Good Life Gourmet

Amy McCoy

Good Life San Francisco Budget Gourmet Peter Massik,1997-01-01 Looking for great food values? San Francisco Budget Gourmet shows you how to enjoy the Bay Area's amazing culinary diversity at budget prices, from ethnic eateries that are incredibly inexpensive to affordable splurges worth every penny. More than 600 reviews coveting the whole Bay Area -- San Francisco, San Jose and Silicon Valley, Marin, the East Bay, and the Wine Country. Includes detailed neighborhood maps. Providing more than just cheap eats, Budget Gourmet tells you where to find great food at terrific prices.

Good Life Cooking Jacques Pépin,1994 In this attractive edition (formerly titled Today's Gourmet II), each of the 100 delicious, healthy, and stylish recipes from the star of PBS's Today's Gourmet is accompanied by a nutritional analysis. This compendium of fast, easy, and mouth-watering recipes approaches traditional French dishes with a sense of innovation. Color photos. Line drawings.

Today's Gourmet II Jacques Pépin,1992 This newest offering from Pepin promotes the light, health-conscious approach to classic cooking that has become his trademark. The delicious dishes range from appetizers to desserts, including Lobster in Artichoke Bottoms; Tuna Steak au Poivre; Chicken in Coriander Sauce; Red Pepper Pasta with Walnuts; Spinach, Ham, and Parmesan Souffle; and more. 16 color photos; line drawings.

Poor Girl Gourmet Amy McCoy,2010-09-14 Love eating well but hate paying a lot? Amy McCoy's cookbook, Poor Girl Gourmet (based on her popular blog of the same name), features decadent and delectable recipes for foodies with limited budgets, but sophisticated tastes. In Poor Girl Gourmet, McCoy breaks down the costs for each dish while also offering money-saving strategies, including tips for growing and preserving your own food, as well as ideas for quick and delicious family meals. Each recipe serves at least four people, so it's perfect for families on a budget--because eating well while saving money is something that appeals to all of us. McCoy, knowing that a gourmet meal is enhanced by the proper wine, also reviews more than 25 affordable wine varietals and blends, with pairing suggestions for many of the dishes. And there is a chapter of splurges (\$15 to \$30 per entree for a family of four) for when you're feeling fancy. Because gourmets, regardless of their budget, appreciate a gorgeous cookbook, Poor Girl Gourmet bucks the pared-down trend in cost-conscious cookbooks, and is illustrated throughout with McCoy's own mouthwatering full-color photography.

Healthy Indulgences Lynn Fischer, Project Director in Smoking Research in the Department of Clinical Psychology Lynn Fischer, 1997-05

Eating Well, Living Better Michael S. Fenster, 2012-06-16 Michael Fenster, a cardiologist and professional chef, offers a realistic approach to losing weight, eating a balanced diet, and enjoying good food. He offers advice on reading labels, avoiding processed food, timing meals, adjusting portion sizes, and indulging once in a while in order to transform eating habits and maintain a healthy lifestyle.

Setting the Table for Julia Child David Strauss, 2020-03-03 Before Julia Child's warbling voice and towering figure burst into America's homes, a gourmet food movement was already sweeping the nation. Setting the Table for Julia Child considers how the tastes and techniques cultivated at dining clubs and in the pages of Gourmet magazine helped prepare many affluent Americans for Child's lessons in French cooking. David Strauss argues that Americans' appetite for haute cuisine had been growing ever since the repeal of Prohibition. Dazzled by visions of the good life presented in luxury lifestyle magazines and by the practices of the upper class, who adopted European taste and fashion, upper-middle-class Americans increasingly populated the gourmet movement. In the process, they came to appreciate the cuisine created by France's greatest chef, Auguste Escoffier. Strauss's impressive archival research illuminates

themes—gender, class, consumerism, and national identity—that influenced the course of gourmet dining in America. He also points out how the work of painters and fine printers—reproduced here—called attention to the aesthetic of dining, a vision that heightened one's anticipation of a gratifying experience. In the midst of this burgeoning gourmet food movement Child found her niche. The movement may have introduced affluent Americans to the pleasure of French cuisine years before Julia Child, but it was Julia's lessons that expanded the audience for gourmet dining and turned lovers of French cuisine into cooks.

