Fm 7 0 Training The Force 10

Department of the Army

Training the Force (FM 7-0) Department of the Army,2012-09-24 The U. S. Army exists for one reason—to serve the Nation. From the earliest days of its creation, the Army has embodied and defended the American way of life and its constitutional system of government. It will continue to answer the call to fight and win our Nation's wars, whenever and wherever they may occur. That is the Army's non-negotiable contract with the American people. The Army will do whatever the Nation asks it to do, from decisively winning wars to promoting and keeping the peace. To this end, the Army must be strategically responsive and ready to be dominant at every point across the full spectrum of military operations. Today, the Army must meet the challenge of a wider range of threats and a more complex set of operating environments while incorporating new and diverse technology. The Army meets these challenges through its core competencies: Shape the Security Environment, Prompt Response, Mobilize the Army, Forcible Entry Operations, Sustained Land Dominance and Support Civil Authorities. We must maintain combat readiness as our primary focus while transitioning to a more agile, versatile, lethal, and survivable Army. Doctrine represents a professional army's collective thinking about how it intends to fight, train, equip, and modernize. When the first edition of FM 25-100, Training the Force, was published in 1988, it represented a revolution in the way the Army trains. The doctrine articulated by FMs 25-100, Training the Force, and 25-101, Battle Focused Training, has served the Army well. These enduring principles of training remain sound; much of the content of these manuals remains valid for both today and well into the future. FM 7-0 updates FM 25-100 to our current operational environment and will soon be followed by FM 7-1, which will update FM 25-101. FM 7-0 is the Army's capstone training doctrine and is applicable to all units, at all levels, and in all components. While the examples in this manual are principally focused at division and below, FM 7-0 provides the essential fundamentals for all individual, leader, and unit training. Training for warfighting is our number one priority in peace and in war. Warfighting readiness is derived from tactical and technical competence and confidence. Competence relates to the ability to fight our doctrine through tactical and technical execution. Confidence is the individual and collective belief that we can do all things better than the adversary and the unit possesses the trust and will to accomplish the mission. FM 7-0 provides the training and leader development methodology that forms the foundation for developing competent and confident soldiers and units that will win decisively in any environment. Training is the means to achieve tactical and technical competence for specific tasks, conditions, and standards. Leader Development is the deliberate, continuous, sequential, and progressive process, based on Army values, that develops soldiers and civilians into competent and confident leaders capable of decisive action. Closing the gap between training, leader development, and battlefield performance has always been the critical challenge for any army. Overcoming this challenge requires achieving the correct balance between training management and training execution. Training management focuses leaders on the science of training in terms of resource efficiencies (such as people, time, and ammunition) measured against tasks and standards. Training execution focuses leaders on the art of leadership to develop trust, will, and teamwork under varying conditions—intangibles that must be developed

to win decisively in combat.

Training for Full Spectrum Operations Department of the Army,2008-12-12 FM 7-0, Training for Full Spectrum Operations, establishes the Army's keystone doctrine for training. Since FM 7-0 was last published, enough has changed in the nature of operational environments worldwide to merit a full review of its content and form. FM 7-0 is the guide for Army training and training management. It addresses the fundamental principles and tenets of training. FM 7-0 addresses the fundamentals of training modular, expeditionary Army forces to conduct full spectrum operations-simultaneous offensive, defensive, and stability or civil support operations-in an era of persistent conflict. Conducting effective training for full spectrum operations must be a top priority of senior leaders during both force generation and operational deployments. FM 7-0 incorporates new tenets for training modular organizations to conduct full spectrum operations. However, the manual has further developed the concepts in the 2002 version as well. The Army must not lose the many sound training practices used before 11 September 2001. In addition, the manual emphasizes that commanders should leverage the combat experience of seasoned individuals and their leaders in developing training plans. FM 7-0 cannot answer every training challenge of today's complex operational environments. It should, however, generate reflection and introspection on how Soldiers and units train for full spectrum operations as an expeditionary Army. FM 7-0 is organized as follows: * Chapter 1 discusses the environment in which training and operations occur. It stresses the need for the Army to prepare for full spectrum operations. The chapter concludes by discussing the aim point concept used to focus training on the most likely operational environments. * Chapter 2 focuses on the Army's seven principles of training and the supporting tenets that apply at all organizational levels and across all components. * Chapter 3 describes the Army Training System, defines training and education, describes the three training domains, and provides a brief discussion of leader development. * Chapter 4 describes Army training management. It begins by describing the effects of Army force generation and modular organizations on training management. Then it addresses how to develop the mission-essential task list. The bulk of the chapter discusses how to use the Army's training management model to plan, prepare, execute, and assess training.

