

Chinese Herbs

John D. Keys

Chinese Herbs John D. Keys, 2011-12-06 Chinese Herbs is an illustrated encyclopedia of over 250 herbs for medical problems ranging from anemia to TB. Chinese traditional medicine (TCM) has been gaining popularity as a respectable field in of herbal medicine. This comprehensive guide offers information specifically designed for Western readers. Each entry includes the herb's Latin name, its English name, the name in Chinese characters, a botanical description, a pharmaceutical description, a phytochemical analysis, pharmacodynamic investigations, the Chinese therapeutic use of the drug, dosage given by Chinese herbals, and other relevant information.

Herbal Emissaries Steven Foster, Yue Chongxi, 1992-04 Herbal Emissaries is the first collaboration between a Chinese scientist and an American herbalist, blending traditional wisdom from both cultures with scientific verification of the effectiveness of forty-four medicinal plants. The authors supply specific techniques for cultivating these Chinese herbs and flowers in Western gardens and explain their medicinal use.

The Pharmacology of Chinese Herbs, Second Edition Kee C. Huang, 1998-07-27 Records cataloging the healing powers of natural substances - plants, minerals, and animal byproducts - date back more than 4,000 years. There is no denying the effectiveness of traditional Chinese medicine, yet - until recently - the roots of this knowledge were largely lost in superstition and folklore. However, the use of herbs as an alternative medical treatment for many illnesses has increased steadily over the last decade, particularly since such herbs are categorized as Natural Food Products and are not yet subject to strict control by the FDA. Reports published in 1996 indicate that more than 10% of the US population has used herbal remedies. This book does not debate the value of Eastern or Western medicine but brings together Chinese herbal lore and Western scientific methods in a current, comprehensive treatise on the pharmacology of Chinese herbs. This second edition of The Pharmacology of Chinese Herbs presents the chemical composition, pharmacological action, toxicity, and therapeutic value of 473 herbs. The book: Classifies herbs according to their therapeutic value Informs how active ingredients in herbs may adversely interact with other herbs or drugs Evaluates which herbs have the potential for more investigation and possible use as drugs Describes the pharmacological action of each herb based on recent scientific study and describes each herb according to Chinese pharmacopoeia and folk medicine Provides a review of Chinese medical history Presents information on how to use modern chemical techniques for enhancing or modifying herbal ingredients into better agents with more strength and activity What's New in the Second Edition Discussions on: Herbs and their specific effects on the immune system Herbs and fertility/infertility Anti-cancer herbs Anti-HIV herbs Anti-malarial herbs Ginseng and ginsenosides Anti-Alzheimer herbs Herbs affecting the nervous system

The Healing Power of Chinese Herbs and Medicinal Recipes Joseph P. Hou, Youyu Jin, 2005 The Healing Power of Chinese Herbs and Medicinal Recipes is an easy-to-follow introduction to the history and fundamentals of traditional Chinese medicine. This useful guide clearly explains the basics of this unique medical system and describes in detail the therapeutic properties and use of 138 medicinal herbs and 101 herbal recipes. The book includes a bibliography, glossary, contact information for herbal dealers and Oriental medicine schools, and an indexed list of 300 commonly used Chinese medicinal herbs and 245 herbal recipes. This comprehensive reference will benefit healthcare practitioners with an interest in using Oriental medicine in addition to anyone who is interested in Chinese herbs or patients for which conventional medicine has offered no relief. To view an excerpt online, find the book on our QuickSearch catalog at www.HaworthPress.com.

The Chinese Medicinal Herb Farm Peg Schafer, 2011 Chinese herb garden.

A Handbook of Chinese Healing Herbs Daniel P. Reid, 1995-08-01 Traditional

Chinese medicine is perhaps the oldest system of health care in the world—and one of the safest and most effective. This first easy-to-use pocket guide provides everything readers need to know to explore Chinese herbal medicine for themselves. The book includes: • A brief overview of the basic terms and concepts of traditional Chinese medicine. • Simple instructions on how to prepare herbal formulas at home. • An illustrated guide to 108 of the most widely used Chinese herbs, with descriptions, therapeutic effects, preparation methods, and dosages. • A guide to dozens of readily available prepared herbal formulas for common ailments. • An index of symptoms and ailments. • Listings of mail-order houses for herbs, herbal formulas, and other supplies. • Suggestions for further reading.

