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Cannabis Breeding James Loud, 2019-08-06 A detailed guide on seed germination, cloning, pollen, setting up a facility, understanding genetics, and creating regular, feminized, and auto flower seeds.

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From Crook to Cook Snoop Dogg, 2018-10-23 Welcome to tha Boss Dogg's Kitchen The first cookbook and recipe book from Tha Dogg: You've seen Snoop work his culinary magic on VH1's Emmy-nominated Martha and Snoop's Potluck Dinner Party, and now, Tha Dogg's up in your kitchen...with his first cookbook. Recipe book that delivers 50 recipes straight from Snoop's own collection: Snoop's cookbook features OG staples like Baked Mac & Cheese and Fried Bologna Sandwiches with Chips, and new takes on classic weeknight faves like Soft Flour Tacos and Easy Orange Chicken. And it don't stop...Snoop's giving a taste of the high life with remixes on upper echelon fare such as Lobster Thermidor and Filet Mignon. But we gotta keep it G with those favorite munchies too, ya know? From chewy Starbursts to those glorious Frito BBQ Twists, you should have an arsenal of snacks that'll satisfy. And of course, no party is complete without that Gin and Juice and other platinum ways to entertain. If

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420 Meditations Kerri Connor,2021-04-08 Daily Meditations with Cannabis for Deep Sacred Experiences Discover 420 accessible meditations that have been designed to enhance your spiritual journey and integrate the insights and healing energies of cannabis. 420 Meditations provides daily prompts for contemplation, self-inquiry, and reflection, as well as chants, mantras, breathwork techniques, and more. Learn how to work with the energy of stones and essential oils, explore recipes for engaging your sense of taste, and listen to the songs and natural sounds that author Kerri Connor recommends for your sessions. In addition to daily cannabis meditations, this book provides meditations corresponding to moon phases, sabbats, elements, chakras, and auras. With tips for reaching peak experiences and integrating all your senses into your practice, this book supports your quest for a life of mindfulness and peace.

Chronicles of Wasted Time Malcolm Muggeridge, 1972 This first volume of the autobiography of an inveterate journalist and communicator ends in 1933 when the author was 30.

The 420 Gourmet JeffThe420Chef,2016-06-28 The foodie's guide to cannabis: a smart, sophisticated, and beautifully illustrated cookbook for at-home chefs wanting to safely create and experience their own edibles JeffThe420Chef is revolutionizing the world of edibles. He first began cooking with cannabis to help a close friend's mother manage the pain, nausea, and discomfort from her cancer treatments. Over time, he developed a process for infusing cannabis into butters and oils that neutralizes the smell and taste, leading to a new understanding of edibles and their potential for medicinal use. In The 420 Gourmet, JeffThe420Chef combines his funloving approach to cooking with practical information about marijuana—including guidelines for safe dosing (along with a comprehensive dosage calculator), summaries of the principal strains and their typical effects, and details on the herb's medical and recreational benefits. Jeff includes step-by-step instructions for his signature "light-tasting" canna-butter and canna-oils, the secrets behind his outrageously delicious and truly unique recipes. Once you create these staple ingredients yourself, it becomes easy to incorporate cannabis into everyday dishes—and the "pot-sibilities" are endless! From brunch and small plates to salads and gourmet dinners—and featuring gluten-free, vegetarian, vegan, and kosher options—The 420 Gourmet elevates the edible experience. Jeff's precise dosage guidelines expand the horizons of cannabis cuisine, which will no longer be limited to a few bites of a brownie. These mouthwatering recipes are fully adaptable to your goals, whether you need a full-course meal for nourishment and pain management or a quick snack to help you focus, relax, and enhance your creativity. The 420 Gourmet will educate and entertain new and longtime cannabis users alike while serving as the ultimate guide to cannabliss.

