

# Janeways Addiction

Rebecca Shannonhouse

**I Am Your Disease** Sheryl Letzgus McGinnis, Heiko Ganzer, 2006-10 Mom, nobody wakes up one day and decides to be an addict. The stories contained in this book are about people from every walk of life, socioeconomic levels, religious and ethnic backgrounds whose lives were intertwined with people who didn't decide to be an addict. They all share one common bond - living with, and loving an addicted person. Contained within the pages of this book are stories by bereaved parents who have suffered the ultimate loss: The loss of their precious child. Read how addiction, whether it be drugs, alcohol or gambling, destroys not only the addicted person, but their entire circle of friends and family. No one escapes the tentacles of addiction. Like an octopus it reaches its deadly arms around us and squeezes the very life out of all of us. Our society is affected in ways we never imagined. Read excerpts from middle school students on the peer pressures they face today. Read about pharming and other code words used by kids. Read the stories of parents who have gone through hell, sacrificing their very sanity trying to save their child. The profiles of these children will change your mind about what kind of people do drugs. GOOD KIDS DO DRUGS TOO! And they're dying by the thousands from high profile celebrities to the boys and girls next door. It isn't always heroin or cocaine that's killing them. Prescription pill abuse is growing at an alarming rate and parents need to know about this.

**Addiction** Barbara Gottfried Hollander, 2011-12-15 Readers will gain a beginning understanding of addiction, its symptoms and treatments.

**Never Enough** Judith Grisel, 2019-02-19 A NEW YORK TIMES BESTSELLER From a renowned behavioral neuroscientist and recovering addict, a rare page-turning work of science that draws on personal insights to reveal how drugs work, the dangerous hold they can take on the brain, and the surprising way to combat today's epidemic of addiction. Judith Grisel was a daily drug user and college dropout when she began to consider that her addiction might have a cure, one that she herself could perhaps discover by studying the brain. Now, after twenty-five years as a neuroscientist, she shares what she and other scientists have learned about addiction, enriched by captivating glimpses of her personal journey. In *Never Enough*, Grisel reveals the unfortunate bottom line of all regular drug use: there is no such thing as a free lunch. All drugs act on the brain in a way that diminishes their enjoyable effects and creates unpleasant ones with repeated use. Yet they have their appeal, and Grisel draws on anecdotes both comic and tragic from her own days of using as she limns the science behind the love of various drugs, from marijuana to alcohol, opiates to psychedelics, speed to spice. With more than one in five people over the age of fourteen addicted, drug abuse has been called the most formidable health problem worldwide, and Grisel delves with compassion into the science of this scourge. She points to what is different about the brains of addicts even before they first pick up a drink or drug, highlights the changes that take place in the brain and behavior as a result of chronic using, and shares the surprising hidden gifts of personality that addiction can expose. She describes what drove her to addiction, what helped her recover, and her belief that a "cure" for addiction will not be found in our individual brains but in the way we interact with our communities. Set apart by its color, candor, and bell-clear writing, *Never Enough* is a revelatory look at the roles drugs play in all of our lives and offers crucial new insight into how we can solve the epidemic of abuse.

**Chancers** Susan Stellan, Graham MacIndoe, 2016-06-07 In this powerful memoir of addiction, prison, and recovery, a reporter and a photographer tell their gripping story of falling in love, the heroin habit that drove them apart, and the unlikely way a criminal conviction brought them back together. Books for a Better Life Award Finalist • LitHub Best Book of the Month When Susan Stellan asked Graham MacIndoe to shoot her author photo for an upcoming travel book, she barely knew him except for a few weekends with mutual friends at a summer house in Montauk. He was a gregarious, divorced Scotsman who had recently gotten sober; she was an independent New Yorker who decided to take a chance on a rough-around-the-edges guy. But their relationship was soon tested when Susan discovered that Graham still had a drug habit he was hiding. From their harrowing portrayal of the ravages of addiction to the stunning chain of events that led to Graham's arrest and imprisonment at Rikers Island, *Chancers* unfolds in alternating chapters that offer two perspectives on a relationship that ultimately endures against long odds. Susan follows Graham down the rabbit hole of the American criminal justice system, determined to keep him from becoming another casualty of the war on drugs. Graham gives a stark, riveting description of his slide from brownstone Brooklyn to a prison cell, his gut-wrenching efforts to get clean, and his fight to avoid getting exiled far away from his son and the life he built over twenty years. Beautifully written, brutally honest, yet filled with suspense and hope, *Chancers* will resonate with anyone who has been touched by the heartache of addiction, the nightmare of incarceration, or the tough choice of leaving or staying with someone who is struggling on the road to recovery. By sharing their story, Susan and Graham show the value of talking about topics many of us are too scared to address. Praise for *Chancers* "Stellan and MacIndoe, in entries sometimes akin to fighters in the ring, tell the story of their lives as MacIndoe rides a roller-coaster life of drug addiction and prison. . . . [Chancers] grabs in a voyeuristic way and propels page-turning to find out what happens next in a saga no soap opera could create."—The Buffalo News "Emotionally resonant and evenly structured, their tandem chronicle resists overly romanticizing their bittersweet interactions to focus on the dedication and devotion necessary to make their already-complicated relationship survive the fallout of critical hardships. An emotionally complex and intensely personal binary memoir of addiction and sustainable love."—Kirkus Reviews

