TO USING HEALTHY FOODS AND INGREDIENTS, THEREBY LOSING FAT WITHOUT THE STRESS OF BEING ON A DIET.

📖 **CHORIONIC GONADOTROPIN** SHELDON J. SEGAL,2012-12-06 THIS VOLUME IS DEVOTED TO THE CHEMISTRY, IMMUNOLOGY, MOLECULAR BIOLOGY, AND PHYSIOLOGY OF THE HUMAN CHORIONIC GONADOTROPIN, hCG. FOR THIS GLYCOPROTEIN MOLECULE THE COURSE FROM DISCOVERY TO CHEMICAL DECIPHERING COVERED ABOUT FIFTY YEARS. IT WAS IN 1928 THAT ASCHEIM AND ZONDEK REPORTED THAT URINE FROM PREGNANT WOMEN CONTAINS SOMETHING THAT STIMULATES THE OVARIES OF MICE OR RATS. THIS PROVIDED THE BASIS FOR THE FAMOUS A-Z TEST FOR PREGNANCY AND FOR THE RABBIT TEST MODIFICATION INTRODUCED BY FRIEDMAN. AS RESEARCHERS SOUGHT TO FIND MORE SENSITIVE RESPONSES TO hCG, THEY USED A WIDE VARIETY OF SPECIES INCLUDING THE SOUTH AFRICAN AQUATIC TOAD, XENOPUS ZAEVIS, THE TERRESTRIAL TOAD OF SOUTH AMERICA, BUFO ARINARUS, AND THE AFRICAN WEAVER FINCH, EUPZEETES AFRA. THE WEAVER FINCH FEATHER REACTION WAS PARTICULARLY NOTEWORTHY, FOR IT DISCLOSED A NON-GONADAL RESPONSE TO hCG/LH. IN RETROSPECT, THIS MAY HAVE BEEN AN IMPORTANT EVOLUTIONARY CLUE TO THE REALIZATION THAT THE DESIGNATION OF THE HORMONE AS A GONADOTROPIN MAY HAVE BEEN ONLY PARTIALLY DESCRIPTIVE OF THE MOLECULE’S PHYSIOLOGICAL FUNCTION--A CONCEPT THAT IS GAINING ATTENTION, AS THE PAPERS IN THIS 1980 VOLUME DIVULGE.

📖 **THE HCG DIET BOOK OF SECRETS** HARMONY CLEARWATER GRACE,2011-01-13 THIS GROUNDBREAKING BOOK REVEALS THE SPECIAL STRATEGIES FOR KEEPING THE HCG-SLENDERNESSNEXTCLUSIVE SECRETS PREVIOUSLY AVAILABLE ONLY TO A SELECTED FEW COACHING CLIENTS.

📖 **HCG DIET: THE DOCTOR’S GUIDE** DR SUSAN WILLIAMSON NMD,SUSAN WILLIAMSON,2013-11-05 A QUICK, FOCUSED GUIDE FOR A SUCCESSFUL HCG WEIGHT LOSS EXPERIENCE WRITTEN BY A DOCTOR WHO HAS DONE THE DIET AND KEPT THE WEIGHT OFF. CONTAINS MODERN TIPS, TRICKS, AND PRACTICAL KNOWLEDGE NOT FOUND IN THE ORIGINAL DR. SIMEONS PROTOCOL AS WELL AS HOW TO DO THE HCG DIET. DR. WILLIAMSON LOST 50 LBS IN 5 MONTHS ON THE HCG DIET WITHOUT EXERCISE. BONUS: MAINTENANCE PHASE DIET AND VEGETARIAN HCG DIET OPTION INCLUDED

