

Narcolepsy

Meeta Goswami, Seithikurippu Ratnas Pandi-
Perumal, Michael J. Thorpy

Narcolepsy Meeta Goswami, Michael J. Thorpy, S.R. Pandi-Perumal, 2016-01-29 This comprehensive resource covers the current thoughts and trends on narcolepsy, as well as cutting-edge evidence-based research. Updates from the previous edition include advances in diagnostic guidelines, treatments, protocols and clinical and psychosocial considerations. Aspects of narcolepsy relating to sleep medicine, neurology, psychiatry and public health are featured throughout the text. Narcolepsy, 2nd Edition provides clinicians and allied health professionals with patient management modalities, clinical and quality of life issues and best practices for health care delivery.

Narcolepsy , 2003

Sleep Disorders Henry Kellerman, 1981

Narcolepsy Christian R. Baumann, Claudio L. Bassetti, Thomas E. Scammell, 2011-07-01 The field of narcolepsy has developed enormously within the last 10 years. Indeed the understanding of the basics of sleep-wake regulation and the discovery of new neurotransmitter systems (the hypocretins) has boosted research and key findings in the field, providing important insights into how sleep is regulated. Consequently narcolepsy now receives a great deal of attention from both clinicians and scientists throughout the world. Narcolepsy: Pathophysiology, Diagnosis, and Treatment not only offers an engaging and comprehensive treatment of a fascinating disorder but also includes a DVD that offers a unique and large collection of movies displaying the symptoms of narcolepsy in people and animals. Written by some of the best experts in the field, the book focuses on the pathophysiology of the problem and also provides critical, up-to-date insights on the key clinical issues: how to diagnose the disorder, how to treat it, and how to best manage psychosocial problems.

The first and only guide to span the latest advances in narcolepsy, this reference provides sections in etiology, neurochemistry, the role of the hypocretins in sleep-wake regulation, animal models in narcolepsy, the key role of the hypothalamus, REM-sleep dysregulation, diagnosis and classification, and treatment. Compiled by an international group of more than 30 authors, *Narcolepsy: Pathophysiology, Diagnosis, and Treatment* is an indispensable resource for all clinicians and scientists with an interest in narcolepsy.

Psychosocial Aspects of Narcolepsy Meeta Goswami, Charles P Pollak, 2015-12-22 This groundbreaking book focuses on the impact narcolepsy has on a person's day-to-day life. It addresses the diagnosis, treatment, and management of narcolepsy with particular emphasis on psychological and social aspects of care. A multidisciplinary team of nationally and internationally respected scientists, researchers, and clinicians discuss the detrimental effects narcolepsy has on interpersonal relationships, employment, education, recreation, and other aspects of everyday life, from driving an automobile to sexual relations. Narcolepsy's effects on these and other daily activities are often neglected in the study of the disorder. This book brings into focus the personal and social costs of narcolepsy and discusses the often enormous impact that narcolepsy can have on a person's self-esteem and quality of life. Typically it takes about fifteen years for a person to be accurately diagnosed as having narcolepsy. *Psychosocial Aspects of Narcolepsy* is an aid to help caregivers and healthcare providers screen individuals with symptoms of daytime sleepiness and refer them promptly to appropriate professionals for diagnosis and help. The book helps these professionals find the most effective

treatment methods and coping strategies for their patients who suffer from symptoms such as excessive daytime sleepiness, cataplexy, and hypnagogic hallucinations. Informative chapters address a wide variety of pertinent issues, including: differential diagnosis and treatment of narcolepsy the special needs of persons with narcolepsy a sociomedical model for a narcolepsy counseling service the psychosocial impact of narcolepsy on the individual and the family sociodemographic variables in narcolepsy the quality of life of persons with narcolepsy the diagnosis, treatment, and psychosocial consequences of sleep apnea the legal aspects of narcolepsy narcolepsy's profound impact on children This vital resource enables physicians and other health professionals to give optimum, comprehensive care to individuals suffering from narcolepsy. Full of informative studies and helpful coping strategies, Psychosocial Aspects of Narcolepsy belongs on the desk of every person who wants to understand the impact of narcolepsy more thoroughly and who wishes to improve the quality of life of those with the disorder.

