Catherine M. Gordon, Meryl S. LeBoff

**The Palgrave Handbook of Critical Menstruation Studies** Chris Bobel,Inga T. Winkler,Breanne Fahs,Katie Ann Hasson,Elizabeth Arveda Kissling,Tomi-Ann Roberts,2020-07-24 This open access handbook, the first of its kind, provides a comprehensive and carefully curated multidisciplinary and genre-spanning view of the state of the field of Critical Menstruation Studies, opening up new directions in research and advocacy. It is animated by the central question: "what new lines of inquiry are possible when we center our attention on menstrual health and politics across the life course?" The chapters—diverse in content, form and perspective—establish Critical Menstruation Studies as a potent lens that reveals, complicates and unpacks inequalities across biological, social, cultural and historical dimensions. This handbook is an unmatched resource for researchers, policy makers, practitioners, and activists new to and already familiar with the field as it rapidly develops and expands.

*How To Choose The Sex Of Your Baby* Landrum Shettles,D Rorvik,2013-02-01 thousands have asked the question. His answer is an unhesitating 'Yes!'In this completely updated and revised edition of the international best-seller, Dr Shettles shows you how to raise the chances of having a child of the sex you want from 50 per cent - if you do nothing at all - to at least 75 per cent if you follow his methods. Some researchers have reported success rates, using Dr Shettles' techniques of approximately 90 per cent.the revised edition includes new commentary on previous editions, a new introductory chapter with summary update on results and on new competition in the field, and a commentary on other 'high tech' sex-selection methodologies including flow cytometry and PGD (pre-implantation genetic diagnosis used in conjunction with IVF). Also includes new testimonials and letters from the many thousands of people who have used the Shettles method - with an 80 per cent reporting success. If you are one of the many couples who are worried about whether their next child will be a boy or a girl, here is what you need to know to be sure the odds are in your favour.

Preconception Health and Care: A Life Course Approach [ill Shawe, Eric A.P. Steegers, Sarah Verbiest, 2020-06-26 This book provides a practical, multidisciplinary approach to support a broad range of health professionals, social workers, public health workers and others tasked with providing health and care to young adults. The continuum of life begins with the health and wellness of parents prior to conception, followed by embryonic and fetal development, and continues throughout life. Each person's life stages prepare them for the next and determine their health outcome and wellbeing over time. The text highlights the importance of promoting health throughout the lifespan, the influence of intergenerational health, and the concept of the Developmental Origins of Health and Disease in epigenetic processes and embryology. Authors underscore the importance of advancing health equity and lift up some of the ethical considerations in this work. The authors explore specific interventions in four major categories: Lifestyle, Infections, Nutrition, and Contraception / Pregnancy Planning (LINC). Preconception care is defined by the World Health Organization as the provision of biomedical, behavioural and social health interventions to women and couples before conception. Preconception care includes evidence-based interventions to improve health status, to reduce behaviours, individual and environmental factors that contribute to poor health outcomes. This book offers readers evidence-based guidance regarding fertility awareness and sperm health, genetic counselling and lifestyle assessments, as well as mental wellbeing, alcohol, tobacco and pharmacotherapy, and specialist care for those with chronic conditions, including a review of medications. It also covers relevant infections, including HIV and the Zika virus, as well as different types of environmental and occupational exposure. The book employs a framework focusing on health promotion, the social determinants of health, and the science behind preconception care. Strategies for improving preconception and interconception health, including examples from around the globe, are described in detail.

