

Firstfids

D.N. Rutledge

Antarcticness Ilan Kelman, 2022-02-08 Antarcticness joins disciplines, communication approaches and ideas to explore meanings and depictions of Antarctica. Personal and professional words in poetry and prose, plus images, present and represent Antarctica, as presumed and as imagined, alongside what is experienced around the continent and by those watching from afar. These understandings explain how the Antarctic is viewed and managed while identifying aspects which should be more prominent in policy and practice. The authors and artists place Antarctica, and the perceptions and knowledge through Antarcticness, within inspirations and imaginations, without losing sight of the multiple interests pushing the continent's governance as it goes through rapid political and environmental changes. Given the diversity and disparity of the influences and changes, the book's contributions connect to provide a more coherent and encompassing perspective of how society views Antarctica, scientifically and artistically, and what the continent provides and could provide politically, culturally and environmentally. Offering original research, art and interpretations of different experiences and explorations of Antarctica, explanations meld with narratives while academic analyses overlap with first-hand experiences of what Antarctica does and does not – could and could not – bring to the world.

HTML5, JavaScript, and jQuery 24-Hour Trainer Dane Cameron, 2015-02-11 Master web app development with hands-on practice and videodemonstration HTML5, JavaScript, and jQuery 24-Hour Trainer shows you how to build real-world HTML5 apps — both web-based and mobile — in combination with JavaScript, jQuery, and CSS/CSS3. You'll learn progressively more advanced skills as you work

through the series of hands-on video lessons. Exercises and screencasts walk you step-by-step through the process of building web applications, and give you the opportunity to experiment and extend the examples to create your own working web app. You'll gain a solid understanding of the fundamental technologies, and develop a skillset that fully exploits the functionality of web development tools.

Although HTML5 is at the forefront of web development, it exists within an ecosystem that also includes CSS/CSS3, JavaScript, and JavaScript libraries like jQuery. Building robust, functional web applications requires a clear understanding of these technologies, and more importantly, the manner in which they fit together. This is your step-by-step guide to building web apps, with a hands-on approach that helps you learn by doing. Master the fundamentals of HTML and HTML5 Explore multimedia capabilities and CSS3 Integrate offline data storage, background processes, and other APIs Adapt web applications for mobile phones and tablets Whether you're looking for a quick refresher or a first-time lesson, HTML5, JavaScript, and jQuery 24-Hour Trainer will quickly get you up to speed.

Encountering Jesus Cornelis Bennema, 2014-09-15

Applying a comprehensive theory of character to the Gospel of John, Cornelis Bennema provides a fresh analysis of the characters and their responses to Jesus. While the majority of scholars view most Johannine characters as “flat,” Bennema demonstrates that many are complex, developing, and “round.” John’s broad array of characters correspond to people and their choices in real life in any culture and time. This book highlights how John’s Gospel seeks to challenge its readers about where they stand in relation to Jesus.

Icy Graves Stephen Haddelsey, 2018-06-18 Ever since Captain Cook first sailed into the Great Southern Ocean in

1773, mankind has sought to push back the boundaries of Antarctic exploration. The first expeditions tried simply to chart Antarctica's coastline, but then the Sixth International Geographical Congress of 1895 posed a greater challenge: the conquest of the continent itself. Though the loss of Captain Scott's Polar Party remains the most famous, many of the resulting expeditions suffered fatalities. Some men drowned; others fell into bottomless crevasses; many died in catastrophic fires; a few went mad; and yet more froze to death. Modern technology increased the pace of exploration, but aircraft and motor vehicles introduced entirely new dangers. For the first time, *Icy Graves* uses the tragic tales not only of famous explorers like Robert Falcon Scott and Aeneas Mackintosh but also of many lesser-known figures, both British and international, to plot the forward progress of Antarctic exploration. It tells, often in their own words, the compelling stories of the brave men and women who have fallen in what Sir Ernest Shackleton called the 'White Warfare of the South'.

Geographic Names of the Antarctic Fred G.

Alberts, 1995

Antarctica John Stewart, 1990 An encyclopedic guide to Antarctic matters including geographical features, expeditions, people, scientific subjects, and general interest items, for laymen and specialists. Includes a chronology of exploration, list of expeditions and annotated bibliography.

Republic of Mozambique International Monetary Fund.

African Dept., 2016-01-08 This Selected Issues paper examines the macroeconomic and fiscal implications of natural gas project for Mozambique. Results, which are based on the IMF Fiscal Analysis of Resource Industries model, suggest that, by the mid-2020s, half of the country's output will be generated by natural gas. However, the fiscal revenues from the projects will remain moderate until the

mid-2020s because of large depreciation costs for gas liquefaction facilities. Although the economic potential emerging from the projects is tremendous, macroeconomic and fiscal implications are quite sensitive to international commodity price developments and other risk factors, highlighting that the government's authorities would be well-advised in taking a cautious approach.