Narcolepsy and Hypersomnia Bedřich Roth, Roger J. Broughton, 1980

Narcolepsy Meeta Goswami, Seithikurippu Ratnas Pandi-Perumal, Michael J. Thorpy, 2011-04-08
Narcolepsy serves as a prototype of how the interaction of high quality clinical research and groundbreaking basic science can collaborate to define the cause of a disease and change forever how we evaluate and treat it. There is scarcely a topic in this book that would have been covered in the same way 10 years ago as it is discussed today. We are also fortunate that many of the players in this dramatic turnaround have contributed to this volume, so that the result is a tapestry of the events that have transformed the field over the last decade that is both authentic

and detailed. The first section of the book provides much of the basic science background. As described in the first two chapters, the dramatic convergence of lines of evidence from two different laboratories first demonstrated in 1999 that narcolepsy is a disease of loss of neurotransmission by lateral hypothalamic neurons making the peptides that have been called orexins or hypocretins. These findings did much to clarify and unify a field that had puzzled for decades over the fundamental nature of this puzzling disease, as reflected in the chapters that review its epidemiology and neuroanatomical and imaging findings.

Wide Awake and Dreaming Julie Flygare, 2013 Julie Flygare was on an ambitious path to success, entering law school at age 22, when narcolepsy destroyed the neurological boundaries between dreaming and reality in her brain. She faced terrifying hallucinations, paralysis and excruciating sleepiness – aspects of dream sleep taking place while wide awake. Yet, narcolepsy was a wake-up call for Julie. Her illness propelled her onto a journey she never imagined – from lying paralyzed on her apartment floor to dancing euphorically at a nightclub; from the classrooms of Harvard Medical School to the start line of the Boston Marathon. Wide Awake and Dreaming is a revealing first-hand account of dreams gone wrong with narcolepsy. It's the brave story of one woman trampling over barriers and finding light in the darkest of circumstances.

Narcolepsy Guillermo Santos, Lautar Villalba, 2010 Narcolepsy is a clinical syndrome defined by four symptoms: a compliant excessive sleepiness, a sudden bilateral loss of postural muscle tone, sleep paralysis and hypnagogic hallucinations. When cataplexy is predominant, narcolepsy can be misdiagnosed as syncope or drop attacks. The authors of this book discuss how to correctly

diagnosis narcolepsy and how to avoid certain pitfalls which would lead to erroneous treatments due to the misdiagnosis. Moreover, this book examines the role exerted by obesity in the pathophysiological mechanisms of narcolepsy. This book underlines the importance of body weight as a factor influencing the narcolepsy, indicating also the possible therapeutic strategies by modifications of eating behavior. In addition, modafinil is a mild, wake-promoting stimulant that is pharmacologically distinct from other central nervous system stimulants. This book provides an overview of modafinil's effects on human and animal behavior and in the brain. Other chapters assess narcolepsy in children, the influences of orexin A in the pathophysiological mechanisms of narcolepsy and the prevalence of periodic leg movements (PLM) in people who suffer from narcolepsy.

HLA in Narcolepsy Yutaka Honda, Takeo Fuji, 2012-12-06 The Second International Symposium on Narcolepsy was held at Fairchild Auditorium, Stanford University, on 6-7 July 1985 under the presidency of Drs. William C. Dement and Christian Guilleminault. It succeeded the First International Symposium on Narcolepsy held in La Grande Motte, France, organized by Pierre Pasouant in July 1975 in commemoration of the 100th anniversary of the publication of Jean B. E. Gelineau's paper which proposed the naming of narcolepsy. At the second narcolepsy symposium, many important research reports on both basic and clinical aspects of narcolepsy were given by investigators from many countries of the world. Audience interest was particularly attracted by the section on the relationship between HLA and narcolepsy, in which recent evidence that almost all narcoleptic patients are HLA-DR2 positive was reported by investigators from Japan, England, France, Canada, and the United States. The close

relationship between the HLA antigens, hitherto considered as immune-related genetic markers encoded by genes on human chromosome 6, and narcolepsy appeared to open a new approach not only for the research of narcolepsy but also for the mechanism of sleep in general. Publication of all these new findings on the association of HLA and narcolepsy was considered; an outline was worked out and all the groups agreed to prepare a contribution covering the various aspects of this topic.