Field Manual FM 7-0 Training Units and Developing Leaders for Full Spectrum Operations February 2011 US Army United States Government Us Army,2012-04-17 Field Manual (FM) 7-0, Training Units and Developing Leaders for Full Spectrum Operations, establishes the Army's keystone doctrine for training units and developing leaders for full spectrum operations, on a rotational cycle using Army force generation (ARFORGEN). FM 7-0 addresses the fundamentals of training modular, expeditionary Army forces and developing leaders to conduct full spectrum operations in an era of persistent conflict. To emphasize that the unit mission-essential task list (METL) must reflect full spectrum operations, this manual uses the phrase full spectrum operations METL. Conducting effective training for full spectrum operations must be a top priority of senior leaders during ARFORGEN and during operational deployments. FM 7-0 does not answer every training challenge of today's complex operational environments. It should, however, generate introspection on how Soldiers and units train for full spectrum

operations as part of an expeditionary Army. FM 7-0 provides just enough guidance to facilitate flexibility and innovative approaches to unit training and leader development. Chapter 1 discusses operational environments in which training, operations, and leader development occur. It stresses the need for the Army to prepare for full spectrum operations through unit training and leader development. Chapter 2 focuses on the Army's principles of training units and developing leaders that apply at all organizational levels and across all components. Chapter 3 describes Army training management. It focuses on using the Army training management model to plan, prepare, execute, and assess training for units in ARFORGEN force pools. FM 7-0 applies to all leaders at all organizational levels. All leaders are trainers. Leaders include officers, warrant officers, noncommissioned officers, and Army civilians in leadership positions. FM 7-0 applies to the Active Army, the Army National Guard (ARNG)/Army National Guard of the United States (ARNGUS), and the United States Army Reserve (USAR) unless otherwise stated.

FM 7-0 Train to Win in a Complex World U S Army,Luc Boudreaux,2021-02-28 FM 7-0, Train to Win in a Complex World, describes how the Army trains to win. With that focus, the Army develops training readiness and the capabilities that support Army and joint force commanders. FM 7-0 applies to all leaders at all organizational levels. All leaders are trainers. Leaders include officers, warrant officers, noncommissioned officers, and Department of the Army Civilians in leadership positions.

Train to Win in a Complex World (FM 7-0) Headquarters Department Of The Army,2019-07-18 Field Manual FM 7-0 Train to Win in a Complex World October 2016 FM 7-0, Train to Win in a Complex World, expands on the fundamental concepts of the Army's training doctrine introduced in ADRP 7-0. The Army's operations process is the foundation for how leaders conduct unit training. It also places the commander firmly at the center of the process and as the lead of every facet of unit training. FM 7-0 supports the idea that training a unit does not fundamentally differ from preparing a unit for an operation. Reinforcing the concepts, ideas, and terminology of the operations process while training as a unit makes a more seamless transition from training to operations. This publication focuses on training leaders, Soldiers, and Army Civilians as effectively and efficiently as possible given limitations in time and resources.

