Digital Self

Vladimír Bobál,Joseph Böhm,Jaromír Fessl,Jirí Machácek

The Virtual Self Nora Young,2013-08-13 The new radically social habit of tracking our behaviours and preferences is booming. From Facebook timelines to Google Navigator to Twitter, we generate enormous amounts of online data about our activities: where we go, what we do, how we feel. In The Virtual Self, journalist Nora Young examines this growing phenomenon of self-tracking - why it's compulsive, its attractions and benefits, the dangers surrounding privacy and information control, and moreover, what it means for our sense of self. Fascinating and entertaining, and offering unique insights into our emerging technological culture, The Virtual Self takes the personal, psychological reality of everything from smart phones to social networking and teases out the increasing impact of the virtual information we all produce on the real world around us.

Digital Self Mastery: Conquer Your Digital Habits to Boost Your Relationships and Business Growth Heidi Forbes Oste,2017-09-22 Dr. Forbes Oste provides a unique perspective on the human relationship with technology. From Digitally Averse to Addict, Digital Self Mastery, has something for every entrepreneur to improve your relationship with your clients and your technology in this rapidly evolving digital era.

Production of the 'Self' in the Digital Age Yasmin Ibrahim,2018-06-11 This book investigates the relationship between the self and screen in the digital age, and examines how the notion of the self is re-negotiated and curated online. The chapters examine the production of the self in postmodernity through digital platforms by employing key concepts of ubiquity, the everyday, disembodiment and mortality. It locates self-production through ubiquitous imaging of the self and our environments with and through mobile technologies and in terms of its 'embeddedness' in our everyday lives. In this innovative text, Yasmin Ibrahim explores technology's co-location on our corporeal body, our notions of domesticity and banality, our renewed relationship with the screen and our enterprise with capital as well as the role of desire in the formation of the self. The result is a richly interdisciplinary volume that seeks to examine the formation of the self online, through its renewed negotiations with personalised technologies and with the emergence of social networking sites.

Digital Self Mastery Across Generations Heidi Cabot Forbes Öste,2018-11-28 Digital Self Mastery Across Generations provides a unique perspective and practical tools on learning to thrive in the digital era by improving your relationship with technology. From smart phones to smart homes, in the digital era, technology is pervasive in all areas of your life. Professionally, unhealthy relationships and poor habits with technology can determine the difference between struggling to manage your time and energy and having the life and success that you desire and deserve. Personally, those habits and unconscious behaviors can impact your relationships with friends and family, your sense of self and, more importantly, your general wellbeing.

Digital Technologies of the Self Yasmine Abbas,Fred Dervin,2009-10-02 Inspired by the "technologies of the self" theorized by Michel Foucault in the early 1980s, this volume investigates how contemporary individuals fashion their identity/identities using digital technologies such as ambient intelligent devices, social networking platforms and online communities (Facebook, CouchSurfing and craigslist), online gaming (SilkRoad Online, Oblivion and World of Warcraft), podcasts, etc. With high-speed internet access, ubiquitous computing and generous storage capacity, the opportunities for staging and transforming the self/selves have become nearly limitless. This book explores how technologies contribute to the expression, (co-)construction and enactment of identities. It examines these issues from various perspectives as it brings together insights from different disciplines – design, discourse analysis, philosophy and sociology.

Digital Identities Rob Cover,2015-10-06 Online Identities: Creating and Communicating the Online Self presents a critical investigation of the ways in which representations of identities have shifted since the advent of digital communications technologies. Critical studies over the past century have pointed to the multifaceted nature of identity, with a number of different theories and approaches used to explain how everyday people have a sense of themselves, their behaviors, desires, and representations. In the era of interactive, digital, and networked media and

communication, identity can be understood as even more complex, with digital users arguably playing a more extensive role in fashioning their own self-representations online, as well as making use of the capacity to co-create common and group narratives of identity through interactivity and the proliferation of audio-visual user-generated content online. Makes accessible complex theories of identity from the perspective of today's contemporary, digital media environment Examines how digital media has added to the complexity of identity Takes readers through examples of online identity such as in interactive sites and social networking Explores implications of inter-cultural access that emerges from globalization and world-wide networking