Dietary Chinese Herbs Yanze Liu, Zhimin Wang, Junzeng Zhang, 2015-05-18 This work presents up-to-date information on chemical, pharmacological, clinical studies and historical uses of common dietary Chinese herbs. Authored by native experts in the field, the reader is introduced to each herb with a brief chronological review of Chinese literature on dietary herb uses, with chapters dedicated to each selected herb including color photos for each herb. In addition, Chinese characters as well as the Latin botanical name indices, and chemical structures for the known active compounds are also provided. The clear layout examines the health benefits that have been studied for centuries, including current clinical and toxicological data. A wide range of Traditional Chinese Medicine (TCM) herbs are investigated for their suitability into daily diets for maintaining general wellness or disease prevention. In the past decades, natural health products, dietary supplements, functional foods, or nutraceuticals have emerged in the West due to the increasing demand for non-pharmaceutical healthcare products. Traditional Chinese Medicine disease prevention and treatment incorporates the use of foods, and herbal medicine in an integrated manner, and thus the dietary Chinese herbs in used in TCM for thousands of years could be sources for developing new, effective, and safe ingredients to capture the rapidly expanding opportunity in the global market place.

Chinese Medicinal Herbs Shizhen Li, Porter Smith, George Arthur Stuart, 2003-01-01 Two Western doctors assembled this updated edition of a massive sixteenth-century document, annotating their translation with their own observations. A treasury of tried-and-true wisdom from centuries of practical experience, it has served as a basis for modern-day organic medicine and has enormous value for practitioners of alternative healing methods.

Western Herbs according to Traditional Chinese Medicine Thomas Avery Garrahan, 2008-01-22 The first book to exclusively use Chinese medical theories and terminology to guide practitioners of Chinese medicine in the use of Western herbs • Written entirely according to the theory, diagnosis, and treatment paradigm of traditional Chinese medicine (TCM) • Explains how to combine and modify the standard TCM formulas to non-Chinese herbs suitable for Western practitioners • Includes 58 monographs of common Western healing herbs, detailing how each plant is used clinically The ever-growing number of Chinese medicine practitioners in the West has brought about an amalgamation of many styles of Chinese medicine and various other forms of medicine from around the world. This book addresses the increasing demand for knowledge of how to integrate plants from outside the standard Chinese materia medica into the fold of Chinese medical practices in the West. It is the first in-depth guide to using Western herbs exclusively according to the theories, diagnoses, and treatments of traditional Chinese medicine that harmonizes the unique terminology and theories of TCM with other botanical medicines. The book contains 58 monographs, illustrated with full-color photographs, of herbs commonly used by Western herbalists. Each herb is grouped by the basic categorization for medicinals in Chinese medicine, such as Herbs that Resolve the Exterior and Herbs that Regulate Blood. The monographs detail the energetics, function and indication, channels entered, dosage and preparation, and contraindications

of each plant. The author also explains how to use the herbs to modify standard formulas used in everyday Chinese herbal medicine, based on his own clinical experience. An appendix of Western Analogs for Chinese Herbs further highlights 40 Chinese medicinals that have related species growing in the West.

The American Association of Oriental Medicine's Complete Guide to Chinese Herbal Medicine David Molony, Ming Ming Pan Molony, 1998 More and more people are choosing herbal healing methods as a supplement or alternative to traditional medical care. This book traces the history of the oldest and most comprehensive form of internal medicine and offers information on more than 170 herbs and herb combinations. Readers will learn how to treat common ailments with Chinese herbs and how to use herbs to achieve an overall balanced state of health and well-being. Included are: - the basic theories and ideas behind Chinese herbal medicine- Chinese herbal formulas for general disorders and chronic conditions an alphabetized list of illnesses that can be treated with Chinese herbs- a glossary of common terms-and a list of reputable herb suppliers.

Herbs and Roots Tamara Venit Shelton, 2019-11-26 An innovative, deeply researched history of Chinese medicine in America and the surprising interplay between Eastern and Western medical practice Chinese medicine has a long history in the United States, with written records dating back to the American colonial period. In this intricately crafted history, Tamara Venit Shelton chronicles the dynamic systems of knowledge, therapies, and materia medica crossing between China and the United States from the eighteenth century to the present. Chinese medicine, she argues, has played an important and often unacknowledged role in both facilitating and undermining the consolidation of medical authority among formally trained biomedical scientists in the United States. Practitioners of Chinese medicine, as racial embodiments of "irregular" medicine, became useful foils for Western physicians struggling to assert their superiority of practice. At the same time, Chinese doctors often embraced and successfully employed Orientalist stereotypes to sell their services to non-Chinese patients skeptical of modern biomedicine. What results is a story of racial constructions, immigration politics, cross-cultural medical history, and the lived experiences of Asian Americans in American history.

