## **Antarctic Run 122**

R. D. E. MacPhee

The Coolest Race on Earth John Hanc, 2009 Chronicling the world's most difficult race through the eyes of one who ran it, this vivid and humorous memoir shares the adventures of inspiring contestants--including a wheelchair-bound runner and three record-breaking grandmothers--as they trek across the daunting terrain of extinct volcanoes, craggy mountain peaks, and the turbulent Drake passage.

Race for the South Pole Roland Huntford, 2010-09-30 In 1910 Robert Falcon Scott and Roald Amundsen set sail for Antarctica, each from his own starting point, and the epic race for the South Pole was on. For the first time Scott's unedited diaries run alongside those of both Amundsen and Olav Bjaaland, never before translated into English. Cutting through the welter of controversy to the events at the heart of the story, Huntford weaves the narrative from the protagonists' accounts of their own fate. What emerges is a whole new understanding of what really happened on the ice and the definitive account of the Race for the South Pole.

Race to the Bottom of the Earth Rebecca E. F. Barone, 2021-01-05 Equal parts adventure and STEM, Rebecca E. F. Barone's Race to the Bottom of the Earth: Surviving Antarctica is a thrilling nonfiction book for young readers chronicling two treacherous, groundbreaking expeditions to the South Pole—and includes eye-catching photos of the Antarctic landscape. Riveting! I raced to the end of this book! —Alan Gratz, New York Times bestselling author of Refugee In 1910, Captain Robert Scott prepared his crew for a trip that no one had ever completed: a journey to the South Pole. He vowed to get there any way he could, even if it meant looking death in the eye. Then, not long before he set out, another intrepid explorer, Roald

Amundsen, set his sights on the same goal. Suddenly two teams were vying to be the first to make history—what was to be an expedition had become a perilous race. In 2018, Captain Louis Rudd readied himself for a similarly grueling task: the first unaided, unsupported solo crossing of treacherous Antarctica. But little did he know that athlete Colin O'Brady was training for the same trek—and he was determined to beat Louis to the finish line. For fans of Michael Tougias' The Finest Hours, this gripping account of two history-making moments of exploration and competition is perfect for budding scientists, survivalists, and thrill seekers. A nail-biting tale of adventure, tragedy, and superhuman determination—and also a luminous example of how our present lives are shaped by our immeasurably deep connection to our past. —Elizabeth Wein, #1 New York Times bestselling author of Code Name Verity A huge treat for adventure story fans—not one, but two incredible races across the fearsome and fascinating Antarctic! —Steve Sheinkin, New York Times bestselling author of Bomb and Undefeated

The Race to the White Continent Alan Gurney, 2002

The Impossible First-Young Readers Edition Colin
O'Brady, 2020-11-17 In this Young Readers Edition of
Impossible First—perfect for fans of My Shot by Elena
Delle Donne and Shaken by Tim Tebow—Colin O'Brady
vividly recounts his fifty-four-day, unsupported, recordshattering solo crossing of Antarctica using every ounce of
his strength, years of training, and sheer force of will. Prior
to December 2018, no individual had ever crossed the
landmass of Antarctica alone, without support, and
completely human-powered. But Colin O'Brady was
determined to do just that—even though ten years earlier a
tragic accident raised doubts that he'd ever walk again
normally. O'Brady's quest drew him into a head-to-head

battle with British SAS Captain Louis Rudd—also striving to be "the first." Enduring Antarctica's sub-zero temperatures and pulling a sled that initially weighed 375 pounds in complete isolation and through a succession of whiteouts, storms, and a series of near disasters, O'Brady journeyed 932 miles to a world first. Honest, deeply moving, filled with moments of vulnerability—and set against the backdrop of some of the most extreme environments on earth, from Mount Everest to Antarctica—The Impossible First reveals how anyone can reject limits, overcome immense obstacles, and discover what matters most.

Amundsen and Scott's Race to the South Pole Liz Gogerly,2008 Describes the race between Norwegian explorer Roald Amundsen and Englishman Robert Scott to be the first to reach the South Pole, discussing their preparations for the journey, the journey itself, and the tragic end for one team.

The Ultimate Trail Running Handbook Claire Maxted, 2021-01-07 'Filled to the brim with advice, tips and inspiration to enable you to achieve your dreams over whatever distance you want your legs to carry you' Chrissie Wellington, OBE, four-time Ironman Triathlon World Champion From complete beginners to seasoned offroad runners, The Ultimate Trail Running Handbook has all the training and nutrition advice, skills, gear and motivation you need to become a fit and confident trail runner. There are training plans that take newcomers from 5k parkrun to first trail marathon, while for experienced runners there are sections on strength work, injury prevention and advanced training plans to boost performance up to 50k (30 miles). To keep you enjoying every step, you'll find advice on how to choose the right gear; over 20 easy, healthy recipes; inspiring stories from

real trail runners; and advice from top athletes and coaches. And if you want to explore new trails, you can use the navigation and route planning section to create your own exciting off-road adventure. If you're a trail runner or would like to become one, this book is your new best friend.

Race to the End R. D. E. MacPhee,2011-09 The true story of the race to the South Pole, 'Race to the End' recalls Scott and Amundsen's pioneering treks through the Earth's harshest and most unforgiving terrain.

