

Addiction

Don Ross

Principles of Addiction ,2013-05-17 Principles of Addiction provides a solid understanding of the definitional and diagnostic differences between use, abuse, and disorder. It describes in great detail the characteristics of these syndromes and various etiological models. The book's three main sections examine the nature of addiction, including epidemiology, symptoms, and course; alcohol and drug use among adolescents and college students; and detailed descriptions of a wide variety of addictive behaviors and disorders, encompassing not only drugs and alcohol, but caffeine, food, gambling, exercise, sex, work, social networking, and many other areas. This volume is especially important in providing a basic introduction to the field as well as an in-depth review of our current understanding of the nature and process of addictive behaviors. Principles of Addiction is one of three volumes comprising the 2,500-page series, Comprehensive Addictive Behaviors and Disorders. This series provides the most complete collection of current knowledge on addictive behaviors and disorders to date. In short, it is the definitive reference work on addictions. Each article provides glossary, full references, suggested readings, and a list of web resources Edited and authored by the leaders in the field around the globe – the broadest, most expert coverage available Encompasses types of addiction, as well as personality and environmental influences on addiction

Learning the Language of Addiction Counseling Geri Miller,2014-09-09 FULLY REVISED, COMPREHENSIVE, AND PRACTICAL Learning the Language of Addiction Counseling, Fourth Edition introduces counselors, social workers, and students to the field of addiction counseling and helps them acquire the knowledge and develop the skills needed to counsel individuals who are caught in the destructive cycle of addiction. Drawing from her years of experience working in the addiction-counseling field, Geri Miller provides an engaging, balanced overview of the major theoretical foundations and clinical best practices in the field. Fully updated, the Fourth Edition offers a positive, practice-oriented counseling framework and features: A research-based, clinical application approach to addiction counseling that practitioners can turn to for fundamental, practical, clinical guidelines Revised chapters that reflect important changes in research and practice, including new DSM-5 criteria, new assessment instruments, and new and expanded treatments Case studies, interactive exercises, end-of-chapter questions, and other resources that facilitate the integration of knowledge into practice "Personal Reflections" sections at the beginning of each chapter provide an invaluable, unique perspective on the author's evolving views of addiction counseling Updated and expanded online Instructor's Manual that includes brief video clips, PowerPoint® slides, test bank questions for each chapter, and sample syllabi From assessment and diagnosis of addiction to preparing for certification and licensure as an addiction professional, this comprehensive book covers all of the essentials.

Beyond Addiction Jeffrey Foote,Carrie Wilkens,Nicole Kosanke,Stephanie Higgs,2014-02-18 Leading innovators in progressive addiction treatment outline a science-based program for overcoming addiction-related problems, demonstrating how to effectively use positive reinforcement and motivational and behavioral strategies. (Self-Help)

What Is Addiction? Don Ross,2010 The image of the addict in popular culture combines victimhood and moral failure; we sympathize with addicts in films

and novels because of their suffering and their hard-won knowledge. And yet actual scientific knowledge about addiction tends to undermine this cultural construct. In *What Is Addiction?* leading addiction researchers from neuroscience, psychology, genetics, philosophy, economics, and other fields survey the latest findings in addiction science. They discuss such questions as whether addiction is one kind of condition, or several; if addiction is neurophysiological, psychological, or social, or incorporates aspects of all of these; to what extent addicts are responsible for their problems, and how this affects health and regulatory policies; and whether addiction is determined by inheritance or environment or both. --Book Jacket.