The Future of the Self Jay Friedenberg,2020-08-04 We live in the digital age where our sense of self and identity has moved beyond the body to encompass hardware and software. Cyborgs, online representations in social media, avatars, and virtual reality extend our notion of what it means to be human. This approachable book looks at the progression of self from the biological to the technological using a multidisciplinary approach. It examines the notion of personhood from philosophical, psychological, neuroscience, robotics, and artificial intelligence perspectives, showing how the interface between bodies, brains, and technology can give rise to new forms of human identity. Jay Friedenberg present the content in an organized and easy-to-understand fashion to facilitate learning. A gifted researcher, author, and classroom teacher, he is one of the most influential voices in the field of artificial psychology.

Constructing the Self in a Digital World Cynthia Carter Ching,Brian J. Foley,2012-09-10 This title examines the relationship between identity and technology in the learning and lives of young people.

CRAFTING DIGITAL SELF- Navigating Online Identity and Self-Presentation Dr B.Bharathi,2023-06-28 Crafting Digital Self: Navigating Online Identity and Self-Presentation is a comprehensive and practical guidebook that offers readers invaluable insights into the complexities of online identity in today's digital age. With the proliferation of social media and online platforms, the book recognizes the importance of understanding and consciously crafting our digital selves. The book begins by exploring the concept of digital identity, tracing its evolution and highlighting its significance in contemporary society. It emphasizes the role of online identity in shaping personal and professional relationships, and the potential impact it can have on one's overall well-being. It provides readers with a range of strategies and techniques for intentionally shaping and presenting an authentic online persona. It addresses crucial topics such as privacy, security, and ethical considerations, helping readers make informed decisions about their online presence. The book goes beyond mere self-presentation, diving into the intricacies of various social media platforms. It offers practical tips on how to effectively engage with others, maintain digital etiquette, and navigate the potential pitfalls and challenges of online interactions.

Let's Get Digital David Gaughran,2020-06-24 Publish like a pro and start building your audience today with the most comprehensive guide on the market. Packed with practical, actionable advice, this brand new fourth edition of Let's Get Digital delivers the very latest best practices on publishing your work and finding readers. · Boost your writing career with marketing strategies that are proven to sell more books. · Get expert tips on platform building, blogging and social media. · Discover which approaches are best for selling fiction vs. non-fiction. · Implement powerful ways to make your ebooks more discoverable. · Increase your visibility by optimizing keywords and categories. · Weigh the pros and cons of Kindle Unlimited, and find out exactly how to tweak your promotional plans depending on whether you stay exclusive to Amazon or opt for wider distribution. And that's just for starters...

Lifelogging Stefan Selke,2016-06-14 The following anthology delivers sound analysis to the theoretical classification of the current societal phenomenon - between innovative, world changing and yet disruptive technology, as well as societal and cultural transformation. Lifelogging, digital self-tracking and the real-time chronicling of man's lifetime, is not only a relevant societal topic in the world of research and academic science these days, but can also be found in literature, cultural pages of the written press and the theatre. The spectrum of Lifelogging ranges from sleep, mood,

sex and work logging to Thing and Deathlogging. This leads to several questions: How does one live in a data society? Is "measured" man automatically also "better" man? And if so, what is the cost? Do new categories of reality or principles of social classification develop as a result of Lifelogging? How does the "social view" on things change? The authors in this anthology provide insightful answers to these pressing questions.

