Discover Past Lives Past Life Regression By Hypnosis And Subliminal With Guided Meditation

Gloria Chadwick

Past Life Regression Hypnosis Mindfulness Hypnosis Academy,2021-01-15 Have you always felt like there was something inside that's been holding you back from making your dream life a reality? Perhaps you have an old pattern of negative behaviour you're not presently aware of but is still embedded in your subconscious? Do you want to uncover your hidden past lives? Would you like to explore your past and access memories buried deep down in your subconscious mind, still causing you pain and suffering? Today, a very big part of human population believes in reincarnation and past lives. Some people know that they have lived before. Some believe that they have had multiple lives, stretching far back into history. They believe that each of us have lived many lifetimes - lifetimes that may cause us to hold onto traumatic or painful memories. These memories can carry over into our current lives causing pain and traumas. In this book, you will find: A brief introduction explaining the power of Hypnosis to drive the sub-conscious mind into a more profound and enlightened state of being How to Discover information about your past lives How to know and understand your past selves How to access hidden memories Guided Past Life Regression Hypnosis: step-by-step session to remember your past lives. Guided Past Life Regression Deep Sleep Hypnosis: the golden method to go in a dream-like state and to connect with your past selves. How to instantly relieve stress, calm energy, increase your inner peace and practice mindfulness Tips & Tricks about Hypnosis You can help yourself improve the quality of your life with past life regression hypnosis form now, even if you are a beginner. You can start - wherever you are - from this moment. You have only to close your eyes, keep an open mind, and take deep breaths... It's often said that one should learn from past mistakes. By knowing more about your previous lives, you can take new and constructive action at present to lead a better future... You will be amazed just how effective Past L

Past Life Regression Daniel Kai,2015-04-07 Have you ever wanted to explore your past lives to help better understand the purpose of your soul's journey through eternity? Would you like to help guide your friends and relatives into a meditative state when they can recall their own hidden past life memories to help them with the very personal challenges of their current lives?If so, this book is for you. This book will help you discover the long journey of your soul - whether your most recent incarnations were in the distant, distant past or from a slightly more recent period of history. You'll discover how important events of your past life create trends and can significantly impact your current life. You'll see how people, family, and friends help create karmic resonances and causal ripples from pasts long since forgotten. Author Daniel Kai has spent years investigating past life phenomena and helping others recover their own past life memories. By popular request, he has created this book to help show you how to achieve the same amazing past life recollection results in the comfort of your own home. By the time you finish reading this book, not only will you be able to provide your own past life regression, but you will have enough information to act as a past life advisor to help others. In this book you will learn* how to use the included guided meditation script to help clients and others recover their own lost past life memories* how to distinguish between real past life memories and memories conjured by false memory syndrome* how to induce deep, deep states of relaxation in yourself and clients to begin probing the recesses of their minds* the basics of and the differences between hypnosis and guided meditations* how to hone in on specific past life memories* how to help yourself and others enter into a state of mind to recover their hidden past life memories, this book is definitely for you. I hope you enjoy this book is much as I enjoy creating it.

Past Life Regression Hypnosis Hypnotherapy Solutions, 2020-04-29 Ever need to find out about yourself, while finding since quite a while ago overlooked recollections you've encountered? Covered profound inside your brain are the responses to why you feel, act, and live how you do today. The more you think about your past selves and your past recollections - the more profound your comprehension of yourself will turn into. OK, prefer to help manage your companions and family members into a meditative state when they can review their own covered up past life recollections to assist them with the individual difficulties of their present lives? If along these lines, this book is for you. This book will help you with finding the long excursion of your spirit - regardless of whether your latest manifestations were in the far off, removed past or from a somewhat newer time of history. You'll find how significant occasions of your past life make slants and can significantly affect your present life. You'll perceive how individuals, family, and companions help make karmic resonances and causal waves from pasts since a long time ago overlooked. data to go about as a previous life consultant to help other people. Right now will learn: how to utilize the included guided reflection content to support customers and others recuperate their own lost past life recollections how to recognize genuine past life recollections and recollections invoked by a bogus memory disorder how to instigate profound, profound conditions of unwinding in yourself and customers to start testing the openings of their brains the nuts and bolts of and the differences among hypnosis and guided contemplations how to focus on specific past life recollections how disasters and significant occasions in recent manifestations drastically influence your present life conditions If you are even remotely interested in past lives and how to support yourself as well as other people go into a perspective to recoup their covered up past life recollections, this book

