

Bipolar Express

Gareth Jack Sansom

The Bipolar Express David Coleman,2014-07-08 This book examines the lives and works of famous filmmakers and screen actors through the perspective of bipolar and depressive disorders. The filmmakers discussed in this volume include directors Francis Ford Coppola, Martin Scorsese, Woody Allen, and Tim Burton; as well as actors Carrie Fisher, James Dean, Peter Sellers, and Jim Carrey.

The Bipolar Express Robert Feller,2015-02 The Bipolar Express is a formal memoir about growing up in Southern California, during the energetic 1960's, with a bipolar parent. An autobiography of a boy who went to college at 15 and graduated at 19. He went on to become a school counselor and teacher. How he survived constant abuse and thrived.

Clickety Clack Joy S. McDiarmid,2010-01-26 To many, Joy McDiarmid was a successful Winnipeg writer and public relations consultant. In truth she was leading a complex double life. Behind an outer mask of accomplishment she battled in the twilight zones of mental health, sexual identity, and imprecise gender.

Bipolar Express Gareth Jack Sansom,2017-10-10 A collection of short Science Fiction and Fantasy stories exploring a number of different themes, environments and emotions. This edition also contains several teaser chapters from the Alluvion novel, also available via Amazon.

Derailed on the Bipolar Express Joie Edson,2018-07-12 Joie Edson is the mother of two sons who have been diagnosed with Bipolar Disorder, one at age 17 and the second son at age 19. She lives in Wakefield, Massachusetts, and earned both her undergraduate and master's degree in education from Salem State University. A retired Physical Education teacher, Joie currently teaches group exercise classes in the Greater Boston area. She has lived through inexplicable experiences, including a notable arrest of one of her sons at the Boston Marathon finish line, as a result of their illnesses. This is her story, but it also serves to shed light on the challenges other parents or families may face when raising children with mental illness.

Bipolar Express 2 Gabriel Cougar Burt,2018-06-27 Four years ago I wrote and starred in Bipolar Express: Hitting Rock Bottom and Getting Back Up. Now I'm back with insights from the original and a brand new story about my time I spent in a mental institution before I was labeled bipolar

Bipolar Express Gabriel Cougar Burt,2015-04-23 A year ago I spent every day working towards the American dream until one day I could no longer get out of bed without being bombarded with anxiety and depression. May this book help anyone in need by learning from my mistakes.

Bipolar Express Mulpurinni Doris Kartinyeri,2017-05-09 I am enthusiastic about telling my story all about my illness - bipolar mood swing disorder. I write with restlessness and with recklessness, sometimes with energy so strong, along with energy incredibly low. With the effect of this illness comes the need to rebuild myself and my self-esteem, and finally to come to terms with the illness itself. I get angry and so frustrated at times. I want people with mental illness to be acknowledged and treated with respect, understanding and compassion. We are strong people who deserve to be trusted. And I want for those who are not coping and who need constant reassurance throughout their illnesses to be able to feel worthy. I write this book for all bipolar sufferers and for all those who suffer anxiety and for those who are pessimistic towards every issue surrounding mental health. I now reach out as a writer, an author, a poet and as a mother and a proud grandmother of eighteen, and great-grandmother of one. This is my story, my personal experience of coping with isolation, in my state of mind; no one could or would bother to ask me how I felt.

The Bipolar Express Ellen Thomas,2011-03 The Bipolar Express: One Christian Woman's Life Journey in the Company of a Child with Bipolar Disorder and Asperger's Syndrome tells of a mother's on-going struggles and victories in the presence of her daughter's co-morbid disabilities. It is not a clin

The Bipolar Express Stops At Autism Station Ellen Thomas,2015-12-14

Bipolar Express Bob Findlay,2015-09-18 Bill Davies a very intelligent boy. He was diagnosed with bipolar disorder when he was fourteen and placed on medication. By his early twenties he was a successful author. He occasionally stopped taking his medications which led to him doing very bad things. Davies eventually found himself stuck in the middle of a major drug cartel and corrupt police officers. How could he escape his dilemma and which path would he take?

The Bi-Polar Express Ela Simon,Natasha Simon,2007-01-01

Bipolar Express Megan Webster,2006-01-01

Timmy the Tornado Feelin' the Pressure Ellen Thomas,2017-10-23 When Timmy receives a magic wrench from his Papaw, it opens up a world of stock car racing. Timmy's new friend, Verna, has bipolar disorder and autism. Will Timmy's wrench help Verna achieve her dream of acceptance and seeing a BMX race?