<u>Maternal Child Nursing Care - E-Book</u> Shannon E. Perry, Marilyn J. Hockenberry, Kitty Cashion, Kathryn Rhodes Alden, Ellen Olshansky, Deitra Leonard Lowdermilk, 2022-03-05 Master the essentials of maternity and pediatric nursing with this comprehensive, all-in-one text! Maternal Child Nursing Care, 7th Edition covers the issues and concerns of women during their childbearing years and children during their developing years. It uses a family-centered, problem-solving approach to patient care, with guidelines supported by evidence-based practice. New to this edition is an emphasis on clinical judgment skills and a new chapter on children with integumentary dysfunction. Written by a team of experts led by Shannon E. Perry and Marilyn J. Hockenberry, this book provides the accurate information you need to succeed in the classroom, the clinical setting, and on the Next Generation NCLEX-RN® examination. Focus on the family throughout the text emphasizes the influence of the entire family in health and illness. Expert authors of the marketleading maternity and pediatric nursing textbooks combine to ensure delivery of the most accurate, up-to-date content. Information on victims of sexual abuse as parents and human trafficking helps prepare students to handle these delicate issues. Nursing Alerts highlight critical information that could lead to deteriorating or emergency situations. Guidelines boxes outline nursing procedures in an easy-to-follow format. Evidence-Based Practice boxes include findings from recent clinical studies. Emergency Treatment boxes describe the signs and symptoms of emergency situations and provide step-by-step interventions. Atraumatic Care boxes teach students how to manage pain and provide competent care to pediatric patients with the least amount of physical or psychological stress. Community Focus boxes emphasize community issues, provide resources and guidance, and illustrate nursing care in a variety of settings. Patient Teaching boxes highlight important information nurses need to communicate to patients and families. Cultural Considerations boxes describe beliefs and practices relating to pregnancy, labor and birth, parenting, and women's health. Family-Centered Care boxes draw attention to the needs or concerns of families that students should consider to provide family-centered care.

<u>Pregnancy Day By Day</u> Maggie Blott,2009-08-17 The complete guide to pregnancy, day-by-day No other pregnancy book provides this level of detail, allied with such extraordinary photographs, 3D scans and illustrations which reveal in unprecedented clarity exactly what is happening to you and your baby every single day. From early fetal development to how your hormones prepare you for birth, learn from world-class experts. Plus, obstetricians, midwives and parents advise on your baby's development, medical matters, your changing body, diet, fitness and much more. A special hour-by-hour rundown of what to expect during and immediately after birth, plus further reassurance for the first two weeks of your baby's life, will give a helping hand through the culmination of your pregnancy, from pain relief to those first intimate and unique moments between you and your child.

**Maternal-Newborn Nursing** Robert Durham,Linda Chapman,2013-10-15 A better way to learn maternal and newborn nursing! This unique presentation provides tightly focused maternal-newborn coverage in a highly structured text

#### **Toxicological Profile for Pentachlorophenol**,1994

Handbook of Gynecology Donna Shoupe, 2024-01-07 This book is a comprehensive, up-to-date reference on general and subspecialty gynecology. Covering all aspects of gynecology commonly encountered in day-to-day practice, this exhaustive and fully updated new edition provides a practical, one-stop reference work for clinicians working in the field. This carefully-designed volume includes ten sections, beginning with comprehensive coverage of office-based gynecology, and continuing on to present disease processes and management information by patient age group. Each chapter includes background information, current recommendations for screening, diagnostic criteria, common and uncommon associated problems, approach to diagnosis, summary of treatment options, and an overview of ICD-10 codes for specific diagnoses. Importantly, many areas that are covered in the handbook as subspecialty problems are pertinent and important information to many of the general practitioners who handle and develop some expertise in these areas. These include ovulation induction, medical management of incontinence, management of abnormal Pap smears, and work-up of abnormal bleeding. The handbook concludes with an easy-to-navigate presentation of minimally-invasive operations, surgical procedures, neoplasms, and pathology. Advantages and risks associated with management of particular diseases are covered, along with multiple tips for avoiding complications. This second edition is fully updated. With extensive updates on cervical cancer

screening, pelvic organ prolapse, and more, many chapters will be completely rewritten to reflect the latest guidelines, procedures, and methods of care in women's health. The text additionally includes two new chapters, covering the impact of COVID on gynecology care, and the work-up and surgical management of chronic pelvic pain. This is an ideal guide for practicing gynecologists, family and internal medicine physicians, physician assistants, nurse practitioners, fellows, residents, medical students, and all women's health care providers.

**Clinical Gynecology** Eric J. Bieber, Joseph S. Sanfilippo, Ira R. Horowitz, Mahmood I. Shafi, 2015-04-23 Written with the busy practice in mind, this book delivers clinically focused, evidence-based gynecology guidance in a quick-reference format. It explores etiology, screening, tests, diagnosis, and treatment for a full range of gynecologic health issues. The coverage includes the full range of gynecologic malignancies, reproductive endocrinology and infertility, infectious diseases, urogynecologic problems, gynecologic concerns in children and adolescents, and surgical interventions including minimally invasive surgical procedures. Information is easy to find and absorb owing to the extensive use of full-color diagrams, algorithms, and illustrations. The new edition has been expanded to include aspects of gynecology important in international and resourcepoor settings.