Past Life Regression Hypnosis Katerina Campbell,2021-04-14 Do you want to travel back to your past lives to help change your future? Could spiritual awakening help you find the success you seek? Regression hypnosis and guided meditation can help you to discover your full potential! The experience of a past life regression can be a potent tool. Many believe that each of us has lived many lifetimes - lifetimes that may cause us to hold onto traumatic or painful memories. Sometimes these memories can carry over into our current lives, causing pain and trauma. If you are exploring a past life, you might discover some karma that helps explain some of the challenges you are going through in your current life. This new book, Past Life Regression Hypnosis, allows you to open your mind to a spiritual awakening through a simple concept of sleep hypnosis, with chapters that include: The benefits of past life regression The way to discover information about your past lives The secrets of guided past life regression hypnosis Advanced hypnosis techniques ..And more This book is designed to help you through the journey of past life regression through sleep hypnosis. By practicing this unique form of hypnosis, you will find the ability to make changes in your life for the better, allowing you to uncover the success

that may otherwise have eluded you. And Past Life Regression Hypnosis is the perfect book to get you started. Scroll up now and click Add to Cart for your copy! <u>Discover your Past Lives: a Journey of Self-Knowledge</u> Isis Estrada, Have you ever wondered who you were in your past lives? What experiences you lived through, what people you met, what talents you developed, what lessons you learned? Would you like to explore your past and discover how it influences your present and your future? If the answer is yes, then this book is for you. Discover Your Past Lives: A Journey of Self-Knowledge is a book written by Isis Estrada, a renowned past life therapist and Akashic records teacher. In this book, Isis guides you step by step through the process of self-exploration of your past lives, from the basics of reincarnation to techniques of regression, meditation, and self-hypnosis. Furthermore, she teaches you how to heal through past life therapy, how to overcome blocks and fears, how to identify themes and patterns across your previous lives, how to recognize karmic connections with others, how to awaken your innate gifts inherited from the past, how to explore diverse past lives and cultures, how to glimpse your future life, and how to integrate the awareness of the soul's immortality. This book is not just a theoretical work but also an invitation to practice. Each chapter contains exercises, guided meditations, and reflection questions that will help you delve deeper into the study of your past lives. Lastly, the book includes Isis's personal experience during the exploration of the period between lives, as well as her vision of collective healing. Discover Your Past Lives: A Journey of Self-Knowledge is a book that will open the doors to a fascinating and revealing world. A book that will make you see your life through different eyes, with more understanding, forgiveness, and self-compassion. A book that will inspire you to embrace the tapestry of your past stories and live your present with more fullness and p

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Past Life Regression Mary Lee LaBay,2004-12-10 The quest for self-knowledge and awareness has gained increasing popularity over the past several decades, with an explosion of beliefs and methodologies. Central to these practices is the exploration of past lives. From the curious layperson to the traditional doctor of medicine, people are employing various techniques in an effort to facilitate this experience. Certified hypnotherapy instructor Mary Lee LaBay has written Past Life Regression: A Guide for Practitioners as a comprehensive text for beginning as well as veteran therapists. Ms. LaBay covers both basic and advanced techniques in a philosophical context, to help practitioners generate maximum healing and change during the past life session. Through case studies and concise instructions, the author demonstrates practical and elegant uses of these techniques that allow the client to discover life purpose, aspects of their relationships, roots of disease, addiction, and phobias, as well as a wide range of other life issues.

