

Ice Emergency Contact

Linda Loosli

The Backup Plan Ice My Phone Kit Laura Greenwald,Janet Greenwald,2015-02-09 Did you know your smartphones can save your family's lives? The secret is letting your phone do the talking for you in an emergency. And the best part is, ICEing your phone is not only easy, it's fun, especially when you use our custom ICE Contact Graphics. The ICE My Phone Kit also comes with downloadable Medical Information Forms and Emergency Wallet Cards. Learn how to put an ICE Contact on every phone - no matter what kind of phone you have - in just minutes!

The Backup Plan ICE My Phone Kit Core Risk Edition Laura Greenwald,2015-12-03 Learn How To Put An ICE Contact On Every Phone, In Just Minutes... Did you know your smartphone can save your life? It can also save your spouse's life, your kid's lives and the lives of everyone you love! The secret is letting your phone do the talking for you in an emergency. How? With ICE, your in case of emergency contact. And it's even better when you add an emergency wallet card, medical information forms and a plan for tracking down & gathering every member of even the busiest of families, in five minutes flat. All of which you'll find in one book - The ICE My Phone Kit, Core Risk Edition. Learn how to ICE every major type of phone - it only takes a couple of minutes Learn what information to put in your family's ICE Contacts Learn how to create ICE Contacts that work even if you password protect your phone Learn how to fill out your kid's emergency contact cards the right way Learn how to turn your phone into a mobile command center - or if you'd rather, your very own Bat Phone. Comes with ICE Graphics you can place on your phone to make your ICE Contact stand out And you'll also receive downloadable medical information forms, family gathering/evacuation plan and emergency wallet cards you can use for each member of the family.

Break ICE - The SYSO Way Mohan Aakula,2021-02-17 AFTER YOU CALL EMERGENCY AND BEFORE IT ARRIVES It is those vital moments, those few minutes, sometimes those golden seconds during which, proper first aid is administered that decides between life and death. We are in a world where everything is on the move at high speeds. In these times of advanced technology and heavy loads, terrorist activities and natural disasters galore, anything can happen anywhere and anyhow to anybody. Caution is restricted to the boards. Factories, construction sites, in the fields and on the roads or just about anywhere has become a place of threat. Every area has become an accident prone zone. IN CASE OF EMERGENCY (ICE) - YOU HAVE TO ACT FAST AND BE PREPARED. Everyone should know about first aid - the life saving essential tool - for others and for yourselves learn first aid techniques – it helps and saves lives. This book is designed as precisely as possible in bullets. Keep this book handy along with a first aid kit. This book would be of great help to service oriented or social service organizations that may want to work as volunteers during relief operations, to train themselves and others.

At Your Fingertips Janet Greenwald,Laura Greenwald,2020-10-17 What if I told you there was one thing that you have with you right now, that can give you the support, the information and ability you need to keep everyone and everything you love safe and sound... PLUS the power to gather your family in seconds no matter where they are? What is it? It's your smartphone. Introducing At Your Fingertips, an easy to read, easy to use guide that has everything you need to turn your smartphone into your very own life preserver. In it you'll learn how to: Put an ICE Contact on every major type of phone. The right way. In minutes. Create ICE Contacts that work on password protected phones Find & gather every member of even your family in minutes Turn your phone into your very own mobile command center. Downloadable medical information forms, family gathering/evacuation plan and emergency wallet cards. BTW, what's an ICE Contact? It's an in case of emergency contact on your smartphone that contains your emergency contacts along, basic medical, prescription drug and allergy information. Are you ready to armor-plate your family? Just grab a copy of At Your Fingertips and let's get started. This book comes with bonus downloadable materials. Look for the link inside the book to download the bonuses to your computer or device.

Emergency Notification Robert C. Chandler,2010-09-21 This text provides critical information to help organizations improve their emergency communications, including the tools, automation technology, and processes of crisis notification. To grasp the importance of emergency notification, imagine this scenario: A shooter is on the loose at a college campus. Chaos reigns. To contain the situation, campus personnel need to communicate immediately and efficiently, not only with the students, faculty, and staff, but also the local police, federal law enforcement, and media. Effective emergency notification makes things right, it allows the right message to reach the right people at the right time—facilitating the right response. Emergency Notification explains how. This book offers must-know information for business security, senior management, human resources staff, government policymakers, and emergency planners, examining what, when, how, why, and with whom to communicate during crises. This text also covers risk communication, message mapping, information loading, audience comprehension, and practical issues like testing emergency notification systems.

