

Antenatal Training 101

Jill Hoefs, MPT, Denise Jagroo, DPT, MTC, WCS

Antenatal Group Skills Training Tricia Murphy-Black, Ann Faulkner, 1988

Birth Emergency Skills Training Bonnie

Gruenberg, 2008-07-01 Midwives attending childbirth in homes and birth centers seldom encounter emergencies, but when crisis occurs, lives hang in the balance! It is difficult to remain proficient in skills so seldom practiced, yet pregnant women rely on the expertise of the provider in an emergency. Birth Emergency Skills Training: Manual for Out-of-Hospital Midwives is the interface between the world of midwifery and the world of medicine. It carries the reader from the initial steps of intervention through definitive care, balancing a friendly tone and visual appeal with authoritative and clinically useful information. It is loaded with mnemonics and other memory aids, and is richly illustrated with the author's artful drawings and photography.

Exercising Through Your Pregnancy James F. Clapp,

III, Catherine Cram, 2012 Explains the effects of regular exercise on all phases of pregnancy and offers guidelines for developing an exercise program.

Midwifery Practice Jo Alexander, Valerie Levy, Carolyn

Roth, 1999-11-11 The latest volume in this series revisits topics particularly pertinent to the postnatal period. It makes a timely contribution to the literature in the context of recent developments in the organisation of midwifery care, the emphasis on woman-centred care and empowerment, and the reclaiming by midwives of the normal birth and puerperium.

Leading Antenatal Classes Judy Priest, Judith Schott, 1991 A

stimulating book, full of practical ideas and straightforward advice showing health professionals how to plan, organise, run and evaluate antenatal classes. The underlying theme in the book is on working with a group of people, discovering their needs, interests, concerns and aspirations, rather than lecturing at them. It is about how to teach effectively, not what to teach. It demonstrates the

importance of understanding how adults learn, regularly assessing ones own goals and of planning sessions that will keep parents (and teachers) awake, involved and more satisfied with the whole experience of antenatal education.

Pregnancy Day By Day Maggie Blott,2009-08-17 The complete guide to pregnancy, day-by-day No other pregnancy book provides this level of detail, allied with such extraordinary photographs, 3D scans and illustrations which reveal in unprecedented clarity exactly what is happening to you and your baby every single day. From early fetal development to how your hormones prepare you for birth, learn from world-class experts. Plus, obstetricians, midwives and parents advise on your baby's development, medical matters, your changing body, diet, fitness and much more. A special hour-by-hour rundown of what to expect during and immediately after birth, plus further reassurance for the first two weeks of your baby's life, will give a helping hand through the culmination of your pregnancy, from pain relief to those first intimate and unique moments between you and your child.

First-Time Parents (6 In 1) Sarah Benson,Sophie Banks,Beatrice Torres,Willard Shaw,Aimee Long,Wendy Cole,2016-06-06 First-Time Parents Box Set (6 in 1): All the Steps of Pregnancy and Parenting Get SIX books for up to 60% off the price! With this bundle, you'll receive: First-Time Mom Guide First-Time Mom Handbook A Book for Expectant Mothers A Fun Guide for First Time Dads Potty Training 101 Let's Get This Potty Started! In First-Time Mom Guide, you'll get a helper with tips and secrets on pregnancy, childbirth and the newborn In First-Time Mom Handbook, you'll learn all the steps from being pregnant, getting ready and embracing motherhood In A Book for Expectant Mothers, you'll learn what to expect and a guide to baby names In A Fun Guide for First Time Dads, you'll learn about the unspoken steps in caring for wife and baby In Potty Training 101, you'll get a fun, stress-free, and comprehensive guide to potty training your

child in a few days In *Let's Get This Potty Started!*, you'll get the busy parents guide to potty training Buy all six books today at up to 60% off the cover price!