Pathways of Addiction Institute of Medicine, Committee on Opportunities in Drug Abuse Research, 1996-11-01 Drug abuse persists as one of the most costly and contentious problems on the nation's agenda. *Pathways of Addiction* meets the need for a clear and thoughtful national research agenda that will yield the greatest benefit from today's limited resources. The committee makes its recommendations within the public health framework and incorporates diverse fields of inquiry and a range of policy positions. It examines both the demand and supply aspects of drug abuse. *Pathways of Addiction* offers a fact-filled, highly readable examination of drug abuse issues in the United States, describing findings and outlining research needs in the areas of behavioral and neurobiological foundations of drug abuse. The book covers the epidemiology and etiology of drug abuse and discusses several of its most troubling health and social consequences, including HIV, violence, and harm to children. *Pathways of Addiction* looks at the efficacy of different prevention interventions and the many advances that have been made in treatment research in the past 20 years. The book also examines drug treatment in the criminal justice setting and the effectiveness of drug treatment under managed care. The committee advocates systematic study of the laws by which the nation attempts to control drug use and identifies the research questions most germane to public policy. *Pathways of Addiction* provides a strategic outline for wise investment of the nation's research resources in drug abuse. This comprehensive and accessible volume will have widespread relevance—to policymakers, researchers, research administrators, foundation decisionmakers, healthcare professionals, faculty and students, and concerned individuals.

Addiction Essentials: The Go-To Guide for Clinicians and Patients (Go-To Guides for Mental Health) Carlton K. Erickson, 2011-07-11 An up-to-date guide to the causes, diagnosis, and treatment of addictions. Whether it's to caffeine, nicotine, or alcohol, many of us suffer from at least one addiction. Carlton K. Erickson presents a comprehensive overview of the various types of addictions—covering both substance and nonsubstance addictions such as gambling, Internet use, and video games—and their diagnosis and treatment. This book sheds light upon the biological and environmental factors that cause addiction, reviews the various types of substance and nonsubstance addictions, and offers clinicians and patients hope for recovery. Erickson examines alcohol, drugs that speed us up, drugs that slow us down, and how to recognize addictive behavior—such as exercise and videogame addiction—which may be less obvious. Other topics covered include alcohol and other drug pharmacology, neurophysiology of brain pathways, alcohol and drug interactions, adolescent drug use, drug use differences by gender and culture, and visual signs of drug use. Erickson

presents various therapeutic methods for addressing addiction, including pharmacological interventions, individual or group therapy, twelve-step programs, and therapy involving family members. Finally, he reflects on the involvement of family and the risks and consequences of relapse. Written by one of the country's leading addiction specialists, this accessible, comprehensive book, is a go-to reference for your questions about addiction, and a friendly introduction to the diagnosis and treatment options.

The Heart of Addiction Mark E. Shaw,2008-09-01 Substance abusers, addicts with a physical dependency, and those who cannot stop some type of pleasurable activity can gain insights and practical help from the hopeful message from the Bible regarding addictive thoughts and behavior.

Thinking Simply About Addiction Richard Sandor,2009-03-05 A profound yet practical guide to understanding addiction and recovery from an authority on the subject. No social problem today causes greater confusion than addiction. Whatever form it takes – alcohol, heroin, cocaine, nicotine, etc. – it tears apart homes and relationships, destroys careers and futures, and leaves loved ones asking: Why couldn't he stop once and for all? Or get better? Or control himself? Despite everything that's been said and written, many people remain deeply confounded about these problems. The addiction-treatment field itself is in a state of civil war because there is no consensus on what addiction is, much less what to do about it. Based on years of hard-won experience by a preeminent specialist in addictive behavior, *Thinking Simply About Addiction* explains the core truth of addiction: It is not a neurosis, a physical malady, a behavioral choice, or, in the narrowest sense, a moral failure. It is an automatism – an involuntary, non-stoppable behavior that once triggered leaves the addict powerless. It is a human problem and a part of human nature. As such, it is something that we all experience. In four to-the-point chapters, *Thinking Simply About Addiction* rises above the noise level and provides real-world help and new ways of thinking for addicts and those who care for them. Its insights are so profoundly clear and sensible that many readers will be able to say: Finally, someone gets it.