21st Century U.S. Military Manuals Department of Defense,U. S. Military,U. S. Army,2017-10-29 Training the Force Field Manual (FM 25-100 - FM 7-0) is the Army's capstone training doctrine and is applicable to all units, at all levels, and in all components. While the examples in this manual are principally focused at division and below, FM 7-0 provides the essential fundamentals for all individual, leader, and unit training. Training for warfighting is our number one priority in peace and in war. Warfighting readiness is derived from tactical and technical competence and confidence. Competence relates to the ability to fight our doctrine through tactical and technical execution. Confidence is the individual and collective belief that we can do all things better than the adversary and the unit possesses the trust and will to accomplish the mission. FM 7-0 provides the training and leader development methodology that forms the foundation for developing competent and confident soldiers and units that

will win decisively in any environment. Training is the means to achieve tactical and technical competence for specific tasks, conditions, and standards. Leader Development is the deliberate, continuous, sequential, and progressive process, based on Army values, that develops soldiers and civilians into competent and confident leaders capable of decisive action. Closing the gap between training, leader development, and battlefield performance has always been the critical challenge for any army.

Army Field Manual FM 7-0 (Training the Force) United States Army,2007 The U.S. Army exists for one reason-to serve the Nation. From the earliest days of its creation, the Army has embodied and defended the American way of life and its constitutional system of government. It will continue to answer the call to fight and win our Nation's wars, whenever and wherever they may occur. That is the Army's non-negotiable contract with the American people. FM 7-0 is the Army's capstone training doctrine and is applicable to all units, at all levels, and in all components. While the examples in this manual are principally focused at division and below, FM 7-0 provides essential fundamentals for all individual, leader, and unit training.-From the Preface.

Training the Force Department of the Army,2002-10-22 The U. S. Army exists for one reason-to serve the Nation. From the earliest days of its creation, the Army has embodied and defended the American way of life and its constitutional system of government. It will continue to answer the call to fight and win our Nation's wars, whenever and wherever they may occur. That is the Army's non negotiable contract with the American people. The Army will do whatever the Nation asks it to do, from decisively winning wars to promoting and keeping the peace. To this end, the Army must be strategically responsive and ready to be dominant at every point across the full spectrum of military operations. Today, the Army must meet the challenge of a wider range of threats and a more complex set of operating environments while incorporating new and diverse technology. The Army meets these challenges through its core competencies: Shape the Security Environment, Prompt Response, Mobilize the Army, Forcible Entry Operations, Sustained Land Dominance and Support Civil Authorities. We must maintain combat readiness as our primary focus while transitioning to a more agile, versatile, lethal, and survivable Army. Doctrine represents a professional army's collective thinking about how it intends to fight, train, equip, and modernize. When the first edition of FM 25-100, Training the Force, was published in 1988, it represented a revolution in the way the Army trains. The doctrine articulated by FMs 25-100, Training the Force, and 25-101, Battle Focused Training, has served the Army well. These enduring principles of training remain sound; much of the content of these manuals remains valid for both today and well into the future. FM 7-0 updates FM 25-100 to our current operational environment and will soon be followed by FM 7-1, which will update FM 25-101. FM 7-0 is the Army's capstone training doctrine and is applicable to all units, at all levels, and in all components. While the examples in this manual are principally focused at division and below, FM 7-0 provides the essential fundamentals for all individual, leader, and unit training. Training for warfighting is our number one priority in peace and in war. Warfighting readiness is derived from tactical and technical competence and confidence. Competence relates to the ability to fight our doctrine through tactical and technical execution. Confidence is the individual and

