

Medical Health Tracker

Warren C. Bivens

Medical Tracker Pocket Version Genius Press,2018-11-06 Do you ever just wish you had a convenient place to keep track of all your medical details? It's so easy to let all that get past you and before you know it, you can't remember which doctor said what, or what your next steps are after getting treatment. This journal and tracker will solve that problem for you! It has so many convenient pages for you to keep your medical history, and this particular journal is doubly easy to work with because there is plenty of room for one year's worth of medical information, in a convenient, pocket-sized 6 X 9 size. Here are the trackers that are included: -Basic Patient Information -Medical Providers -Insurance information -Appointment Records - Medication List -Medications Taken -Blood Pressure Readings -Blood Glucose Readings -Weight Record -Family Medical History There is also a section for notes, questions and comments for your doctor, to help you to remember all the important information you need to convey. All this information is in a convenient 6 X 9 journal. There's plenty of room for you to write all your pertinent information. This journal is good for both young and geriatric patients, people who have chronic conditions or who just want to keep track as they get older. It's so convenient, you'll want to get one for yourself and all the people you know, so they too can have a convenient place to record their medical details and history.

Tracking Medicine John E. Wennberg,2010-08-26 Written by a groundbreaking figure of modern medical study, Tracking Medicine is an eye-opening introduction to the science of health care delivery, as well as a powerful argument for its relevance in shaping the future of our country. An indispensable resource for those involved in public health and health policy, this book uses Dr. Wennberg's pioneering research to provide a framework for understanding the health care crisis; and outlines a roadmap for real change in the future. It is also a useful tool for anyone interested in understanding and forming their own opinion on the current debate.

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My Medical Journal Caregiver Journals Brigade, 2019-04-04 It costs money to stay healthy, but it's even more expensive to get sick. This Medical Journal comes with full features pre-formatted pages that you need, to track of your medical appointments, blood pressure & sugar tracking while keeping all the medical history and doctor's contact in one place! ***USE AMAZON LOOK INSIDE

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Medication Log Amy Little, 2020-08-19 Medication Log: Track Personal Medications Information, Medicine Details Health Tracker, Keep Daily Record Notes, Medical Book, Journal, Logbook This personal Medication Log notebook, logbook can help you keep track of your daily medicine taken. Perfect for tracking blood pressure medicine, migraine medicine, etc. Each interior page is a 2 page layout that has section & space to record: How Are You Feeling Today? - Write details of how you felt, stress level, any headaches you had, if blood sugar was high, etc. Any Side Effects? - Notes to record any adverse symptoms you had from medication. How Did You Sleep? Diary of monitoring your sleep history, what is helping insomnia, etc. I Am Worried About . . . Write the things you have concerns about. I Want To Ask My Doctor . . . Record the issues you want to talk to your doctor about. Date & Time Log the time, date & day. Medication Name & Dose - Medicines you take, what time, does it require to be taken with food. This will be great to take the doctors office for your physician to look over while under his or her care or in an emergency situation. Also makes a great gift. Easy to use & manage. Large size of 6x9 inches, 110 pages, white paper, soft matte finish cover, paperback. Order one today!

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Blood Pressure Log Book Edna P. Carr, 2019-09-26 Blood Pressure Log Book is Daily Personal Record and Monitor Tracking Numbers About Heart Beats Diastolic Pressure, Systolic Pressure, Heart Rate (Pulse), Weight and notes all in one place with this compact Blood Pressure Record Book. Easily track the following with your blood pressure log book Book Details: - Portable 6in x 9in size - easy to take with you - 52 Weeks run Monday to Sunday - Cover: Soft, matte cover - Track: Time Blood Pressure - Systolic & Diastolic - 4 times a day Heart Rate (Pulse) Weight Comments

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