<u>Handbook of Sports Medicine and Science</u> Margo Mountjoy,2014-10-06 This new International Olympic Committee (IOC) handbook covers the science, medicine and psycho-social aspects of females in sports at all levels of competition. Each chapter focuses on the specific issues that female athletes confront both on and off the field, such as bone health, nutritional recommendations, exercise/competition during menstruation and pregnancy, and much more. Fully endorsed by the IOC and drawing upon the experience of an international team of expert contributors, no other publication deals with the topic in such a concise and complete manner. The Female Athlete is recommended for all health care providers for women and girl athletes internationally for all sports and all levels of competition. It is a valuable resource for medical doctors, physical and occupational therapists, nutritionists, and sports scientists as well as coaches, personal trainers and athletes.

**Blood Stories** Janet Lee, Jennifer Sasser-Coen, 2015-12-22 Blood Stories focuses on menarche as a central aspect of body politics in contemporary US society, emphasizing that women are integrated into the social and sexual order through the body. Using oral and written narratives of 104 diverse women, the authors address the central question of how menarche as a bodily event signifying womanhood takes on cultural significance in a society that devalues women. Exploring issues of contamination and concealment and the sexualization of women's bodies that occurs at menarche, the authors emphasize how the politics of gender are negotiated on/through women's bodies.

<u>WHO Monographs on Selected Medicinal Plants</u> World Health Organization,1999 This is the second volume in a series of monographs which are intended to promote information exchange and international harmonised standards for the quality control and use of herbal medicines. It contains scientific information on 30 selected plants, and each entry includes a pharmacopoeial summary for quality assurance purposes, information on its clinical application and sections on contraindications, pharmacology, safety issues, and dosage forms. It provides two cumulative indexes with entries in alphabetical order by plant name and according to the plant material of interest.

**Mama Doc Medicine** Wendy Sue Swanson,2014 Presents evidence-based advice on raising children, enhancing a collection of the author's blog posts with statistics, charts, and summaries to discuss four themes--prevention, social-emotional support, immunizations, and work-life balance.--

<u>Guidelines for the management of symptomatic sexually transmitted infections</u> World Health Organization,2021-07-15 The WHO global health sector strategy on sexually transmitted infections, 2016–2021, endorsed by the World Health Assembly in 2016, aims to eliminate STIs as a public health threat by 2030. In 2019, WHO published estimates of new cases of chlamydia, gonorrhoea, syphilis and trichomoniasis. Recent changes in the epidemiology of STIs and progress in prevention, diagnosis and treatment of STIs and HIV have necessitated changes in approaches to STI prevention and management. To address these STIs, the most widely used approach in clinical settings is the syndromic management of STIs. In most resource-limited settings, the syndromic management flow charts are still the standard of care where laboratory diagnosis is not available or is hard to access. The objectives of these guidelines are to provide updated, evidence-informed clinical and practical recommendations on the case management of people with symptoms of STIs; and to support countries in updating their national guidelines for the case management of people with symptoms of STIs. These guidelines include the management of symptomatic infections related to urethral discharge syndrome, including persistent urethral discharge syndrome; vaginal discharge syndrome, including persistent urethral infection; genital ulcer disease syndrome; and lower abdominal pain syndrome. These guidelines are intended for programme managers for STI prevention and control at the national level and the health-care providers at the frontline – primary, secondary and tertiary health care.

**The Female Athlete Triad** Catherine M. Gordon, Meryl S. LeBoff, 2014-10-28 This is the first book of its kind to focus solely on the female athlete triad - its origins, its recognition, and most importantly, its management. Since the symptoms themselves cover a range of medical specialties, chapters are written by experts in a number of relevant fields - sports medicine, orthopedics, endocrinology, and pediatrics - with an eye toward overall care of the young female athlete. Additionally, each chapter includes suggestions on how to educate and communicate with young athletes and their parents, as well as trainers and coaches, on how to manage the illness outside of the direct clinical setting. The female athlete triad is often seen in sports where low body weight is emphasized, such as gymnastics, figure skating, and running, though it can appear in any sport or activity. The interrelated symptoms - eating disorders, amenorrhea, and low bone mass - exist on a spectrum of severity and are serious and potentially life-threatening if not properly treated. Psychological problems, in addition to medical ones, are not uncommon. The Female Athlete Triad: A Clinical Guide discusses all of these areas for a well-rounded and in-depth approach to the phenomenon and will be a useful reference for any clinician working with female athletes across the lifespan.