**Addiction in America: Society, Psychology, and Heredity** Ida Walker, 2014-09-02 Almost 40 percent of people living in the United States have an addiction to alcohol, drugs, or some form of tobacco. These addictions cost Americans hundreds of billions of dollars every year. Clearly, addiction is an enormous problem. *Addiction in America: Society, Psychology, and Heredity* takes a look at what leads people to a life of addiction—the social, psychological, and hereditary factors that might make an individual susceptible to addiction. This book provides you with an overview of one of the most serious problems facing American society today.

**Stay Close** Libby Cataldi, 2009-04-28 During his early teens, Jeff Bratton started using drugs. At first, alcohol and pot, but quickly he spiraled into using cocaine, ketamine, crystal meth and eventually heroin. How could this wonderful son, loving brother, and star athlete lose himself to drugs? How could his parents be so clueless? How could his mother, the long-term head of a private school, be so blind? Stagli vicino, an Italian recovering addict told the author. Stay close—never leave him, even when he is most unlovable. This is not a book about saving a child. It is a book about what it means to stay close to a loved one gripped by addiction. It is about one son who came home and one mother who never gave up hope. *Stay Close* is one mother's tough, honest, and intimate tale that chronicles her son's severe drug addiction, as it corroded all relationships from the inside out. It is a story of deep trauma and deep despair, but also of deep hope—and healing. Here is Libby Cataldi's story about dealing with addiction without withdrawing love, learning to trust again while remaining attuned to lies, and the cautious triumph of staying clean one day at a time. He told her, Mom, never quit believing. And she didn't.

**It's in My Genes** Jasmine G. Pearce, 2017-04-10 Addiction is a disease that affects many lives, and it's something that is still being studied. But while there is no cure, there is hope—a hope for people who suffer with addiction. Some people may find the help they need, but many others may not. *It's in My Genes* is a true story of a young girl who grew up watching the struggle of her own mother fighting alcoholism only to wind up herself in a devastating battle against addiction at a young age. Hopeless on getting help or having a chance at a better life, she found herself having to face the heartbreak that she caused her family. But through the many tears and self-harming thoughts, she clawed her way out of something many people cannot. And with the right help and support, Jasmine turned her life around just in time to pursue one of her greatest passions in life, and to rekindle the strongest bond anyone could have—family. *It's in My Genes* is a story of hope, and it is an inspiration to anyone who suffers from addiction—a chance to see that getting better is possible. But admitting that you need help is the first step. You must want it before you get it.

**Jagged No More** Lorelie Rozzano, 2016-06-03 Lyndsey's life has finally turned around. She's clean and sober, has her dream job working in addictions, and is married to a wonderful and supportive man. They have even taken in Billy, the fiery and unpredictable child of her old friend, Dee, who still battles with active addiction. But when Lyndsey begins to learn the secret about her own long lost son, the line between her personal life and the ethics of her work begin to blur. Soon she is forced to choose between her own feelings and those of the people she is entrusted to protect. Meanwhile, Declan's hopes for freedom continue to be delayed. Released from prison on strict conditions, he finds himself in a shady rehab centre populated by a strange and questionable cast of characters. No matter, he'll just call his mom and sweet talk her into busting him out, like she always

does. He hatches a plan with the centre's resident drunk that should have him back on top and high out of his mind in no time. He soon finds out, though, that Susan has no intention of giving in again. With Lyndsey's help, she realizes that Declan isn't the only addict in the family. Her own sickness has caused her to bow to his every whim for too long, and it's finally time to set things right. Together they face an unknown future and the last chance to save what's left of her family. Jagged No More is the third in the Jagged series. From the desperation of Dee's daily struggle to Lyndsey's devotion to helping those in need, it shows both the darkest depths of addiction, and the light that finds a way to shine though. It is a story of life, loss, compassion, and love....

