

Choice

Noah Gordon

The Choice Edith Eva Eger,2017-09-05 A New York Times Bestseller “I’ll be forever changed by Dr. Eger’s story...The Choice is a reminder of what courage looks like in the worst of times and that we all have the ability to pay attention to what we’ve lost, or to pay attention to what we still have.”—Oprah “Dr. Eger’s life reveals our capacity to transcend even the greatest of horrors and to use that suffering for the benefit of others. She has found true freedom and forgiveness and shows us how we can as well.” —Desmond Tutu, Nobel Peace Prize Laureate “Dr. Edith Eva Eger is my kind of hero. She survived unspeakable horrors and brutality; but rather than let her painful past destroy her, she chose to transform it into a powerful gift—one she uses to help others heal.” —Jeannette Walls, New York Times bestselling author of *The Glass Castle* Winner of the National Jewish Book Award and Christopher Award At the age of sixteen, Edith Eger was sent to Auschwitz. Hours after her parents were killed, Nazi officer Dr. Josef Mengele, forced Edie to dance for his amusement and her survival. Edie was pulled from a pile of corpses when the American troops liberated the camps in 1945. Edie spent decades struggling with flashbacks and survivor’s guilt, determined to stay silent and hide from the past. Thirty-five years after the war ended, she returned to Auschwitz and was finally able to fully heal and forgive the one person she’d been unable to forgive—herself. Edie weaves her remarkable personal journey with the moving stories of those she has helped heal. She explores how we can be imprisoned in our own minds and shows us how to find the key to freedom. *The Choice* is a life-changing book that will provide hope and comfort to generations of readers.

Love Is a Choice Robert Hemfelt, Frank Minirth, Paul Meier, 2003-02-02 Do you want to reclaim your independence? Are you looking for guidance as you learn to set boundaries that actually serve you? If you're ready to let go of unhealthy relationships and begin your journey to healing, join Drs. Frank Minirth, Paul Meier, and Robert Hemfelt in *Love Is a Choice* as they walk you through their ten proven steps to recovering from codependency. In *Love Is a Choice*, Drs. Minirth, Meier, and Hemfelt combine decades of research with timeless biblical wisdom to show you that the most effective means of overcoming codependent relationships is to establish or deepen your relationship with Christ Himself. *Love Is a Choice* will teach you why God wants us to be independent and why you deserve to have healthier, more fulfilling relationships. Throughout *Love Is a Choice*, Drs. Minirth, Meier, and Hemfelt will lead you through their method to overcoming codependency once and for all. Along the way, *Love Is a Choice* will give you the tools and encouragement you need to: Discover the root causes of codependency Surround yourself with a loving, supportive community See yourself in a new light Uncover your unmet emotional needs It's time to break the cycle of codependency. Let *Love Is a Choice* be your guide every step of the way.

Great by Choice Jim Collins, Morten T. Hansen, 2011-10-11 Ten years after the worldwide bestseller *Good to Great*, Jim Collins returns with another groundbreaking work, this time to ask: why do some companies thrive in uncertainty, even chaos, and others do not? Based on nine years of research, buttressed by rigorous analysis and infused with engaging stories, Collins and his colleague Morten Hansen enumerate the principles for building a truly great enterprise in unpredictable, tumultuous and fast-moving times. This book is classic Collins: contrarian, data-driven and uplifting.

The Era of Choice Edward C. Rosenthal Ph.D., 2006-09-22 How today's cornucopia of choices has transformed our lives and our culture, from the foundations of scientific theory to the anxiety of everyday decisions. Today most of us are awash with choices. The cornucopia of material goods available to those of us in the developed world can turn each of us into a kid in a candy store; but our delight at picking the prize is undercut by our regret at lost opportunities. And what's the criterion for choosing anything—material, spiritual, the path taken or not taken—when we have lost our faith in everything? In *The Era of Choice* Edward Rosenthal argues that choice, and having to make choices, has become the most important influence in both our personal lives and our cultural expression. Choice, he claims, has transformed how we live, how we think, and who we are. This transformation began in the nineteenth century, catalyzed by the growing prosperity of the Industrial Age and a diminishing faith in moral and scientific absolutes. The multiplicity of choices forces us to form oppositions; this, says Rosenthal, has spawned a keen interest in dualism, dilemmas, contradictions, and paradoxes. In response, we have developed mechanisms to hedge, compromise, and to synthesize. Rosenthal looks at the scientific and philosophical theories and cultural movements that choice has influenced—from physics (for example, Niels Bohr's theory that light is both particle and wave) to postmodernism, from Disney trailers to multiculturalism. He also reveals the effect of choice on the personal level, where we grapple with decisions that range from which wine to have with dinner to whether to marry or divorce, as we hurtle through lives of instant gratification, accelerated consumption, trend, change, and speed. But we have discovered, writes Rosenthal, that sometimes, we can have our cake and eat it, too.