Posthuman Buddhism and the Digital Self Les Roberts,2023-09-20 In Posthuman Buddhism and the Digital Self, Les Roberts extends his earlier work on spatial anthropology to consider questions of time, spaciousness and the phenomenology of self. Across the book's four main chapters – which range from David Bowie's long-standing interest in Buddhism, to street photography of 1980s Liverpool, to the ambient soundscapes of Derek Jarman's Blue, or to the slow, contemplative cinema of Tsai Ming-Liang – Roberts lays the groundwork for the concept of 'dwellspace' as a means by which to unpick the shifting spatial, temporal and experiential modalities of everyday mediascapes. Understood as a particular disposition towards time, Roberts's foray into dwellspace proceeds from a Pascalian reflection on the self/non-self in which being content in an empty room vies with the demands of having content in an empty room. Taking the idea of posthuman Buddhism as a heuristic lens, Roberts sets in motion a number of interrelated lines of enquiry that prompt renewed focus on questions of boredom, distraction and reverie and cast into sharper relief the psychosocial and creative affordances of ambience, spaciousness and slowness. The book argues that the colonisation of 'empty time' by 24/7 digital capitalism has gone hand-in-hand with the growth of the corporate mindfulness industry, and with it, the co-option, commodification and digitisation of dwellspace. Posthuman Buddhism is thus in part an exploration of the dialectics of dwellspace that orbits around a creative self-praxis rooted in the negation and dissolution of the self, one of the foundational cornerstones of Buddhist theory and practice.

Practical Insecurity: The Layman's Guide to Digital Security and Digital Self-defense Lyndon Marshall,2023-07-10 This book provides practical advice for everyone on how to effectively secure yourself, your devices, and your privacy in an era where all of those things seem doomed. From acquiring software, to the ongoing flaws in email, to the risks of file sharing, and issues surrounding social media and social reputation, Practical Insecurity is the tool you need to maximize your self-protection in the digital world. Everyone has had a brush with cybersecurity—in some way. Our computer has gotten a virus, somebody you know has lost all their company's data because of ransomware, someone has stolen our identity, a store we do business with has their computer system compromised—including our account—so we are offered free identity protection, and so on. It seems like everyday there is another bit of bad news and it often impacts us. But, the question largely goes unanswered: what can I do as an individual or as the owner of a small business to protect myself against having my security compromised? Practical Insecurity provides the answers.

Self-Representation and Digital Culture N. Thumim,2012-07-17 Taking a close look at ordinary people 'telling their own story', Nancy Thumim explores self-representations in contemporary digital culture in settings as diverse as reality TV, online storytelling, and oral histories displayed in museums.

Digital Self-tuning Controllers Vladimír Bobál,Joseph Böhm,Jaromír Fessl,Jirí Machácek,2005-05-19 Practical emphasis to teach students to use the powerful ideas of adaptive control in real applications Custom-made Matlab® functionality to facilitate the design and construction of self-tuning controllers for different processes and systems Examples, tutorial exercises and clearly laid-out flowcharts and formulae to make the subject simple to follow for students and to help tutors with class preparation

The Aesthetics and Politics of the Online Self Donatella Della Ratta,Geert Lovink,Teresa Numerico,Peter Sarram,2022-01-01 This volume investigates our dissonant and exuberant existences online. As social media users we know we're under surveillance, yet we continue to click, like, love and share ourselves online as if nothing was. So, how do we overcome the current online identity regime? Can we overthrow the rule of Narcissus and destroy the planetary middle class subject? In this catalogue of strategies, the reader will find stories on hacker groups, gaming

platforms in the occupied territories, art objects, selfies, augmented reality, Gen Z autoethnographies, love and life. The authors of this anthology believe we cannot simply put vanity aside and a rational analysis of platform capitalism is not going to convince the youngs on TikTok nor liberate us from Zuckerbergian indentured servitude. Do we really need to wade through the subjective mud and 'learn more' about online aesthetics? The answer is yes. Writing by Wendy Chun, Franco Berardi "BIFO", Julia Preisker, Katherine Behar, Rebecca Stein, Fabio Cristiano, Emilio Distretti, Natalie Bookchin, Ana Peraica, Mitra Azar, Donatella Della Ratta, Gabriella Coleman, Marco Deseriis, Alberto Micali, Daniel de Zeeuw, Giovanni Boccia Artieri, Jodi Dean.

Self-Sovereign Identity Alex Preukschat,Drummond Reed,2021-06-08 With Christopher Allen, Fabian Vogelsteller, and 52 other leading identity experts--Cover.

