

# Speed Skater

Katie Marsico

**Speed Skating** Joseph Gustaitis,2009-08 Reviews the history of speed skating, describing Olympic events, Olympic champions, and the 2010 Winter Olympics in Vancouver.

*Speed on Skates* Barry Publow,1999 Advises how to improve in-line and ice skating technique and reduce finish times

Speed Skating Katie Marsico,2008-08-01 Learn about the connection between math and speed skating.

**A Winning Edge** Bonnie Blair,1996-04-01 Olympic speedskating champion Bonnie Blair's recommendation for a productive balance in life is what gives readers a winning edge.

Speed Skating Larry Dane Brimner,1997 A brief overview of the sport of speed skating including its history, equipment, categories of events, and memorable performances by speed skaters at the Olympic games.

**Apolo Anton Ohno** Michael V. Uschan,2011-05-23 Credited as the face of American speed skating, Apolo Anton Ohno has done much to bring the sport out of obscurity. According to the United States Olympic Committee, Ohno holds the record for most medals won by a U.S. Winter Olympian: two golds, two silvers, and four bronze. This compelling edition provides a balanced biographical overview of Apolo Anton Ohno. Chapters discuss his childhood being raised by a single father, his decision to pursue speed skating, and his appearances at the 2002, 2006, and 2010 Winter Olympic games.

Zero Regrets Apolo Ohno,2011-08-16 Over three consecutive Olympic games, Ohno has come to symbolize the very best of the competitive spirit--remaining equally gracious in victory and defeat, always striving to improve his performance, and appreciating the value of the hard work of training as much as any reward it might bring.

Speed Skating Ellen Labrecque,2018-01-01 Using the new C3 Framework for Social Studies Standards, Skating in the Global Citizens: Olympic Sports series explores the sport through the lenses of History, Geography, Civics, and Economics. Text and photos look at the history, basic philosophies, and geography of speed skating. Content includes information on multiple Olympic events in the category. As they read, students will develop questions about the text, and use evidence from a variety of sources in order to form conclusions. Data-focused backmatter is included, as well as a bibliography, glossary, and index.

**Apolo Anton Ohno** Rebecca Aldridge,2013 A biography of the short-track speed skating champion and winner of two Olympic medals--one silver, one gold-- in the 2002 Winter Games.

Bonnie Blair Liza N. Burby,1997 Covers the life and achievements of the Olympic speed skater Bonnie Blair.

*Race for the Gold* Dana Mentink,2014-01-01 WHO WANTS TO ICE A WORLD-CLASS SKATER? Speed skater Laney Thompson still has nightmares about the car crash that almost shattered her lifelong dream. But as she's poised to compete in the world's most important games, she finds worse trouble. Someone wants her out of contention...badly. Laney won't let anything stop her--not sabotage, a stalker or partial amnesia. As she and her brooding trainer Max Blanco strive to overcome past tragedy, the ice between them starts to melt. But as the race draws closer, a killer becomes more desperate, and a race for the gold becomes a race for their lives!

*Bonnie Blair* Wendy Daly,1996 Narrates the skating career of the American woman who is an Olympic Gold Medalist for speedskating, who came from a family of skaters, and who has skated since the age of two.

*The Complete Handbook of Speed Skating* Dianne Holum,1984

**The rocker and the bend** Hans Gijzen,2020-09-08 This book provides an overview of the properties of a competition skate, in particular the competition skate for long track speedskating. The author shows through drawings, formulas and calculations what happens when the skate is ridden, and how to influence this to achieve a better technique and better results. The rocker, the bend, the dimensions, material properties, deformation by acting forces and the origin of these forces are some of the many topics that are covered in the book.

Lace Up Jean-Marie Leduc,Sean Graham,2017-11-10 A charmingly illustrated history of the humble skate and its place in Canadian cultural identity. Throughout our 150-year history, and even longer, people have braved the treacherous Canadian winters and taken to the ice for the purposes of transportation, competition, exercise, and just plain fun. Canadian culture has developed around ice and the recreational opportunities it provides, and much has been written about our love affair with hockey, figure skating, and speed skating. However, one crucial element has always been left out of the discussion. The skate—that piece of metal underneath your foot that allows you to move on ice—is much more than the sum of its few simple parts. Indeed, the people, the rules, and the games all have stories, but they have also been shaped by the equipment. In ancient times, skates with blades made from animal bones were used to facilitate travel during the winter. Today, the newest models of skates are constantly being tweaked and improved to allow athletes to push themselves in the face of international competition. Drawing from his own collection of over 350 pairs of historical skates, as well as archival photos and illustrations, world-renowned skate expert Jean-Marie Leduc takes the reader on a journey through the history and development of this humble device and traces its role in our national imagination.

Inline Skating in Contemporary Sport Robert E. Rinehart,2013 An examination of its growth and development, looks at various forms of inline skating--ranging from aggressive to marathon to artistic skating--in terms of history, equipment, organizations, and inventors and stars. Rinehart also examines some of the current issues and trends within these forms of inline--Distributor information.

*Going for the Gold: Apolo Anton Ohno* Thomas Lang,2011-03-01 Man of Speed Part athlete, part rock star, Apolo Anton Ohno has won fans across the globe with his charisma, his movie-idol looks, and his edge-of-the-seat victories at the 2002 Winter Olympics. Going for the Gold: Apolo Anton Ohno tells the story of this skating hero, start to finish. Here's what you'll find out about America's newest idol: What made Apolo fall in love with speed skating Why his troublemaking almost ended his Olympic dreams How Apolo turned his career around What Apolo has planned for the future

Faster as a Master Bruce W Conner,2014-09-19 Your best is yet to come! Breaking down the barriers of self-limiting beliefs. Bruce Conner is faster as a speed skater now, at age 57, than he was as a teenager. The commonly held belief about getting slower as we age has been blown completely out of the water by Bruce, breaking down that

barrier. Getting better and going faster is more about intentions and choices than age. We all want to be great. As I get older, I want to be great again. Happy, loved, healthy--those are the qualities I aspire to be. To be whole in body, mind, and spirit is the reward. We are more capable of attaining those things than we give ourselves credit for. --Bruce Conner Bruce is also a United B-747 captain, even though he was told when he got his first pair of glasses at age 16 that he would never fly airplanes for a living. Bruce competed as a youngster from age 12 till 19, competing as a long track ice speed skater at the local, state, national, and international levels. He was on the U.S. national team from 1974 through 1976, barely missing making the 1976 Olympic team. Returning after 20 plus years away from the sport, he had some unfinished business. How fast could he go if he trained as hard as a youth but was smarter about it? Making it back to the Olympic trials again at age 49 was his goal. To be in the elite group of the top skaters in this country was the prize. Was it possible? He had to find out. Bruce has now qualified for four US Olympic trials, at age 19, 49, 53, and 57. Find out how Bruce was able to compete at the elite level and, in the process, journey toward wholeness and heal old wounds. Follow Bruce to break down your barriers to an unlimited life!

**I'm a Speed Skating Girl Just Like a Normal Girl Except Much Cooler Journal** Speed Skating Journals, 2019-06-08  
This Notebook is a perfect gift for Speed Skater: - Size: 6 x 9 in.- 120 Pages- Nice Glossy Cover

Speed Skating Ashley Gish, 2022-01-11 Celebrate the Winter Games with this high-interest introduction to speed skating, the sport known for its short- and long-track events. Also included is a biographical story about skater Maame Biney.

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## Speed Skater Introduction

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