

# **Ehealth Mobile**

**Emre Sezgin, Soner Yildirim, Sevgi Özkan-Yildirim, Evren Sumuer**

eHealth Applications Seth M. Noar, Nancy Grant Harrington, 2012-05-22 eHealth Applications: Promising Strategies for Behavior Change provides an overview of technological applications in contemporary health communication research, exploring the history and current uses of eHealth applications in disease prevention and management. This volume focuses on the use of these technology-based interventions for public health promotion and explores the rapid growth of an innovative interdisciplinary field. The chapters in this work discuss key eHealth applications by presenting research examining a variety of technology-based applications. Authors Seth M. Noar and Nancy Grant Harrington summarize the latest in eHealth research, including a range of computer, Internet, and mobile applications, and offer observations and reflections on this growing area, such as dissemination of programs and future directions for the study of interactive health communication and eHealth. Providing a timely and comprehensive review of current tools for health communication, eHealth Applications is a must-read for scholars, students, and researchers in health communication, public health, and health education.

*MHealth in Practice* Jonathan Donner, Patricia Mechael, 2013-01-17 Leading researchers and practitioners identify the best practices in using mobile technologies to promote healthy behaviours and reduce unhealthy ones, placing a special focus on developing countries.

*Telehealth and Mobile Health* Halit Eren, John G. Webster, 2015-11-18 The E-Medicine, E-Health, M-Health, Telemedicine, and Telehealth Handbook provides extensive coverage of modern telecommunication in the medical industry, from sensors on and within the body to electronic medical records and beyond. Telehealth and Mobile Health is the second volume of this handbook. Featuring chapters written by leading experts and researchers in their respective fields, this volume: Discusses telesurgery, medical robotics, and image guidance as well as telenursing and remote patient care Describes the implementation of networks, data management, record management, and effective personnel training Explains how the use of new technologies brings many business, management, and service opportunities Provides examples of scientific advancements such as brain-controlled bionic human arms and hands Incorporates clinical applications throughout for practical reference The E-Medicine, E-Health, M-Health, Telemedicine, and Telehealth Handbook bridges the gap between scientists, engineers, and medical professionals by creating synergy in the related fields of biomedical engineering, information and communication technology, business, and healthcare.

**Mobile Health** Sasan Adibi, 2015-02-18 This book offers a comprehensive report on the technological aspects of Mobile Health (mHealth) and discusses the main challenges and future directions in the field. It is divided into eight parts: (1) preventive and curative medicine; (2) remote health monitoring; (3) interoperability; (4) framework, architecture, and software/hardware systems; (5) cloud applications; (6) radio technologies and applications; (7) communication networks and systems; and (8) security and privacy mechanisms. The first two parts cover sensor-based and bedside systems for remotely monitoring patients' health condition, which aim at preventing the development of health problems and managing the prognosis of acute and chronic diseases. The related chapters discuss how new sensing and wireless technologies can offer accurate and cost-effective means for monitoring and evaluating behavior of individuals with dementia and psychiatric disorders, such as wandering behavior and sleep impairments. The following two parts focus on architectures and higher level systems, and on the challenges associated with their interoperability and scalability, two important aspects that stand in the way of the widespread deployment of mHealth systems. The remaining parts focus

on telecommunication support systems for mHealth, including radio technologies, communication and cloud networks, and secure health-related applications and systems. All in all, the book offers a snapshot of the state-of-art in mHealth systems, and addresses the needs of a multidisciplinary audience, including engineers, computer scientists, healthcare providers, and medical professionals, working in both academia and the industry, as well as stakeholders at government agencies and non-profit organizations.

**Mobile Technologies as a Health Care Tool** Pelin Arslan,2016-02-22 This book presents a state-of-the-art overview of the available and emerging mobile technologies and explores how these technologies can serve as support tools in enhancing user participation in health care and promoting well-being in the daily lives of individuals, thereby reducing the burden of chronic disease on the health care system. The analysis is supported by presentation of a variety of case studies on the ways in which mobile technologies can be used to increase connectivity with health care providers and relevant others in order to promote healthy lifestyles and improve service provision. Detailed information is also provided on a sample project in which a set of tools has been used by teens at risk of obesity to record their sociopsychological environment and everyday health routines. Specifically, it is evaluated whether video diaries, created using a mobile platform and shared in real time via a social network, assist subjects in confronting obesity as a chronic disease. The book will be of interest to all who wish to understand the impressive potential of mobile health or to conduct research in the field.

