

Recovery News

Gary Kaplan, Donna Beech

Good News for People with Bad News Nyema Hermiston RN ND Adv Dip Hom,2016-07-12 What happens when the medical treatment you receive does not work, or there is no treatment available and you are left facing a debilitating disease or a shortened life? Nyema Hermiston, a registered nurse and longtime natural therapist, answers that question and many others, through the interviews of dozens of men and women who explain how they recovered from debilitating and life-threatening conditions, ranging from autoimmune disease, cancer, severe allergies, and pain. Unfortunately, far too many people are told there is nothing that can be done about their conditions, and they never seek out alternative treatments due to their unscientific status. They don't stop to contemplate the risks associated with orthodox medical treatments. For instance, in the United States, medical error claims the lives of 400,000 people every year, making it the third leading cause of all deaths. In Australia, medical treatment causes 18,000 deaths per year and injures up to 50,000 more. Alternative treatments that include nutrition and little-known medical therapies are often less risky and as effective as standard treatments. Find out how they could save your life or the life of a loved one in *Good News for People with Bad News*.

Radio News Service from Indiana Recovery News Service United States National Emergency Council for Indiana,1934
Behind the Scenes of Breast Cancer Brenda Ladun,2007 In this inspiring and practical book and DVD, five-year-cancer-free survivor and leading news anchor Brenda Ladun addresses the physical and spiritual concerns of anyone who is facing or has gone through cancer treatments, especially breast cancer treatments.

Good News for People with Bad News Nyema Hermiston,2014-12-01 I'm sorry, there's nothing more we can do for you... If this is what your doctor tells you, what do you do? Do you go home, get your affairs in order and try to enjoy what life you have left? Do you really believe that there are no other treatment options? In this book you will read encouraging and touching stories of recovery from an array of serious and life-threatening illnesses, from cancer and autoimmune diseases to debilitating allergies and chronic pain. These brave survivors dared to look beyond conventional treatment, taking their lives in their own hands. Based on live interviews, men and women share in their own words their inspiring journeys with knowledge and insight. Their recovery accounts open up a world of treatment options, including little-known medical therapies and nutrition. This book is a must for anyone faced with a serious diagnosis.

News Coverage of Global Disasters Michael McCluskey,2020-11-13 *News Coverage of Global Disasters: Journalism's Power to Aid Healing and Recovery* addresses an under-explored aspect of news, arguing that journalism helps people heal and recover in the aftermath of significant traumas. This comparative analysis draws from local and international news in eight countries around the world that suffered a natural disaster in 2018. The book evaluates ten news themes that aid healing, coping, hope and recovery during and after a natural disaster. Analysis shows that these ten characteristics are a common element within news, transcending national borders. The book brings together contemporary theories of news choice and practice with examination of the journalistic culture within each country. Analysis also includes contextual and structural factors within each country and national disaster. Evaluation shows some characteristics of a common journalistic culture and other patterns primarily due to unique elements of a national culture. The book mixes quantitative and qualitative data to provide a rich analysis. It also fills a gap in international comparative studies of news content.

Grace in Addiction John Z.,2012-09-01 Church basements are curious places. Playing host to the vibrant world of 12 Step Recovery, they witness the sort of healing and redemption that would make those on the ground floor proud, and maybe even envious. Yet despite the Church and Alcoholics Anonymous both being in the business of bringing hope to the hopeless, the two worlds seldom seem to interact. Packed with vivid illustrations, good humor, and practical wisdom, *Grace in Addiction* attempts to bridge this divide and carry the unexpected good news of AA out of the basement and into the pews--and beyond! Recommended for anyone who has struggled with addiction, knows someone who has struggled with addiction, or spent any time living and/or breathing.

Refuge Recovery Noah Levine,2014-06-10 Bestselling author and renowned Buddhist teacher Noah Levine adapts the Buddha's Four Noble Truths and Eight Fold Path into a proven and systematic approach to recovery from alcohol and drug addiction—an indispensable alternative to the 12-step program. While many desperately need the help of the 12-step recovery program, the traditional AA model's focus on an external higher power can alienate people who don't connect with its religious tenets. *Refuge Recovery* is a systematic method based on Buddhist principles, which integrates scientific, non-theistic, and psychological insight. Viewing addiction as cravings in the mind and body, Levine shows how a path of meditative awareness can alleviate those desires and ease suffering. *Refuge Recovery* includes daily meditation practices, written investigations that explore the causes and conditions of our addictions, and advice and inspiration for finding or creating a community to help you heal and awaken. Practical yet compassionate, Levine's successful *Refuge Recovery* system is designed for anyone interested in a non-theistic approach to recovery and requires no previous experience or knowledge of Buddhism or meditation.

Journal Lynn Redgrave,2004 A compelling documentary of treatment and recovery with an unprecedented level of intimacy.