Connected Laura Greenwald,Janet Greenwald,2016-07-28 Did you know your smartphones can save your family's lives? The secret is letting your phone do the talking for you in an emergency. And the best part is, ICEing your phone is not only easy, it's fun, especially when you use our custom ICE Contact Graphics. Connected also comes with downloadable Medical Information Forms and Emergency Wallet Cards. Learn how to put an ICE Contact on every phone - no matter what kind of phone you have - in just minutes!

Android Smartphones For Seniors For Dummies Marsha Collier,2021-11-24 The quickest and easiest way to outsmart your Android smartphone Android smartphones, like the Samsung Galaxy and Google Pixel models, offer great ways to simplify and enhance your life. From easy ways to stay in touch with your friends and family to helpful reminders for everyday tasks, Android phones can keep you connected and current at all times. Sometimes, though, the learning curve can seem a little steep. But it doesn't have to! Android Phones For Seniors For Dummies is your one-stop guide to discovering the essentials on how to take charge of your Android-powered phone. It skips the techspeak and confusing jargon to deliver key information in a straightforward and reader-friendly way. With this book, you'll learn to: Navigate your way around your smartphone so you can easily open and close apps, access info, and see photos Read your email and messages so you can stay in touch with the important people in your life Secure your phone so you can be assured that you, and only you, can access the sensitive data on it Printed using larger-print type and accompanied by full-color pictures that show you how to apply the step-by-step instructions, this easy handbook is the only resource you'll need to make the most of your Android phone.

How to Care for Aging Parents, 3rd Edition Virginia Morris,2014-02-11 “The bible of eldercare”—ABC World News. “An indispensable book”—AARP. “A compassionate guide of encyclopedic proportion”—The Washington Post. And, winner of a Books for a Better Life Award. How to Care for Aging Parents is the best and bestselling book of its kind, and its author, Virginia Morris, is the go-to person on eldercare for the media, appearing on Oprah, TODAY, and Good Morning America, among many other outlets. How to Care for Aging Parents is an authoritative, clear, and comforting source of advice and support for the ever-growing number of Americans—now 42 million—who care for an elderly parent, relative, or friend. And now, in its third edition, it is completely overhauled and updated, chapter-by-chapter and page-by-page, with the most recent medical findings and recommendations. It includes a whole new chapter on fraud; details on the latest “aging in place” technologies; more helpful online resources; and everything you need to know about current laws and regulations. Also new are fill-in worksheets for gathering specifics on medications; caregivers’ names, schedules, and contact info; doctors’ phone numbers and addresses; and other essential information in one handy place at the back of the book. From having that first difficult conversation to arranging a funeral and dealing with grief—and all of the other important issues in between—How to Care for Aging Parents is the essential guide.

Prepare Today Survive Tomorrow LG Wellington,2014-04-01 This book will introduce you to a wealth of information on emergency preparation, and will provide your family or organization with important strategies, insights, tips, guidelines, and lists on how to prepare for a disaster. Survival planning is nothing

more than realizing a disaster could happen that would put everyone in a survival situation and, with that in mind, taking steps to increase your chances of survival. Although helping others is certainly meaningful, worthwhile, and in some cases, necessary, the main emphasis of all household or organization team members should be to purchase, gather, and store resources and supplies for your own team members. Everyone must be encouraged and expected to provide for themselves. We have been encouraged through religious, education, scientific, and government media to prepare for these future events.

An Analysis of Ice Storm Impacts, Warnings, and Emergency Management Response David A. Call, 2007

Ice Queen H. C. Cardona, 2020-10-04 After recovering from Friday night, private investigator Mika Chalmers is trying to piece together what happened to her. Detective Alex Beech is up in arms about what happened, blaming himself for leaving her alone with a sergeant who's looking more and more untouchable, especially with no evidence. Eric Foresburg, her kind-of boyfriend, wants to take her away from all of this. Mika just wants to solve the case - which is hard to do since she can't remember anything. Due to both men unknowingly putting pressure on her, Mika enlists the help of someone completely unexpected: smarmy defense attorney and pain her butt, Ryan King. Everyone thinks Sergeant Bill McNally is responsible for what happened to Mika. He was present and he conducted the interview after everyone left. But evidence starts cropping up that it could be the one person Mika would never expect: Detective Alex Beech. If Mika doesn't solve this crime soon, Beech is going to be put away for a crime she knows he didn't commit. But she can't solve the crime if she doesn't remember what happened. With the heated chemistry of Castle and the unpredictable twists and turns of Bones, hockey fans are devouring this new romantic mystery series.