**MHealth** World Health Organization,2011 The use of mobile and wireless technologies to support the achievement of health objectives (mHealth) has the potential to transform the face of health service delivery across the globe. A powerful combination of factors is driving this change. These include rapid advances in mobile technologies and applications, a rise in new opportunities for the integration of mobile health into existing eHealth services, and the continued growth in coverage of mobile cellular networks. According to the International Telecommunication Union (ITU), there are now over 5 billion wireless subscribers; over 70% of them reside in low- and middle-income countries. For the first time the World Health Organization's Global Observatory for eHealth (GOe) has sought to determine the status of mHealth in Member States; its 2009 global survey contained a section specifically devoted to mHealth. Completed by 114 Member States, the survey documented for analysis four aspects of mHealth: adoption of initiatives, types of initiatives, status of evaluation, and barriers to implementation. Fourteen categories of mHealth services were surveyed: health call centres, emergency toll-free telephone services, managing emergencies and disasters, mobile telemedicine, appointment reminders, community mobilization and health promotion, treatment compliance, mobile patient records, information access, patient monitoring, health surveys and data collection, surveillance, health awareness raising, and decision support systems.

*mHealth* Rick Krohn,David Metcalf,2020-09-23 mHealth: From Smartphone to Smart Systems provides a high level and comprehensive survey of the emergence of mobile technology healthcare. This book looks beyond the already-popular devices and apps associated with mHealth, exploring the major role this technology could play as healthcare steers inexorably toward an architecture

**Portable Health Records in a Mobile Society** Egondur R. Onyejekwe,Jon Rokne,Cory L. Hall,2019-09-06 This book details how electronic health records (EHRs) and medical records (EMRs) can be optimized to enable meaningful interactions between provider and patient to enhance quality of care in this new era of mHealth. As the technologies evolve to provide greater opportunities for mHealth applications, so do the challenges. This book addresses the issues of interoperability limitations, data processing errors and

patient data privacy while providing instruction on how blockchain-like processes can potentially ensure the integrity of an externally maintained EHR. *Portable Health Records in a Mobile Society* identifies important issues and promising solutions to create a truly portable EHRs. It is a valuable resource for all informaticians and healthcare providers seeking an up-to-date resource on how to improve the availability, reliability, integrity and sustainability of these revolutionary developments in healthcare management.

**Current and Emerging mHealth Technologies** Emre Sezgin, Soner Yildirim, Sevgi Özkan-Yildirim, Evren Sumuer, 2018-04-25 The promise and prospects for mobile technologies in healthcare service delivery—particularly as experienced by patients and other users—are the focus of this forward-looking volume. Its detailed sociotechnical perspective takes in factors influencing patient and provider adoption of technological advances, in addition to the well-known cost and accessibility advantages. Enlightening reports show mobile health technologies in multiple contexts as an impetus for behavioral change, a means of monitoring health changes, a growing trend in service delivery, and an emerging health frontier worldwide. Together, these chapters point to the continued expansion—and global reach—of mobile technology in the next stage of healthcare services. Included in the coverage: Behavior change techniques used in mobile applications targeting physical activity: a systematic review Mobile health integration in pregnancy Unintended users, uses, and consequences of mobile weight loss apps: using eating disorders as a case study Intention vs. perception: understanding the differences in physicians’ attitudes towards mobile health applications HealthGuide: a personalized mobile patient guidance system Adoption of sensors in mobile health *Current and Emerging mHealth Technologies* is salient reading for researchers interested in mobile health development and implementation as well as technology adoption, and mobile health system developers and managers who are interested in the implications of mobile health use by patients and/or healthcare professionals. It can also be used for courses in technology adoption and health technologies.