Alive Again Howard C. Samuels,Jane O'Boyle,2013-04-01 A powerful book on addiction recovery by a doctor who overcame addiction himself, the renowned founder and president of The Hills Treatment Center in Los Angeles Howard Samuels is one of the world's leading drug and alcohol addiction experts who runs the prestigious The Hills Treatment Center in Los Angeles. Decades ago, from the age of sixteen until he was thirty-two, Dr. Samuels had his own intense struggle with addiction to cocaine and heroin. Using his own compelling story as inspiration as well as case studies of his patients from all walks of life, Dr. Samuels shows how readers can recover from alcoholism and drug addiction by following this 12-step program to happiness and fulfillment in sobriety. This self-help book provides hope, inspiration, and prescriptive advice for those who want to recover as well as guidance for friends and family members seeking help for someone they love. Written from the unique perspective of a recovering addict who has helped thousands of people overcome addiction to alcohol and drugs *Shares with readers for the first time in book form The Hills' world-renowned treatment program Tells Samuels' personal recovery story as the son of a prominent politician and businessman among the rich and famous in New York and Washington Contains a groundbreaking prescriptive program showing how to work each of the 12 steps Examines the cause of addictions, relapses, and fallback addictions Contains important information for family and friends of those struggling with addiction, including steps for intervention and healing The author appears regularly on TV*

Supplementary Code of Fair Competition for the Construction News Service Industry as Approved on December 20, 1934 United States. National Recovery Administration,1934

He Saved My Life Veronica Stoneall,2011-10-28 *He Saved my Life* This inspirational book is about hope for those

suffering from Alcoholism or drug addiction. The book tells how one man made a difference in many peoples lives by helping them find sobriety. Jim Stoneall loved them when they could not love themselves. This book is a tribute to Jim who died suddenly on a cold snowy evening in February. People came with tears in their eyes as they paid tribute to the man whos passion was helping those afflicted with the disease of alcoholism. Over and Over the words He saved my Life were repeated as they paid their respects to the man who cared. The book is written by Veronica Stoneall.

Medical News and Abstract ,1877

Living Outside Mental Illness Larry Davidson,2003-08 An essential volume for improving understanding of the recovery process for people diagnosed with schizophrenia Schizophrenia is widely considered the most severe and disabling of the mental illnesses. Yet recent research has demonstrated that many people afflicted with the disorder are able to recover to a significant degree. *Living Outside Mental Illness* demonstrates the importance of listening to what people diagnosed with schizophrenia themselves have to say about their struggle, and shows the dramatic effect this approach can have on clinical practice and social policy. It presents an in-depth investigation, based on a phenomenological perspective, of experiences of illness and recovery as illuminated by compelling first-person descriptions. This volume forcefully makes the case for the utility of qualitative methods in improving our understanding of the reasons for the success or failure of mental health services. The research has important clinical and policy implications, and will be of key interest to those in psychology and the helping professions as well as to people in recovery and their families.

Total Recovery Gary Kaplan,Donna Beech,2015-05-19 Why can't I get better? Did my doctors miss something? How can I recover? According to Dr. Gary Kaplan, conventional thinking about the nature of chronic pain and depression is essentially flawed. Although physicians continue to diagnose conditions like migraines, fibromyalgia, chronic fatigue, chronic back pain, depression, anxiety, and PTSD, a growing body of research shows that these are in fact symptoms of something else—a deep-rooted inflammation in the brain. This inflammation can affect the nervous system for months-even years-to devastating effect. In *Total Recovery*, Dr. Kaplan demonstrates that it is possible to quiet the inflammatory state at the root of chronic pain and depression, and lays out a revolutionary new medical approach to ending your suffering and reclaiming your health.

Recovery and Renewal Baylissa Frederick,2014-05-21 This easy-to-read, inspirational and supportive guide is essential reading for anyone struggling to overcome prescription drug dependency. Drawn from the author's personal knowledge of coming off benzodiazepine tranquillisers and her experience as a counsellor, this book explores everything you need to know before, during and after withdrawal, from how to recognise the symptoms to how to manage them and make firm steps towards recovery. With a focus on recovery and empowerment, it provides all the practical and emotional support needed to help you cope and regain control. This book will be a lifeline for anyone taking or withdrawing from sleeping pills, other benzodiazepine tranquillisers and antidepressants. It will also equip family and friends to offer support and provide counsellors, psychotherapists, complementary therapists and other health professionals with invaluable insight critical to providing best care.