Panic Stations Along the Bi-Polar Express Ela Simon,Natasha Simon,2016-08-03 Panic Stations along The Bi-Polar Express continues the roller-coaster ride of mania, depression, panic and anxiety with mother and daughter. Panic Stations - Natasha's Ride From a break-down to a break-up. From the city to the mountains. From mental illness to physical ailments. From friend to friend. From hospital to hospital. From dreaming of death to loving life and back again. From moments of sheer panic to moments of pure joy. From snow to fire. From hope to despair. From book 1 to book 2. From dreading change to embracing it. From there to here to now. Panic Stations - Ela's Ride Finally we have the correct diagnosis for our 'different' daughter, but this is not enough to stop the Bi-Polar roller-coaster. I am still along for the ride as we navigate through drugs, medications, boyfriends, girlfriends, holidays, mania, depression, panic, anxiety, doctors, hospitals, stress, emotional landmines and physical complications. Belatedly I discover a few home truths about myself.

Just Like Someone Without Mental Illness Only More So Mark Vonnegut, M.D.,2011-09-27 More than thirty years after the publication of his acclaimed memoir The Eden Express, Mark Vonnegut continues his story in this searingly funny, iconoclastic account of coping with mental illness, finding his calling, and learning that willpower isn't nearly enough. Here is Mark's life childhood as the son of a struggling writer, as well as the world after Mark was released from a mental hospital. At the late age of twenty-eight and after nineteen rejections, he is finally accepted to Harvard Medical School, where he gains purpose, a life, and some control over his condition. There are the manic episodes, during which he felt burdened with saving the world, juxtaposed against the real-world responsibilities of running a pediatric practice. Ultimately a tribute to the small, daily, and positive parts of a life interrupted by bipolar disorder, Just Like Someone Without Mental Illness Only More So is a wise, unsentimental, and inspiring book that will resonate with generations of readers.

My Story Isn't Over Natasha Simon,2019-06-03 A writer uses a semicolon when they could have finished a sentence with a full stop; but decided to keep going.In Suicide Awareness and Mental Health the ; symbol represents I'm not done or My Story Isn't Over. This symbol saved my life. This symbol changed my life and this symbol became my life.A look at some serious mental and physical conditions from a quirky personal perspective. This is like a Mental Health

Handbook for non-clinicians. It contains chapters dealing with the following topics and more: AnxietyManiaDepressionOCDBiPolarPTSDBulliesSuicide This book can be read as a stand-alone book or as a continuation after: 'The Bi-Polar Express' and 'Panic Stations along The Bi-Polar Express'.

Bipolar Expeditions Emily Martin,2009-02-08 'Bipolar Expeditions' is an ethnographic inquiry into mania and depression in their American cultural and historical contexts. The text explores the complex darkness and stigma associated with those deemed 'mad.'

The Bipolar Book Aysegül Yildiz,Pedro Ruiz,Charles B. Nemeroff,2015 The Bipolar Book covers not only clinical and pathophysiological matters, but also technical aspects of the evidence accumulation for treatment of bipolar disorder.

The Bipolar Expeditionist Keith Steadman,2008-02 The Bipolar Expeditionist describes what it is like to experience every level of mania right up to the fully blown stage, as well as the depressing stagnating flipside. Far less stigma and taboo are attached to illnesses of the mind these days, but that's still not good enough, so these issues are also addressed. This book enables readers of any level, age or race to comprehend an often tricky subject in a way that isn't too heavy and overpowering, but with just enough mental glue to stick. The Bipolar Expeditionist is not only a true story, it is an inspirational tool that can be used by caregivers, sufferers and medical professionals for many years to come. Optimism oozes out of the pages, telling the bipolar beholder or their loved ones that all is never lost. By the time The Bipolar Expeditionist has been read you will realise exactly why you will never be left alone, and that despite the agonizing slog you will always past the test, and then go on to enjoy a fulfilling and creative life, just as God intended.

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Table of Contents Bipolar Express

1. Understanding the eBook Bipolar Express
 - The Rise of Digital Reading Bipolar Express
 - Advantages of eBooks Over Traditional Books
2. Identifying Bipolar Express
 - Exploring Different Genres
3. Choosing the Right eBook Platform
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
 - Popular eBook Platforms
 - Features to Look for in an Bipolar Express
 - User-Friendly Interface
4. Exploring eBook Recommendations from Bipolar Express

- Personalized Recommendations
- Bipolar Express User Reviews and Ratings
- Bipolar Express and Bestseller Lists
- 5. Accessing Bipolar Express Free and Paid eBooks
 - Bipolar Express Public Domain eBooks
 - Bipolar Express eBook Subscription Services
 - Bipolar Express Budget-Friendly Options
- 6. Navigating Bipolar Express eBook Formats
 - ePub, PDF, MOBI, and More
 - Bipolar Express Compatibility with Devices
 - Bipolar Express Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Bipolar Express
 - Highlighting and Note-Taking Bipolar Express
 - Interactive Elements Bipolar Express
- 8. Staying Engaged with Bipolar Express
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Bipolar Express
- 9. Balancing eBooks and Physical Books Bipolar Express
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Bipolar Express
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Bipolar Express
 - Setting Reading Goals Bipolar Express
 - Carving Out Dedicated Reading Time

- 12. Sourcing Reliable Information of Bipolar Express
 - Fact-Checking eBook Content of Bipolar Express
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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