Past Life Regression 101 David Peterfield,2023-09-30 Learn the SECRETS of your past lives with past life regression! Are you tired of feeling lost, unsure of your purpose in life? Do you often wonder why certain patterns of behavior and thought repeat themselves? In this captivating and transformative ebook, you'll unlock the secrets that lie hidden within you, gaining a deep understanding of your past lives and how they continue to impact your current existence. Through the ancient practice of past life regression, you'll embark on a journey of self-discovery like no other. Discover the mysterious and valuable insights that await you within these pages, as you tap into the knowledge of what you were doing in past lives and how it shapes your present circumstances. Imagine gaining a profound understanding of the choices you've made and the connections you have forged throughout time. By delving into your past lives, you'll uncover the hidden patterns and themes that have shaped your soul's journey. With this newfound awareness, you can break free from self-limiting beliefs, overcome recurring challenges, and make empowering choices aligned with your true purpose. With Past Life Regression 101, you'll: - Gain deep insight into your past lives and how they intersect with your present - Understand the patterns and connections that shape your life experiences - Unlock hidden talents and abilities from past incarnations - Heal unresolved issues and release emotional baggage that no longer serves you - Cultivate a sense of peace, purpose, and alignment in your current lifetime Whether you are a skeptic or a believer, this book offers an accessible and practical approach to past life regression. With expert guidance and powerful techniques, you'll embark on a remarkable journey of self-discovery, leaving no stone unturned in your quest for truth and meaning. If you're ready to unveil the secrets of your past lives and unlock the key to your true purpose, then don't wait any longer. Scroll up (or down) and order your c

Hypnosis William Robertson, 2020-05-28 Hypnosis is a simple thing. There is a whole industry trying to camouflage that fact, because... Hypnosis is a simple thing. As Tad James once said, our brain is designed to learn FAST, and if a learning process involves any kind of suffering, it means we do something wrong. You'll be able to: --Memorize sale presentations, plus rebuttals to objections. --Foreign languages in days, not months or years. --Musical instruments in less than a week. -- Anything else you want. In this book I'll teach you how to write hypnotically. I'll teach you how to paint with words in such a way they impress, influence, and change people's persuasions without question. You'll learn how to phrase sentences hypnotically, how to affect people emotionally, and how to hypnotize readers without them knowing they're being hypnotized. You will even learn how to get people to take action on what you propose they do.

<u>Past Lives</u> Damian Bertrand, Lauren Jefferson, 2017-12 Clinical hypnotherapist Damian Bertrand, C.Ht, never expected to help others by transporting them decades, or even hundreds of years, into the past to discover the true meaning behind broken relationships, strange phobias, and unexplained behavior. Confident that

reincarnation was nothing but an unsolved puzzle of the subconscious mind, Bertrand performed hypnotic regressions on willing clients, shocked to find that their stories were rich in details that corroborated with research into very real past lives: Existences that span from heartbreaking tales of lost love, to the victories of tribal leaders protecting their ancient villages. Past life regression quickly became the basis for Bertrand's private practice in Los Angeles, CA, and then the subject of his television show REINCARNATION: PAST LIVES. In Past Lives: Journeys Revealed, Damian Bertrand invites you to discover eight of these powerful regressions, the lessons learned from each, and how every client's life changed with the knowledge of their soul's journey - revealed.

The Past Life Perspective Ann C. Barham, 2016-06-07 A unique, insightful, and practical look into the enormous power of past life regression therapy to unlock a healing pathway that can help you resolve enduring personal issues, enrich your life, and answer burning spiritual questions about your purpose on this earth. In this rare and fascinating intimate glimpse at past life regression therapy, licensed therapist Ann Barham invites us into her office as she helps her clients mine their unconscious memories for the key past life experiences that can provide specific guidance for their current situations. No longer simply the stuff of new age practitioners, past life regression therapy is a powerful tool that can improve your understanding of your personal challenges and deepen your connection with the world around you. Barham demystifies this intriguing phenomenon, sharing her client's astounding stories, each a clue to the profound influence the personalities of the past have on our thoughts and actions today. As modern science and technology advance at overwhelming rates, many of us crave the healing insights and feelings of eternal love that survivors of near death experiences frequently report. Through past life therapy, everyday people are able to experience prior lifetimes all the way through their deaths, tapping into abiding spiritual truths and answering essential questions about human existence.

Who Were You? Gloria Chadwick, 2009 Drawing upon her own extensive knowledge and experience, spirituality expert Gloria Chadwick makes a complete past life regression using self-hypnosis accessible to all. In this comprehensive guide, she provides clear advice on how to remember and understand who you were before, how the events and emotions in your past lives have shaped and led you to who you are now, and how they can influence who you may become. The chapters are stepping-stones on your journey; most include a word-by-word script that functions as a map for getting into your subconscious mind and accessing your past life memories, along with a description of how to use the information in the script as well as a preview of what you'll most likely encounter. Book jacket.