Here's to the Good Life Joe RoosEvans,2014-12-12 The Financial Gourmet(tm) is more than just a book. It's a complete financial-educational program designed to help you understand how money really works in today's globally connected economy. Once empowered with the knowledge in this book, you will gain an understanding of new ways to take advantage of the greatest strategies, tools, and tactics for wealth creation. In short, it will teach you everything you need to know in order to get your finances on track, build wealth, and enjoy life--and you'll have fun doing it! This book is written in an easy-to-understand style to demystify money and simplify the planning process. With The Gourmet as your guide and financial strategies presented as easy-to-follow recipes, you will discover a new model for financial understanding and easy implementation.

The Unprejudiced Palate Angelo M. Pellegrini,2011-02-16 First issued in 1948, when soulless minute steaks and quick casseroles were becoming the norm, The Unprejudiced Palate inspired a seismic culinary shift in how America eats. Written by a food-loving immigrant from Tuscany, this memoir-cum-cookbook articulates the Italian American vision of the good life: a backyard garden, a well-cooked meal shared with family and friends, and a passion for ingredients and cooking that nourish the body and the soul.

My Kitchen Year Ruth Reichl, 2015-09-29 NEW YORK TIMES BESTSELLER | NAMED ONE OF THE BEST BOOKS OF THE YEAR BY Los Angeles Times • NPR • Men's Journal • BookPage • Booklist • Publishers Weekly In the fall of 2009, the food world was rocked when Gourmet magazine was abruptly shuttered by its parent company. No one was more stunned by this unexpected turn of events than its beloved editor in chief, Ruth Reichl, who suddenly faced an uncertain professional future. As she struggled to process what had seemed unthinkable, Reichl turned to the one place that had always provided sanctuary. "I did what I always do when I'm confused, lonely, or frightened," she writes. "I disappeared into the kitchen." My Kitchen Year follows the change of seasons—and Reichl's emotions—as she slowly heals through the simple pleasures of cooking. While working 24/7, Reichl would "throw quick meals together" for her family and friends. Now she has the time to rediscover what cooking meant to her. Imagine kale, leaves dark and inviting, sautéed with chiles and garlic; summer peaches baked into a simple cobbler; fresh oysters chilling in a box of snow; plump chickens and earthy mushrooms, fricasseed with cream. Over the course of this challenging year, each dish Reichl prepares becomes a kind of stepping stone to finding joy again in ordinary things. The 136 recipes collected here represent a life's passion for food: a blistering ma po tofu that shakes Reichl out of the blues; a decadent grilled cheese sandwich that accompanies a rare sighting in the woods around her home; a rhubarb sundae that signals the arrival of spring. Here, too, is Reichl's enlivening dialogue with her Twitter followers, who become her culinary supporters and lively confidants. Part cookbook, part memoir, part paean to the household gods, My Kitchen Year may be Ruth Reichl's most stirring book yet—one that reveals a refreshingly vulnerable side of the world's most famous food editor as she shares treasured recipes to be returned to again and again and again. Praise for My Kitchen Year "Ruth is one of our greatest storytellers today, which you will feel from the moment you open this book and begin to read: No one writes as warmly and engagingly about the all-important intersection of food, life, love, and loss. This book is a lyrical and deeply intimate journey told through recipes, as only Ruth can

do."—Alice Waters "What will send this book to the top of bestseller lists is the lovely way Reichl describes how dishes come together, like the Greek chicken soup with lemon and egg known as avgolemono, and her talent for assembling a collection of recipes her legions of former Gourmet fans will want to make themselves."—The Washington Post "The recipes make for lovely reading, full of Reichl's elemental wisdom. . . . In the best way possible, My Kitchen Year is cozy, the reading equivalent of curling up next to a fire with a glass of red wine and perhaps the scent of bread in the oven wafting over."—Vogue "If anyone can convince us that a dessert, plus two more fabulous dishes, can turn a crummy day around, it's culinary writer Ruth Reichl, who knows firsthand just how powerful food can be."—O: The Oprah Magazine "The voice is pure Reichl in a way that makes the reader yearn for a house in the country with a pantry full of staples. . . . And as she finds solace through cooking, we find comfort too."—Eater (Fall 2015's Best Cookbooks)