Life's Little Emergencies Rod Brouhard, 2011-11-21 Written in plain English with a touch of humor (the best medicine) Life's Little Emergencies is a medical crisis handbook for active independent seniors and caregivers alike. The first section of the book covers techniques for conditions common to senior citizens: skin tears, fractures, and dehydration to name just a few. It discusses life-saving techniques like CPR and the Heimlich Maneuver. More than just a first aid book, it also discusses learning life-saving skills, assessing and treating an injury, the great outdoors, and much more. There are do-it-yourself first aid tips as well as ways to be prepared for an emergency, advice on when to reach out for help, and how to take care of oneself. Full of practical, clear, and easy-to-understand advice, this resource prepares any household with older members for any medical emergency--

Highlights on Practical Applications of Agents and Multi-Agent Systems Juan Manuel Corchado Rodríguez, Javier Bajo Pérez, Jaroslaw Kozlak, Pawel Pawlewski, Jose M. Molina, Vicente Julián, Ricardo Azambuja Silveira, Rainer Unland, Sylvain Giroux, 2013-04-17 This book constitutes the refereed proceedings of the Workshops which complemented the 11th International Conference on Practical Applications of Agents and Multi-Agent Systems, PAAMS 2013, held in Salamanca, Spain, in May 2013. This volume presents the papers that have been accepted for the workshops: Workshop on Agent-based Approaches for the Transportation Modeling and Optimization, Workshop on Agent-Based Solutions for Manufacturing and Supply Chain, Workshop on User-Centric Technologies and Applications, Workshop on Conflict Resolution in Decision Making, Workshop on Multi-Agent System Based Learning Environments, Workshop on Multi-agent based Applications for Sustainable Energy Systems, Workshop on Agents and multi-agent Systems for AAL and e-Health

Fundamentals of Paramedic Practice Sam Willis, Roger Dalrymple, 2015-01-27 An essential text for the aspiring student paramedic, Fundamentals of Paramedic Practice makes paramedic science and pre-hospital care accessible, straightforward and exciting. It assumes no prior knowledge of the subject, presenting the must-have information that students need about both the theory and practice of what it means to be a paramedic. With extensive full-colour illustrations throughout, as well as activities and scenarios, this user-friendly textbook will support paramedic students throughout their course.

The Natural Disaster Survival Handbook Outdoor Life, 2016-06-14 How to survive a range of natural disasters, from extreme weather to earthquakes and tsunamis, to peril from outer space. Find all the lifesaving advice you need to combat all that Mother Nature can throw at you. A must-have for anyone concerned about protecting his or her home, family, and own life. Get ready to protect your home, with the right emergency kit and first aid supplies. Be ready for earthquakes, floods, blizzards, and other natural disasters wherever you may be. Learn simple tips and techniques for treating common injuries, assessing danger, and getting to safety fast.

A Student Guide to Health [5 volumes] Yvette Malamud Ozer, 2012-09-07 This comprehensive, five-volume reference set is aligned with the National Health Education Standards, containing up-to-date, scientifically based information on a variety of health and wellness topics relevant to high school students. A Student Guide to Health: Understanding the Facts, Trends, and Challenges provides straightforward, factual, and accessible information about a multitude of health issues. It is an essential reference set that provides high school students, teachers, and administrators with a comprehensive health and wellness education resource that aligns with National Health Education Standards and common health curriculum. This expansive five-volume set is ideal for students' research projects; highly useful as a resource for community college and public library patrons, librarians, teens, and parents; and is a suitable supplement to any health education curriculum. Each chapter includes up-to-date, evidence-based information that provokes further examination and encourages critical thinking to evaluate the validity of information encountered about health and wellness topics. Each chapter provides an abundance of references and lists of resources for further information, including books, articles, websites, organizations, and hotlines. Special attention is paid to social trends that affect youth health and wellness, such as bullying, eating disorders, steroid abuse, sexting, and the peer pressure associated with drug use and abuse.