Narcolepsy , Features information on narcolepsy, presented as part of the allHealth.com resource of iVillage, Inc. Includes articles, news stories, message boards, and online chat groups.

Narcolepsy Primer, 1991 Meeta Goswami, 1991-04-01

Sometimes Mommy Falls Amanda Stock, 2015-11-04

The Talking to Kids about Narcolepsy series was written to help adults in a child's life talk to them about what the narcoleptic in their life goes through every day. Narcolepsy is hard enough to describe to other adults; trying to describe it to children sometimes feels impossible. Mommy's brain is broken or Daddy wants to play with you but he is too tired just doesn't cut it after a while. Cataplexy robs people of time they should be spending with their families and friends. It is heartbreaking looking into a child's eyes and telling them you are too tired to play with them. The sadness that comes over their little face is gut-wrenching. It's so hard to be tired all the time. How can a narcoleptic person put it into words that Narcolepsy not only hurts the child but hurts them too? The book also discusses how scary it can be for the family when a full Cataplexy attack happens. Even when a child knows what's going on it is always unsettling to see someone they love fall to the floor. This book is written in the voice of a child. The child in the story is telling her friend about his mother's Narcolepsy.

It uses simple language and examples of how Narcolepsy and Cataplexy can effect a family in everyday life. There are follow up questions at the end of the story to help families talk about the material in the book and begin a meaningful discussion. Narcolepsy is not like in the movies. It's not randomly falling over and snoring comically. It's not a luxury to take naps during the day when the body requires it to function. This book and the rest in the series is meant to help educate and spread awareness This book should not be used in any way as a means to diagnose Narcolepsy or Excessive Daytime Sleepiness. Diagnosis of any medical condition should only be made by a licensed physician.

Narcolepsy Christian Guilleminault, William C. Dement, Pierre Passouant, 1976

Narcolepsy Quinn Spencer, 2018-05-30 How to manage the symptoms and maximize your awake time. If you are struggling with narcolepsy, or someone you know suffers from it, it will be worth your time to read some valuable information about the condition. Narcolepsy is a serious disorder that needs to be addressed and handled with care. Would your life be better if you knew about it, and could predict what would happen, based on the analysis of your brain? Would it help to know if there are herbal, vitamin, or other treatments? This book addresses such issues, as well as topics such as: A brief history of narcolepsy and valuable lessons we can learn from it. The connection to REM sleep. Surprising narcolepsy facts you may not have heard of. Common causes, symptoms, and diagnosis criteria for narcolepsy and cataplexy. Prevention methods. How to handle narcolepsy in children. Herbal treatments, medication, and dieting tips for narcolepsy. The treatments and helpful tools for narcolepsy that are out there were not available in the past. It would be useful to learn more about them, and

understand what is going on in the cerebrum of someone who is confronted with the negative effects of the condition. Be smart and learn all you can if it plays a role in your life in any shape or form. Add this book to your cart now.

Narcolepsy Nakesha Hochhalter, 2021-03-28

Narcolepsy is a neurological disorder affecting the brain's control of sleep and wakefulness. Symptoms include excessive daytime sleepiness, cataplexy, and sleep paralysis. Many medications are available to treat narcolepsy. Making certain lifestyle changes and joining support groups can help you better manage to live with narcolepsy. This book may give you: Narcolepsy Treatments: Medications And Home Care Narcolepsy: Symptoms, Treatment, Tests, Causes Symptoms Of Narcolepsy: Who Gets Narcolepsy?