Program Manager ,1985

Signal Treatment and Signal Analysis in NMR D.N.

Rutledge,1996-06-10 Signal analysis and signal treatment are integral parts of all types of Nuclear Magnetic Resonance. In the last ten years, much has been achieved in the development of dimensional spectra. At the same time new NMR techniques such as NMR Imaging and multidimensional spectroscopy have appeared, requiring entirely new methods of signal analysis. Up until now, most NMR texts and reference books limited their presentation of signal processing to a short introduction to the principles of the Fourier Transform, signal convolution, apodisation and noise reduction. To understand the mathematics of the newer signal processing techniques, it was necessary to go back to the primary references in NMR, chemometrics and mathematics journals. The objective of this book is to fill this void by presenting, in a single volume, both the theory and applications of most of these new techniques to Time-Domain, Frequency-Domain and Space-Domain NMR signals. Details are provided on many of the algorithms used and a companion CD-ROM is also included which contains some of the computer programs, either as source code or in executable form. Although it is aimed primarily at NMR users in the medical, industrial and academic fields, it should also interest chemometricians and programmers working with other techniques.

The Development of Administrative Authority Steven

William Kelly,1984

Crossed Modules Friedrich Wagemann,2021-10-25

This book presents material in two parts. Part one provides an introduction to crossed modules of groups, Lie algebras and associative algebras with fully written out proofs and is suitable for graduate students interested in homological algebra. In part two, more advanced and less standard topics such as crossed modules of Hopf algebra, Lie groups, and racks are discussed as well as recent developments and research on crossed modules.

Education in Renaissance England Kenneth

Charlton,2013-05-13 Covering both formal and informal education, this volume examines Renaissance education in England and Italy, set within the relevant social, political and historical context.

Milk Producer ,1993

Survey Bulletin; Forest Insect and Disease

Conditions in Ontario ,1981

Organisation and Methods Sir Vivian Fuchs,1953

Antarctic Research Raymond Edward

Priestley,Raymond John Adie,G. de Q. Robin,1964 21 papers on history, exploration and travel, and scientific research on the Antarctic continent.

Geophysics Today Sergey Fomel,2010 Presents a collection of papers which appear in the September-October 2010 Geophysics special section, written by recognised experts in various areas of exploration geophysics, plus an additional group of papers drawn from Geophysics which address areas beyond those invited articles. The result is a snapshot of the state-of-the-art in the field.

Shipping World ,1958

Scientific Reports - British Antarctic Survey British Antarctic Survey,1954

Corona ,1950 Index is first no. of next volume.

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 of linear
 periodization is
 adding weight
 load to a given
 exercise each
 training session
 until that 4 or 8
 week block is
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 would be doing a
 high volume low
 intensity session
 followed by a low
 volume high
 intensity session
 the following
 week
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 step 3 press ctrl
 h to open the find
 replace window

the find replace
window appears
in the find what
section enter
replace with leave
blank then press
the replace all
button to delete
all the dots in the
selection in step 2
or press the
replace button to
delete one dot at
a time
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program no
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percentage yes
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periodization dup
refers to inversely
changing intensity
and volume

multiple times
throughout a
microcycle week
in practice an
example of dup
would be 5 sets of
3 reps at 80 for
squat on monday
and 5 sets of 5
reps at 75 for
squat on friday
conjugate
periodization
refers to
constantly alters
training stressors
periodization
training linear
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vs block vs - Jul
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for example if you
wanted to
develop muscular
endurance or
work capacity 2
undulating
periodization aka
non linear
periodization
undulating
periodization also
referred to as non

linear
periodization
involves varying
the stimulus on a
daily dup or
weekly wup basis
dup daily
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as the name
implies daily each
day undulating
constantly
changing
periodization the
systematic
planning of the
training program
this has several
distinct
advantages first
specificity
because of
increased
exposure to the
motor patterns of
each exercise the

competency or
technical skill
increases
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dup revolves
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training by
changing the
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volume intensity
rep ranges
exercise selection
etc not just high
frequency overall
but high
frequency for
specific lifts in
order to enhance
motor learning by
repeated
exposures to the
same
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undulating
periodization is a
type of training
where volume
and intensity go
up and down
either weekly or
daily within the
training period
weekly undulating
periodization wup

changes the
volume and
intensity week to
week and daily
undulating
periodization dup
adjusts the
volume and
intensity daily
between training

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