Dad's Guide to Pregnancy For Dummies Stefan Korn, Scott Lancaster, Eric Mooij, 2011-12-19 A practical, hands-on guide for all dads-to-be Being a dad has changed so much since you were born that you'd be forgiven for feeling a bit lost! This useful guide is filled with all the info that fathers-to-be need, covering the logistical, physical and emotional aspects of your journey into parenthood. Find out how you can get involved and support your partner! Get to grips with Pregnancy 101 — understand how your baby develops Plan for your baby's homecoming — discover the essential gear you need to buy (you need more than you think!) Choose the right carer — decide on the best person to get you and your partner through the pregnancy and birth Prepare for the big event — learn how to be a great birth partner and help your partner through labour Keep your baby safe and sound — discover how to care for a newborn Find support for yourself — work out who you can turn to for help Open the book and find: What to do when conception doesn't happen How to play an involved and active part in your partner's pregnancy Secrets for keeping your pregnant partner happy and healthy Information on your role during labour Advice on bringing your newborn home Lists of essential gadgets for babies (and dads)

The Traditional Birth Attendant in Maternal and Child Health and Family Planning Maria de Lourdes Verderese, Lily M. Turnbull, 1975

Teenage Pregnancy and Young Parenthood Alison Hadley, 2017-12-01 Teenage Pregnancy and Young Parenthood provides a comprehensive, unparalleled insight into the UK Government's highly successful Teenage Pregnancy Strategy (TPS) for England which reduced the under-18 pregnancy rate by well over 50%, and considers how the lessons from this policy can be applied internationally. This important book captures and shares

the lessons from the TPS for future governments and policy makers, and documents the details of implementing a long-term strategy with its innovative approach to policy issues. After providing the rationale for prioritising teenage pregnancy, the book demonstrates evidence for what is effective, both in helping young people avoid unplanned pregnancy and in improving outcomes for young parents. The TPS is analysed against the World Health Organisation's key actions for effective scale-up of adolescent sexual and reproductive health programmes, to offer an important contribution to international understanding of this global public health challenge. Advocating a 'whole systems' multi-agency approach this book translates evidence into clear action, and combines theory and practice with illustrative case studies to demonstrate how to implement policy successfully. It is valuable reading for policy makers and practitioners dealing with young people's health, as well as undergraduate and postgraduate students in the fields of psychology, health studies, social work, youth work, education, social policy, sociology and related disciplines.

I'm Expecting a Baby Jackie Kietz, 2017-02 'I'm Expecting a Baby' has been written for pregnant women and their birth partners and gives a detailed overview of your choices and options for labour and birth. Covering the start of labour right through to its beautiful end, and everything in between, it is a mini antenatal course in a book. As well as learning about labour and birth, informed decision making and the options available to you, you can also discover the benefits of hypnobirthing, with a specific section for the birth partner. The book includes scripts and 5 MP3 downloads for relaxation, including one for the birth partner. 'I'm Expecting a Baby' aims to help parents feel prepared and informed for the amazing event of the birth of their baby and offers a wealth of practical tools and techniques to use on the day. The book is a simple and easy-to-read companion. It is a starting point for your thinking about what you might like for your birth and it can also

act as a recap of any antenatal course you may have completed. You can use this book as a quick reference guide and a reminder of your options.

Baby-friendly Hospital Initiative training course for maternity staff ,2020-07-31

Domestic Violence and Maternal and Child Health Stephen J. Morewitz,2004-06-17 -Very timely issue right now. Topic is receiving media and popular attention -Maternal and Child Health is a specific area of study in Public Health -Author is entrepreneurial and well-established.

Fanaroff and Martin's Neonatal-Perinatal Medicine E-Book Richard J. Martin,Avroy A. Fanaroff,2024-01-30 A must-have reference for both general physicians and advanced practice providers, Fanaroff and Martin's Neonatal-Perinatal Medicine: Diseases of the Fetus and Infant provides trusted, time-tested guidance on the management and evidence-based treatment of problems in the mother, fetus, and neonate. The fully revised 12th Edition is an ideal resource for every stage of practice and remains the most comprehensive, multidisciplinary text in the field. Drs. Richard J. Martin and Avroy A. Fanaroff from Rainbow Babies and Children's Hospital bring you up to date with everything from diagnosis and treatment selection through post-treatment strategies and management of complications—all with a dual focus on neonatology and perinatology, and all designed to help you improve the quality of life and long-term outcomes of your patients. Provides up-to-date, evidence-based content throughout, including state-of-the-art coverage of personalized medicine and genetics. Contains new chapters on Big Data for the Smallest Patients: What we can learn from neonatal database research; Role of Umbilical Cord Management in Neonatal Resuscitation; Care of Periviable Micropremies: the Japanese perspective; Longer Term Respiratory Outcomes of Prematurity; and Perinatal Palliative Care. Features extensive updates throughout, including blood and the hematopoietic system; social and economic contributors to