Psychosocial Aspects of Narcolepsy Meeta

Goswami, 1992 This groundbreaking book focuses on the impact narcolepsy has on a person's day-to-day life. It addresses the diagnosis, treatment, and management of narcolepsy with particular emphasis on psychological and social aspects of care. A multidisciplinary team of nationally and internationally respected scientists, researchers, and clinicians discuss the detrimental effects narcolepsy has on interpersonal relationships, employment, education, recreation, and other aspects of everyday life, from driving an automobile to sexual relations. Narcolepsy's effects on these and other daily activities are often neglected in the study of the disorder. This book brings into focus the personal and social costs of narcolepsy and discusses the often enormous impact that narcolepsy can have on a person's self-esteem and quality of life. Typically it takes about fifteen years for a person to be accurately diagnosed as having narcolepsy. *Psychosocial Aspects of Narcolepsy* is an aid to help caregivers and healthcare providers

screen individuals with symptoms of daytime sleepiness and refer them promptly to appropriate professionals for diagnosis and help. The book helps these professionals find the most effective treatment methods and coping strategies for their patients who suffer from symptoms such as excessive daytime sleepiness, cataplexy, and hypnagogic hallucinations. Informative chapters address a wide variety of pertinent issues, including: differential diagnosis and treatment of narcolepsy the special needs of persons with narcolepsy a sociomedical model for a narcolepsy counseling service the psychosocial impact of narcolepsy on the individual and the family sociodemographic variables in narcolepsy the quality of life of persons with narcolepsy the diagnosis, treatment, and psychosocial consequences of sleep apnea the legal aspects of narcolepsy narcolepsy's profound impact on children This vital resource enables physicians and other health professionals to give optimum, comprehensive care to individuals suffering from narcolepsy. Full of informative studies and helpful coping strategies, Psychosocial Aspects of Narcolepsy belongs on the desk of every person who wants to understand the impact of narcolepsy more thoroughly and who wishes to improve the quality of life of those with the disorder.

Brain Networks and Dynamics in Narcolepsy

Natasha Morales Drissi, 2019-01-04 Narcolepsy is a chronic sleep disorder, characterised by excessive daytime sleepiness with frequent uncontrollable sleep attacks. In addition to sleep-related problems, changes in cognition have also been observed in patients with narcolepsy and has been linked to the loss of Orexin-A in a number of studies. Results from previous functional and structural neuroimaging studies would suggest that the loss of Orexin-A has numerous downstream effects in terms of both resting state glucose

metabolism and perfusion and reduction in cortical grey matter. Specifically, studies investigating narcolepsy with positron emission tomography (PET) and single photon emission computed tomography (SPECT) have observed aberrant perfusion and glucose metabolism in the hypothalamus and thalamus, as well as in prefrontal cortex. A very recent PET study in a large cohort of adolescents with type 1 narcolepsy further observed that the hypoand hypermetabolism in many of these cortico-frontal and subcortical brain regions also exhibited significant correlations with performance on a number of neurocognitive tests. These findings parallel those found in structural neuroimaging studies, where a reduction of cortical grey matter in frontotemporal areas has been observed. The Aim of this thesis was to investigate mechanisms and aetiology behind the symptoms in narcolepsy through the application of different neuroimaging techniques. I present in this thesis evidence supporting that the complaints about subjective memory deficits in narcolepsy are related to a misallocation of resources. I further describe how this has its seat in defective default mode network activation, possibly involving alterations to GABA and Glutamate signaling. In addition to this, I present our findings of a structural deviation in an area of the brainstem previously not described in the aetiology of narcolepsy. This finding may have implications for further understanding the aetiology of the disease and the specific neuronal populations involved. In addition to this, I show evidence from adipose tissue measurements in specific compartments, confirming that weight gain in narcolepsy is characterized by centrally located weight gain and may be specifically related to OX changes, but maybe not brown adipose tissue volume. The findings presented in this thesis provides new insights to the

pathophysiology of narcolepsy beyond the well-known depletion of OX producing neurons in the hypothalamus.

Sleepyhead Henry Nicholls, 2018-03-01 When Henry Nicholls was twenty-one, he was diagnosed with narcolepsy: a medical disorder causing him to fall asleep with no warning. For the healthy but overworked majority, this might sound like an enviable condition, but for Henry, the inability to stay awake is profoundly disabling, especially as it is accompanied by mysterious collapses called cataplexy, poor night-time sleep, hallucinations and sleep paralysis. A writer and biologist, Nicholls explores the science of disordered sleep, discovering that around half of us will experience some kind of sleep dysfunction in our lives. From a CBT course to tackle insomnia to a colony of narcoleptic Dobermans, his journey takes him through the half-lit world of sleep to genuine revelations about his own life and health. Told with humour and intelligence, Sleepyhead uses personal reflections, interviews with those with sleep disorders and the people who study them, anecdotes from medical history and insights from art and literature to change the way we understand our sleeping hours.

