Cooking Chinese Food 100

Ching-He Huang

<u>Chinese Food Made Easy: 100 simple, healthy recipes from easy-to-find ingredients</u> Ching-He Huang,2010-06-10 Ching-He Huang is one of the brightest stars in modern Chinese cooking in the UK. Each week in her new BBC2 series she re-invents the nation's favourite Chinese dishes, modernising them with fresh, easy to buy ingredients, and offering simple practical tips and techniques. These are brought together in this beautiful book to accompany the series.

The Chinese Chicken Cookbook Eileen Yin-Fei Lo, 2007-11-01 Renowned Chinese cooking expert and IACP Award-winning author, Eileen Yin-Fei Lo, who has been called the Marcella Hazan of Chinese cooking, brings American home cooks more than 100 recipes for the versatile chicken, from simple stir-fries to celebration dishes. In China the chicken represents the phoenix, the mythological bird that rose from its ashes and that symbolizes rebirth and reaffirmation. Because of this deeply held belief, chicken is served at every New Year celebration, every wedding feast, and every birthday dinner. The chicken is honored for its eggs, its meat, and the flavor it provides for stocks and broths. Because of the reverence for this bird, the Chinese prepare chicken in myriad ways. Chicken is steamed, baked, boiled, stir-fried, deep-fried, pan-fried, and roasted. It is served hot, cold, or at room temperature. No part of the chicken is wasted from its bones to its skin to its feet, a Chinese delicacy. Now, renowned Chinese cooking expert Eileen Yin-Fei Lo, who has been called the Marcella Hazan of Chinese cooking by The New York Times, brings her love of Chinese cooking and traditional Chinese chicken recipes to American home cooks in The Chinese Chicken Cookbook. The Chinese Chicken Cookbook brings together more than one hundred of the best traditional and modern chicken recipes of China from simple stir-fries to more elaborate celebration dishes. In chapters that pair chicken with noodles and rice and in chapters on soup, preparing chicken in the wok, and cooking it whole, readers will find dozens of delicious, easy-to-prepare delicacies. Recipes such as Two-Sesame Chicken, Hot and Sour Soup, Ginger Noodles with Chicken, Chicken Water Dumplings, Chicken Stir-Fried with Broccoli, Mu Shu Chicken with Bok Bang, Mah-Jongg Chicken, and Asparagus Wrapped in Minced Chicken offer new and flavorful ways to prepare chicken whether you're making a quick weeknight meal or having dinner quests on a Saturday night. Although these recipes use ingredients that home chefs can find in the international section of a well-stocked supermarket or on the Internet, Lo includes the Chinese names for ingredients and recipes, rendered in beautiful Chinese calligraphic characters. Not only decorative, these characters can help you locate unfamiliar ingredients in a Chinese market. The Chinese Chicken Cookbook also has sections on how to select and clean a chicken, a detailed explanation of Chinese ingredients, suggested equipment (including how to properly season a wok), and how to cook a perfect pot of rice. With wonderful family stories from the author's childhood in China, The Chinese Chicken Cookbook is not just a cookbook for your cookbook library, it is a source of culinary inspiration.

Double Awesome Chinese Food Margaret Li, Irene Li, Andrew Li, 2019-02-05 Wildly inventive Chinese-American home cooking from the siblings behind Boston's acclaimed Mei Mei restaurant. Too intimidated to cook Chinese food at

home but crave those punchy flavors? Not anymore. Put down that takeout kung pao chicken and get in the kitchen! Full of irresistible recipes that marry traditional Asian ingredients with comforting American classics and seasonal ingredients, Double Awesome Chinese Food delivers the goods. The three fun-loving Chinese-American siblings behind the acclaimed restaurant Mei Mei take the fear factor out of cooking this complex cuisine, infusing it with creativity, playfulness, and ease. Take the Double Awesome: flaky scallion pancakes stuffed with two oozy eggs, sharp cheddar, and garlicky pesto; could there be anything better? Ridiculously delicious and unexpected dishes like Cranberry Sweet and Sour Stir-fried Pork and Red Curry Frito Pie will become new staples for your cooking lineup. Throw a hands-on dumpling-making party and let your friends decide whether to serve them chewy and pan-seared or crackly and deep-fried. Packed with pro-cooking tips, sauces to amp up any meal, sustainable sourcing advice, and over 100 delicious recipes, this book is your ticket to making the Chinese food of your dreams any night of the week.

