

20 Effective Scoring Plays Turbo Charging Your Offense Playbook With Coach Jim Ferry Full Court Bask

Steve Biddison

Coaching Basketball Kevin Sivils,2013-12-16 Why the 1-4 High? Why run all of your set plays, quick hitters or entry plays from a 1-4 high set? Good question. Here are the reasons this alignment is great for all set plays: Less is more. This one set keeps things simple for your players. It creates excellent spacing. Offense is all about good spacing. This alignment creates good scoring opportunities for every position. It is easy to create plays for any type of shot necessary from this alignment. The plays can be run to either side of the court simply by running the mirror image of the play. It is very easy to get into from a numbered fast break system. It denies the defense from establishing its defensive priorities, making this alignment difficult to defend from the onset. What are defensive priorities? Regardless of the type of defense run, most traditional defensive systems want to establish the following priorities: Be able to apply tremendous pressure on the ball and provide help to the on-the-ball defender. Be able to provide help in any situation. Protect the rim and low post areas. Force the ball out of the middle to one side to establish a ball side and help side, allowing the defense to outnumber the offense 5-3 by virtue of the two help defenders. Defend two offensive players with one defender if possible (usually a zone defense). Establish good inside positioning for defensive rebound coverage. Clog the lane area with help defenders to prevent lane penetration via pass, cut or dribble; low post entry passes;backdoor cuts for lay-ups. Some of the ways the 1-4 high alignment prevents the defense from establishing its priorities include preventing the defense from being able to establish a help side defense, forcing the defense away from the lane area and rim, opening the area up for penetration of one form or another, and requiring the defense to guard each offensive player, including the ball, with only one defender, and operating the offense from the middle of the court to initiate the attack. In addition to the advantages the 1-4 high set denies the defense, it is versatile due to the fact all of the plays can be run as mirror images. Any play depicted being run to the right hand side of the court can be run in its mirror image on the left hand side of the court. This short book contains 30 plays to attack man-to-man defenses, zone defenses, to obtain 3-point shots, low post shots, and on-the-ball screens to create penetration opportunities. These simple plays are an excellent way to score after a time out, a dead ball or as an entry to motion or other offenses.

The Speed Game Paul Westhead,2020-11 Paul Westhead was teaching high school in his native Philadelphia when he was named La Salle University's men's basketball coach in 1970. By 1980 he was a Los Angeles Lakers assistant, soon to be hired as head coach, winning an NBA title with Hall of Fame center Kareem Abdul-Jabbar and rookie guard Magic Johnson. After compiling a 112-50 record, he was fired in November 1981. After a short stay as coach of the Chicago Bulls, Westhead reemerged in the mideighties as a coach at Loyola Marymount in California, where he designed his highly unusual signature run-and-gun offense that came to be known as The system. The Speed Game offers a vibrant account of how Westhead helped develop a style of basketball that not only won at the highest levels but went on to influence basketball as it's played today. Known for implementing an up-tempo, quick-possession, high-octane offense, Westhead is the only coach to have won championships in both the NBA and WNBA. But his long career can be defined by one simple question he's heard from journalists, fellow coaches, his wife, and, well, himself: Why? Why did he insist on playing such a controversial style of basketball that could vary from brilliant to busted? Westhead speaks candidly here about the feathers he ruffled and about his own shortcomings as he takes readers from Philadelphia's West Catholic High, where he couldn't make varsity, to the birth of the Showtime Lakers and to the powerhouse he built nearly ten years later at Loyola, where his team set records likely never to be approached. Westhead says he always found himself telling prospective bosses, My speed game is gonna knock your socks off! So will his story and what it could do to bring back a popular style of play.

Basketball Offenses & Plays Ken Atkins,2004 With this new handbook, coaches learn how to make the right call every time their basketball team has the ball. Each section contains a variety of sets and plays, all clearly explained and diagrammed.