Rowing News ,2001-03-15

Back to Life After a Heart Crisis Marc Wallack M.D.,Jamie Colby,2010-02-04 A Wall Street Journal Top Pick of 2010 A well-known and internationally recognized surgical oncologist, Dr. Marc Wallack kept fit by training as an avid marathoner. He was the rock of his family, at the top of his career, and an expert on health who practiced what he preached-until he suffered angina symptoms while on a run in Central Park. Two days later, after discovering his arteries were 95 percent blocked, he underwent quadruple bypass surgery and later found himself unprepared for the emotional fallout of his recovery. In *Back to Life After a Heart Crisis*, Dr. Wallack and his wife, journalist Jamie Colby, offer their moving personal story along with a one-of-a-kind, prescriptive guide for reclaiming your life after confronting the issues of mortality and vulnerability raised by a traumatic heart event-whether it be a heart attack or a surgical procedure. Brimming with inspiration and encouragement, this unique book shows readers how to regain emotional strength in tandem with healing physically by working through eight important milestones: *Conquer the night *Get outside *Survive doctors' appointments *Face physical and emotional pain *Make love to your partner again *Face your dinner plate *Confront career issues *Take on a huge physical challenge With sidebars and tips for caregivers, *Back to Life After a Heart Crisis* helps patients and their loved ones heal hearts and minds and feel vibrant and full of life again.

The Pharmacist's Guide to Opioid Use Disorders Merrill Norton,2018-06-01 A Must-Read for Healthcare Professionals on the Front Lines of the Opioid Epidemic The Pharmacist's Guide to Opioid Use Disorders provides comprehensive guidance to all aspects of the opioid epidemic, starting with a discussion of the neuroscience of substance use disorders. This text has the most current information, science, and best practices in one concise guide. Divided into 10 chapters, each addressing an important issue and written by a clinician who has expertise in managing patients with opioid use disorders, this unique guide provides healthcare professionals with practical, concrete advice for: Using a patient friendly screening process Developing brief intervention skills Explaining the various opioid use disorder treatment options Aiding in an opioid overdose rescue Working with pregnant and postpartum women with substance use disorders and their infants And more

The Twelve Steps and the Sacraments Scott Weeman,2017-11-10 Winner of a 2018 Catholic Press Association Award: Sacraments. (Second Place). In the first book to directly integrate the Twelve Steps with the practice of Catholicism, Scott Weeman, founder and director of Catholic in Recovery, pairs his personal story with compassionate straight talk to show Catholics how to bridge the commonly felt gap between the Higher Power of twelve-step programs and the merciful God that he rediscovered in the heart of the sacraments. Weeman entered sobriety from alcohol and drugs on October 10, 2011, and he's made it his full-time ministry to help others who struggle with various types of addiction to find spiritual wholeness through Catholic in Recovery, an organization he founded and directs. In *The Twelve Steps and the Sacraments*, Weeman candidly tackles the struggle he and other addicts have with getting to know intimately the unnamed Higher Power of recovery. He shares stories of his compulsion to find a personal relationship with God and how his tentative steps back to the Catholic Church opened new doors of healing and brought him surprising joy as he came to know Christ in the sacraments. Catholics in recovery and those moving toward it, as well as the people who love them will recognize Weeman's story and his spiritual struggle to personally encounter God. He tells us how: Baptism helps you admit powerlessness over an unmanageable problem, face your desperate need for God, and choose to believe in and submit to God's mercy. Reconciliation affirms and strengthens the hard work of examining your life, admitting wrongs, and making amends. The Eucharist provides ongoing sustenance and draws you to the healing power of Christ. The graces of Confirmation

strengthen each person to keep moving forward and to share the good news of recovery and new life in Christ. Weeman's words are boldly challenging and brimming with compassion and through them you will discover inspiration, hope, sage advice, and refreshingly practical help.

When Your Doctor Has Bad News Al B. Weir, 2010-06-15 When the diagnosis is serious, what makes the difference between hope and despair? As a practicing oncologist, Dr. Al Weir works daily with patients who receive bad news. A medical doctor with a pastor's heart, Dr. Weir knows from experience that it's the patient's focus, not the diagnosis, that indicates whether one will slip into despair and hopelessness or have the courage to live each day fully. Resilience of spirit can powerfully influence recovery and healing, and within our crisis, the choices we make are important. When Your Doctor Has Bad News offers no easy answers, no quick outs. But it does equip you to weather the storm you are facing and emerge whole again. Practical tips provide questions for you to ask your doctor and choices you can make to achieve your best chances for healing. Real-life stories show how others have coped with life-threatening illness, walked with God, and won. You can deepen communion with God in the midst of medical crisis. When Your Doctor Has Bad News gives you proven principles that will enable you to choose a life worth living, no matter what news the doctor has given you. "Dr. Weir . . . guides the reader—especially the one who has received bad news—past the soul-numbing shock of a dismal medical report. He reminds us of the soothing comfort available in the Word of God, of the heartwarming precepts upon which we can build a new life, and of the simple steps a family can take to promote hope and healing."—Joni Eareckson Tada (from the introduction)

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