My Grandmother's Chinese Kitchen Eileen Yin-Fei Lo,2006-12-05 Award-winning cookbook author and celebrated food expert Eileen Yin-Fei Lo learned how to cook from her talented grandmother. This inspiring and instructive book collects 100 recipes the author learned in her grandmother's kitchen, along with the life lessons, observations, and other gifts she hopes to pass on to readers and future generations. Cherished holiday recipes include steamed buns and fish congees for birthdays, vegetables prepared during the Lunar New Year, and rice dumplings made for the Dragon Boat Festival. All the essential techniques of the Chinese kitchen are represented, including stirfrying, steaming, roasting, stewing, braising, and more. A volume to cook from, to share, and to read as a memoir in its own right, My Grandmother's Chinese Kitchen celebrates a great culinary tradition by sharing family wisdom and timeless recipes.

Exploring China: A Culinary Adventure Ching-He Huang, Ken Hom, 2012-08-14 Exploring China: A Culinary Adventure is the delightful companion book to the BBC TV Show featuring their culinary adventure across China Two of the most highly respected authorities on Chinese and Oriental cooking today, Ken Hom and Ching-He Huang, come together in this exciting cookbook and is the result of their journey through China on a culinary and cultural odyssey to find the old, the new and the unexpected as shown in the BBC TV show. They tell the story of China, both old and new, through food. Each recipe in the book features a back story from Ken and Ching so you can learn the secret stories behind all your old favourite recipes and be inspired to find new ones. They cook with local families, en route to discover the influence of Buddhism on vegetarian food and whether the Chinese did actually invent tortellini in remote Kashgar before travelling to Sichuan Province, China's gastronomic capital. Ken is the old-hand who brought the wok to the West and Ching-He is the energetic newcomer. Together they uncover the secrets of Old China and the techniques of the new, fusing them together to create a unique and authoritative perspective on Chinese food that will surprise and inform.

Chinese Cooking For Dummies Martin Yan,2011-04-18 Forget about takeout! Have you ever had a craving for fried dumplings or hot and sour soup at midnight? Ever wonder how your local Chinese takeout makes their food taste so

good—and look so easy to make? Still don't know the difference between Sichuan, Cantonese, and Mandarin cooking? Discovering how to cook the Chinese way will leave you steaming, stir-frying, and food-styling like crazy! The indescribably delicious cuisine of a fascinating country can finally be yours. And in Chinese Cooking For Dummies, your guide to the wonders and magic of the Chinese kitchen is none other than Martin Yan, host of the awardwinning TV show Yan Can Cook. In no time at all, you'll be up to speed on what cooking tools to use, how to stock your pantry and fridge, and the methods, centuries old, that have made dim sum, Egg Fu Young, Kung Pao Chicken, and fried rice universal favorites. You'll also be able to: Think like a Chinese chef-usin g the Three Tenets of Chinese Cooking Choose and season a wok, select a chef's knife, plus other basic tools of the trade Find the essential ingredients—and ask for them in Chinese with a Chinese language (phonetic) version of black bean sauce, hoisin sauce, plum sauce, bamboo shoots, and more Cook using a variety of methods-including stir frying, steaming, blanching, braising, and deep frying And with over 100 recipes, arranged conveniently like a Chinese menu, Chinese Cooking For Dummies lets you select from any column in the comfort of your own kitchen...which is when the fun really begins. Imagine putting together your ideal meal from the book's rich offering of recipes: Delectable morsels-including Baked Pork Buns, Spring Rolls, Potstickers, Steamed Dumplings, and Shrimp Toast Seafood dishes-including Sweet and Sour Shrimp, and Oysters in Black Bean Sauce Poultry dishes-including Moo Goo Gai Pan, Kung Pao Chicken, and Honey Garlic Chicken Pork, beef, and lamb dishes—including Sichuan Spareribs, Tangerine Beef, and Mongolian Lamb Chinese Cooking For Dummies gives you all of the basics you'll need, letting you experience the rich culinary landscape of China, one delicious dish at a time-and all, without leaving a tip!

