

All About Diabetes

Gary Scheiner

Fast Facts: Diabetes Mellitus Ian N. Scobie, Katherine Samaras, 2014-02-20 Now in its fifth edition, 'Fast Facts: Diabetes Mellitus' continues to grow in popularity as essential reading for all healthcare professionals. As well as providing a practical approach to the causes and clinical manifestations of types 1 and 2 diabetes, it is packed with information on early detection, and comprehensive details of the latest drug therapies, insulin regimens, delivery methods and injection sites. Importantly, this effective handbook provides simple clear messages to give to your patients to maximize their self-management skills. All healthcare professionals can have a significant life-altering effect on the health outcomes and quality of life of people living with diabetes, and this is the ideal update on current practice for primary care providers, specialist nurses, students of medicine and nursing, educators, pharmacists, allied health professionals and doctors of all specialties in training, as well as specialists in other fields who regularly see patients with diabetes. And one for your patients too. The public increasingly desire being kept informed and abreast of diabetes care. I actively encourage it, since an informed and engaged patient is more easily kept within treatment targets, says Dr Katherine Samaras (author). So we encourage you to make your patients well-informed active partners in their diabetes care by sharing this highly readable book with them. Contents: • Epidemiology • Diagnosis • Type 1 diabetes mellitus • Type 2 diabetes mellitus • Other types of diabetes mellitus • Treatment of type 1 diabetes mellitus • Treatment of type 2 diabetes mellitus • Diet and physical activity • Complications and mental health considerations • Hypoglycemia • Diabetic ketoacidosis and hyperosmolar hyperglycemic state • Pregnancy and diabetes • Useful resources

The Genetic Landscape of Diabetes Laura Dean, 2004

Epidemiology of Diabetes Jahangir Moini, 2019-03-19 Epidemiology of Diabetes addresses the patterns, risk factors and prevention tactics for the epidemic of diabetes in the US population. Diabetes is a costly and common disease that needs serious attention and awareness. Diabetes causes devastating consequences, such as neuropathy, retinopathy, nephropathy and vasculopathy. This succinct reference focuses on current data and research on diabetes, and is essential reading for diabetes care providers, as well as health care decision-makers. The Centers for Disease Control and Prevention has reported that more than 100 million US adults are living with diabetes or prediabetes, hence this is a timely resource on the topic. Serves as a starting point for medical professionals who are addressing the patterns, risk factors, prevention and treatment of the epidemic of diabetes in the US population Discusses the epidemic and prevalence of diabetes in the United States, covering the disability, burden and mortality of diabetes Covers the epidemiology of nutrition and diet, addressing carbohydrates and fiber, fats, protein, alcohol and nutritional intervention

Diabetes Mellitus in Children Mark A. Sperling, 2005

The Everything Guide to Managing Type 2 Diabetes Paula Ford-Martin, Jason Baker, 2012-12-18 Provides information about handling type 2 diabetes, including monitoring glucose levels, increasing exercise, paying attention to nutrition, and reducing the long-term effects.

Introduction to Type 2 Diabetes Beth Drabant, 1996 Explains what type 2 diabetes is. Discusses the cycle of type 2 diabetes; type 1 vs. type 2 diabetes; risk factors for type 2 diabetes in American Indians; diagnostic criteria for diabetes mellitus, impaired glucose tolerance, and gestational diabetes; management and complications of type 2 diabetes; staged diabetes management; standards of care for patients with diabetes in the Indian Health Service; cultural considerations; and the importance of a diabetes support system.

Disease Control Priorities, Third Edition (Volume 5) Dorairaj Prabhakaran, Shuchi Anand, Thomas A. Gaziano, Jean-Claude Mbanya, Rachel Nugent, 2017-11-17 Cardiovascular, respiratory, and related conditions cause more than 40 percent of all deaths globally, and their substantial burden is rising, particularly in low- and middle-income countries (LMICs). Their burden extends well beyond health effects to include significant economic and societal consequences. Most of these conditions are related, share risk factors, and have common control measures at the clinical, population, and policy levels. Lives can be extended and improved when these diseases are prevented, detected, and managed. This volume summarizes current knowledge and presents evidence-based interventions that are effective, cost-effective, and scalable in LMICs.