The Gift Edith Eva Eger, 2020-09-15 “I will be forever changed by Edith Eger’s story.” —Oprah A practical and inspirational guide to stopping destructive patterns and imprisoning thoughts to find freedom and joy in life—now updated to address the challenges of the pandemic and a world in crisis. World renowned psychologist and internationally bestselling author, Edith Eger’s, powerful New York Times bestselling book *The Choice* told the story of her survival in the concentration camps, her escape, healing, and journey to freedom. Readers around the world wrote to tell her how *The Choice* moved them and inspired them to confront their own past and try to heal their pain. They asked her to write another, more prescriptive book. Eger’s second book, *The Gift*, expands on her message of healing and provides a hands-on guide that gently encourages readers to change the thoughts and behaviors that may be keeping them imprisoned in the past. Eger explains that the worst prison she experienced is not the prison that Nazis put her in but the one she created for herself: the prison within her own mind. She describes the most pervasive imprisoning beliefs she has known—including fear, grief, anger, secrets, stress, guilt, shame, and avoidance—and the tools she has discovered to deal with these universal challenges. These lessons are offered through riveting and inspiring stories from her life and the lives of her patients. This new, revised edition of *The Gift* contains two new chapters that examine the invaluable insights and lessons Edie learned during the Covid-19 pandemic; a time she used to rediscover freedom even in lockdown and to enjoy the simple pleasures of life, including preparing and sharing meals with the ones we love. Edie includes recipes for some of her favorite dishes which have been updated and tested by her daughter Marianne Engle and explains how food can be a deep expression of love and connection. As readers seek to find joy and some peace in these challenging times, Eger’s wisdom and heartfelt advice is as timely, and timeless, as ever and certain to resonate with Eger’s devoted readers and those who have not yet found her transformational wisdom. Filled with empathy, insight, and humor, *The Gift* captures the vulnerability and common challenges we all face and provides encouragement and advice for breaking out of our personal prisons to find healing and greater joy in life.

Garvey's Choice Nikki Grimes, 2016-10-04 This emotionally resonant novel in verse by award-winning author Nikki Grimes celebrates choosing to be true to yourself. Garvey's father has always wanted Garvey to be athletic, but Garvey is interested in astronomy, science fiction, reading—anything but sports. Feeling like a failure, he comforts himself with food. Garvey is kind, funny, smart, a loyal friend, and he is also overweight, teased by bullies, and lonely. When his only friend encourages him to join the school chorus, Garvey's life changes. The chorus finds a new soloist in Garvey, and through chorus, Garvey finds a way to accept himself, and a way to finally reach his distant father—by speaking the language of music instead of the language of sports.

Sisters by Choice Susan Mallery, 2020-02-11 From the New York Times bestselling author of *California Girls* comes an all new original *Blackberry Island* novel told with Susan Mallery’s trademark humor and charm. *Sisters by Choice* is a heartfelt tale of love, family and the friendships that see us through. Cousins by chance, sisters by choice... After her cat toy empire goes up in flames, Sophie Lane returns to *Blackberry Island*, determined to rebuild. Until small-town life reveals a big problem: she can’t grow unless she learns to let go. If Sophie relaxes her grip even a little, she might lose everything. Or she might finally be free to reach for the happiness and love that have eluded her for so long. Kristine has become defined by her relationship to others. She’s a wife, a mom. As much as she adores her husband and sons, she wants something for herself—a sweet little bakery just off the waterfront. She knew changing the rules wouldn’t be easy, but she never imagined she might have to choose between her marriage and her dreams. Like the mainland on the horizon, Heather’s goals seem beyond her grasp. Every time she manages to save for college, her mother has another crisis. Can she break free, or will she be trapped in this tiny life forever? Want more of Heather's story?

Don't miss The Happiness Plan, a new novel coming from #1 New York Times bestselling author Susan Mallery where three women experience hope, heartache, and the power of friendship as they search for true happiness!