Ching's Everyday Easy Chinese Ching-He Huang,2011-11-08 Enjoy fresh, simple, delicious, and satisfying Chinese food—including many takeout classics—without ever leaving home! With her trademark passion and deep appreciation for Chinese cooking, Cooking Channel star Ching-He Huang brings her charm and expertise to an eager audience with this outstanding cookbook. Ching fuses Chinese and Western cultures to create one hundred quick dishes full of natural ingredients and bursting with flavor. Ching's Everyday Easy Chinese makes it simple for home cooks to prepare their favorite Chinese dishes faster, cheaper, and more healthfully than their local restaurant. Enjoy a diverse selection of favorite recipes for every occasion and taste, including: Traditional Hot and Sour Soup Five-Spice Salted Shrimp with Hot Cilantro Sauce Crispy Sweet Chili Beef Pancakes Kung Po Chicken Black Pepper Beef and Rainbow Vegetable Stir-Fry Singapore Noodles Egg and Asparagus Fried Rice Interspersed with entertaining personal stories and suggestions for exciting variations on classic recipes, Ching's Everyday Easy Chinese takes readers on a culinary journey that delightfully blends ancient and modern, yin and yang, experimentation and intuition—and ends with perfectly balanced and tantalizing fare that will inspire even the most stalwart takeout devotees.

The Dumpling Sisters Cookbook The Dumpling Sisters, Amy Zhang, Julie Zhang, 2015-06-11 Over 100 deliciously fussfree recipes from The Dumpling Sisters' Kitchen. Amy and Julie Zhang have been entertaining and educating their thousands of followers on Youtube with their recipes for deliciously easy homemade Chinese food - now THE DUMPLING SISTERS COOKBOOK brings you more of the easy Chinese recipes and advice that those fans have been clamouring for. Dedicated to and destined to be adored by every Chinese food lover, this book is full of Chinese-food favourites, impressive sharing dishes and even sweet treats that have been little acknowledged in a western understanding of Chinese food - until now. This is Chinese home cooking at its best. The recipes are structured as to give a gradual introduction to Chinese dishes, beginning with the simple; Best Ever Fried Rice, and working up to the more elaborate Cracking Five-Spice Roast Pork Belly, and are interspersed with the insider tips and tricks that the girls' Youtube fans adore. There is also a focus on Chinese culture and eating etiquette (for perfecting those chopstick skills), including sharing menu planner and a guide to shopping at the Chinese supermarket. Amy and Julie write with wit and gusto - they are the perfect cooks to take any food lover on a journey to discover real Chinese cooking.

Knack Chinese Cooking Belinda Hulin, Kian Lam Kho, Liesa Cole, 2009-11-10 For those who have always wanted to prepare Chinese food at home, here is the book they can actually learn Chinese cooking from-full-color, step-by-step photographs fully convey the process and presentation of Chinese cuisine. With 350 photos and 100 main recipes plus 250 variations suited for the contemporary kitchen, Knack Chinese Cooking offers a veritable banquet of authentic recipes from the Eight Great Cuisines of China, as well as dishes from China's emerging cosmopolitan capitals and from the best Chinatown kitchens. Readers gain a basic knowledge of the equipment, ingredients, and techniques needed to prepare an essential repertoire of Chinese dishes.

A Very Chinese Cookbook Kevin Pang, Jeffrey Pang, America's Test Kitchen, 2023-10-24 Named a Best Cookbook of 2023 by The New York Times and Serious Eats James Beard Award winner Kevin Pang and his dad Jeffrey, hosts of the hit America's Test Kitchen series Hunger Pangs, show you the way to delicious Chinese cooking in this accessible, funny, heartfelt cookbook. From American Chinese classics (General Tso's Chicken) to Sichuan street foods (Dan Dan Mian) and Hong Kong dim sum favorites (Shu Mai), A Very Chinese Cookbook is ideal for both the Chinese foodcurious and experienced cooks seeking a weekend soup dumpling project. Chock full of tips, techniques, stories, and friendly ingredient guides, with over 100 of ATK's trademark rigorous recipes—and even a magic trick with fortune cookies—the cookbook in your hands is very practical, very personal, and very Chinese indeed. Two Generations of Storytelling: Jeffrey recounts a lifelong love of cooking that began in childhood, growing up in Hong Kong, cooking at his mother's side, and exploring the street vendors and markets. Kevin dispenses practical wisdom that brings the recipes to life—why Beef Ho Fun is the mark of a great Cantonese chef; why Shu Mai is the world heavyweight champion of dumplings. Test Kitchen Techniques: From the basics of successful stir-frying to folding methods for Shanghai Soup Dumplings, careful instructions and abundant photos teach key steps. Chinatown Shopping Guide: From choosing the right soy sauce or vinegar to buying fresh noodles and seeking out superlative Buddhist-style chickens, let the Pangs be your trusted guides.