📖 **THE DEFINITIVE HCG DIET GUIDEBOOK** DANIEL MILLEN,2013-12-17 DO YOU HAVE ENOUGH WEIGHT LOSS BOOKS TO START YOUR OWN HEALTH SECTION IN THE LIBRARY? HAS IT BEEN MONTHS SINCE YOU’VE LOOKED DOWN AND BEEN ABLE TO SEE YOUR FEET? HAVE YOU RESEARCHED SO MANY DIFFERENT WEIGHT LOSS METHODS THAT YOU FEEL LIKE YOUR BRAIN HAS GAINED WEIGHT? IF YOU’VE STRUGGLED WITH YOUR WEIGHT, YOU’VE LIKELY TRIED EVERY DIET THAT’S COME ALONG ONLY TO BE DISAPPOINTED WITH THE RESULTS. IF OTHER DIETS HAVE LEFT YOU LOST IN THE WEIGHT LOSS WOODS, THIS GUIDEBOOK IS YOUR NORTH STAR. DEVELOPED BY DR. A.T.W. SIMEONS IN THE 1950s, THE HCG DIET HAS STOOD THE TEST OF TIME, DELIVERING TO HUNDREDS OF THOUSANDS OF PEOPLE AMAZING RESULTS THAT STICK. WHATEVER METHOD OF HCG YOU CHOOSE (E.G., PHARMACEUTICAL HCG INJECTIONS, SUBLINGUAL DROPS, HOMEOTHERAPEUTIC HCG, ETC.), THIS BOOK IS THE ONLY RESOURCE YOU’LL EVER NEED TO ACHIEVE YOUR WEIGHT LOSS GOAL. WITH STEP-BY-STEP INSTRUCTIONS, HELPFUL CHARTS, TROUBLE-SHOOTING TIPS, RECIPES, AND TESTIMONIALS FROM SOME OF THE THOUSANDS OF PEOPLE DANIEL MI

📖 **THE BEST DIET YOU HAVE NEVER HEARD OF - PHYSICIAN UPDATED 800 CALORIE HCG DIET REMOVES HEALTH CONCERNS** DR. LARRY VICKMAN, MD,2011-04 THE BEST DIET YOU HAVE NEVER HEARD OF IS A MODERNIZED AND IMPROVED REVISION OF THE ORIGINAL DR. SIMEONS 500 CALORIE HCG DIET PROTOCOL. DEVELOPED OVER 3 YEARS AGO, DR. LARRY VICKMAN, MD, DR. CONNIE ODOM, MD AND SONIA RUSSELL, LPN ARE THE FIRST MEDICAL PROFESSIONALS TO PROVIDE A SAFER AND MORE TOLERABLE PROTOCOL FOR THE PATIENT BY REMOVING THE SAFETY CONCERNS MANY EXPERIENCE WITH THE ORIGINAL 500 CALORIE PROTOCOL. THE PHYSICIANS HAVE INTEGRATED THE LATEST MODERN MEDICAL ADVANCEMENTS AND INCREASED BOTH THE DAILY PROTEIN AND CALORIC INTAKE FROM THE ORIGINAL 500 CALORIES/DAY TO AN LCD OF 800 CALORIES/DAY. THE REVISED PROTOCOL IS ALSO UTILIZED AS THE NEW STANDARD IN HCG WEIGHT LOSS THERAPY FOR THE PRESCRIBING PRACTITIONER.

EMBARK ON A TRANSFORMATIVE JOURNEY WITH EXPLORE THE WORLD WITH IS CAPTIVATING WORK, DISCOVER THE MAGIC IN **HCG** . THIS ENLIGHTENING EBOOK, AVAILABLE FOR DOWNLOAD IN A CONVENIENT PDF FORMAT , INVITES YOU TO EXPLORE A WORLD OF BOUNDLESS KNOWLEDGE. UNLEASH YOUR INTELLECTUAL CURIOSITY AND DISCOVER THE POWER OF WORDS AS YOU DIVE INTO THIS RIVETING CREATION. DOWNLOAD NOW AND ELEVATE YOUR READING EXPERIENCE TO NEW HEIGHTS .

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HCG Introduction

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