NBA Coaches Playbook ,

You Can Run with Anyone Terry Battenberg,2018-03-07 Ever wish you had a fast breaking, high scoring basketball team that could excite your players and fans alike? One that strikes fear into the hearts of your opponents and leads to more victories each season? Now you can develop one with Coach Battenberg's: YOU CAN RUN WITH ANYONE. After studying under several of America's best fast break coaches, and perfecting his Fast Breaking System over 35 years of college and high school coaching, Battenberg shows you don't need tall, quick, or great athletes to have a successful fast break attack. It's what you emphasize and how you teach it that makes all the difference. Offering more than 60 DIAGRAMS and including 25 DRILLS to use on a rotating basis, this book shows you how to organize your practices, train your players, and plan for games so your team can truly RUN WITH ANYONE. Learn about the SECRET WEAPON that most fast break teams fail to use. The one that will give your team many more QUICK-STRIKE OPPORTUNITIES. Discover how to get your Bigs to run the court with relentless energy and find instant scoring opportunities around the basket. Develop new ways to get your players to PLAY HARD with Short Segment Practice Planning. And if you hate running your players in wind-sprints as much as they hate doing them, Coach Battenberg tells you how to condition your team without those boring running drills. HAVING PROBLEMS WITH FULL COURT PRESSURE? Opponents will think twice about pressing your team after you run through their defense with your new found Quick Counter-Attack. You will discover Early Offense; Advanced Fast Break Techniques; and Specific Fundamental Training that will make your team play QUICKER and more EFFICIENT. It's everything you need for the SPEED GAME you always wanted or to improve the one you already have. Whether you coach youth, high school, or college level basketball players, this book has what you need to make your team FASTER, more EXCITING, and a WINNER.

The Complete Book of Offensive Basketball Drills: Game-Changing Drills from Around the World Giorgio Gandolfi,2009-08-23 COACH YOUR TEAM TO PLAY BETTER, FASTER, AND WIN, WITH INNOVATIVE DRILLS FROM AROUND THE GLOBE “Simply fantastic! The Complete Book of Offensive Basketball Drills is a treasure trove of information from around the world. I can honestly say that I have not seen nor read a more complete drill book on one topic that is better than this. Giorgio Gandolfi has outdone himself.” - Kevin Sutton, Head Coach, Montverde Academy, and Assistant Coach for the Gold Medal USA Jr. National Team All coaches look for an edge that will help put their team over the top against their rivals. The Complete Book of Offensive Basketball Drills helps you take your team to the next level with the most effective offensive drills from the world's best coaches. Run practice sessions that can produce dominant players using these elite instructional workouts taken from around the globe. You'll bring a fresh perspective on the game to your players, all while teaching solid fundamentals, improving offensive performance, and driving up the score with teams at any level. Covering everything from basic footwork to fast breaks, with advanced variations for more experienced players and teams, author Giorgio Gandolfi has collected more than 150 drills from the best-of-the-best to equip you with the necessary skills to: Decide which drills are appropriate- and adapt them to meet each team's needs Teach fast breaks, screens, post play, and rebounding Prepare teams to shoot, pass, play the boards, and run Train players to shoot and score under pressure Gandolfi offers a truly global sampling of the finest thinking on how to attack the basket or get a shot off against a tough defender. . . . If it's effective in helping a player improve his pull-up jump shot or make a power move to the basket, it's here. Gandolfi has done the game a huge service—and made Planet Basketball a more intimate place—with this timely and invaluable book. —Alexander Wolff, Sports Illustrated senior writer and author of Big Game, Small World: A Basketball Adventure, from the Introduction Simply fantastic! This is a treasure trove of information from around the world. I can honestly say that I have not seen nor read a more complete drill book on one topic that is better than this book. Giorgio Gandolfi has out done himself with this book. . . . Great job! —Kevin Sutton, Head Coach at Montverde Academy and Assistant Coach for the Gold Medal USA Jr. National Team This book is one of the best. . . filled with valuable basketball information that has been tested and proven to help coaches and players alike. Giorgio Gandolfi has dedicated his life to helping improve the game and this is just another part of his continuing journey to provide the best basketball information out there! —Kevin Eastman, Assistant Coach, Boston Celtics, 2008 NBA World Champions

5 Out Effective Offenses For The High School Coach Steve Biddison,2023-10-17 A high school basketball coach does not always have the ability to recruit to their needs. Quite often a high school may not have a legitimate post player and the coach may be forced to play what is commonly known as small ball, Usually, this means going with a very uptempo game, However, every championship level coach knows that no matter how good their fast break might be, there are multiple times in a game that they must execute a half-court offense, In this book, Coach Biddison gives a detailed, step by step system of running a Five Out (no post) half-court offense complete with 10 plays designed to score. Although thr diagrams show these offenses

against a 2-3 zone, these 10 plays have been proven to be effective against any zone or man-to-man defenses That is because they are all based on fundamental basketball techniques and use a variety of screens (both against man-to-man and zone defenses,