The Grassfed Gourmet Shannon Hayes, 2005-01-30 The original cookbook for grassfed and pastured meats that has become the classic go-to reference for the local food movement: "Farming is a world of its own," writes author and grass-based farmer Shannon Hayes, "tied more to the ebb and flow of nature than to the pulse of changing food trends." Take a passionate journey with The Grassfed Gourmet Cookbook through the lush, emerald-green fields of America's best pasture-based farms, where cattle, pigs, bison, goats, sheep, and poultry roam freely, eating what nature intended and acting on their natural instincts. In The Grassfed Gourmet Cookbook, Hayes details her own journey from farmer to foodie and back to the farm again. She lays out, in simple terms, the nutritional, environmental, social, and animal-welfare benefits of grass-fed foods and offers simple strategies for finding and preparing grass-fed meats and dairy products, as well as foolproof techniques for getting the most out of your purchases. Inside The Grassfed Gourmet Cookbook, you'll discover the unique flavors and distinct characteristics of foods that come from animals raised on pasture. You'll learn how meat and dairy products are meant to taste through a multitude of mouth-watering recipes, including Hayes's own and her favorites from other pasture-based farmers. Each recipe is carefully selected and tested, and geared toward home cooks who have a desire to eat healthy, home-cooked meals. "One of the greatest joys of cooking and serving grass-fed meats and dairy is knowing that they come from farmers who have made conscious choices about stewarding the land in environmentally responsible ways, raising livestock in a humane fashion, and living their own lives in accordance with their values. Here you'll meet many of those farmers and have access to their favorite recipes. It's my hope that as you read their stories and savor their favorite dishes, you'll come to realize the magnitude of your decision to support them and their colleagues by making grass-fed meats and dairy your first choice." - Shannon Haves, The Grassfed Gourmet Cookbook

Good Life Peninsula and Silicon Valley Restaurant Guide Good Life Publications, Peter Massik, 1997-09 The high-tech lifestyle in Silicon Valley has created a restaurant boom. This updated edition of the only restaurant guide for Silicon Valley, San Jose, and the Peninsula also includes San Francisco's best restaurants. It features concise, star-rated reviews of over 600 restaurants, detailed city maps, and indexes, plus Good Life's honest insights and irreverent wit.

Hegel's Idea of the Good Life Joshua D. Goldstein, 2005-12-29 In Hegel's Idea of the Good Life, Joshua D. Goldstein presents the first book-length study of the development and meaning of Hegel's account of human flourishing. This volume will be welcomed by philosophers and political theorists seeking to engage with the details of Hegel's early and mature social thought. By bringing Hegel's earliest writings into dialogue with his Philosophy of Right, Goldstein argues that Hegel's mature political philosophy should be understood as a response to his youthful failure to build a sustainable account of the good life upon the foundations of ancient virtue.

This study reveals how Hegel's mature response integrates ancient concerns for the well-ordered life and modern concerns for autonomy in a new, robust conception of selfhood that can be actualized across the full expanse of the modern political community.

The Amateur Gourmet Adam D. Roberts,2008-12-10 "A fast track to culinary bliss."—Frank Bruni, New York Times • "A sort of Rachael Ray for young foodie urbanites."—Boston Globe Self-taught chef and creator of the Amateur Gourmet website, Adam Roberts has written the ultimate "Kitchen 101" for anyone who's ever wanted to enjoy the rewards of good eating without risking burning down the house! In this deliciously illuminating and hilarious new kitchen companion, Roberts has assembled a five-star lineup of some of the food world's most eminent authorities. The result is a culinary education like no other. • Learn the "Ten Commandments of Dining Out" courtesy of Ruth Reichl, editor in chief of Gourmet magazine. • Discover why the New York Times's Amanda Hesser urges you never to bring a grocery list to the market. • Get knife lessons from a top sous-chef at Manhattan's famous Union Square Cafe, and much more. Packed with recipes, menu plans, shopping tips, and anecdotes, The Amateur Gourmet provides you with all the ingredients to savor the foodie lifestyle. All you need to add is a healthy appetite and a taste for adventure. Praise for The Amateur Gourmet "For anyone seeking to venture beyond toaster meals into the pleasurable world of sautéing and braising, Roberts is the perfect guide."—Matt Lee and Ted Lee, authors of The Lee Bros. Southern Cookbook "A funny little guide—thanks to Roberts' comic timing and frequent kitchen flops—to savoring life's flavor in pursuit of good eats."—New York Daily News "Amateurgourmet [online] is a food-world must read, offering an intelligent and witty view of food culture. Now Roberts moves to the head of the table with his new book."—Denver Post "A delightful and compelling new voice in the food world."—Michael Ruhlman, author of Charcuterie and The Reach of a Chef