Negative Impact of Narcolepsy on Our Personality Phillip C.WHYTE, 2021-09-09 Narcolepsy is a continuous rest issue depicted by overwhelming daytime sleepiness and unexpected attacks of rest. People with narcolepsy often feel that it is difficult to stay cognizant for broad time frames, paying little psyche to the conditions. Narcolepsy can cause real breaks in your consistently plan. Contrary to what certain people acknowledge, narcolepsy isn't related to awfulness, seizure issues, passing out, clear shortfall of rest or various conditions that may cause odd rest plans. Narcolepsy is a continuous condition for which there's no fix. In any case, medications and

lifestyle changes can help you with managing the signs. Sponsorship from others -- family, sidekicks, administrator, instructors -- can help you with adjusting to narcolepsy. APPEARANCES The appearances of narcolepsy most normally start between the ages of 10 and 25. They may crumble for the underlying very few years, and a while later continue until the end of time. They include: Unnecessary daytime sleepiness. People with narcolepsy fall asleep out of nowhere, wherever, at whatever point. For example, you may unexpectedly nod off while working or visiting with sidekicks. You may rest for two or three minutes or up to a half-hour before stirring and feeling resuscitated, yet finally you fall asleep again. You moreover may experience reduced sharpness for the term of the day. Excessive daytime sluggishness normally is the chief incidental effect to appear and is regularly the most risky, making it difficult for you to center and totally work. Surprising loss of muscle tone. This condition, called cataplexy, can cause different genuine changes, from slurred talk to get done with weakness of most muscles, and may continue to go for a few minutes to several minutes. Cataplexy is wild and is set off by outrageous sentiments, for the most part great ones like laughing or enthusiasm, yet to a great extent fear, shock or shock. For example, your head may hang fiercely or your knees may suddenly catch when you chuckle. Certain people with narcolepsy experience only two or three scenes of cataplexy a year, while others have different scenes step by step. Only one out of every odd individual with narcolepsy experiences cataplexy. Rest loss of movement. People with narcolepsy consistently experience a momentary inability to move or talk while falling asleep or subsequent to waking. These scenes are ordinarily short -- persevering through several minutes -- anyway can

be frightening. You may think about the condition and experience no difficulty checking on it sometime later, whether or not you had no impact over the thing was coming to pass for you. This rest loss of movement reflects the sort of ephemeral loss of movement that customarily occurs during speedy eye improvement (REM) rest, the hour of rest during which most dreaming occurs. This momentary inactivity during REM rest may hold your body back from continuing dream activity. Few out of every odd individual with rest loss of movement has narcolepsy, nevertheless. Numerous people without narcolepsy experience a couple of scenes of rest loss of movement, especially in energetic adulthood. Psyche flights. These psyche flights are called hypnagogic dreams if occurring as you fall asleep and hypnopompic mental excursions if occurring in the wake of waking. Since you may be semi-cognizant when you begin dreaming, you experience your dreams as this present reality, and they may be particularly striking and alarming

Unveiling the Energy of Verbal Beauty: An Emotional Sojourn through **Narcolepsy**

In a global inundated with displays and the cacophony of immediate transmission, the profound power and psychological resonance of verbal art usually disappear into obscurity, eclipsed by the continuous barrage of sound and distractions. Yet, located within the musical pages of **Narcolepsy**, a fascinating perform of literary beauty that impulses with natural thoughts, lies an memorable journey waiting to be embarked upon. Published with a virtuoso wordsmith, this exciting opus guides readers on an emotional odyssey, softly exposing the latent potential and profound affect stuck within the delicate web of language. Within the heart-wrenching expanse with this evocative

analysis, we can embark upon an introspective exploration of the book's main subjects, dissect their captivating publishing fashion, and immerse ourselves in the indelible impact it leaves upon the depths of readers' souls.

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