collective belief that we can do all things better than the adversary and the unit possesses the trust and will to accomplish the mission. FM 7-0 provides the training and leader development methodology that forms the foundation for developing competent and confident soldiers and units that will win decisively in any environment. Training is the means to achieve tactical and technical competence for specific tasks, conditions, and standards. Leader Development is the deliberate, continuous, sequential, and progressive process, based on Army values, that develops soldiers and civilians into competent and confident leaders capable of decisive action. Closing the gap between training, leader development, and battlefield performance has always been the critical challenge for any army. Overcoming this challenge requires achieving the correct balance between training management and training execution. Training management focuses leaders on the science of training in terms of resource efficiencies (such as people, time, and ammunition) measured against tasks and standards. Training execution focuses leaders on the art of leadership to develop trust, will, and teamwork under varying conditions intangibles that must be developed to win decisively in combat. Leaders integrate this science and art to identify the right tasks, conditions, and standards in training, foster unit will and spirit, and then adapt to the battlefield to win decisively.

FM 7-0 Train to Win in a Complex World Department of Department of the Army,2020-11-14 FM 7-0 Train To Win In A Complex World FM 7-0, Train to Win in a Complex World, describes how the Army trains to win. With that focus, the Army develops training readiness and the capabilities that support Army and joint force commanders. FM 7-0 applies to all leaders at all organizational levels. All leaders are trainers. Leaders include officers, warrant officers, noncommissioned officers, and Department of the Army Civilians in leadership positions. Why buy a book you can download for free? We print the paperback book so you don't have to. First you gotta find a good clean (legible) copy and make sure it's the latest version (not always easy). Some documents found on the web are missing some pages or the image quality is so poor, they are difficult to read. If you find a good copy, you could print it using a network printer you share with 100 other people (typically its either out of paper or toner). If it's just a 10-page document, no problem, but if it's 250-pages, you will need to punch 3 holes in all those pages and put it in a 3-ring binder. Takes at least an hour. It's much more cost-effective to just order the bound paperback from Amazon.com We include a Table of Contents on the back cover for quick reference. We print these paperbacks as a service so you don't have to. The books are compact, tightly-bound paperback, full-size (8 1⎵2 by 11 inches), with large text and glossy covers. 4th Watch Publishing Co. is a SDVOSB. https://usgovpub.com

Battle Focused Training (FM 7-1) Department of the Army,2012-09-30 Battle Focused Training, FM 7-1, is the Army's doctrinal foundation for how to train, and it is applicable to all units and organizations of the Army. It explains how the Army assesses, plans, prepares, and executes training and leader development; it is critical to all the Army does. The goal of this manual is to create leaders who know how to think and apply enduring training principles to their units and organizations. FM 7-0 introduces the training cycle, the linkage of Army training and leader development, and the three domains where training occurs—the operational, institutional, and self-development domains. FM 7-1 defines The Army Training System, outlines who is responsible for training and

training support, and describes how to conduct training. This top-to-bottom understanding of training—ranging from policy and resources allocation at Headquarters, Department of the Army to unit and organization methods—is critical to executing training successfully and to linking the three domains where training occurs. The training doctrine in this manual will shape Army training regulations and support unit and organization training plans. The emphasis is on teaching leaders to think through the training process, as opposed to simply following a prescribed method. There is no training model or strategy that can achieve warfighting readiness in a unit without intensive leadership to build both competence and confidence. FM 7-1 builds on task, condition, and standards-based training. Knowing the task, assessing the level of proficiency against the standard, and developing a sustaining or improving training plan is the essence of all Army training and development. But warfighting readiness is about more than just technical competence. It is about developing confidence through trust—soldier-to soldier, leader-to-led, and unit-to-unit—and the will to succeed. It is about leadership. Understanding how to conduct tough, realistic training at every echelon of the Army sets the foundation for successful multi echelon, joint, interagency, and coalition operations. Leaders train the unit and organizational capabilities required to fight and win across the full spectrum of operations. This manual provides leaders with the doctrinal guidelines for how to train, and is the basis for successful training and operations. Soldiers have never let the nation fail—it is essential to train soldiers and units to uphold the Army's nonnegotiable contract with the American people—to fight and win the nation's wars, decisively.

