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Coffee Hunger

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Om Shanti Om Coffee Hunger,2019-08-05 This is a journal for people who practice yoga and meditation. Write about your insights during your meditation session. Write about your progress in yoga class or in a particular pose. Or journal about peace gained in your spiritual life. 100 lined pages.

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Where in the OM Am I? Sara Divello,2013 Sara has invested years dutifully climbing the corporate ladder to become head of PR at a major financial services company, but can't shake the feeling she's not where she belongs. When her latest boss, a wine-guzzling, drama-loving diva, finally drives her to the brink, Sara seeks sanctuary in yoga-teacher training...only to encounter an entirely different assortment of craziness and calamity. Where in the OM Am I? is an irreverent, honest, and hilarious memoir chronicling one woman's journey from the fast-paced, cutthroat corporate world, to the slow-paced, surprisingly catty, and sometimes perilous world of yoga. Along the way, Sara confronts the harsh reality of working in a male-dominated industry, the challenges of being a corporate interloper in the yoga community, and the complexity of interactions between women in both realms. As epic mishaps beget personal revelations, Sara digs deep for the courage to forge a new life for herself.

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Whispering the Secrets of Language: An Psychological Quest through Om Yoga Magazine 312

In a digitally-driven earth wherever displays reign great and quick transmission drowns out the subtleties of language, the profound techniques and mental subtleties hidden within words frequently go unheard. However, set within the pages of **Om Yoga Magazine 312** a interesting literary treasure blinking with raw feelings, lies an extraordinary journey waiting to be undertaken. Composed by an experienced wordsmith, this enchanting opus attracts visitors on an introspective trip, gently unraveling the veiled truths and profound impact resonating within the cloth of each and every word. Within the emotional depths of this moving evaluation, we shall embark upon a honest exploration of the book is key themes, dissect its captivating writing model, and succumb to the powerful resonance it evokes serious within the recesses of readers hearts.

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