Psychedelic Cannabis Daniel McQueen, 2021-09-28 • Explains how cannabis can be used to treat trauma and emotional pain, as a profound problem-solving tool, and as a potent catalyst for self-transformation and ongoing healing work • Shares methods to minimize the unwanted effects, such as intensified anxiety and paranoia, and direct the experience to produce deep physical relaxation and, when needed, elevated healing states • Details how to blend cannabis strains for specific kinds of psychedelic experiences and how to prepare for your sessions to ensure success Despite the recent resurgence of interest in the therapeutic potential of psychedelics, Cannabis sativa as a psychedelic therapy has been completely overlooked. Yet, as psychedelic specialist Daniel McQueen reveals, when used skillfully and with intention, cannabis can be used to treat trauma and other mental health concerns just as psilocybin mushrooms and MDMA can. It can also be used as a problem-solving tool and as a potent catalyst for self-actualization and ongoing healing work. Presenting a step-by-step guide, McQueen explores how to transform cannabis into a reliable and safe psychedelic medicine. Drawing on his years of experience working with clients to release traumas and emotional pain and step into their full potential, he explains the importance of proper dose, set, setting, and intention and details how to prepare for your psychedelic cannabis sessions to ensure success. He shares methods to use cannabis in a specialized and mindful way to minimize unwanted effects, such as intensified anxiety and paranoia, and direct the experience to produce vivid psychedelic states, deep physical relaxation, and healing. Looking at the unique qualities of di erent cannabis strains, the author explores the art of making a psychedelic cannabis blend, the possibilities and hidden potentials of each strain, and how to blend strains for specific medicine experiences, ranging in similarity to MDMA, psilocybin, and even ayahuasca. Unveiling new depth to this a

2011 Nurse's Drug Handbook Jones Learning, 2010-06-29 Jones and Bartlett Publishers 2011 Nurses Drug Handbook is the most up-to-date, practical, and easy-to-use nursing drug reference! It provides accurate, timely facts on hundreds of drugs from abacavir sulfate to Zyvox; concise, consistently formatted drug entries organized alphabetically; no-nonsense writing style that speaks your language in terms you use everyday; index of all generic, trade, and alternate drug names for quick reference

Sloth Wisdom Inc Peter Pauper Press, 2015-10-06 There's a lot to be said for taking life a little easier, like our sloth friends do. As Mahatma Gandhi once said, ''There is more to life than increasing its speed.''In rest, we find replenishment, and sometimes those leaps of brilliance that come only when we're relaxed and open to them. So, to quote Sylvia Boorstein, ''Dont just do something, sit there.'' And kick back with this little book of quotations from sages of slow, from Shakespeare to Charles M. Schulz, from Aesop to Maya Angelou.Charming illustrations of sloths throughout.Adorable mini book comes with cute 24K gold-plated charm, which may be kept on the ribbon bookmark or worn on a bracelet or necklace.80-page full-color hardcover mini book with dust jacket.Invitingly priced!Book measures 3-1/4 inches wide by 4 inches high.

Our Enemies in Blue Kristian Williams, 2015-08-03 Let's begin with the basics: violence is an inherent part of policing. The police represent the most direct means by which the state imposes its will on the citizenry. They are armed, trained, and authorized to use force. Like the possibility of arrest, the threat of violence is implicit in every police encounter. Violence, as well as the law, is what they represent. Using media reports alone, the Cato Institute's last annual study listed nearly seven thousand victims of police misconduct in the United States. But such stories of police brutality only scratch the surface of a national epidemic. Every year, tens of thousands are framed, blackmailed, beaten, sexually assaulted, or killed by cops. Hundreds of millions of dollars are spent on civil judgments and

settlements annually. Individual lives, families, and communities are destroyed. In this extensively revised and updated edition of his seminal study of policing in the United States, Kristian Williams shows that police brutality isn't an anomaly, but is built into the very meaning of law enforcement in the United States. From antebellum slave patrols to today's unarmed youth being gunned down in the streets, peace keepers have always used force to shape behavior, repress dissent, and defend the powerful. Our Enemies in Blue is a well-researched page-turner that both makes historical sense of this legalized social pathology and maps out possible alternatives.

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