*Addiction Without A Hit* Betty Dixon,2011-11-04 This book is about a young women (a single mother) who fell in love with a young man, who fell in love with a drug. His drug of choice was crack and he would do anything to get it. After the birth of her fourth child, his first things really got bad. The young woman lost almost everything including herself esteem, but the story did not end there. Through her answering the call of God she was able to regain what she lost and more. So this corroborates there is life in every dead situation.

*Loaded* Jill Talbot,2007-09-28 Having an addiction can follow the path of a great relationship that goes sour: there's the first blush of romance, the seduction ("you know you want to"), and the downward spiral into either obsession or breaking free. Jill Talbot is no stranger to addiction. Part autobiography, part exposé, *Loaded: Women and Addiction* weaves Talbot's own battles with addiction with various addiction stories of other women. The result is a captivating, honest look at the allure of addiction—be it to sex, drugs, alcohol, food, adventure, or infidelity—and ultimately its betrayal. Though addiction can be seductive, if you're waking up with guilt or making choices that harm others, it's probably a clue that things are out of control. Throughout *Loaded*, Talbot's razor-sharp honesty, heartbreaking self-awareness, and resolve to reveal the difficult truth of her relationship with past and present addictions is humbling and sometimes gut-wrenching. In sharing her struggles and her resolve to attain control over her addictions, Talbot speaks her truth while sending a message of hope to women everywhere.

*Hooked* Chloe Shantz-Hilkes,2013-02-01 This collection of ten true stories is based on interviews with people who, in their youth, lived with an addicted parent or sibling. The subjects speak honestly about what it was like to grow up with a family member addicted to alcohol, drugs, food, pills, or gambling. While describing how they managed to cope, interviewees explore the full range of situations and emotions they experienced—from denial, anger, and confusion to acceptance and forgiveness. Their maturity, sensitivity, and even their sense of humor will give teens going through similar situations the important realization that there are many ways to break free from the chains of others' addictions.

**Under the Influence** Rebecca Shannonhouse,2003-02-04 Drawing on two centuries of important literary and historical writings, Rebecca Shannonhouse has shaped a remarkable collection of works that are, in turn, tragic, compelling, hilarious, and enlightening. Together, these selections comprise a profound and truthful portrait of the life experience known as addiction. *Under the Influence* offers classic selections from fiction, memoirs, and essays by authors such as Tolstoy, Cheever, Parker, and Poe. Also included are topical gems by writers who illuminate the causes, dangers, pleasures, and public perceptions surrounding people consumed by excessive use of drugs, alcohol, and tobacco. Recent provocative works by Abraham Verghese, the Barthelme brothers, Margaret Bullitt-Jonas, and others expand and modernize the definition of addiction to include sex, gambling, and food. Together, these incomparable writings give shape and meaning to the raw experience of uncontrollable urges. Shannonhouse's recent anthology, *Out of Her Mind: Women Writing on Madness*, is also available as a Modern Library Paperback.

**Loss Of Innocence** Carren Clem,Ron Clem,2012-05-31 The Clems were a family living the American dream until their fifteen-year-old daughter Carren became addicted to Meth. Within two months of first taking the highly addictive drug, Carren had moved out of the family home, spent her entire savings on Meth and resorted to stealing, dealing and prostitution to pay for her habit. Told from both Carren's perspective and from the perspective of her father Ron, *Loss of Innocence* shares the shocking story of how a middle-class girl growing up in a stable home could get so lost. A former LA police officer, Ron describes how he went back to being a cop to try to rescue his daughter and how he suffered a heart attack in the street when he witnessed Carren selling herself to a drug dealer; Carren shares the events leading up to her first taste of drugs, and her descent into addiction with moving candour and dignity. Carren is now clean and sober, and in this frank, compelling book she and her family prove that there can be life after drug addiction.

**Unraveled** Laura Cook Boldt,Tom H. Boldt,2020-11-10 With intense courage and candor, mother and son coauthors, Laura and Tom Boldt, share the raw accounting of Tom's journey into alcohol and drug addiction and how that trauma reverberated throughout their circle of family, friends, and extended family. The book also charts Laura, who has a backstory. She is more than a mother standing by watching the life of her promising young son come undone. She has struggled with alcohol addiction firsthand but remains emotionally and physically sober and present for her son during his collision course with disaster. The Boldt family's love and compassion is palpable as they work their way through deep fear, sleepless nights, and crushing setbacks. This is a riveting portrayal of the agonies of addiction and how one family faced their issues and found a stronger, more sustainable path forward. Many readers will undoubtedly see themselves in these stories and will come away with an abiding sense of hope—not just for Tommy and Laura, but for themselves, too. The writing in *Unraveled* is brilliant and fresh, and the two voices working together and against each other makes *Unraveled* even more memorable. Tommy's gift for zingy one-liners energizes the story and contrasts cleverly with Laura's witty yet measured and concerned maternal tone. *Unraveled* is a tale of chaos and near-death experiences that shares personal and private moments and the intense challenges and grueling work it takes to get sober and remain sober. It's a unique story of a mother and son's journey that ends with on-your-knees epiphanies that leave both parent and child asking for help. This tandem narrative is a compelling testimony of bravery and honesty that, with edgy and surprising humor, charts a family's slow climb out of the abyss of pain into the full power of faith, redemption, and healing.