Chinese Herbal Legends Chris Flanagan, 2006

The Chinese Herbalist's Handbook Dagmar Ehling, Steve Swart, 2002 The Chinese Herbalist's Handbook is a new tool for prescribing and modifying herbal formulas. This book makes the practice of herbs easily accessible to Chinese medical practitioners and students. For practitioners who rely upon patent herb formulas, but would like to custom-tailor formulas to each patient's unique needs, this book demystifies the process, with instructions and exhaustive cross-referencing and indexing.

The Treatment of Pain with Chinese Herbs and Acupuncture E-Book Peilin Sun, 2010-09-08 This new edition of The Treatment of Pain with Chinese Herbs and Acupuncture gives a thorough and analytical review of the diagnosis and treatment options for pain, using acupuncture with Chinese herbal medicine. Based on the clinical experience of the author and supported by that of acupuncturists in Chinese universities, it offers a comprehensive and detailed set of treatments for a wide variety of pain symptoms and conditions, and includes detailed modifications of the treatments, to aid clinical practice. Although pain syndromes are often complicated, involving both psychological and physical difficulties, resulting in sometimes hesitation in deciding a correct treatment, there are still some short-cut ways to achieve a successful result. Therefore, the essential intentions of the authors are very clear: To demonstrate the practitioners how to differentiate the clinical situations and how to establish the corresponding treatments. To illustrate how to apply Chinese herbs logically and how to consist an acupuncture prescription reasonably and effectively. Features - Thorough exploration of the aetiologies and pathologies for pain in the context of Traditional

Chinese Medicine - Clear discussion of the principles of treatment, acupuncture point selection and combination - Detailed explanation of herbal and acupuncture treatments for common and complex pain conditions - Deals comprehensively with the commonest clinical presenting symptoms - Provides treatment plans and modifications to these plans, offering more options for the practitioner - Includes detailed and useful case histories New to this edition: New chapter on treatment of pain in children Separate sections for the gynecologic conditions Includes Western-named conditions Red Flags for practitioners to indicate situations which are potentially life-threatening or dangerous Suggested treatments now include acupuncture as well as herbal treatments Following on from each treatment a prognosis is now provided

Chinese Herbs, Their Botany, Chemistry, and Pharmacodynamics John D. Keys, 1976

Principles of Chinese Herbal Medicine John Hicks, 2013-01-15 Chinese herbal medicine has become an increasingly popular method of treatment for a range of different health conditions - from eczema to fertility problems. This book presents an authoritative introduction to the fundamentals of Chinese herbal medicine. Covering everything from the history to the most important Chinese herbs and their properties to what to expect from a consultation, the book provides readers with all the key information about the theory and practice of this medical system. It offers advice on how to find a herbalist as well as providing tips on how to improve overall wellbeing. The book also includes patient stories that demonstrate the effectiveness of Chinese herbs when correctly prescribed. A definitive guide to the essentials of this method of treatment, this book is the perfect starting point for anyone wishing to learn about Chinese herbal medicine, whether for personal use or general interest.

Chinese Herbal Formulas: Treatment Principles and Composition Strategies E-Book Yifan Yang, 2010-01-26 Traditionally the study of Chinese herbal formulas has involved memorizing hundreds of classic formulas, and recognizing and summarizing the relevant treatment rules and formula-making strategies in order to create appropriate formulas for treatment. This new book by Yifan Yang, author of *Chinese Herbal Medicines: Comparisons and Characteristics* (which pioneered the comparative method of single herb study), introduces a new approach to formula study. The reader is shown how to use the basic treatment rules and composition strategies, abstracted from hundreds of formulas, in order to create individual formulas for treating a variety of syndromes. The method is clear and easy to understand, with a systematic approach and an emphasis on essential knowledge. Key features 19 common syndromes and 60 sub-syndromes are described and discussed in detail, illustrated with clear line drawings Chinese diagnosis of syndromes are related to the Western disease names Treatment principles and plans are given for each syndrome Principles of herb selection are introduced with recommendations and explanations of specific herbs in relation to each syndrome 166 classic formulas are given as examples Treatment strategies in complicated syndromes, treatment sequences, cautionary advice for herbs and combinations with Western drugs, dosage management in a variety of conditions and commonly used pairs of herbs are all discussed Detailed indexes and contents lists facilitate quick reference and searching within the text. *Chinese Herbal Formulas: Treatment Principles and Composition Strategies* is written by an experienced practitioner and lecturer of Chinese herbal medicine. It is the ideal companion to *Chinese Herbal Medicines: Comparisons and Characteristics*, by the same author. - Offers a method of learning formula composition clearly and concisely- Detailed syndrome differentiation and analysis help students to understand the syndromes and give clear orientation in their treatment plan- Includes clear and detailed information on selection of herbs- Abstracts from each chapter allow practitioners to quickly select herbs in the clinical practice- Also covers dosage management, special strategies for treated complicated cases, contraindications of using formulas and treatment orders