Past Lives Atasha Fyfe, 2015-01-05 An accessible, authoritative guide to unlocking and working with your past life memories for healing and self-empowerment. An accessible, authoritative guide to unlocking and working with your past life memories for healing and self-empowerment. This book explores - how regression works - the secret clues to your past lives that show up in this life - the astonishing cases of children's past life memories - how to discover your own past lives - the benefits of past life awareness - the positive messages that can come through during a regression . . . and much more! Hay House Basics is a new series that features world-class experts sharing their knowledge on the topics that matter most for improving your life.

The Power of Past Life Regression Steve Burgess, 2020-03-27 Welcome to the exciting world of past life regression! Hypnotherapist Steve Burgess has conducted many thousands of past life regression sessions and this book details some of the incredible healings his clients have experienced as a result of past life therapy. Each of the client's stories is vividly re-told using the words that they spoke whilst in trance in their regression sessions. They paint exciting pictures and describe in detail the events that took place in the past lives, often giving a fascinating insight into life in former times. If you're interested in spiritual issues or in learning more about reincarnation and how our previous lives affect our present life, you'll be fascinated to read the journeys of Steve's clients as they release the traumas of their past lifetimes and achieve wholeness in this life.

How To Uncover Your Past Lives Ted Andrews, 2011-12-08 Have you ever experienced a feeling of déjà vu...or had recurring dreams of a particular place or time...or felt instantly close to some person? All these experiences provide clues to past lives. With How To Uncover Your Past Lives, you'll learn how knowledge of past lives can help you gain clear insight into your spiritual purpose for this lifetime. Popular author Ted Andrews teaches you how to safely and easily explore past-life memories using self-hypnosis, meditation, dowsing, fragrance, and crystals. Discover how to: Use past-life awareness as a tool for spiritual growth Recognize soul mates and their role in your life Understand the true meaning of a twin soul Let go of self-defeating behaviors and beliefs from past lives Gain insight into your life's purpose

Past Life Regression Florence Wagner McClain,1987-03 Learn the secrets to overcoming fears and phobias which seem to have no source in this life, as you uncover the mysteries of reincarnation and what it can do for you, in The Truth About Past Life Regression by Florence Wagner McClain. The Truth About Past Life Regression will show you why past life regression is a valuable tool for enhancing the quality of your life today. In fact, you can experience the benefits of past life regression even if you don't believe in reincarnation. Discover how reliving past life experiences helps provide solutions to problems and great insight into yourself—and how it can free you from fears and detrimental habits that may be holding you back from achieving your true potential. Find out how and why past life regression can change your life for the better Read intriguing case studies of people who have connected with their past lives, with beneficial results *Understand why you fear certain situations, people, or things—and how past life regression can rid you of those fears *Learn about reincarnation and how it relates to spiritual beliefs and past life regression *Free yourself from negative patterns and habits *Gain valuable insights about your inner motivations The Truth About Past Life Regression will also help you to find answers to other questions. Have you ever traveled to some strange place only to find that it's familiar to you? Have you ever met someone and felt an immediate kinship or an intense dislike? If you want to know where this comes from, you have to get The Truth About Past Life Regression. Past life regression can help you become the person you want to be. Now is your chance to take the plunge and cease being a slave to your own past. Get The Truth About Past Life Regression today.