My Kitchen Table: 100 Quick Stir-fry Recipes Ken Hom,2011-07-31 Ken Hom is the nation's favourite Chinese chef and this is his collection of his best 100 stir-fry recipes. With everything from chicken recipes to vegetarian curries, healthy recipes and food for entertaining friends, modern and traditional, plus appetisers, salads,

snacks and side dishes, this cookbook offers an amazing range of tastes, ingredients and styles - all made in the wok.

Chinese Home Cooking Adele Tyler,2020-09-25 Are you looking for a Chinese cookbook recipes for your homemade dishes? In this book you will find over 100 recipes from traditional and modern Chinese dishes for amazing spicy dinners with your friends and family. Chicken. Beef. Pork. Dumplings. Hot pot. Few words that recall clearly and distinctly the intense amazing flavors from one of the best and most spread way of cooking in the world: the Chinese food. In this cookbook you will learn how to cook at home the most famous Chinese recipes, easily preparing meals and dinners for your friends, parties and kids using the best ingredients and elevating the flavors with both gentle and strong spices from China. Despite Chinese food is known mostly for dishes like Baozi, Dumplings and Szechuan Chicken, the variety of this millenarian food tradition goes way beyond the all time classics. In this book you will explore the depth of the Chinese food history, getting to know tasteful mouthwatering recipes to spice up your meals. If you prefer vegetarian recipes, this book has you covered, with a wide chapter about Chinese vegetarian recipes for the most amazing meals, prepared in a respectful and ethic way. In Chinese Home Cooking you will learn: Brief history of Chinese food and its evolution during the last century Over 100 recipes for modern and classic Chinese dishes A chapter dedicated to Chinese vegetarian meal prep Tips to dose spices in the right way and tricks with ingredients you might not know yet If you want to impress your fiends and family, this Chinese cookbook is for you! Scroll up, click on buy it now and get your copy today!

China Modern Ching-He Huang,2011-04-16 Modern Chinese food has come a long way from the traditional favourites that we order by rote from our local takeaway. China's culinary traditions are continually evolving to create a new and exciting cuisine that can best be described as fusion. In China

The Healing Cuisine of China Zhuo Zhao, George Ellis, 1998-11 Features more than 300 authentic Chinese recipes, ranging from simple preparations to cure specific ailments to traditional longevity banquets. The authors explain the underlying theories behind traditional Chinese beliefs about health and reconcile these ancient beliefs with Western medical knowledge about bacteria, viruses, and other causes of disease. Includes a complete fitness program on the popular Chinese qi gong exercises. 14 b&w photos.

Mastering the Art of Chinese Cooking Eileen Yin-Fei Lo,2009-10-28 A James Beard and Julia Child Award—winning chef "takes you on an incredible journey as you build your Chinese pantry and master the basics." (Daniel Boulud, James Beard Award—winning chef, restauranteur, and cookbook author) This masterwork of Chinese cuisine showcases acclaimed chef Eileen Yin-Fei Lo's decades of culinary virtuosity. A series of lessons build skill, knowledge, and confidence as Lo guides the home cook step by step through the techniques, ingredients, and equipment that define Chinese cuisine. With more than 100 classic recipes and technique illustrations throughout, Mastering the Art of Chinese Cooking makes the glories of this ancient cuisine utterly accessible. Stunning photography reveals the treasures of old and new China, from the zigzagging alleys of historical Guangzhou to the bustle of city centers and faraway Chinatowns, as well as wonderful ingredients and gorgeous finished dishes. Step-by-step brush drawings

illustrate Chinese cooking techniques. This lavish volume takes its place as the Chinese cookbook of choice in the cook's library. "Stunning. . . . A comprehensive and educational guide that fulfills the promise of how to master Chinese cooking." —Publishers Weekly