**Jennifer Needle in Her Arm: Healing from the Hell of My Daughter's Drug Addiction** Bonnie Kaye,2014-08-10 Jennifer Needle in Her Arm explores the emotional turmoil that parents go through when they have either lost a child to drugs or have to deal with a child currently addicted to drugs. Bonnie Kaye, who lost her daughter Jennifer in 2002 at the age of 22, suffered the guilt and shame almost all good parents go through in the aftermath of losing a child to drugs. In this book, Kaye talks about the journey she and her daughter went through together, and how in the end, nothing she did changed the outcome. She shares some articles she wrote in the years following her loss to help people understand what parents go through with a drug-addicted child. Kaye has also included a number of heart-wrenching writings that Jennifer gave to her to share with others in hopes that they would read about her pain and not have her daily struggles of survival. One passage includes these words of despair and hope: Dear Addiction, What have I ever done to you to deserve all this pain and agony? You have taken everything from me. My family's trust, my family's sleep, my sleep, my apartment, car, jewelry, etc. But worst of all you've taken my sanity, my life, and me. I think of you every day. I even dream about you at night. I'm sure your only thoughts about me are to totally destroy me. I love you yet hate you so much. No matter how hard I fight, you are stronger. I'm 19 but feel 69 because of you. You have robbed me of my childhood. Because of you I have killed, robbed, sold drugs, sold myself, and hurt everyone close to me. You're a liar!!!! You swore you would make things easier for me. You swore I wouldn't have to worry about anything. You promised fun and heaven. But all you have given me is hurt and agony and a living hell. This is my life and I'm taking it back. I'm going to win this battle. I PROMISE. The book is comforting to parents who continue to suffer from shame, guilt, and feelings of helplessness. They will realize they are not alone--and they are not responsible.

*Island Shelter* Karen Kiaer,2012-05-01 *Island Shelter* recounts the childhood, young adulthood and current life experiences of Karen Kiaer, a woman who overcame great odds to recover from the disease of alcoholism. Daughter, wife, mother, and now grandmother, every woman who struggles with addiction and who self medicates yet continues to pretend everything is under control will learn the valuable insights that helped transform Karen's attitudes through painful personal traumas, and out the other end of a very long journey the journey of alcohol recovery. After losing her husband to cancer, Karen finds herself alone with three young boys to raise, no job, no money, multiple lawsuits, fears of the mob seeking retribution against her husband for non payment of loans, an out of touch, insensitive mother, and a notice that her beautiful island home has been placed on the public auction block. The nurturing tenderness and intimacy of a nine year relationship with another woman may have helped her back to psychic wholeness, but in the end, for addicts, if the relationship is not meant to be forever, the sexual behavior simply becomes another

addiction, another way to fill up the hole' of separation and emptiness. All of these things Karen does to escape, avoid, and numb out' the stash of fears and pain that has been embedded deep in her cells for decades, like chiggers that fester and brood until someone finally puts a match to them. Her journey shows us how, when faced with adversity and uncertainty, the battle between the higher self and the destructive self is fierce. What helps get her through the cravings and temptations is her love of gardening which quickly becomes a physical and meditative outlet. An art major in college, she had always found joy in the creative process, so painting and pottery become new ways for expressing her creativity in moments without pain.' The good news of all of this is that while we addicts may still have a lot of work to do, we are nowhere where we used to be. This generation's cycle of abuse and addiction has been broken. There's no need to numb out' anymore you've learned how to love yourself, all of you, including the bad. And with that love comes peace.

