Shift Schedules

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Biological Clocks and Shift Work Scheduling United States. Congress. House. Committee on Science and Technology. Subcommittee on Investigations and Oversight, 1983 Shift Work Practices in the United States Donald L. Tasto, Michael Colligan, 1977

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Assessing shift work and its health impacts Yuke Tien Fong, 2023-01-17

Shift Work Practices in the United States Donald L. Tasto, Michael Colligan, 1977

Social and Family Issues in Shift Work and Non Standard Working Hours Irena Iskra-Golec, Janet Barnes-Farrell, Philip Bohle, 2016-07-13 This book explores the effects of shift work and non standard working hours on family and social life. It features analysis and case studies from an international body of researchers from Europe, the Americas and Australia. It includes contributions from Germany, the United States, the Netherlands, Croatia, Italy, Poland, Australia, and Brazil, that fully examine this increasingly prevalent, and global, issue. The book starts by introducing the problems of work-family linkages, shift work and non-standard work hours. Next, it details the consequences of specific features of shift schedules, such as decreased opportunities for social participation, family problems and negative effects on partners and children as well as the impact of working time arrangements on work-family conflict over time. The book then looks at the consequences of shift work and non-standard work hours on family members and the workers themselves, including the sleep and daytime functioning of adolescent family members and the ways that non-standard work schedules intersect with the particular challenges and stresses of family responsibilities and strategies that workers use to manage these challenges in sectors where non-standard schedules are the norm. Last, the book considers the role of individual differences in understanding problems of work-family relationships, including a consideration of safety and health at work from the perspective of gender and an examination of the moderating role of chronotype and circadian type characteristics on work-family conflict and work-family facilitation among male shift workers.

Shift the Work Joe Mechlinski,2018-04-03 70% of the American workforce is disengaged. With every tick of the clock, millions of people inch closer to their breaking points—a growing epidemic of apathy and anxiety in the workplace that is affecting life outside of the office. But meaningful work-life integration is possible. In Shift the Work, Joe Mechlinski, the New York Times bestselling author of Grow Regardless, shares his personal journey to find purpose, and how it influenced him to take a deeper dive into the science of human behavior. Inspired by neuroscience research about the connections between the brains in the head, heart, and gut that drive human perspectives and conduct, Joe shares how everyone can re-engage with their work and impact the world. Filled with actionable strategies and inspiring true stories, this indispensable guide motivates readers to seek fulfilling opportunities, reconnect with their passions, and recognize their power to make a difference.

Alternative Work Schedules Jon Lepley Pierce, 1989

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Introduction to Work Study International Labour Office,1992 This highly successful book, which describes the basic techniques of work study as practiced in many parts of the world, has been widely recognized as the best available introduction to the subject for work study practitioners, teachers and students. It provides training in method study and work measurement and covers not only machine shops but also process industries, the services sector and office work. Reference is made throughout to the use of information systems and computerization to solve work study problems. It also covers production management approaches and their relation to work study. Numerous illustrations and examples of work study practice are included as well.

Kodak's Ergonomic Design for People at Work The Eastman Kodak Company,2003-10-10 Written for those who are on the job but not necessarily professionally trained ergonomists, the principles and approaches detailed in this highly regarded guide have all been implemented in real-world workplace environments and proven successful in reducing the potential for occupational injury, increasing the number of people who can perform a job, and improving employee performance on the job. More than 150 clear and informative illustrations and tables help convey data and information in eight sections: Ergonomics design philosophy Human reliability and information transfer Evaluation of job demands Work design Workplace design Manual handling in occupational tasks Equipment design Environment

Work in the 21st Century Frank J. Landy, Jeffrey M. Conte, 2010 The workplace in the 21st-century is technological and multi-cultural. Work is often accomplished in teams. This work provides students with an up-to-date knowledge based that will enable them to apply the principles of I-O psychology to themselves, supervisors, subordinates and fellow workers.

Encyclopedia of Chemical Processing and Design John J. McKetta Jr, 1994-11-21 Written by engineers for engineers (with over 150 International Editorial Advisory Board members), this highly lauded resource provides up-to-theminute information on the chemical processes, methods, practices, products, and standards in the chemical, and related, industries.

Shift Work and Health ,1976 The papers presented herein were first prepared for oral delivery and have been edited as necessary for publication in this volume. Discussions prompted by each presentation are included immediately following the specific presentation. Sponsorship of the symposium and publication of this volume by NIOSH do not imply that the Institute endorses the views expressed.

Handbook of Work Stress Julian Barling, E. Kevin Kelloway, Michael R. Frone, 2004-09-22 Questions about the causes or sources of work stress have been the subject of considerable research, as well as public fascination, for several decades. Earlier interest in this issue focused on the question of whether some jobs are simply more inherently stressful than others. Other questions that soon emerged asked whether some individuals were more prone to stress than others. The Handbook of Work Stress focuses primarily on identifying the different sources of work stress across different contexts and individuals.

Code of Federal Regulations, Title 10, Energy, PT. 1-50, Revised as of January 1, 2010 Office of the Federal Register (U S),2010-05 The Code of Federal Regulations is a codification of the general and permanent rules published in the Federal Register by the Executive departments and agencies of the United States Federal Government.

Best Practices in Work-flexibility Schemes and Their Impact on the Quality of Working Life in the Chemical Industries Yasuhiko Kamakura,2003

Biological Rhythms DIANE Publishing Company, 1994-04 Discusses biological rhythms: what they are, how they are controlled by the brain, and the role they play in regulating physiological and cognitive functions. The major

focus of the report is the examination of the effects of nonstandard work hours on biological rhythms and how these effects can interact with other factors to affect the health, performance, and safety of workers. Over 100, photos, drawings, charts, and tables.

Gendered Norms at Work Britt-Inger Keisu, Susanne Tafvelin, Helene Brodin, 2021-08-20 This edited volume discusses how deeply entrenched gender norms in work environments, even in welfare economies, can affect women's health in an adverse way. The volume provides a broad overview of contributing factors. It derives specific answers from case studies in Sweden, a welfare state where women's labour market participation is very high, but where horizontal and vertical gender segregation in work is also one of the highest in the world. Women tend to work in occupations that are heavily dominated by women. An issue in women-dominated occupations is a considerably higher sickness absence than men, with the highest rates being in human service and care occupations. This volume adds to the literature on health and wellbeing in women-dominated professions and workplaces through studying the work environment, organizational changes, digitalization, threats, violence and conflict, and work conditions that could contribute to healthier workplaces for women. In addition, it points to the need for deeper gender analysis in work norms, and using both quantitative and qualitative approaches. It is of interest to social and behavioural scientists studying work, gender and health, as well as HR professionals and policy makers.

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