A Very Chinese Cookbook Kevin Pang, Jeffrey Pang, America's Test Kitchen, 2023-10-24 James Beard Award winner Kevin Pang and his dad Jeffrey, hosts of the hit America's Test Kitchen series Hunger Pangs, show you the way to delicious Chinese cooking in this accessible, funny, heartfelt cookbook. From American Chinese classics (General Tso's Chicken) to Sichuan street foods (Dan Dan Mian) and Hong Kong dim sum favorites (Shu Mai), A Very Chinese Cookbook is ideal for both the Chinese food-curious and experienced cooks seeking a weekend soup dumpling project. Chock full of tips, techniques, stories, and friendly ingredient guides, with over 100 of ATK's trademark rigorous recipes—and even a magic trick with fortune cookies—the cookbook in your hands is very practical, very personal, and very Chinese indeed. Two Generations of Storytelling: Jeffrey recounts a lifelong love of cooking that began in childhood, growing up in Hong Kong, cooking at his mother's side, and exploring the street vendors and markets. Kevin dispenses practical wisdom that brings the recipes to life—why Beef Ho Fun is the mark of a great Cantonese chef; why Shu Mai is the world heavyweight champion of dumplings. Test Kitchen Techniques: From the basics of successful stir-frying to folding methods for Shanghai Soup Dumplings, careful instructions and abundant photos teach key steps. Chinatown Shopping Guide: From choosing the right soy sauce or vinegar to buying fresh noodles and seeking out superlative Buddhist-style chickens, let the Pangs be your trusted guides.

Weight Watchers Stir-fry to Szechuan Weight Watchers International,1997 A cookbook complete with nutritional information for every recipe offers a collection of low-fat, low-calorie dishes, such as curried fried rice and red cooked pork with pineapple.

<u>Ching's Everyday Easy Chinese</u> Ching-He Huang,2011-10-04 Enjoy fresh, simple, delicious, and satisfying Chinese food—including many takeout classics—without ever leaving home! With her trademark passion and deep appreciation for Chinese cooking, Cooking Channel star Ching-He Huang brings her charm and expertise to an eager audience with this outstanding cookbook. Ching fuses Chinese and Western cultures to create one hundred quick dishes full of natural ingredients and bursting with flavor. Ching's Everyday Easy Chinese makes it simple for home cooks to prepare their favorite Chinese dishes faster, cheaper, and more healthfully than their local restaurant. Enjoy a diverse selection of favorite recipes for every occasion and taste, including: Traditional Hot and Sour Soup Five-Spice Salted Shrimp with Hot Cilantro Sauce Crispy Sweet Chili Beef Pancakes Kung Po Chicken Black Pepper Beef and Rainbow Vegetable Stir-Fry Singapore Noodles Egg and Asparagus Fried Rice Interspersed with entertaining personal stories and suggestions for exciting variations on classic recipes, Ching's Everyday Easy Chinese takes readers on a culinary journey that delightfully blends ancient and modern, yin and yang, experimentation and intuition—and ends with perfectly balanced and tantalizing fare that will inspire even the most stalwart takeout devotees.

Chinese Takeout Cookbook Vivi Zhang,2018-04-11 Chinese food is widely acknowledged to be among the very best in the world. Chinese takeout in America enjoys immense popularity and while it retains some features of authentic