The Paradox of Choice Barry Schwartz,2009-10-13 Whether we're buying a pair of jeans, ordering a cup of coffee, selecting a long-distance carrier, applying to college, choosing a doctor, or setting up a 401(k), everyday decisions—both big and small—have become increasingly complex due to the overwhelming abundance of choice with which we are presented. As Americans, we assume that more choice means better options and greater satisfaction. But beware of excessive choice: choice overload can make you question the decisions you make before you even make them, it can set you up for unrealistically high expectations, and it can make you blame yourself for any and all failures. In the long run, this can lead to decision-making paralysis, anxiety, and perpetual stress. And, in a culture that tells us that there is no excuse for falling short of perfection when your options are limitless, too much choice can lead to clinical depression. In *The Paradox of Choice*, Barry Schwartz explains at what point choice—the hallmark of individual freedom and self-determination that we so cherish—becomes detrimental to our psychological and emotional well-being. In accessible, engaging, and anecdotal prose, Schwartz shows how the dramatic explosion in choice—from the mundane to the profound challenges of balancing career, family, and individual needs—has paradoxically become a problem instead of a solution. Schwartz also shows how our obsession with choice encourages us to seek that which makes us feel worse. By synthesizing current research in the social sciences, Schwartz makes the counter intuitive case that eliminating choices can greatly reduce the stress, anxiety, and busyness of our lives. He offers eleven practical steps on how to limit choices to a manageable number, have the discipline to focus on those that are important and ignore the rest, and ultimately derive greater satisfaction from the choices you have to make.

I Am Love Susan Verde,2021-09-07 The fourth book in the bestselling I Am series by Susan Verde and Peter H. Reynolds I put my hands on my heart and listen. And that is where I find the answer: I have compassion. I act with tenderness. I am love. Susan Verde and Peter H. Reynolds continue their collaboration with the fourth book in their wellness series. A celebration of love in all its forms, *I Am Love* asks readers to look inward when they feel afraid. Love allows us to act with compassion and kindness, to live with gratitude, and to take care of ourselves by practicing self-love.

The Wretched Choice. By the Author of “Hagar” WRETCHED CHOICE.,1855

The Choice James Vassar,2018-05-31 I wrote this novel to point out how our choices influence the outcome of our life.Some times we make good choices and some times not so good.The reality is we have to live with the choices we make.In this story the question is. Can we be content with the life we are given on this earth or do we wish to live forever? This story deals with that question. You be the judge if you were Tom would you have the same choices he made?

The People's Choice Paul Felix Lazarsfeld,Bernard Berelson,Hazel Gaudet,1952

Social Choice (Routledge Revivals) Bernhardt Lieberman,2011-02-25 First published in 1971, *Social Choice* is both a text and reference containing the proceedings of a conference dealing with contemporary work on the normative and descriptive aspects of the social choice problem. This reissue will be of interest to advanced undergraduate and graduate courses on group decision making and social choice. Economists, social psychologists, political scientists and sociologists will welcome this valuable work.

School's Choice Wagma Mommandi,Kevin Welner,2021 Access issues are pivotal to almost all charter school tensions and debates. How well are these schools performing? Are they segregating and stratifying? Are they public and democratic? Are they fairly funded? Can apparent successes be scaled up? Answers to all these core questions hinge on how access to charter schools is shaped. This book describes the incentives and pressures on charter schools to restrict access and examines how charters navigate those pressures, explaining access-restricting practices in relation to the ecosystem within which charter schools are created. It also explains how charters have sometimes responded by resisting the pressures and sometimes by surrendering to them. The text presents analyses of 13 different types of practices around access, each of which shapes the school's enrollment. The authors conclude by offering recommendations for how states and authorizers can address access-related inequities that arise in the charter sector. *School's Choice* provides timely information on critical academic and policy issues that will come into play as charter school policy continues to evolve. Book Features: Examines how charter schools control who gains and retains access.Explores policies and practices that undermine equitable admission and encourage opportunity hoarding.Offers a set of policy recommendations at the state and federal level to address access-related issues.

Matters of Choice Noah Gordon,1997-04-21 A spirited and gifted physician forgoes a stellar career at a prestigious hospital for a small town private practice, and finds even greater challenges than those of the big city. Now she faces her hardest test as a doctor and a woman: whether to keep the medical secret of a girl who has desperately turned to her for help, or to betray that trust to keep the love of the man who has filled her life with unexpected joy....

Choice Words ,2023-10-10 In productive classrooms, teachers don't just teach students math and reading skills; they build emotionally and relationally healthy learning communities. Teachers create intellectual environments that produce not only technically competent students, but also caring, secure, actively literate human beings. *Choice Words: How Our Language Affects Children's Learning* shows how teachers can accomplish this by using their most powerful teaching tool: language.Throughout this book, author Peter Johnston provides examples of seemingly ordinary words, phrases, and uses of language that are pivotal in the orchestration of the classroom. Grounded in a study by accomplished literacy teachers, the book demonstrates how and what we say (and don't say) have surprising consequences for what children learn and for who they become as literate people. Students learn how to become strategic thinkers, not merely learning the literacy strategies, but adapting them to their lives outside of the classroom.In addition, Johnston examines the complex learning that teachers produce in classrooms that is hard to name and thus is not recognized by tests, by policy-makers, by the general public, and often by teachers themselves, yet is vitally important. This book will be enlightening for any teacher who wishes to be more conscious of the many ways their language helps children acquire literacy skills and view the world, their peers, and themselves in new ways.