*Global Health Informatics* Leo Anthony G. Celi, Hamish S. F. Fraser, Vipan Nikore, Juan Sebastian Osorio, Kenneth Paik, 2017-04-14 Key concepts, frameworks, examples, and lessons learned in designing and implementing health information and communication technology systems in the developing world. The widespread usage of mobile phones that bring computational power and data to our fingertips has enabled new models for tracking and battling disease. The developing world in particular has become a proving ground for innovation in eHealth (using communication and technology tools in healthcare) and mHealth (using the affordances of mobile technology in eHealth systems). In this book, experts from a variety of disciplines—among them computer science, medicine, public health, policy, and business—discuss key concepts, frameworks, examples, and lessons learned in designing and implementing digital health systems in the developing world. The contributors consider such topics as global health disparities and quality of care; aligning eHealth strategies with government policy; the role of monitoring and evaluation in improving care; databases, patient registries, and electronic health records; the lifecycle of a digital health system project; software project management; privacy and security; and evaluating health technology systems.

*Advances in Mobile Health Technology* Sinjini Mitra, 2022-11-30 The COVID-19 pandemic upended the lives of many and taught us the critical importance of taking care of one’s health and wellness. Technological advances, coupled with advances in healthcare, has enabled the widespread growth of a new area called mobile health or mHealth that has completely revolutionized how people envision healthcare today. Just as smartphones and tablet computers are rapidly becoming the dominant consumer computer platforms, mHealth technology is emerging as an integral part of consumer health and wellness management regimes. The aim of this book is to

inform readers about the this relatively modern technology, from its history and evolution to the current state-of-the-art research developments and the underlying challenges related to privacy and security issues. The book's intended audience includes individuals interested in learning about mHealth and its contemporary applications, from students to researchers and practitioners working in this field. Both undergraduate and graduate students enrolled in college-level healthcare courses will find this book to be an especially useful companion and will be able to discover and explore novel research directions that will further enrich the field.

Mobile e-Health Hannah R. Marston, Shannon Freeman, Charles Musselwhite, 2017-12-01 This multi-disciplinary collection of essays captures discussion, thinking and research surrounding the recent surge of interest in how technology can help us as we age. A wide range of topics are covered, from investigations in the use of technology to improve health and well-being, to examinations of digital gaming, mobile health apps and the quantified self in relation to an ageing population. From multi-disciplinary perspectives, this collection highlights the role of a more social approach to technology. As such, a variety of social research methods are used throughout the chapters. The benefits and issues with different approaches are highlighted both in terms of further research, but also so the reader can judge the value of the research for themselves. This collection brings together the latest thinking and cutting edge contemporary research from leading thinkers and academics in the field of human computer interaction, health and gerontology. In taking a social approach, it highlights how technological practices fit within wider gerontological, political and cultural perspectives. It therefore has potential to influence those working in human computer interaction, digital humanities, sociology, psychology and gerontology. It can help change the practice of people working in the health and social care field, in computer and product design, and in the digital and creative industries.

Effective and needed, but not used: Why do mobile phone-based health interventions in Africa not move beyond the project status? Stephani, Victor, 2019-04-15 Reviews have shown that mobile phone-based health interventions (mHealth interventions) are capable of improving health outcomes of patients in Africa, particularly for patients with chronic diseases such as non-communicable diseases (NCDs). But currently, most mHealth interventions are stopped after the pilot and the funding of the donors has ceased. The aim is to identify the reasons for the lacking integration of mHealth interventions against NCDs in sub Saharan African health systems. 10 countries from sub-Saharan Africa (SSA) were selected for the analysis. For the assessment a catalogue of indicators was developed. Data for the indicators was gathered from various sources: databases, literature reviews and expert interviews. mHealth against NCDs is still in its infancy. Inhibiting factors for the further uptake of mHealth are the lack of specific action points by the governments, the missing attention paid to the rising burden of NCDs, the non-utilization of the full potential of mHealth, the lack of financial incentives and standardized workshops/guidelines and lack of good governance. The access to mobile phones is also inhibited by the poor electricity infrastructure. Enabling factors in many countries are numerous published eHealth strategies, constantly improving legislative frameworks (such as data protection laws) and a growing technology start-up ecosystem. Reviews haben gezeigt, dass Mobiltelefon-basierte Gesundheitsinterventionen (mHealth Interventionen) in der Lage sind klinische Outcomes von Patienten in Afrika zu verbessern; insbesondere von Patienten mit chronischen Erkrankungen wie zum Beispiel nicht übertragbaren Krankheiten (NCDs). Jedoch bleiben die meisten mHealth Interventionen in der Projektphase und werden häufig, nachdem die Finanzierung der Geldgeber aufhört, gestoppt. Ziel dieser Arbeit ist es deswegen, die Ursachen für die mangelnde Integration von mHealth Interventionen gegen NCDs in die afrikanischen Gesundheitssysteme zu identifizieren. Für die Analyse wurden 10 Länder aus sub-