FM 7-22 Army Physical Readiness Training Headquarters Department of the Army,2018-09-16 Field Manual 7-22 encompasses the US Army Physical Readiness Training program in its entirety. This is a must have reference for all leaders and Soldiers in order to fully understand and implement PRT (Physical Readiness Training) at the Squad, Company / Battery / Troop and higher levels. This 6x9 inch paperback is perfect for personal use and carry, and is designed to fit with other books published in this series.

Field Manual FM 7-0 Train to Win in a Complex World October 2016 United States Government US Army,2017-01-28 Field Manual FM 7-0 Train to Win in a Complex World October 2016 FM 7-0, Train to Win in a Complex World, expands on the fundamental concepts of the Army's training doctrine introduced in ADRP 7-0. The Army's operations process is the foundation for how leaders conduct unit training. It also places the commander firmly at the center of the process and as the lead of every facet of unit training. FM 7-0 supports the idea that training a unit does not fundamentally differ from preparing a unit for an operation. Reinforcing the concepts, ideas, and terminology of the operations process while training as a unit makes a more seamless transition from training to operations. This publication focuses on training leaders, Soldiers, and Army Civilians as effectively and efficiently as possible given limitations in time and resources. It also aims to ensure that leaders incorporate ethical aspects (such as moral-ethical decision points and personal actions) into training scenarios or routinely discuss ethics during post-training after action reviews. FM 7-0 guides leaders to develop realistic training, which includes changing conditions and various operating environments

Battle Focused Training Department of the Army,2003-09-15 FM 7-1 is the Army's doctrinal foundation for how to train, and it is applicable to all units and organizations of the Army. It explains how the Army assesses, plans, prepares, and executes training and leader development; it is critical to all the Army does. The goal of this manual is to create leaders who know how to think and apply enduring training principles to their units and organizations. FM 7-0 introduces the training cycle, the linkage of Army training and leader development, and the three domains where training occurs-the operational, institutional, and self-development domains. FM 7-1 defines The Army Training System, outlines who is responsible for training and training support, and describes how to conduct training. This top-to-bottom understanding of training-ranging from policy and resources allocation at Headquarters, Department of the Army to unit and organization methods-is critical to executing training successfully and to linking the three domains where training occurs. The training doctrine in this manual will shape Army training regulations and support unit and organization training plans. The emphasis is on teaching leaders to think through the training process, as opposed to simply following a prescribed method. There is no training model or strategy that can achieve warfighting readiness in a unit without intensive leadership to build both competence and confidence. FM 7-1 builds on task, condition, and standards-based training. Knowing the task, assessing the level of proficiency against the standard, and developing a sustaining or improving training plan is the essence of all Army training and development. But warfighting readiness is about more than just technical competence. It is about developing confidence through trust-soldier-tosoldier, leader-to-led, and unit-to unit-and the will to succeed. It is about leadership. Understanding how to conduct tough, realistic training at every echelon of the Army sets the foundation for successful multiechelon, joint, interagency, and coalition operations. Leaders train the unit and organizational capabilities required to fight and win across the full spectrum of operations. This manual provides leaders with the doctrinal guidelines for how to train, and is the basis for successful training and operations. Soldiers have never let the nation fail-it is essential to train soldiers and units to uphold the Army's nonnegotiable contract with the American people-to fight and win the nation's wars, decisively.

Army Physical Readiness Training Department of the Army,2017-08-20 (Includes Change No. 1) Soldier physical readiness is acquired through the challenge of a precise, progressive, and integrated physical training program. A well-conceived plan of military physical readiness training must be an integral part of every unit training program. This field manual prescribes doctrine for the execution of the Army Physical Readiness Training System. The Army assesses, plans, prepares, and executes training and leader development through training based on tasks, conditions, and standards. Knowing the task, assessing the level of proficiency against the standard and developing a sustained or improved training plan is the essence of all Army training. Army training overall prepares Soldiers, leaders, and units to fight in the full spectrum of operations. Combat readiness is the Army's primary focus as it transitions to a more agile, versatile, lethal, and survivable force. Physical readiness training prepares Soldiers and units for the physical challenges of fulfilling the mission in the face of a wide