Backpack Gourmet Linda Frederick Yaffe,2014-01-01 Improve your backpacking experience by creating the delicious and healthy home-dried meals and snacks featured in this book.

Pia's Mediterranean Inspirations Pia Balling,2008-06 Do you dream about enjoying the special Mediterranean atmosphere with tasty, simple and inspiring dishes that make your mouth water? Do you want to find out how to create these dishes in your own home and your own kitchen? Do you want to make your family and friends have this experience with you as the Master Chef? If your answer is yes, then you are reading the right book! Using Pia's Mediterranian-inspired cooking methods also gives you an added bonus: a lean and healthy body. I cooks all of my delicious dishes with only extra virgin olive oil and wine, which is how all of the food in this cookbook is prepared. You won't believe it but there is no butter! This way of cooking is found in many European countries, especially in Mediterranean areas, and is now growing in popularity among active people who love illustrious food and want to enjoy a good life while staying in excellent shape. Since you are reading this book, you are probably one of these people! I wish you a great time with these selected extra virgin olive oil and wine inspirations.

To the Good Life! Annemarie Huste,1990

Best of Gourmet 1992 Gourmet Magazine, Gourmet Magazine Editors, 1992 Do your holiday menus need a spark of new flavor? This November treat your guests to a Maryland Thanksgiving filled with American tradition and a dash of spice. Pimiento and Tabascoseasoned Crab Cakes, peppery Kale-Stuffed Onions, and Spiced Cranberry Sauce are just the lively accompaniments needed to bring the turkey to life! Tired of your typical burgers-and-coleslaw Labor Day barbecue? This year celebrate in style with a garden party featuring international fare. Thai-Style Steamed Dumplings with Coriander Dipping Sauce ... Shredded Pork with Tomato Salsa on Tortilla Chips ... Olive, Rosemary, and Onion Focaccia ... all dress up a Labor Day Cocktail Buffet. Whether it is an autumn fishing picnic in the