Breaking Addiction Lance Dodes,2011-03-01 “Dr. Dodes’s approach runs directly counter to the paralyzing, but standard, message of ‘powerlessness’—a message that reinforces the sense of helplessness that is at the root of addicts’ life predicaments! Many psychiatrists recognize that this is where we must head, but Dr. Dodes is one with the guts to shine a beacon in the right direction.” —Stanton Peele, PhD, author of *7 Tools to Beat Addiction* and *The Life Process Program of Treatment* The follow-up to his groundbreaking volume *The Heart of Addiction*, Dr. Lance Dodes’s *Breaking Addiction* is a step-by-step guide to beating addiction of any kind—from drugs and gambling to alcoholism, overeating, and sex addiction. By recognizing and understanding the emotional forces underlying addictive behaviors, Dr. Dodes says any dangerous, life-destroying obsession can be overcome. Including special bonus sections for both families and health-care professionals, *Breaking Addiction* is the new handbook for those suffering from addiction—a valuable resource that addresses addiction’s root causes and serves as an alternative to Alcoholics Anonymous and similar recovery programs.

The Spectrum of Addiction Laura J. Veach,Regina R. Moro,2017-10-20 Reflecting the latest content in the DSM-5, *The Spectrum of Addiction: Evidence-Based Assessment, Prevention, and Treatment Across the Lifespan* presents a comprehensive overview of addictive behaviors and habits from

early use through risky use, severe-risk use, and addiction. Authors Laura Veach and Regina Moro draw from their experience in both teaching and counseling to provide real-world knowledge and evidence-based practices for working with clients who fall within the spectrum of addiction ranging from experimentation to physical addiction and recovery. With a unique focus on neuroscience, integration of CACREP standards, and extensive coverage of addictions across the lifespan, the book serves as a practical resource for future addiction counselors.

The Urge Carl Erik Fisher, 2022-01-25 Named a Best Book of the Year by The New Yorker and The Boston Globe An authoritative, illuminating, and deeply humane history of addiction—a phenomenon that remains baffling and deeply misunderstood despite having touched countless lives—by an addiction psychiatrist striving to understand his own family and himself “Carl Erik Fisher’s *The Urge* is the best-written and most incisive book I’ve read on the history of addiction. In the midst of an overdose crisis that grows worse by the hour and has vexed America for centuries, Fisher has given us the best prescription of all: understanding. He seamlessly blends a gripping historical narrative with memoir that doesn’t self-aggrandize; the result is a full-throated argument against blaming people with substance use disorder. *The Urge* is a propulsive tour de force that is as healing as it is enjoyable to read.” —Beth Macy, author of *Dopesick* Even after a decades-long opioid overdose crisis, intense controversy still rages over the fundamental nature of addiction and the best way to treat it. With uncommon empathy and erudition, Carl Erik Fisher draws on his own experience as a clinician, researcher, and alcoholic in recovery as he traces the history of a phenomenon that, centuries on, we hardly appear closer to understanding—let alone addressing effectively. As a psychiatrist-in-training fresh from medical school, Fisher was soon face-to-face with his own addiction crisis, one that nearly cost him everything. Desperate to make sense of the condition that had plagued his family for generations, he turned to the history of addiction, learning that the current quagmire is only the latest iteration of a centuries-old story: humans have struggled to define, treat, and control addictive behavior for most of recorded history, including well before the advent of modern science and medicine. A rich, sweeping account that probes not only medicine and science but also literature, religion, philosophy, and public policy, *The Urge* illuminates the extent to which the story of addiction has persistently reflected broader questions of what it means to be human and care for one another. Fisher introduces us to the people who have endeavored to address this complex condition through the ages: physicians and politicians, activists and artists, researchers and writers, and of course the legions of people who have struggled with their own addictions. He also examines the treatments and strategies that have produced hope and relief for many people with addiction, himself included. Only by reckoning with our history of addiction, he argues—our successes and our failures—can we light the way forward for those whose lives remain threatened by its hold. *The Urge* is at once an eye-opening history of ideas, a riveting personal story of addiction and recovery, and a clinician’s urgent call for a more expansive, nuanced, and compassionate view of one of society’s most intractable challenges.