neonatal outcome; fetal growth restriction; diagnostic imaging of the neonate; anesthesia in the neonate; postnatal bacterial infections; neonatal management of congenital heart disease; and retinopathy of prematurity. Includes over 600 detailed, full-color illustrations that depict disorders in the clinical setting and explain complex information. Provides indexing in both volumes that provides quick access to specific guidance. Offers a global perspective with an expanded number of international contributors. An ideal resource for clinical practice as well as recommended reading for neonatology board review or maintenance of certification. Any additional digital ancillary content may publish up to 6 weeks following the publication date.

Antenatal Education Margaret Williams,Dorothy Booth
(S.R.N.),1974

Maternity and Child Welfare ,1920

Fertility, Pregnancy, and Wellness Diana Vaamonde,Anthony C. Hackney,Juan Manuel Garcia-Manso,2022-02-09 Fertility, Pregnancy, and Wellness is designed to bridge science and a more holistic approach to health and wellness, in particular, dealing with female-male fertility and the gestational process. Couples seeking to solve fertility issues for different reasons, whether failed assisted reproductive techniques or the emotional impact they entail, economic or moral reasons, are demanding more natural ways of improving fertility. This book explores the shift in paradigm from just using medications which, in the reproductive field, can be very expensive and not accessible to the entire population, to using lifestyle modifications and emotional support as adjunctive medicine therapies. This must-have reference brings together the current knowledge – highlighting the gaps – and delivers an important resource for various specialists and practitioners. Offers insights from scientific and holistic methods, providing the available scientific evidence for (or against) different holistic approaches, aimed at improving fertility, health and wellness Bridges the more ‘peripheral’, yet critical and

multidisciplinary, considerations in fertility, infertility, pregnancy and wellness Includes clear, concise and meaningful summary conclusion sections within each chapter

Resources in Education ,1977-10

Doula Manual Amy Kirbow,2015-03-07 This doula manual is for those interested in maternal and child health. The training provided by gomidwife is for those interested in doula work, midwifery, pregnancy, and labor and birth. Our training is for those in both the developing world and the developed world. This book is a course text for both the online and in-person doula course. More information about how to use this book can be found on our website at gomidwife.com

Your Best Pregnancy Jill Hoefs, MPT,Denise Jagroo, DPT, MTC, WCS,2014-10-23 Have a safe, healthy, and comfortable pregnancy. Written by two physical therapists with over twenty years of combined experience helping women ease sore feet, aching backs, incessant peeing, and many other uncomfortable conditions, *Your Best Pregnancy* provides simple solutions and easy exercises to help women feel their best from head to toe. Through detailed photographs, illustrations, and down-to-earth advice that is both medically substantiated as well as easy to understand, you will learn how to: Treat the most uncomfortable symptoms during pregnancy, such as back and shoulder pain, bladder issues, night cramps, sciatica, swelling, and varicose veins. Maintain a healthy pregnancy, even while on bed rest. Correctly strengthen the pelvic floor and core to prevent diastasis recti. Nurse, lift, and care for a baby (or babies) using proper body mechanics to avoid strain and injury. *Your Best Pregnancy* is fun, interesting, and supportive. It feels like sitting down with a knowledgeable and trusted friend to talk about all the challenging and usually-not-discussed issues of pregnancy. We keep a copy at our practice to offer advice to patients. óMARC LEVIN, MD, FAMILY PHYSICIAN, MATERNITY CARE COORDINATOR, INSTITUTE FOR FAMILY HEALTH A must read if you're pregnant or just had a baby

and wonder why your body feels the way it does!... A perfect go-to book for every pregnant woman, whether it's your first or fourth pregnancy. óSTACEY J. FUTTERMAN, PT, MPT, WCS, BCB-PMD, OWNER OF 5 POINT PHYSICAL THERAPY PLLC IN NEW YORK CITY Your Best Pregnancy is like having two best friends on speed dial who just happen to also be physical therapists, and in Hoefs' case, an experienced mom. They give new and professional mothers the scoop on all things health, with an approachable helping of medical knowledge and a touch of sass. óLESLIE GOLDMAN, MPH, WOMEN'S HEALTH WRITER, LESLIEGOLDMANWRITES.COM

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