Who Reached the South Pole First? Sheila Griffin Llanas, 2011 Follows the stories of Roald Amundsen and Robert Falcon Scott, as they race across Antarctica toward the South Pole--Provided by publisher.

Amundsen's Way Joanna Grochowicz, 2019-05-06 But how will history view Roald Amundsen? he wonders to himself. Will I be remembered for my dedication, my discipline, my daring deeds? Or only for my deception? Roald Amundsen - hero or villain? Amundsen's South Polar conquest is an extraordinary tale that combines risk, intrigue and personal conflict. A man of striking intelligence and a single-minded thirst for world records. Amundsen's astute planning and shrewd strategy propelled him into first place. Such a man, with everything to lose, will stop at nothing to secure his goal. His story is a testament to utter brilliance and ruthlessness. From the author of the highly acclaimed Into the White, and full of life-threatening challenges, deception, disappointments and triumph, Amundsen's Way is an adventure story in the purest sense.

The Deadly Race to the South Pole John Micklos Jr,2022 In 1910, Sir Robert Falcon Scott led a team of Englishmen racing to be the first people to reach the South Pole. Amidst frigid temperatures and raging winds, Scott

and four others made it to the pole only to find that another team had gotten there first. Low on morale and facing ever-plunging temperatures, the trek home would prove a harrowing task. Find out if Scott and his men ever made it back home from their frigid adventure.

Race to the End R. D. E. MacPhee,2010 Focuses on expedition leaders, Scott and Amundsen, as well as revealing other members and their motivations.

Race to the Pole James Cracknell, Ben Fogle, 2009 A very British adventure: the first race to the South Pole since Scott and Amundsen, 100 years agoNew Year's Day, 2009. Somewhere on the bottom of the world, six teams of adventurers and explorers have gathered to race one another, on foot, to the South Pole. It is the first time that anyone has undertaken such a race in almost a hundred years; the first time since the great Norwegian, Roald Amundsen, beat Captain Scott to the same goal in 1911. The stakes are high, as double-Olympic Gold-winning medallist James Cracknell and TV presenter and adventurer Ben Fogle must contend with hidden crevasses, frostbite and the favourites to win: a team of teak-hard former soldiers from Norway, trained in Arctic warfare. Temperatures as low as minus 45 degrees Celsius lie in store for the teams as they attempt to ski across 800 kilometres of unforgiving, icy wilderness, pulling behind them sledges laden with equipment, tents and food. Race to the Pole is a rip-roaring 'boy's own' adventure packed with excitement, humour and even a few tears. But with just a few months to learn to cross-country ski before the start, and with national pride at stake, can Ben and James re-write history and beat the Norwegians?

Race to the South Pole Roald Amundsen, 2007 Part historical essay, part scientific article, and part enthralling diary-Roald Amundsen's (1872-1928) book presents

intriguing documentation about how his expedition reached the South Pole on December 14, 1911, just one month ahead of his rival, Robert Scott. Amundsen organized his gripping account using what is referred to in the film industry as the zooming technique. It starts in the past, examining the history of Antarctic exploration in different eras, and then moves ahead to describe how his own expedition was created, its organization, the slow stages involved in preparing for departure and, finally, the heart-stopping excitement of the race to the South Pole. Supplementing the vivid first-person text are black-and-white archival photographs illustrating the actual expedition, and color photographs depicting the landscape of Antarctica.

**Scott and Amundsen** Roland Huntford,1983 **Antarctica Marathon** Kate Mikoley,2020-07-15 Even in the most ideal conditions, running 26.2 miles is tough. Some of the most daring runners choose to take on an even bigger challenge, which is running this distance in a marathon on the coldest and driest continent. Readers will learn what it's like to race in the Antarctica Marathon, from the bitter-cold temperatures to the often muddy, icy, and snowy course. Eye-catching photographs give readers a glimpse of some of the beautiful sights race participants

Antarctic Journal of the United States ,1994
The Last Place on Earth Roland Huntford,2007-12-18
International Law and the Arctic Michael

Byers, James Baker, 2013-08 Sets out the international law relevant to the Arctic, from indigenous peoples to environmental protection to oil and gas exploration.

get to see during this race of a lifetime.

Race to the Pole Ranulph Fiennes, 2005-11-16 Now in paperback, the real story of Captain Robert Scott's legendary Antarctic quest, told by the man whom the

Guinness Book of World Records has proclaimed the world's greatest living explorer In 1911, Captain Robert Scott and his competitor Roald Amundsen conquered the unconquerable: Antarctica. This perilous race to the South Pole claimed the life of Scott and became the stuff of legend, as well as scrutiny. This compelling, meticulously researched history of Captain Scott and his fatal journey, by renowned modern-day explorer Sir Ranulph Fiennes, holder of 10 expeditionary records, is the definitive account of this hotly debated quest. Fiennes offers an account of Scott's motivations and aspirations for the Pole, and his historic clash with Amundsen over goals and approaches. He also reveals the unpredictably disastrous weather patterns that led to the extreme cold that ultimately doomed Scott's return trip. Infused with the intensity of fiction and exhibiting an exhaustive eye for detail found in the greatest historical biographies, Race to the Pole is a prodigious achievement and certain to become a classic in the literature of exploration.

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