Prepare Your Family for Survival Linda Loosli, 2015-12-08 Parents care about keeping their families safe, hydrated, fed, and healthy on a daily basis; yet, every year families face unforeseen situations that threaten those necessities. It could be a natural disaster like a hurricane or blizzard, or a man-made emergency situation like a power outage or food shortage. Is your family prepared? In 'Prepare Your Family for Survival,' readers learn the basics of water and food storage--where to start and what to work toward for serious preparation--as well as 72-hour kits and evacuation plans. Readers also get helpful guides to follow once their family is in an emergency, like how to stay clean with a limited water supply, how to cook with emergency cooking devices, and how to survive in the dark. Linda Loosli is the founder of the prepping blog Food Storage Moms. She is an expert on emergency preparedness. With this book in their possession, readers will sleep soundly at night knowing that their families won't be caught unprepared for the next emergency. -- Publisher annotation

Hot Ice Gregg Loomis, 2013-05-21 One man stands between the United States and a conspiracy that threatens Western civilizationDIV/divDIVThough not on the government payroll, Jason Peters kills for Uncle Sam. NARCOM is a private corporation that does what the CIA doesn't have the nerve to do, and Peters is its best operative--until the job gets the best of him. He completes his last mission and happily retires to Italy, swearing to his girlfriend that he's through with his deadly past. He has just settled into a peaceful life when NARCOM comes knocking./divDIV /divDIVA contractor for the organization has been shot while on assignment in Iceland, and refuses to talk to anyone but Peters. NARCOM convinces the ex-agent to go, swearing it will be a quick, fact-finding mission. But behind this simple assignment lurks a massive environmental conspiracy, and Peters quickly finds there is no one he can trust other than himself./divDIV/divDIV/divDIV/div

The iPhone Book Scott Kelby, Terry White, 2012-02-14 If you're looking for a book that focuses on just the most important, most useful, and most fun stuff about your iPhone 4S, iPhone 4, or iPhone 3GS--you've found it. There are basically two types of iPhone books out there: (1) The "tell-me-all-about-it" kind, which includes in-depth discussions on everything from wireless network protocols to advanced compression codes. (2) Then there's this book, which instead is a "show-me-how-to-do-it" book that skips all the confusing techno-jargon and just tells you, in plain, simple English, exactly how to use the iPhone features you

want to use most. The iPhone Book is from Scott Kelby, the award-winning author of the smash bestseller, The iPod Book. Scott takes that same highly acclaimed, casual, straight-to-the-point concept and layout and brings it to learning Apple’s amazing iPhone. Scott teams up once again with gadget guru and leading iPhone authority Terry White to put together a book that is an awful lot like the iPhone itself–simple to use and fun to learn. The book’s layout is brilliant, with each page covering just one single topic, so finding the information you need is quick and easy, with a large full-color photo on each page so you can see exactly how it works. The first edition of this book was named Best Computer Book of 2007 and, since then, Scott and Terry have added even more tips and tricks, and made it even easier by focusing on just the most useful and most requested iPhone 4S, 4, and 3GS features (without all the techno-babble), so you can start really using your iPhone today!

The Ultimate Prepper's Guide Jay Cassell,2014-06-03 The Ultimate Preppers' Guide is packed with practical approaches, step-by-step instructions, and how-to explanations for disaster and emergency preparation. Knowledge maps, flow charts, and templates provide important information at a glance and walk you through your decisions on personalizing and customizing disaster preparation for you, the family, and your business. The Ultimate Preppers' Guide is logically organized, easy to reference, and simple to understand. It provides diverse coverage of disaster prep topics, including a comprehensive look at disaster first aid and medical problems where there are no responders or hospitals immediately available. This book brings you up to date on emerging prep trends and technologies and examines what works and what doesn’t. It explains how to prep with the budget you have and with many of the materials you already have at hand. It includes chapters on basic preparedness, communications, resource conservation, power and energy, emergency heating and cooling, water, food and nutrition, shelter, evacuation, public health, special needs, and specific hazards. This book will not just get you ready beforehand. When a disaster has happened, it will provide ideas for surviving, coping, and recovering.

The Top Books of the Year Ice Emergency Contact The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous compelling novels captivating the hearts of readers worldwide. Lets delve into the realm of bestselling books, exploring the captivating narratives that have captivated audiences this year. The Must-Read : Colleen Hoovers "It Ends with Us" This touching tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover expertly weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can triumph. Uncover the Best : Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This intriguing historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids captivating storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Ice Emergency Contact : Delia Owens "Where the Crawdads Sing" This evocative coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens crafts a tale of resilience, survival, and the transformative power of nature, captivating readers with its evocative prose and mesmerizing setting. These popular novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of engaging stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a brilliant and thrilling novel that will keep you speculating until the very end. The novel is a cautionary tale about the dangers of obsession and the power of evil.

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