Chinese cooking, it has also changed over time to become a unique combination of flavors and cultures enjoyed by Americans and Chinese alike. Now you can make all of the top Chinese dishes at home in your own kitchen! From classic Chinese dishes served in restaurants around the globe, to innovative fusion dishes that exemplify modern Chinese-American takeout, you are guaranteed to enjoy this curated collection of amazing Chinese food meals. This complete guide to cooking authentic Chinese takeout food at home empowers you to become a true master of Chinese cuisine, even if you've never stepped food in China, Hong Kong, Macau, Malaysia, Singapore, Taiwan, or the many other enclaves of Chinese around the world. You'll learn what spices work best for bringing out the natural flavors of popular Chinese ingredients, as well as the techniques employed by the most discerning Chinese cooks, from international superstar Chinese chefs, to the most experienced home-cooks in Beijing. The best part is that these recipes are easy to prepare at home in your own kitchen. With 100 recipes there is something for everyone, from quick and spicy lunch dishes for one, to elaborate Chinese feasts for the whole family, you'll be equipped with everything you need to produce truly world class Chinese takeout meals at home every night of the week. The Chinese Takeout Cookbook is your all-in-one resource for enjoying the very best of Chinese takeout wherever you are in the world! This Chinese Takeout Cookbook contains: 100 Easy to Follow Recipes using ingredients that are easily found at your local grocery store and that are ideal for cooking authentic Chinese takeout dishes - each with complete nutritional information Healthy and Delicious Chinese Takeout Food For Every Occasion organized into chapters including Appetizers; Soups and Salads; Chicken and Duck; Beef, Pork, and Lamb; Seafood; Vegetables, Tofu, and Eggs; Noodles and Rice; and Sweets A Complete Overview of Chinese takeout cuisine detailing the essential information you need to know to master the very best dishes China has to offer Handy Charts and Indexes so all the information you need is at your fingertips Recipes in this Chinese Takeout Cookbook include: General Tso's Chicken, Ginger Beef, Kung Pao Chicken, Chinese Omelet with Shrimp, Braised Lamb Shanks, Asian Coleslaw, Bang Bang Shrimp, Egg Foo Yung, Moo Shu Pork, Peking Duck with Plum Sauce, Spicy Szechuan Beef, Stuffed Mushrooms, Vegetable Lo Mein, Wonton Soup and much more! Endorsed by nutritionists and discerning home cooks everywhere, eating a regular diet of Chinese cuisine has been proven as a healthy and effective way to achieve your weight loss goals while still enjoying some of the best tasting food the world has ever known. Grab this book today and see for yourself what kind of amazing Chinese dishes you can make tonight in your own kitchen!

The Woks of Life Bill Leung, Kaitlin Leung, Judy Leung, Sarah Leung, 2022-11-01 JAMES BEARD AWARD NOMINEE • NEW YORK TIMES AND USA TODAY BESTSELLER • IACP AWARD FINALIST • PUBLISHERS WEEKLY STARRED REVIEW • "The Woks of Life did something miraculous: It reconnected me to my love of Chinese food and showed me how simple it is to make my favorite dishes myself."-KEVIN KWAN, author of Crazy Rich Asians The family behind the acclaimed blog The Woks of Life shares 100 of their favorite home-cooked and restaurant-style Chinese recipes in "a very special book" (J. Kenji López-Alt, author of The Food Lab and The Wok) ONE OF THE TEN BEST COOKBOOKS OF THE YEAR: San Francisco Chronicle, Simply Recipes ONE OF THE BEST COOKBOOKS OF THE YEAR: The New York Times, Food & Wine, NPR, Smithsonian Magazine, Delish, Epicurious This is the story of a family as told through food. Judy, the mom, speaks to traditional Chinese dishes and cultural backstory. Bill, the dad, worked in his family's Chinese restaurants and will walk you through how to make a glorious Cantonese Roast Duck. Daughters Sarah and Kaitlin have your vegetable-forward and one-dish recipes covered—put them all together and you have the first cookbook from the funny and poignant family behind the popular blog The Woks of Life. In addition to recipes for Mini Char Siu Bao, Spicy Beef Biang Biang Noodles, Cantonese Pork Belly Fried Rice, and Salt-and-Pepper Fried Oyster Mushrooms, there are also helpful tips and tricks throughout, including an elaborate rundown of the Chinese pantry, explanations of essential tools (including the all-important wok), and insight on game-changing Chinese cooking secrets like how to "velvet" meat to make it extra tender and juicy. Whether you're new to Chinese cooking or if your pantry is always stocked with bean paste and chili oil, you'll find lots of inspiration and trustworthy recipes that will become a part of your family story, too.

Delve into the emotional tapestry woven by Emotional Journey with in **Cooking Chinese Food 100**. This ebook, available for download in a PDF format (PDF Size: *), is more than just words on a page; it is a journey of connection and profound emotion. Immerse yourself in narratives that tug at your heartstrings. Download now to experience the pulse of each page and let your emotions run wild.

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