range of threats, in complex operational environments, and with emerging technologies. This field manual-Army Physical Readiness Training -Provides Soldiers and leaders with the doctrine of Army physical readiness training, Reflects lessons learned in battles past and present, time-tested theories, and principles and emerging trends in physical culture, Helps ensure the continuity of our nation's strength and security, Prepares Soldiers physically for full spectrum operations, Explains training requirements and objectives, Provides instructions, required resources, and reasons why physical fitness is a directed mandatory training requirement as specified in AR 350-1, Army Training and Leader Development, Allows leaders to adapt physical readiness training to unit missions and individual capabilities, Guides leaders in the progressive conditioning of Soldier strength, endurance, and mobility, Provides a variety of physical readiness training activities that enhance military skills needed for effective combat and duty performance.

Opposing Force Organization Guide (FM 7-100. 4) Department Army,2012-12-12 This manual is one of a series that describes an opposing force (OPFOR) for training U.S. Army commanders, staffs, and units. See the References section for a list of the manuals in this series. Together, these manuals outline an OPFOR that can cover the entire spectrum of military and paramilitary capabilities against which the Army must train to ensure success in any future conflict. Applications for this series of manuals include field training, training simulations, and classroom instruction throughout the Army. All Army training venues should use an OPFOR based on these manuals, except when mission rehearsal or contingency training requires maximum fidelity to a specific real-world threat. Even in the latter case, trainers should use appropriate parts of the OPFOR manuals to fill information gaps in a manner consistent with what they do know about a specific threat.

The Army Universal Task List (FM 7 -15) (with Changes 1 - 10 As of June 2012) Department of the Army,2012-11-26 FM 7-15, "The Army Universal Task List," describes the structure and content of the Army Universal Task List (AUTL). The AUTL is a comprehensive, but not all-inclusive listing of Army tasks, missions, and operations. Units and staffs perform these tasks, mission, and operations or capability at corps level and below. For each task, the AUTL provides a numeric reference hierarchy, a task title, a task description, a doctrine reference, and, in most cases, recommended measures of performance (measures) for training developers to develop training and evaluation outline evaluation criteria for supporting tasks. The task proponent is responsible for developing the training and evaluation outlines that supports each AUTL task. As a catalog, the AUTL captures doctrine as it existed on the date of its publication. The AUTL can help commanders develop a mission-essential task list (METL). It (the AUTL) provides tasks, missions and operations or capabilities for a unit, company-sized and above, and staffs. Commanders should use the AUTL as a cross-reference for tasks. Commanders may use the AUTL to supplement their core training focused METL or the directed training focused METL as required. FM 7-0 and FM 7-1 discuss in detail METL development and requirements. The primary source for standards for most Army units is their proponent-approved individual and collective tasks. Proponents revise standards when the factors of mission, enemy, terrain and weather, troops and support available, time available, civil considerations (METT-TC) significantly differ

from those associated with a task training and evaluation outline. Significant differences in METT-TC may include new unit equipment; a table of organization; force packaging decisions during deployment; or new unit tasks. Proponents and trainers will use the unit's assigned table of organization and equipment, as the basis for mission analysis during the analysis phase of the Systems Approach to Training process. Trainers may use the AUTL as a catalog of warfighting function tasks when developing collective tasks. The AUTL is not all-inclusive. If the proponent or school identifies or develops a new AUTL task requirement, the new task will be provided to the Collective Training Directorate for approval and the Combined Arms Doctrine Directorate for input to AUTL revision. Task proponents and schools write and define the conditions and standards (training and evaluation outlines) for individual and collective tasks which support the AUTL. The AUTL does not include tasks Army forces perform as part of joint and multinational forces at the strategic and operational levels. Those tasks are included in the Universal Joint Task List (UJTL). The UJTL defines tasks and functions performed by Army elements operating at the operational and strategic levels of war. The UJTL provides an overall description of joint tasks to apply at the national strategic, theater strategic, operational, and tactical levels of command. The UJTL also provides a standard reference system used by United States Army Training and Doctrine Command (TRADOC) combat developers for analysis, such as front-end analysis of force element capabilities. Each military Service is required to publish its own tactical task list to supplement the UJTL.