Weight Gain During Pregnancy National Research Council, Institute of Medicine, Board on Children, Youth, and Families, Food and Nutrition Board, Committee to Reexamine IOM Pregnancy Weight Guidelines, 2009-12-14 As women of childbearing age have become heavier, the trade-off between maternal and child health created by variation in gestational weight gain has become more difficult to reconcile. Weight Gain During Pregnancy responds to the need for a reexamination of the 1990 Institute of Medicine guidelines for weight gain during pregnancy. It builds on the conceptual framework that underscored the 1990 weight gain guidelines and addresses the need to update them through a comprehensive review of the literature and independent analyses of existing databases. The book explores relationships between weight gain during pregnancy and a variety of factors (e.g., the mother's weight and height before pregnancy) and places this in the context of the health of the infant and the mother, presenting specific, updated target ranges for weight gain during pregnancy and guidelines for proper measurement. New features of this book include a specific range of recommended gain for obese women. Weight Gain During Pregnancy is intended to assist practitioners who care for women of childbearing age, policy makers, educators, researchers, and the pregnant women themselves to understand the role of gestational weight gain and to provide them with the tools needed to promote optimal pregnancy outcomes.

Research on Women's Health ,1997

**Menstruation Matters** Bridget J. Crawford, Emily Gold Waldman, 2022-06-21 Explores the burgeoning menstrual advocacy movement and analyzes how law should evolve to take menstruation into account. Approximately half the population menstruates for a large portion of their lives, but the law is mostly silent about the topic. Until recently, most people would have said that periods are private matters not to be discussed in public. But the last few years have seen a new willingness among advocates and allies of all ages to speak openly about periods. Slowly around the globe, people are recognizing the basic fundamental human right to address menstruation in a safe and affordable way, free of stigma, shame, or barriers to access. Menstruation Matters explores the role of law in this movement. It asks what the law currently says about menstruation (spoiler alert: not

much) and provides a roadmap for legal reform that can move society closer to a world where no one is held back or disadvantaged by menstruation. Bridget J. Crawford and Emily Gold Waldman examine these issues in a wide range of contexts, from schools to workplaces to prisons to tax policies and more. Ultimately, they seek to transform both law and society so that menstruation is no longer an obstacle to full participation in all aspects of public and private life.

Innate Kevin J. Mitchell, 2020-03-31 What makes you the way you are--and what makes each of us different from everyone else? In Innate, leading neuroscientist and popular science blogger Kevin Mitchell traces human diversity and individual differences to their deepest level: in the wiring of our brains. Deftly guiding us through important new research, including his own groundbreaking work, he explains how variations in the way our brains develop before birth strongly influence our psychology and behavior throughout our lives, shaping our personality, intelligence, sexuality, and even the way we perceive the world. We all share a genetic program for making a human brain, and the program for making a brain like yours is specifically encoded in your DNA. But, as Mitchell explains, the way that program plays out is affected by random processes of development that manifest uniquely in each person, even identical twins. The key insight of Innate is that the combination of these developmental and genetic variations creates innate differences in how our brains are wired--differences that impact all aspects of our psychology--and this insight promises to transform the way we see the interplay of nature and nurture. Innate also explores the genetic and neural underpinnings of disorders such as autism, schizophrenia, and epilepsy, and how our understanding of these conditions is being revolutionized. In addition, the book examines the social and ethical implications of these ideas and of new technologies that may soon offer the means to predict or manipulate human traits. Compelling and original, Innate will change the way you think about why and how we are who we are.--Provided by the publisher.

**Risk** Deborah Lupton,1999 In this lively and engaging introduction to one of today's major sociocultural concepts, Deborah Lupton examines why risk has come to such prominence recently.

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