Broken William Cope Moyers, Katherine Ketcham, 2007-08-28 Candid, shocking, and unforgettable, *Broken* is a haunting and clear-eyed tale that offers hope

for all those wrestling with addiction Unlike some popular memoirs that have fictionalized and romanticized the degradations of drug addiction, *Broken* is a true-life tale of recovery that stuns and inspires with virtually every page. The eldest son of journalist Bill Moyers, William Cope Moyers relates with unforgettable clarity the story of how a young man with every advantage found himself spiraling into a love affair with crack cocaine that led him to the brink of death-and how a deep spirituality allowed him to conquer his shame, transform his life, and dedicate himself to changing America's politics of addiction. William Cope Moyers's lucid, measured tale of his own plunge into crack-addled hell [is] frightening in its very realism. -USA Today

Coming Clean Robert Granfield, William Cloud, 1999-11-01 Untold stories of people with substance addictions who have recovered without formal treatment Despite the widely accepted view that formal treatment and twelve-step groups are essential for overcoming dependencies on alcohol and drugs, each year large numbers of former addicts quietly recover on their own, without any formal treatment or participation in self-help groups at all. *Coming Clean* explores the untold stories of untreated addicts who have recovered from a lifestyle of excessive and compulsive substance use without professional assistance. Based on 46 in-depth interviews with formerly addicted individuals, this controversial volume examines their reasons for avoiding treatment, the strategies they employed to break away from their dependencies, the circumstances that facilitated untreated recovery, and the implications of recovery without treatment for treatment professionals as well as for prevention and drug policy. Because of the pervasive belief that addiction is a disease requiring formal intervention, few training programs for physicians, social workers, psychologists, and other health professionals explore the phenomenon of natural recovery from addiction. *Coming Clean* offers insights for treatment professionals of how recovery without treatment can work and how candidates for this approach can be identified. A detailed appendix outlines specific strategies which will be of interest to addicted individuals themselves who wish to attempt the process of recovery without treatment.

Free from Addiction Morteza Khaleghi, PhD, Constance Loizos, 2008-09-30 Offering a radical new approach to the treatment of addiction, a clinical psychologist argues that the majority of drug and alcohol dependence is driven by emotional trauma and presents a bold new program that treats the body for chemical dependence while ministering to the emotional challenges that prevent healing and can trigger relapses. Original. 50,000 first printing.

Addiction in America: Society, Psychology, and Heredity Ida Walker, 2014-09-02 Almost 40 percent of people living in the United States have an addiction to alcohol, drugs, or some form of tobacco. These addictions cost Americans hundreds of billions of dollars every year. Clearly, addiction is an enormous problem. *Addiction in America: Society, Psychology, and Heredity* takes a look at what leads people to a life of addiction—the social, psychological, and hereditary factors that might make an individual susceptible to addiction. This book provides you with an overview of one of the most serious problems facing American society today.

The Science of Addiction: From Neurobiology to Treatment Carlton K. Erickson, 2007-02-17 Runner-up winner of the Hamilton Book Author Award, this

book is a comprehensive overview of the neurobiology behind addictions. Neuroscience is clarifying the causes of compulsive alcohol and drug use—while also shedding light on what addiction is, what it is not, and how it can best be treated—in exciting and innovative ways. Current neurobiological research complements and enhances the approaches to addiction traditionally taken in social work and psychology. However, this important research is generally not presented in a forthright, jargon-free way that clearly illustrates its relevance to addiction professionals. The Science of Addiction presents a comprehensive overview of the roles that brain function and genetics play in addiction. It explains in an easy-to-understand way changes in the terminology and characterization of addiction that are emerging based upon new neurobiological research. The author goes on to describe the neuroanatomy and function of brain reward sites, and the genetics of alcohol and other drug dependence. Chapters on the basic pharmacology of stimulants and depressants, alcohol, and other drugs illustrate the specific and unique ways in which the brain and the central nervous system interact with, and are affected by, each of these substances. Erickson discusses current and emerging treatments for chemical dependence, and how neuroscience helps us understand the way they work. The intent is to encourage an understanding of the body-mind connection. The busy clinical practitioner will find the chapter on how to read and interpret new research findings on the neurobiological basis of addiction useful and illuminating. This book will help the almost 21.6 million Americans, and millions more worldwide, who abuse or are dependent on drugs by teaching their caregivers (or them) about the latest addiction science research. It is also intended to help addiction professionals understand the foundations and applications of neuroscience, so that they will be able to better empathize with their patients and apply the science to principles of treatment.