Opposing Force Operations (FM 7-100. 1) Department of the Army,2012-11-30 This manual, "Opposing Force Operations (FM 7-100.1)," is one of a series that describes a contemporary Opposing Force (OPFOR) for training U.S. Army commanders, staffs, and units. Together, these manuals outline an OPFOR than can cover the entire spectrum of military and paramilitary capabilities against which the Army must train to ensure success in any future conflict. This OPFOR reflects the characteristics of military and paramilitary forces that may be present in the contemporary operational environment (COE). Like those real-world threats, the OPFOR will continue to present new and different challenges for U.S. forces. The COE is constantly changing, and it is important for U.S. Army training environments to keep pace with real-world developments. Trainers should use appropriate parts of the OPFOR manuals to fill information gaps in a manner consistent with what they do know about a specific threat.

Army Physical Readiness Training Fm 7-22 Department Of the Army Headquarters,2013-03 With May 2013 update. This is FM 7-22, with Change No. 1, Army Physical Readiness Training. It is formally called TC 3-22.20. Similar material; different name. Being Army Tough is the result of tremendous physical fitness training. Until now, FM 21-20 has been used for decades to train America's Army to go to battle. FM 7-22 has replaced the old FM, giving soldiers new strength and endurance sustaining exercises. Now you can have this same intense level of fitness. Whether you are a soldier, civilian or on the Delayed Entry Program, you can learn to exercise properly. FM 7-22, US Army Physical Readiness Training provides results. Soldier physical readiness is acquired through the challenge of a precise, progressive, and integrated physical training program. A well-conceived plan of military physical readiness training must be an integral part of every unit training program. This field manual prescribes doctrine

for the execution of the Army Physical Readiness Training System. This publication comprises the print portion of Army physical readiness training. Companion portions are available on the internet. Terms that have joint or Army definitions are identified in both the Glossary and the text. This publication prescribes DA Form 705 (Army Physical Fitness Test Scorecard). The proponent for this publication is the United States Army Training and Doctrine Command (TRADOC). The preparing agency is the United States Army Physical Fitness School.

The Army Universal Task List Department of the Army,2009-02-27 FM 7-15 describes the structure and content of the Army Universal Task List (AUTL). The AUTL is a comprehensive, but not all-inclusive listing of Army tasks, missions, and operations. Units and staffs perform these tasks, mission, and operations or capability at corps level and below. For each task, the AUTL provides a numeric reference hierarchy, a task title, a task description, a doctrine reference, and, in most cases, recommended measures of performance (measures) for training developers to develop training and evaluation outline evaluation criteria for supporting tasks. The task proponent is responsible for developing the training and evaluation outlines that supports each AUTL task. As a catalog, the AUTL captures doctrine as it existed on the date of its publication. The AUTL can help commanders develop a mission-essential task list (METL). It (the AUTL) provides tasks, missions and operations or capabilities for a unit, company-sized and above, and staffs. Commanders should use the AUTL as a cross-reference for tasks. Commanders may use the AUTL to supplement their core training focused METL or the directed training focused METL as required. FM 7-0 and FM 7-1 discuss in detail METL development and requirements. The primary source for standards for most Army units is their proponent-approved individual and collective tasks. Proponents revise standards when the factors of mission, enemy, terrain and weather, troops and support available, time available, civil considerations (METT-TC) significantly differ from those associated with a task training and evaluation outline. Significant differences in METT-TC may include new unit equipment; a table of organization; force packaging decisions during deployment; or new unit tasks. Proponents and trainers will use the unit's assigned table of organization and equipment, as the basis for mission analysis during the analysis phase of the Systems Approach to Training process. Trainers may use the AUTL as a catalog of warfighting function tasks when developing collective tasks. The AUTL is not all-inclusive. If the proponent or school identifies or develops a new AUTL task requirement, the new task will be provided to the Collective Training Directorate for approval and the Combined Arms Doctrine Directorate for input to AUTL revision. Task proponents and schools write and define the conditions and standards (training and evaluation outlines) for individual and collective tasks which support the AUTL. The AUTL does not include tasks Army forces perform as part of joint and multinational forces at the strategic and operational levels. Those tasks are included in the Universal Joint Task List (UJTL). The UJTL defines tasks and functions performed by Army elements operating at the operational and strategic levels of war. The UJTL provides an overall description of joint tasks to apply at the national strategic, theater strategic, operational, and tactical levels of command. The UJTL also provides a standard reference system used by United States Army Training and Doctrine Command (TRADOC) combat developers for analysis, such as front-end analysis of force element