Sahara Afrika (SSA) ausgewählt. Für die Bewertung wurde ein Katalog von Indikatoren entwickelt. Die Daten für die Indikatoren wurden aus verschiedenen Quellen gesammelt: Datenbanken, Literaturrecherchen und Experteninterviews. Hemmende Faktoren für eine flächendeckende Verbreitung sind unter anderem das Fehlen spezifischer Zielvorgaben durch die Regierungen, die fehlende Berücksichtigung von NCDs in den verschiedenen Digitalstrategien, die Nichtausschöpfung des vollen Potenzials von mHealth, das Fehlen von finanziellen Anreizen und standardisierten Workshops/Richtlinien, sowie mangelnde Good Governance. Außerdem wird der Zugang zu Mobiltelefonen durch die schlechte Elektrizitäts-Infrastruktur behindert. Fördernde Faktoren sind die zahlreichen eHealth-Strategien, die sich ständig verbessernden gesetzliche Rahmenbedingungen (z.B. Datenschutzgesetze) und die wachsenden Start-up-Ökosysteme.

**Mobile Health** James M. Rehg, Susan A. Murphy, Santosh Kumar, 2017-07-12 This volume provides a comprehensive introduction to mHealth technology and is accessible to technology-oriented researchers and practitioners with backgrounds in computer science, engineering, statistics, and applied mathematics. The contributing authors include leading researchers and practitioners in the mHealth field. The book offers an in-depth exploration of the three key elements of mHealth technology: the development of on-body sensors that can identify key health-related behaviors (sensors to markers), the use of analytic methods to predict current and future states of health and disease (markers to predictors), and the development of mobile interventions which can improve health outcomes (predictors to interventions). Chapters are organized into sections, with the first section devoted to mHealth applications, followed by three sections devoted to the above three key technology areas. Each chapter can be read independently, but the organization of the entire book provides a logical flow from the design of on-body sensing technology, through the analysis of time-varying sensor data, to interactions with a user which create opportunities to improve health outcomes. This volume is a valuable resource to spur the development of this growing field, and ideally suited for use as a textbook in an mHealth course.

**M-Health** Robert Istepanian, Swamy Laxminarayan, Constantinos S. Pattichis, 2007-01-04 M-health can be defined as the 'emerging mobile communications and network technologies for healthcare systems.' This book paves the path toward understanding the future of m-health technologies and services and also introducing the impact of mobility on existing e-health and commercial telemedical systems. M-Health: Emerging Mobile Health Systems presents a new and forward-looking source of information that explores the present and future trends in the applications of current and emerging wireless communication and network technologies for different healthcare scenarios. It also provides a discovery path on the synergies between the 2.5G and 3G systems and other relevant computing and information technologies and how they prescribe the way for the next generation of m-health services. The book contains 47 chapters, arranged in five thematic sections: Introduction to Mobile M-health Systems, Smart Mobile Applications for Health Professionals, Signal, Image, and Video Compression for M-health Applications, Emergency Health Care Systems and Services, Echography Systems and Services, and Remote and Home Monitoring. This book is intended for all those working in the field of information technologies in biomedicine, as well as for people working in future applications of wireless communications and wireless telemedical systems. It provides different levels of material to researchers, computing engineers, and medical practitioners interested in emerging e-health systems. This book will be a useful reference for all the readers in this important and growing field of research, and will contribute to the roadmap of future m-health systems and improve the development of effective healthcare delivery systems.