Chinese Herbal Medicine Chongyun Liu, Angela Tseng, Sue Yang, 2004-07-28 A roadmap for easily navigating through the complexities of Chinese herbal medicine, *Chinese Herbal Medicine: Modern Applications of Traditional Formulas* presents information about herbal formulas in a practical and easy-to-access format. Bridging the gap between classroom study and the clinical setting, the book supplies information on disease sym

Chinese Herbal Medicine Made Easy Thomas Richard Joiner, 2001 This comprehensive guide features alphabetical listings of more than 250 illnesses, information on their treatment in both Western and Chinese medicine, and more than 750 herbal formulas used to treat specific complaints.

Chinese Herbal Medicines: Comparisons and Characteristics E-Book Yifan Yang, 2009-12-09 Students and practitioners of Chinese herbal medicine must learn hundreds of commonly used herbs as the first step in studying Chinese herbal medicine. Additionally, junior practitioners lack the clinical experience required to ensure that they can skilfully select the appropriate herbs to use in the formulas. This presents them with a major challenge. *Chinese Herbal Medicines: Comparisons and Characteristics* presents a method of learning individual herbs through vivid and clear discussion of their characteristics and through a comparison with other herbs of their characteristics and strengths. This clear and logical approach makes it easy for the user to understand and memorize the functions of specific herbs. It also enables experienced practitioners to improve their therapeutic results through the use of better formulas. Key features of the new edition Retains the same easy to follow format as the first edition Presents detailed comparisons and discussions of commonly used Chinese herbs Provides a series of thought-provoking questions with very detailed answers Structured to help the reader to learn and memorize the content more easily The easy-to-use question-and-answer format is convenient to apply in the consulting room Includes discussion of clinical applications to help with the practical use of the information in clinical setting Revised and updated with particular emphasis on the safe use of Chinese herbal medicines New appendices provide information on safe dosages, commonly used herbal combinations and the meanings of Chinese words used in herbal names Provides a sound foundation for the study and practice of Chinese herbal medicine. *Chinese Herbal Medicine: Comparisons and Characteristics* is already wellknown to students and practitioners of Chinese herbal medicine. This new, improved edition will continue to be of value to students and practitioners alike. It is now supported by a new companion volume by the same author entitled *Chinese Herbal Formulas: Treatment Principles and Composition Strategies*. Together these two books provide a sound foundation for the study and practice of Chinese herbal medicine. Detailed and vivid comparisons and discussions of Chinese herbs to help the reader memorize and understand their characteristics Structured as a series of thought-provoking questions with very detailed answers, again to help memorize the content Includes clinical applications subsection within each section, to help the reader understand how to apply information better and more accurately in the clinical setting.

Chinese Herbs Book Review: Unveiling the Power of Words

In a world driven by information and connectivity, the power of words has become much more evident than ever. They have the capability to inspire, provoke, and ignite change. Such could be the essence of the book **Chinese Herbs**, a literary masterpiece that delves deep into the significance of words and their affect on our lives. Published by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book's key themes,

examine its writing style, and analyze its overall affect readers.

Table of Contents Chinese Herbs

1. Understanding the eBook Chinese Herbs
 - The Rise of Digital Reading Chinese Herbs
 - Advantages of eBooks Over Traditional Books
2. Identifying Chinese Herbs
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Chinese Herbs
 - User-Friendly Interface
4. Exploring eBook Recommendations from Chinese Herbs
 - Personalized Recommendations
 - Chinese Herbs User Reviews and Ratings
 - Chinese Herbs and Bestseller Lists
5. Accessing Chinese Herbs Free and Paid eBooks
 - Chinese Herbs Public Domain eBooks
 - Chinese Herbs eBook Subscription Services
 - Chinese Herbs Budget-Friendly Options
6. Navigating Chinese Herbs eBook Formats
 - ePub, PDF, MOBI, and More
 - Chinese Herbs Compatibility with Devices
 - Chinese Herbs Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Chinese Herbs
 - Highlighting and Note-Taking Chinese Herbs
 - Interactive Elements Chinese Herbs
8. Staying Engaged with Chinese Herbs
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Chinese Herbs
9. Balancing eBooks and Physical Books Chinese Herbs
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Chinese Herbs
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Chinese Herbs
 - Setting Reading Goals Chinese Herbs
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Chinese Herbs
 - Fact-Checking eBook Content of Chinese Herbs
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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