capabilities. Each military Service is required to publish its own tactical task list to supplement the UJTL. (The UJTL bibliography includes the other Services' task lists.) The AUTL is the Army supplement to the UJTL.

Army Physical Readiness Training FM 7-22 United States Government Us Army,2015-12-31 Soldier physical readiness is acquired through a precise, progressive, and integrated physical training program. A well-conceived plan of military physical readiness training must be an integral part of every unit training program. This field manual prescribes doctrine for the execution of the Army Physical Readiness Training System. Physical readiness training prepares soldiers and units for the physical challenges of fulfilling the mission in the face of a wide range of threats, in complex operational environments, and with emerging technologies. This field manual: Provides soldiers and leaders with the doctrine of Army physical readiness training. Reflects on lessons learned in battles past and present; time-tested theories; and principles and emerging trends in physical culture. Helps ensure the continuity of our nation's strength and security. Prepares soldiers physically for the full spectrum of operations. Explains training requirements and objectives. Provides instructions, required resources, and reasons why physical fitness is a directed mandatory training requirement. Guides leaders in the progressive conditioning of soldier strength, endurance, and mobility. Provides a variety of physical readiness training activities that enhance military skills needed for effective combat and duty performance. For soldiers, athletes, adventurers, and gym-rats alike, this is the definitive guide to military-level training for physical fitness. For related U.S. Army manuals, see: US Army Survival Manual FM 21-76, Ranger Handbook SH 21-76 (Revised), and Map Reading and Land Navigation. Readers interested in related titles from The U.S. Army will also want to see: Army Guerrilla Warfare Handbook (ISBN: 9781626542730) Army Guide to Boobytraps (ISBN: 9781626544703) Army Improvised Munitions Handbook (ISBN: 9781626542679) Army Leadership Field Manual FM 22-100 (ISBN: 9781626544291) Army M-1 Garand Technical Manual (ISBN: 9781626543300) Army Special Forces Guide to Unconventional Warfare (ISBN: 9781626542709) Army Survival Manual FM 21-76 (ISBN: 9781626544413) Army/Marine Corps Counterinsurgency Field Manual (ISBN: 9781626544246) Map Reading and Land Navigation FM 3-25.26 (ISBN: 9781626542983) Ranger Handbook SH 21-76 (ISBN: 9781626545199) Rigging Techniques, Procedures, and Applications FM 5-125 (ISBN: 9781626544338) Special Forces Sniper Training and Employment FM 3-05.222 (ISBN: 9781626544482) The Infantry Rifle Platoon and Squad FM 3-21.8 / 7-8 (ISBN: 9781626544277) Understanding Rigging (ISBN: 9781626544673)

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