Plays From College Basketball Coaches Steve Biddison,2023-10-27 There is perhaps nothing more beautiful in a basketball coach's eyes than watching a perfectly executed offense. In this basketball playbook, you will find 20 executable offenses all dissected and diagramed from college teams. As a basketball coach, you will want to add all or some of these offenses to your arsenal. You will not regret learning and teaching these to your team,

Coaching Basketball Successfully Morgan Wootten,Joe Wootten,2012-10-11 Legendary UCLA coach John Wooden once said, "People say Morgan Wootten is the best high school basketball coach in the country. I disagree. I know of no finer coach at any level—high school, college, or pro." Morgan Wootten has retired from coaching, but his knowledge of the game remains unsurpassed and keen as ever. *Coaching Basketball Successfully* contains a wealth of Wootten's timeless wisdom. And, in this third edition, Wootten adds even more value—the coaching experiences, methods, and tactics of his son Joe, a successful high school coach himself. Loaded with insights, instruction, drills, and Xs and Os, *Coaching Basketball Successfully* is the best single resource on making the most of your program, team, and players each season.

Coaching Basketball Mark Meriwether,2012-10-02 New and Now Available! *Coaching Basketball: Principles of Offense* Today's most comprehensive instructional coaching series! Hundreds of pages detailing the most successful offensive basketball systems ever designed! SCORE more points, DEFEAT any defense with an UNSTOPPABLE offensive attack, DOMINATE your opponents, and WIN MORE GAMES by learning how to implement all aspects of the following basketball systems: Triangle Offense - has revolutionized basketball during the past 25 years and is one of the most explosive and effective offenses ever designed! No contemporary offensive attack is complete without integrating the proven concepts of the Triangle Offense! Add diversity to your arsenal with the unstoppable Triangle Offense. Motion Offense - is one of the most widespread, consistent, and effective frameworks ever designed for the game of basketball! Hall-of-Fame coaches present their strategies and approaches for implementing Motion Offense! Half-Court Offense from the 1-4 Set - the High Post Offense from the 1-4 set is a structured, easy-to-implement offense requiring disciplined and synchronized movements, precision cuts, and solid screening with two high posts. The perfect ball-control offense, this is one of the most explosive and effective offenses ever designed! Half-Court Offense from the 2-3 Set - a remarkably effective offense leveraging talented perimeter players coupled with a single high-post, this fluid system instantaneously adds points against all styles of defensive pressure! This approach involves effortless and coordinated movements to exploit a variety of defensive tactics! Inbounds Plays - a collective collaboration of countless inbounds plays affords you and your team multiple scoring opportunities from a variety of out-of-bounds situations! Add easy scores for you and your team! Written, designed, and presented by a team of STATE-CHAMPIONSHIP, HALL-OF-FAME coaches, *Coaching Basketball: Principles of Offense*, complete with coaching keys and progressions, is virtually guaranteed to help you and your team score more points and instantly elevate point production - increase offensive metrics and efficiencies - diversify your offensive attack - assess and leverage the unique skill sets of your individual athletes - maximize your offensive output and potential - enhance your team's scoring possessions and opportunities - exploit defensive pressure tactics, and more importantly... DEFEAT any defense, SCORE more points, DOMINATE your opponents, and WIN MORE GAMES! HOW TO ORDER! ORDER YOUR COPY NOW by clicking the ADD TO CART button above! _____ The supplemental book to this series, *Back Cut and Misdirection Offense* is available on a separate webpage for ONLY \$10 by using the following link: wwwcreatespace.com/4015468