Past Life Regression M J Erickson, 2020-09-28 Have you always felt like there was something inside that's been holding you back from making your dream life a reality? Perhaps you have an old pattern of negative behaviour you're not presently aware of but is still embedded in your subconscious? Do you want to uncover the 7 past lives that are influencing your present life? Today, a very big part of human population believes in reincarnation and past lives. Some people know that they

have lived before. Some hardly believe that they have had multiple lives, stretching far back into history. A They believe that each of us have lived many lifetimes lifetimes that may cause us to hold onto traumatic or painful memories. These memories can carry over into our current lives causing pain and traumas. The subconscious mind, much like a machine drive, is a storehouse of knowledge. It stores all of this lifetime memories, knowledge, interactions, behaviors and habits and all of your past lives. If you have a phobia in this lifespan that has no clear cause, it could be due to a previous life event. Past life regression counseling serves the aim of exposing and exploring mental and physical blockages, worries, habits and memories that prevent you from enjoying your life today. In this precise yet compact masterpiece you will learn about What is past life regression? How to Discover information about your past lives and how to know and understand your past selves How to access hidden memories Past life regression hypnotic session for mental healing Past life regression hypnotic session for Depression healing Past life regression Hypnotic session for obsessive thoughts Addiction and Regression hypnotic session in Past Life Past life regression Hypnotic session for insomnia Disorder Past life regression Hypnotic session for near-death experience Past life regression Hypnotic session for weight losing and managing weight Past life regression hypnotic session for different fears (Phobia) Impact of past life regression on human life 6+ Bonus sessions for deep sleep, for guit smoking, for guickly weight loss.... In order to stimulate the subconscious mind, past life regression therapy (and every form of hypnosis) is a very healthy, non-invasive procedure in which the body and mind will go to a calm, concentrated relaxation. This calm, concentrated absorption is close to the meditative state in which we go through several times throughout the day. You can help yourself improve the quality of your life with past life regression hypnosis form now, even if you are a beginner. You can start wherever you are - from this moment. You have only to close your eyes, keep an open mind, and take deep breaths... It's often said that one should learn from past mistakes. By knowing more about your previous lives, you can take new and constructive action at present to lead a better future... When you can bring memories back into conscious awareness, you can understand some of the issues that you are facing in your present life and ultimately resolve them. Don't let your past control you, your present and your future anymore - begin your journey of self-discovery and find out what is hidden within you! You will be amazed just how effective Past Life Regression Hypnosis(TM) can be at helping you destress, calm the mind and increase positive emotions. Discover now if you were Marcus Aurelius, Christopher Columbus or Albert Einstein, click the Buy Now button to grab your &

Exploring Your Past Lives Gloria Chadwick,2008-04 If you're ready to explore who you were before and how the events and emotions in your past lives affect and influence who you are now, this workbook and experiential guide is for you. Based on the author's reincarnation workshops and past life regressions conducted with hypnosis clients for the past 37 years, this book offers numerous mind-opening meditations, experiential exercises, anecdotes, and examples as it takes you on a journey into and through your past life memories. You're guided through understanding, balancing, and healing your karma in a clear, loving way. You'll see how to recognize soul mates and special people you've been with before and understand their connections to you now. You'll discover how to open your memories by tuning into your subconscious and entering a meditative frame of mind, through dreams and deja vu, by following current clues, looking at past patterns in the present, and much, much more. www.mysticalmindscapes.com

Past Lives Lauren Jefferson, Damian Bertrand CHt, 2019-11-08 *** NOW WITH A NEW FOREWORD ***Clinical hypnotherapist Damian Bertrand, C.Ht, never expected to help others by transporting them decades, or even hundreds of years, into the past to discover the true meaning behind broken relationships, strange phobias, and unexplained behavior. Confident that reincarnation was nothing but a trick of the subconscious mind, Bertrand performed hypnotic regressions on willing clients, shocked to find that their stories were rich in details that corroborated with research into very real past lives: Existences that span from heartbreaking tales of lost love, to the victories of tribal leaders protecting their ancient villages. Past life regression quickly became the basis for Bertrand's private practice in Los Angeles, CA, and then the subject of his television show REINCARNATION: PAST LIVES. In Past Lives: Journeys Revealed, Damian Bertrand invites you to discover eight of these powerful regressions, the lessons learned from each, and how every client's life changed with the knowledge of their soul's journey - revealed.

Time Travelers: Stories of Reincarnation Anna Maria Panici,2015-08-27 This book is the accumulation of five years of research, study, and personal experience with past-life regression therapy work. The individual past-life stories of these various hypnosis clients contain factual evidence, affirming the validity of this theory as something very important, real, and worth considering. Reincarnation is more than merely a theory; it is the key to set ourselves free from karmic cycles and provides profound healing of body, mind, and spirit.

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