Global Telehealth 2014 A.J. Maeder, M. Mars, R.E. Scott, 2014-11-14 Although telehealth (one component of ehealth) continues to be implemented around the world, sound evidence of its value to healthcare systems remains limited and the tipping point at which its universal adoption will be assured has yet to be reached. On the other hand, the spontaneous growth of mobile healthcare solutions and applications offered by smart phones have become more common amongst healthcare providers, and the creation of Web-based wellness promotion and health management tools has opened up a whole new area in which telehealth can provide future benefits. This book presents selected full papers from Global Telehealth 2014 (GT2014), held in Durban, South Africa, in November 2014. This was the third international conference in the series, and this year's theme was Integrated, Innovative, Scalable and Sustainable Solutions; emphasizing the importance of these aspects in achieving wider acceptance and adoption of ehealth and telehealth. The book will be of interest to all those involved in the global telehealth community.

**Mobile e-Health** Hannah R. Marston, Shannon Freeman, Charles Musselwhite, 2018-09-05 This multi-disciplinary collection of essays captures discussion, thinking and research surrounding the recent surge of interest in how technology can help us as we age. A wide range of topics are covered, from investigations in the use of technology to improve health and well-being, to examinations of digital gaming, mobile health apps and the quantified self in relation to an ageing population. From multi-disciplinary perspectives, this collection highlights the role of a more social approach to technology. As such, a variety of social research methods are used throughout the chapters. The benefits and issues with different approaches are highlighted both in terms of further research, but also so the reader can judge the value of the research for themselves. This collection brings together the latest thinking and cutting edge contemporary research from leading thinkers and academics in the field of human computer interaction, health and gerontology. In taking a social approach, it highlights how technological practices fit within wider gerontological, political and cultural perspectives. It therefore has potential to influence those working in human computer interaction, digital humanities, sociology, psychology and gerontology. It can help change the practice of people working in the health and social care field, in computer and product design, and in the digital and creative industries.

**Does mHealth contribute to improved care for people with non-communicable diseases in developing countries?**

Stephani, Victor, Opoku, Daniel, Quentin, Wilm, 2015-06-02 Background: mHealth refers to the use of mobile phones for health care and public health practice. The reasons of deaths in developing countries are shifting from communicable diseases towards non-communicable diseases (NCDs). We review studies assessing the health-related impacts of mobile health (mHealth) on NCDs in low- and middle- income countries (LAMICs) with the aim of giving recommendations for their further development. Methods: A systematic literature search of three major databases was performed in order to identify randomized controlled trials (RCTs) of mHealth interventions. Identified RCTs were reviewed concerning effects of the interventions on health-related outcomes. Results: The search algorithms retrieved 733 titles. 6 RCTs were included in the review, including a total of 1850 participants. MHealth was found to have positively influenced clinical outcomes, compliance rates, as well as quality of life related aspects. Furthermore, other outcomes such as patients' anxiety or patient-physician trust improved significantly. We also found that tailored interventions using a single service for the transmission (e.g. only SMS) showed the most positive effect. Limiting factors of the evaluation however, were the few numbers of RCTs, the heterogeneity of outcome measures and the fact that all included studies were conducted in middle income countries and mostly in urban areas. Conclusions: Although mHealth is still in its infancy, it can emerge as an important tool for