Coaching the System Gary Smith,Doug Porter,2011 If you are interested in *Coaching the System*, you must be either desperate or crazy! At least that's what people told authors Gary Smith and Doug Porter when they began investigating this revolutionary style of play almost a decade ago. Ignoring the critics, they went on to coach the two highest scoring teams in men's and women's college basketball history: the University of Redlands, California (132.4 ppg), and Olivet Nazarene University in Illinois (104.1 ppg). From its origins as the Sonny Allen Numbered Fast Break, to Paul Westhead's Loyola Marymount up-tempo game, the System has been around for decades. But when Grinnell College's David Arseneault added platoon substitution patterns and hockey-style short shifts, placing a priority on creating three-point looks for his preferred shooters, the System truly came into its own. Smith and Porter learned the Grinnell version of the System from Arseneault himself, adapting it to fit their situations coaching men's and women's programs. In the past decade their teams set 32 NCAA and NAIA records between them, including most 100-point games in a season (Redlands-23; Olivet-24). Olivet also holds national records for defensive turnovers (36.3 per game) assists (23.8 per game), and three pointers made in a season (509, 15.6 per game). Redlands owns college basketball records (all levels) for field goal attempts (110.3 per game), and three-pointers made (23.8 per game). Now you can learn every detail of this devastating full court run-and-press attack that allows you to dictate tempo and force your opponents out of their normal game plan, capturing the imagination of your players and community, and making coaching fun again! You'll learn exactly how and why the System works, how to adapt it to fit your personnel, suggestions for conditioning players, organizing System practices, and even ways to respond to the inevitable criticisms that come with playing the game this far outside the box. Other chapters offer complete descriptions of the Redlands Attack (Coach Smith's variation of the Grinnell offense), the LMU Attack (which Westhead popularized and used to advance to the NCAA regional finals in 1990), and the Olivet Attack (Coach Porter's hybrid version of the LMU and Dribble-Drive offenses). Finally, you'll learn System defensive principles, terminology, and how to cover every conceivable press attack and press-breaker alignment. Also included are 57 drills and over 300 diagrams to illustrate System offense and defense, providing you with a complete blueprint for *Coaching the System*!

16 Simple Concepts to Improve Your Full Court Offense Against Pressing Defenses Kevin Sivils,2014-08-12 Attend a coaching clinic or an informal gathering of basketball coaches and ask the question what three things give your teams the most difficulty? Usually full court defensive pressure will be one of the three responses. *16 Simple Concepts to Improve Your Full Court Offense Against Pressing Defenses* addresses some of the most common concerns of coaches including: -- how to get the ball to your best ball handler on the inbounds pass. -- selecting an effective alignment to inbounds the ball. -- how to get the opponent to stop pressing. -- how to create a way to not turnover the ball when the ball handler is trapped. This short book also covers why teams press and what the defense hopes to achieve by pressing. The objective of *16 Simple Concepts to Improve Your Full Court Offense Against Pressing Defenses* is NOT to provide detailed press break offenses. Those can be scouted by the opponent and plans developed to defend a set play. Instead, the objective of this book is to teach principles that defeat pressing defenses, allowing the coach to develop his or her own flexible system of beating pressing defenses. Players who understand principles and do not rely on set plays are always able to adapt during games and take advantage of what the defense gives up. This book is meant to help coaches develop players who can adapt when faced with a full court pressing defense.

Offense Wins Joe Crispin,2020-05-14 Over the span of an 11-year professional playing career, Joe Crispin played for approximately 28 different coaches in the NBA, ABA, CBA, Greece, Poland, Italy, Spain, Turkey, and Ukraine. He played fast, slow and everything in between for coaches all over the world. His diverse experience and unique perspective led him to clarify twelve principles that every player wants in basketball offense. Currently the head coach at Rowan University, this was written before he ever coached a game at any level of play. He wrote as an 11-year professional to better inform his future coaching self. The only words from the coach come as practical lessons in applying these principles to his teams today. The old adage is that defense wins championships, but as Crispin contends, that is only true when you can score (or in the NBA, when you have 2 or 3 of the best offensive players in the world). Offense matters immensely to every basketball player in the world (and even more to the fans). It affects how well you play defense and even how you choose to play defense. Offense wins in more ways than you think. No matter what level you coach, Crispin's principles will challenge you to think through your philosophy and adjust your teaching in order to prepare a happier and more effective basketball offense. You may even end up believing that offense wins.