**Good Morning, Destroyer of Men's Souls** Nina Renata Aron,2021-04-20 A scorching memoir of a love affair with an addict, weaving personal reckoning with psychology and history to understand the nature of addiction, codependency, and our appetite for obsessive love “Ferocious . . . glints with hard-won truths . . . Aron lights a path through the darkness of her past toward a better future.”—Los Angeles Times NAMED ONE OF THE BEST BOOKS OF THE YEAR BY PARADE “The disease he has is addiction,” Nina Renata Aron writes of her boyfriend, K. “The disease I have is loving him.” Their love affair is dramatic, urgent, overwhelming—an intoxicating antidote to the long, lonely days of early motherhood. Soon after they get together, K starts using again, and years of relapses and broken promises follow. Even as his addiction deepens, she stays, convinced she is the one who can get him sober. After an adolescence marred by family trauma and addiction, Nina can’t help but feel responsible for those suffering around her. How can she break this pattern? If she leaves K, has she failed him? Writing in prose at once unflinching and acrobatic, Aron delivers a piercing memoir of romance and addiction, drawing on intimate anecdotes as well as academic research to crack open the long-feminized and overlooked phenomenon of codependency. She shifts between visceral, ferocious accounts of her affair with K and introspective analyses of the part she plays in his addictions, as well as defining moments in the history of codependency, from the temperance movement to the formation of Al-Anon to more recent research in the psychology of addiction. Good Morning, Destroyer of Men’s Souls is a blazing, bighearted book that illuminates and adds nuance to the messy tethers between femininity, enabling, and love. Praise for Good Morning, Destroyer of Men's Souls “Unflinching . . . Aron writes in gripping prose about the thrills and dangers of her own substance use and relationship with K—their weak-kneed passion and wolfish needs, as well as her guilt-ridden enabling and savior-complex optimism.”—San Francisco Chronicle “In Nina Renata Aron’s scorching, unvarnished memoir, an addiction story gets spun from the perspective of the helpless partner, the lover too stuck in a dangerous dynamic to find her way out.”—Entertainment Weekly “A raw and eloquently unflinching memoir.”—Kirkus Reviews

**Hindsight: The Unraveling Effects of Addiction** Denise Williams,2020-09-25 This is the compelling story of one family’s devastating struggles through addiction—the seemingly white picket fence family’s downfall. It takes you through “typical” teenage underage drinking and house parties, following the misuse of recreational drugs that lead to major accidents, arrests, and tragedy. What should have been a successful happy family’s future became a life of addiction, depression, and lies that all lead to the destruction of one family. Ryan and Matt, twin brothers, were your all-American boys. Some would say everything going for them—good looks, smart, athletic, and musically gifted. On the outside they had it all, but on the inside, they both had a dark secret hidden from everyone that led them both down a black hole. The book talks about a mother’s and daughter’s journey to help her sons and brothers get the help they needed. Fighting every step of the way in a world that stigmatizes against addiction, which has very limited resources and treatment.

**Writers on the Edge** Diana Raab,James Brown,2012-01-01 Major contemporary authors offer a range of essays, memoirs, and poetry that brings fresh insight into the dark world of addictionNfrom drugs and alcohol to sex, gambling, and food.

**Addicted?** Marilyn Freimuth,2008 We first encounter the memorable Durrell family in Gerald Durrell's immortal My Family and Other Animals when, as a small child, he moves to the island of Corfu with his single mother and siblings just before World War II. Here we meet, for the first time, the whole Durrell gang: the overbearing and insufferably clever older brother, Lawrence; sister Margo, whose genius for the wrong word is only matched by her obsession with her complexion and weight and her interest in boys; brother Leslie, whose primary passion in life appears to be firearms and the eradication of the local wildlife; and the ever-patient and forbearing mother, who tries desperately to hold this household of clever and determined souls together. In addition, there are the local characters: Spiro, the loyal family retainer and go-to guy when the inevitable emergency arises; Theodore, the brilliant, if slightly eccentric, teacher and companion; and, of course, the two family dogs, Widdle and Puke. But beyond the wildly funny moments, the stream of exotic visitors, and the inevitable adventures, we can see the making of a world-class naturalist, a young boy, not even in his teens, intrigued, in fact seduced, by the animals that surround him - lizards and snakes, birds and amphibians - all observed with curiosity, recorded with accuracy, and often (to everyone's disapproval) transported home for further observation. This is really the story of a youngster who has the good fortune to discover his passion early in life, along with the ability to impart it to the reader with charm, humor, and infectious enthusiasm. Book jacket.

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web to put that another way meiosis in humans is a division process that takes us from a diploid cell one with two sets of chromosomes to haploid cells ones with a single set of chromosomes in humans the haploid cells made in meiosis are sperm and eggs  
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fundamental process for sexual reproduction in  
eukaryotes occurring in single celled  
eukaryotes and in most multicellular  
eukaryotes including animals and most plants  
hence meiosis is of significant interest as far as  
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demonstrate how chromosomes and alleles  
segregate during meiosis meiosis gametes  
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the progenitors of sperm and eggs through the  
process of meiosis meiosis is the process in  
which a diploid germ cell diploid meaning that  
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