fighting NCDs in LAMICs. Therefore, further support by governmental institutions for coordinating and promoting the development of the required tools, as well as further research especially in low-income economies, with a focus on the evaluation of the long-term effects of mHealth is needed. Hintergrund: Die Todesursachen in Entwicklungsländern verschieben sich kontinuierlich von übertragbaren hin zu nicht-übertragbaren Krankheiten (NCDs). Deshalb werden in diesem systematischen Review gesundheitsbezogene Einflüsse von mobile Health (mHealth) Interventionen zur Bekämpfung von NCDs in Entwicklungs- und Schwellenländern (LAMICs) untersucht, um Einschätzungen zur bisherigen und Empfehlungen zur weiteren Entwicklung zu geben. Methode: Eine systematische Literatursuche in drei großen Datenbanken wurde durchgeführt um randomisiert-kontrollierte Studien (RCTs) von mHealth Interventionen in LAMICs zu identifizieren. Die ermittelten RCTs wurden hinsichtlich der Effekte von mHealth Interventionen auf gesundheitsbezogene Parameter ausgewertet. Resultate: Von insgesamt 733 erfassten Titeln wurden 6 RCTs mit 1850 Teilnehmern einbezogen. Es wurde festgestellt, dass mHealth einen positiven Einfluss auf klinische Resultate, Compliance-Raten, sowie Lebensqualitäts-bezogene Aspekte hat. Zudem verbesserten sich im Rahmen der Interventionen weitere Faktoren wie das Vertrauen zwischen Patient und Arzt oder Ängste der Patienten. Ferner wurde festgestellt, dass individualisierte Interventionen bessere Resultate als generalisierte Interventionen erzielen. Limitierende Faktoren bei diesem Review waren die geringe Anzahl an RCTs, die Heterogenität der evaluierten Parameter und der Umstand, dass fast alle inkludierten Studien in urbanen Gebieten von Schwellenländern durchgeführt worden sind. Schlussfolgerung: mHealth kann zu einem wichtigen Instrument bei der Bekämpfung von NCDs in LAMICs heranwachsen. Dazu ist jedoch eine stärkere Unterstützung insbesondere von staatlichen Institutionen unumgänglich. Zudem müssen zukünftige Forschungen einen Fokus auf Langzeit-Effekte insbesondere in einkommensschwachen Ländern haben.

Under Observation: The Interplay Between eHealth and Surveillance Samantha Adams, Nadezhda Purtova, Ronald Leenes, 2016-12-31 The essays in this book clarify the technical, legal, ethical, and social aspects of the interaction between eHealth technologies and surveillance practices. The book starts out by presenting a theoretical framework on eHealth and surveillance, followed by an introduction to the various ideas on eHealth and surveillance explored in the subsequent chapters. Issues addressed in the chapters include privacy and data protection, social acceptance of eHealth, cost-effective and innovative healthcare, as well as the privacy aspects of employee wellness programs using eHealth, the use of mobile health app data by insurance companies, advertising industry and law enforcement, and the ethics of Big Data use in healthcare. A closing chapter draws on the previous content to explore the notion that people are 'under observation', bringing together two hitherto unrelated streams of scholarship interested in observation: eHealth and surveillance studies. In short, the book represents a first essential step towards cross-fertilization and offers new insights into the legal, ethical and social significance of being 'under observation'.

**Electronic Healthcare** Dasun Weerasinghe, 2009-02-14 eHealth 2008, the First International Conference on Electronic healthcare for the twenty-first century, was held in City University, London, during September 8-9, 2008. The conference was organized as a meeting point for telecare product vendors, policy makers, government ministers, academics, clinicians and all those involved in electronic and mobile health, to examine and to share ideas contributing to the advancement of electronic healthcare into the twenty-first century. The conference had a huge success with a large number of paper submissions. Ninety-seven papers were submitted, of which 32 were selected for presentation. Each paper was carefully reviewed blindly by a minimum of three referees from



the respective field. A special thanks should go to the Technical Program Committee for their hard and efficient work in the review process. In addition to the submitted contributions, the conference included a business presentation track with 12 invited talks by key people in the world of eHealth. The business presentation track was chaired by Sir Jonathan Michael (Deputy Director, BT Health). The success of this conference is to be credited to the contribution of many people.

## Decoding **Ehealth Mobile**: Revealing the Captivating Potential of Verbal Expression

In a period characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its capability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Ehealth Mobile**," a mesmerizing literary creation penned with a celebrated wordsmith, readers set about an enlightening odyssey, unraveling the intricate significance of language and its enduring affect our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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## Ehealth Mobile Introduction

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