Basketball Pete Newell,Dan Berger,1976

Touchdown Genius X. O. S. Playmaking,2023-02-09 Every football romantic dreams of winning a championship.Since the inaugural season of the College Football Playoff in 2014, national championship-winning teams have combined for an astonishing average of 41.9 points per game. Having an efficient, high-powered offense is no longer a luxury when it comes to winning championships at any level in today's game - it is a necessity.Touchdown

Genius takes you into the meeting room with the finest championship coaches in college football. By reading this book, you will discover the art of manufacturing explosive plays and commanding a championship offense. Whether you are a first-time youth ball coach, an aspiring big-time ball coach, or even an established veteran looking to expand your knowledge, Touchdown Genius will equip you with the tools to terrorize any defense. As a player, whether you spend every waking moment seeking to perfect your craft, or you simply need that perfect play to win your weekly intramural league, Touchdown Genius will provide you with the edge to dominate your competition. Even if you neither play, nor coach, but you possess the revered calling of being a life-long football fan, Touchdown Genius will enhance your ability to analyze your favorite team's performance. No matter your degree of football participation, this never-before-published content is the perfect resource to catapult your knowledge and skillset to the next level. Inside this unprecedented playbook, discover: A complete breakdown of 25 explosive, touchdown-scoring plays from recent college football championship games. Over 150 visuals diagramming the intricacies that constitute a successful game plan. Professional terminology principles that provide the foundation for any successful playbook. How to properly implement both basic and advanced offensive schemes, and why they are effective. Why certain defensive tactics are used by the game's top coordinators, and how to consistently defeat them. Adaptive strategies to tailor each championship-level concept to your specific football situation. Full access to the keys that drive the nation's leading offenses to success year in and year out.

Whistle Offense Forrest D. McKinnis, 2010-03-23 There is no more effective strategy for scoring points in the game today than the old school pick and roll. Teams around the world are using the pick and roll to isolate their top players and put them in positions to make plays. The "Whistle Offense" is a collection of very effective continuity and set offenses regarding the pick and roll. We are confident that the Whistle Offense can be used by youth teams at any level to synergize any program. Written by a high school basketball coach specifically for youth programs, the Whistle Offense is without doubt the best playbook in Coach Mac's basketball series. Use the Oregon, Yote, Stang and Cube series to polish your knowledge of the game.

Coaching Basketball's Offensive Special Situations Kevin C. Sivils, 2013-09 Coaches spend lots of time preparing to teach offense and defense before the start of practice each season. Most teams are reasonably well prepared to execute their basic offensive and defensive systems. Many of these same teams struggle when it comes to the game of basketball's offensive special situations! Utter the words half court trap defense and many point guards simply panic. Go to a coaching clinic and ask how many coaches would like to learn about beating a full court press and watch the hands go up. These are issues even veteran coaches struggle with at times. Coaching Basketball's Offensive Special Situations covers a wide range of topics coaches need to deal with in order for their teams to successfully compete with the best teams on their schedule. Being well prepared for special situations is often the difference between a mediocre season and a great season. Some of the topics covered include: -- Planning for special situations -- Essential fundamentals and the drills to teach them -- Delay game offenses -- Principles for beating half court traps -- Half court trap offenses -- Principles for beating full court pressure defense -- Press breaker offenses -- Timeouts -- Quick hitters and set plays The information in this book is designed to help coaches successfully plan for most special situations that occur in typical games. This book will be a valuable reference tool for new and veteran coaches alike.

Coaching Basketball Successfully Morgan Wootten, Dave Gilbert, 2003 Developing a basketball coaching philosophy--Communicating your approach--Motivating players--Running a basketball program--Season planning--Practice planning--Teaching offensive positions and sets--Teaching offensive skills--Developing a quick-scoring attack--Man-to-man offense--Zone offense--Clock and inbounds situations--Teaching defensive positions and sets--Teaching offensive skills--Developing a quick-scoring attack--Man-to-man offense --Zone offense--Clock inbound situations--Teaching defensive positions and sets--Teaching defensive skills--Team defense--Fullcourt team defense--Preparing games--Handling game situations--Evaluating players--Evaluating your program.

Writing Assessment Handbook, Grade Eight Francie Alexander, California. Department of Education, 1990 Reflects philosophy of Model Curriculum Guide for the English-Language Arts (K-8).

Coach Mac's Monster Offense: Flex Series Forrest McKinnis, 2009-07-25 Created in the 1970's the flex offense was established to take advantage of scoring opportunities cutting through the key (flex cut) and a series of screen the screener actions used to get open jump shots. Since its invention the Flex offense has become widely popular among high school and junior high programs for its controlled motions. Coach Mac has taken pieces of the flex used by popular college programs and combined this strategy into one highly informative packed playbook for the junior high and high school coach. Gain instant access into how the flex offense has been used to win many high school and college titles.

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