Interventions for Addiction ,2013-05-20 Interventions for Addiction examines a wide range of responses to addictive behaviors, including psychosocial treatments, pharmacological treatments, provision of health care to addicted individuals, prevention, and public policy issues. Its focus is on the practical application of information covered in the two previous volumes of the series, Comprehensive Addictive Behaviors and Disorders. Readers will find information on treatments beyond commonly used methods, including Internet-based and faith-based therapies, and criminal justice interventions. The volume features extensive coverage of pharmacotherapies for each of the major drugs of abuse—including disulfiram, buprenorphine, naltrexone, and others—as well as for behavioral addictions. In considering public policy, the book examines legislative efforts, price controls, and limits on advertising, as well as World Health Organization (WHO) efforts. Interventions for Addiction is one of three volumes comprising the 2,500-page series, Comprehensive Addictive Behaviors and Disorders. This series provides the most complete collection of current knowledge on addictive behaviors and disorders to date. In short, it is the definitive reference work on addictions. Includes descriptions of both psychosocial and pharmacological treatments. Addresses health services research on attempts to increase the use of evidence-based treatments in routine clinical practice. Covers attempts to slow the progress of addictions through prevention programs and changes in public policy.

Drugs, Addiction, and the Brain George F. Koob, Michael A. Arends, Michel Le

Moal,2014-07-12 **Drugs, Addiction, and the Brain** explores the molecular, cellular, and neurocircuitry systems in the brain that are responsible for drug addiction. Common neurobiological elements are emphasized that provide novel insights into how the brain mediates the acute rewarding effects of drugs of abuse and how it changes during the transition from initial drug use to compulsive drug use and addiction. The book provides a detailed overview of the pathophysiology of the disease. The information provided will be useful for neuroscientists in the field of addiction, drug abuse treatment providers, and undergraduate and postgraduate students who are interested in learning the diverse effects of drugs of abuse on the brain. Full-color circuitry diagrams of brain regions implicated in each stage of the addiction cycle Actual data figures from original sources illustrating key concepts and findings Introduction to basic neuropharmacology terms and concepts Introduction to numerous animal models used to study diverse aspects of drug use. Thorough review of extant work on the neurobiology of addiction

Free Refills Peter Grinspoon,2016-02-16 **Free Refills** is the harrowing tale of a Harvard-trained medical doctor run horribly amok through his addiction to prescription medication, and his recovery. Dr. Peter Grinspoon seemed to be a total success: a Harvard-educated M.D. with a thriving practice; married with two great kids and a gorgeous wife; a pillar of his community. But lurking beneath the thin veneer of having it all was an addict fueled on a daily boatload of prescription meds. When the police finally came calling--after a tip from a sharp-eyed pharmacist--Grinspoon's house of cards came tumbling down fast. His professional ego turned out to be an impediment to getting clean as he cycled through recovery to relapse, his reputation, family life, and lifestyle in ruins. What finally moves him to recover and reclaim life--including working with other physicians who themselves are addicts--makes for inspiring reading.

Addictions Counseling Today Kevin G. Alderson,2019-11-14 Focusing on the new DSM-V classifications for addiction with an emphasis on CACREP, neuroscience, and treatment, this provocative, contemporary text is an essential reference for both students and practitioners wanting to gain a deeper understanding of those with addiction.

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Addiction Introduction

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