country, a summer luncheon by the sea, or a formal dinner for the winter holidays, let The Best of Gourmet, Volume VII be your source of year-round dining -- with 26 menus and over 500 recipes from which to choose. This edition of The Best of Gourmet is the largest volume ever, with more than 55 brand-new recipes, and over 80 pages of exquisite full-color photography. Here you will find the best recipes from the 1991 food columns of Gourmet Magazine, and much more! First, the Menu Collection assembles an album of outstanding entertaining ideas with menus and full-color photography from the Gourmet's Menus and Cuisine Courante columns. The Recipe Compendium follows in Part Two, with all of the recipes that are pictured in the Menu Collection, as well as selected recipes from the columns Gastronomie sans Argent, In Short Order, The Last Touch, and assorted feature articles. But the best of the best is not all that this volume has to offer. The editors of Gourmet now add an entirelynew section, Cuisines of the World, that will highlight a different cuisine each year. The international celebration begins with The Flavors of France, an exciting foray into French cooking that includes enticing new menus and spectacular full-color photography of the country and its food. And finally, A Gourmet Addendum explores the culinary versatility of spices in exciting all-new recipes. Gorgeous photography in the Menu Collection brings an assortment of entertaining ideas to life. Uncork the champagne and bring out the caviar to celebrate a very special occasion. Gourmet's Anniversary Party, starring Roast Fillet of Beef with Cornichon Tarragon Sauce and ending with the ultimate celebratory dessert, Chocolate Mousse and Raspberry Cream Dacquoise, is a gala experience that your guests will never forget. From an elegant Masquerade Dinner featuring Breast of Duck with Port Sauce, to a refreshing Swedish Midsummer Dinner that presents Assorted Canapes and Oven-Poached Salmon Steaks, to an easy and casual Pasta Dinner of Rigatoni with Shrimp in Tomato and Feta Sauce, here you will find menus to suit your every need. The Recipe Compendium is a bountiful assembly of updated old favorites as well as unexpected new finds. Inexpensive pleasers from Gastronomie sans Argent highlight new cheese specialties such as Spicy Macaroni and Cheese; Lemon Ricotta Pancakes with Sauteed Apples; and Cheddar, Bacon, and Scallion Souffle. You will also find sweet and savory crepes: Curried Seafood Crepes; Dilled Spinach Crepes with Avgolemono Sauce; and Mint Chocolate Souffle Crepes ... the choices go on and on. For the busy couple, In Short Order recipes offer easy fare for two that can be prepared in 45 minutes or less: Cream of Crab Meat Soup; Spicy Stir-Fried Orange Chicken; and Chocolate Raspberry Shortcakes ... to name a few. And, there are thematic recipes from The Last Touch that add that little something extra to your meal. Exceptional cold soups, vinaigrettes, dips, and potato salads are just a sampling of what's in store. This year, a new chapter, Cuisines of the World, explores the bounty of French cooking. Have you ever been tempted to make eclairs but thought the job too daunting? Here you will learn to make not only eclairs, but all of your other French favorites as well -- beef bourguignon, a fish terrine, and even an apple tart! The essentials of this outstanding cuisine, including basic recipes and techniques, are presented; then three inviting new menus follow and put these essentials to use. Let Gourmet take you to France, and lead you well on your way to French cooking know-how. Closing this year's edition, A Gourmet Addendum discovers the exotic flavors of spices with recipes for everyday living. Spiced Apple Refresher; Jalapeno and Cheddar Cornbread; and Gingered Shrimp Salad with Baby Corn and Sugar Snap Peas all add a little zip to your cooking! A General Index, an Index to 45-Minute Recipes, and an Index of Recipe Titles provide guick and easy access to all the recipes. And, a listing of Table Setting Acknowledgments supplies information on all items pictured in the menus. Throughout the years Gourmet has been a trusted guide to the art of good living. The Best of Gourmet, Volume VII continues the tradition with style. The Best of Gourmet, Volume VII is the largest volume ever! Filled with more than 500 recipes and over 80pages of magnificent full-color photography, this edition offers 26 inspired menus for the way we live today. This volume

introduces Cuisines of the World, a new section to The Best of Gourmet that will unlock the mysteries of a different cuisine each year. This year, the Flavors of France captures the glories of this exceptional country with full-color photographs, basic recipes, tips, and allnew menus. Plus, A Gourmet Addendum on spices proves that these little flavor enhancers can make a big difference in your cooking, with 24 enticing new recipes. Upholding the Gourmet tradition of timeliness, quality, and style, The Best of Gourmet, Volume VII is a must for the cook of the nineties.

Save Me the Plums Ruth Reichl,2020-05-05 NEW YORK TIMES BESTSELLER • "A delicious insider account of the gritty, glamorous world of food culture."—Vanity Fair In this "poignant and hilarious" (The New York Times Book Review) memoir, trailblazing food writer and beloved restaurant critic Ruth Reichl chronicles her groundbreaking tenure as editor in chief of Gourmet. A BEST BOOK OF THE YEAR: Real Simple, Good Housekeeping, Town & Country When Condé Nast offered Ruth Reichl the top position at America's oldest epicurean magazine, she declined. She was a writer, not a manager, and had no inclination to be anyone's boss. Yet Reichl had been reading Gourmet since she was eight; it had inspired her career. How could she say no? This is the story of a former Berkeley hippie entering the corporate world and worrying about losing her soul. It is the story of the moment restaurants became an important part of popular culture, a time when the rise of the farm-to-table movement changed, forever, the way we eat. Readers will meet legendary chefs like David Chang and Eric Ripert, idiosyncratic writers like David Foster Wallace, and a colorful group of editors and art directors who, under Reichl's leadership, transformed stately Gourmet into a cutting-edge publication. This was the golden age of print media—the last spendthrift gasp before the Internet turned the magazine world upside down. Complete with recipes, Save Me the Plums is a personal journey of a woman coming to terms with being in charge and making a mark, following a passion and holding on to her dreams—even when she ends up in a place she never expected to be.

Setting the Table for Julia Child David Strauss,

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