Samuel's Choice Richard Berleth,2012 Samuel, a fourteen-year-old slave in Brooklyn in 1776, faces a difficult choice when the fighting between the British and the colonists reaches his doorstep and only he can help the rebels.

The Choice Nora Roberts,2022-11-22 The conclusion of the epic trilogy from the #1 New York Times bestselling author of *The Awakening* and *The Becoming*. Talamh is a land of green hills, high mountains, deep forests, and seas, where magicks thrive. But portals allow for passage in and out—and ultimately, each must choose their place, and choose between good and evil, war and peace, life and death... Breen Siobhan Kelly grew up in the world of Man and was once unaware of her true nature. Now she is in Talamh, trying to heal after a terrible battle and heartbreaking losses. Her grandfather, the dark god Odran, has been defeated in his attempt to rule over Talamh, and over Breen—for now. With the enemy cast out and the portal sealed, this is a time to rest and to prepare. Breen spreads her wings and realizes a power she's never experienced before. It's also a time for celebrations—of her first Christmas in both Talamh and Ireland, of solstice and weddings and births—and daring to find joy again in the wake of sorrow. She rededicates herself to writing her stories, and when his duties as taoiseach permit, she is together with Keegan, who has trained her as a warrior and whom she has grown to love. It's Keegan who's at her side when the enemy's witches, traitorous and power-mad, appear to her in her sleep, practicing black magick, sacrificing the innocent, and plotting a brutal destruction for Breen. And soon, united with him and with all of Talamh, she will seek out those in desperate need of rescue, and confront the darkness with every weapon she has: her sword, her magicks—and her courage...

Choice, Preference, and Disability Roger J. Stancliffe,Michael L. Wehmeyer,Karrie A. Shogren,Brian H. Abery,2020-04-17 This book examines choice and preference in the lives of people with disability, focusing on

people with intellectual and developmental disabilities. It provides an overview of choice and examines foundational concepts related to choice and preference, including self-determination and supported decision making. Chapters examine a range of critical service and policy issues, such as guardianship, individualized funding, the health care system, and the situation regarding choices for people with disability in international contexts. In addition, chapters explore issues ranging from the development of preference and choice in childhood to choices in older age and end of life matters. It provides in-depth analysis of particular choices faced at different points across the lifespan. The book concludes with implications for policy and practice. Topics featured in this book include: Supported decision making for adults with intellectual disabilities or acquired brain injury. The role of parents and families in the development of choice-making skills. Preference assessments for individuals who cannot tell us what they prefer. Employment opportunities for people with intellectual disabilities. Sexual and reproductive rights for people with intellectual disabilities. Disability and the choice to become a parent. Choice, Preference, and Disability is an essential resource for researchers, professors, clinicians, therapists, and other professionals as well as graduate students in the fields of developmental and positive psychology, rehabilitation, social work, special education, occupational, speech and language therapy, public health, and healthcare policy.

Freedom's Choice Anne McCaffrey,1998-06-01 Abducted by the alien Catteni, Kristin Bjornsen was one of many humans brought to the planet Botany as part of an experiment to see if it could support life. Enslaved and forced to colonize a world not their own, the settlers have accepted Botany as their home—a home worth fighting for... Kristin’s people have learned that the aliens responsible for their imprisonment are merely mercenaries, subjugated by the parasitic Eosi Race, and that Botany is being farmed remotely by some unknown species—a species that may be sympathetic to the colonists’ struggle for freedom. The “Farmers” refuse to join the humans in their rebellion against the Catteni, but they agree to use their technological skills to shield Botany and hide it from its enemies—buying Kristin and the settlers time to build up their forces and liberate their world...

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Table of Contents Choice

- 1. Understanding the eBook Choice
 - The Rise of Digital Reading Choice
 - Advantages of eBooks Over Traditional Books
- 2. Identifying Choice
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
- 3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Choice
 - User-Friendly Interface
- 4. Exploring eBook Recommendations from Choice
 - Personalized Recommendations
 - Choice User Reviews and Ratings
 - Choice and Bestseller Lists
- 5. Accessing Choice Free and Paid eBooks
 - Choice Public Domain eBooks
 - Choice eBook Subscription Services
 - Choice Budget-Friendly Options
- 6. Navigating Choice eBook Formats
 - ePub, PDF, MOBI, and More
 - Choice Compatibility with Devices
 - Choice Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Choice
 - Highlighting and Note-Taking Choice

- Interactive Elements Choice
- 8. Staying Engaged with Choice
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Choice
- 9. Balancing eBooks and Physical Books Choice
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Choice
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Choice
 - Setting Reading Goals Choice
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Choice
 - Fact-Checking eBook Content of Choice
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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vegetables used to add flavoring and spice such as onions garlic and

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