Get Smarter Sarah Anne Murray,2016 This project is about getting smart to how digital platforms get us smart. One way to make sense of smart and its ready transferability to subjectivity is through the lens of self-actualization. I develop case studies on three platforms that offer tools and knowledge that assist users in the project of the perpetually improving self -- the Fitbit activity tracker and the practice of wearable self-tracking; the MOOC and the practice of informal, low-cost digital learning; and the TED Talk and the practice of sharing inspiration through learned, affective publicity and re-circulation. Through these sites, I define an increasingly common social practice, digital self-actualization, and an accompanying subjectivity-in-formation, the smart subject or smart self. In support of these definitions, I consider the persistent discourse of digital lifestyle management that travels alongside invitations to get smarter in physical, intellectual, and emotional ways. I further consider how this imperative is embedded in the spatiotemporal conventions of how to access digital platforms, how they travel, and how they are reflexively shared. The three words that comprise the subtitle -- wearables, carriables, and shareables -- highlight the ways self-betterment opportunities are made available as and through connected, mobile everyday media. They also support my assertion that proximity is a language of new media that deserves further attention, particularly as it fosters both smart subjectivities and media use through awareness, control, consolidation, automation, repetition, recursivity, and importantly, a particular co-dependence of nearness and distance. How the knowledge of self-making is packaged and delivered -- as bite-sized course videos, as tracked daily step counts, or as an inspirational three-minute braingasm -- is key to identifying reconfigurations of mediation that differently value users. Ultimately, smart is not just consumer logic but a directive on how to be a successful digital lifestyle manager and in turn a model media consumer by undertaking the constantly improving self until smart logics have transferred successfully to the body, heart, and mind. In essence, in actualizing the self, smart subjects actualize as media users.

The Online Self Soraj Hongladarom,2016-07-27 This book investigates the emerging phenomenon of the self as it exists in the online world. It argues for an externalist conception of self and identity, one that does not depend on the continuity of consciousness of the subject. It also offers an analysis of related phenomenon such as online friendship and games based on this analysis. An outstanding feature of social networking sites such as Facebook and MySpace is that it allows for the user to put forward their "selves" or their identity onto the Internet and use the online self as an anchor to connect with any number of "friends" each of whom also has their own online selves. A number of questions then arise which are deeply conceptual and philosophical in nature: What is the metaphysical nature of this emerging online self? Is it the same or fundamentally different from the "offline" self with which we are already familiar? Since increasing numbers of people are connected to the online world, this world itself seems to be taking on a reality of its own. This much has been appreciated by a number of scholars in the field. However, there seems to be lacking a systematic study of the philosophical and metaphysical nature of the self that has become a key element in cyberspace, a key topic which this volume addresses. Apart from the problem of constitution of the online self, this volume addresses related questions concerning personal identity in the online world and scrutinizes computer games and the characteristics that they share with social networking sites. Unlike the majority of the existing literature, which discusses the topic from a more social scientific

perspective, this volume fills the lacuna of a philosophical and theoretical study of the online world.

  The Manipulation of Online Self-Presentation A. Attrill,2015-03-04 This book explores psychological theories around the ways in which people present themselves online. The role of dispositional and situational factors along with the motivations that drive self-presentation across diverse Internet arenas are considered.

Unveiling the Power of Verbal Art: An Emotional Sojourn through **Digital Self**

In a global inundated with displays and the cacophony of instantaneous transmission, the profound energy and psychological resonance of verbal artistry frequently diminish into obscurity, eclipsed by the regular onslaught of sound and distractions. Yet, located within the lyrical pages of **Digital Self**, a charming perform of literary elegance that pulses with natural emotions, lies an unforgettable trip waiting to be embarked upon. Composed by way of a virtuoso wordsmith, this interesting opus books visitors on an emotional odyssey, gently revealing the latent potential and profound affect embedded within the complicated internet of language. Within the heart-wrenching expanse with this evocative analysis, we can embark upon an introspective exploration of the book is central themes, dissect its charming publishing design, and immerse ourselves in the indelible impression it leaves upon the depths of readers souls.

Digital Self Introduction

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