Type 2 Diabetes in Adults of All Ages Ragnar Hanas, 2007-02 This book will tell the reader everything they need to know about type 2 diabetes. Topics covered include monitoring, medication, healthy eating, exercise, illness, smoking, travel, blood glucose levels, and managing hypoglycaemia.

Diabetes and Hypertension Samy I. McFarlane, George L. Bakris, 2012-10-19 Diabetes and hypertension have evolved as two of the modern day epidemics affecting millions of people around the world. These two common co-morbidities lead to substantial increase in cardiovascular disease, the major cause of morbidity and mortality of adults around the world. In *Diabetes and Hypertension: Evaluation and Management*, a panel of renowned experts address a range of critical topics -- from basic concepts in evaluation and management of diabetes and hypertension, such as dietary interventions, to evaluation and management of secondary hypertension in clinical practice. Other chapters focus on high cardiovascular risk populations such as those with coronary heart disease, chronic kidney disease and minority patients. In addition, evolving concepts and new developments in the field are presented in other chapters, such as prevention of type 2 diabetes and the epidemic of sleep apnea and its implication for diabetes and hypertension evaluation and management. An important title covering two of the most troubling disorders of our time, *Diabetes and Hypertension: Evaluation and Management* will provide the busy practitioner with cutting edge knowledge in the field as well as practical information that can translate into better care provided to the high-risk population of diabetics and hypertensive patients.

Diabetes Alex Klein, Jay Walkins, Kym Stephens, 2012-06-01 Notice To Readers The information contained within this book serves to give a deeper understanding of Diabetes and its implications. The scope of Diabetes is vast and thus all information cannot be a universal information source for all diabetics. The best source of custom information for person 'x' will always be person 'x' doctor. ----- This diabetes hand book dives deep into the true understanding of Type 1 and Type 2 Diabetes. If you are a diabetic, or you have a loved one that is, this book is a must to own. This book covers everything there is to know about diabetes, from questions like, 'What is diabetes?', 'How does a diabetic properly care for their feet?', 'As a diabetic, how do I minimize complications?' and 'What is a recommended diet for the diabetic?' *Diabetic Handy Book. Learn About Type 1 and Type 2 Diabetes.* The diagnosis of diabetes can be confusing and cause a number of questions and complications. Unfortunately, diabetes can be fatal if not treated properly. Therefore, it is crucial to understand this condition so you can care for yourself upon diagnosis of diabetes. When a person has diabetes, their body does one of two things. Either insulin is not produced in the amount the body needs or the body's cells have created sensitivity to insulin, thus preventing it from binding. Both of these situations cause the body's blood sugar levels to dangerously peak. One reaction, which is felt immediately by someone with diabetes, is exhaustion from not receiving adequate fuel. Diabetes can wreak havoc on your body, especially during periods where the diabetes is not under control. Therefore, it is important that you understand what diabetes is, how to manage it, and how to keep away from serious complications. When your bloodstream has an excessive amount of glucose flowing throughout your bloodstream, this can lead to diabetes. A diagnosis of diabetes introduces the importance of managing your levels of glucose or your levels of blood sugar. Both types of diabetes sufferers need to monitor their glucose levels regularly each day. A diabetic with Type 1 needs to consider the fact that his or her body may not make any insulin to control the blood sugar level. A Type 2 diabetic needs to pay attention to the foods eaten as that may cause a spike in glucose levels. This spike may be above the amount of insulin secreted by the pancreas to be processed. Diabetes can be controlled, and this book will show you how.

International Textbook of Diabetes Mellitus R. A. DeFronzo, E. Ferrannini, Paul Zimmet, George Alberti, 2015-03-11 The International Textbook of Diabetes Mellitus has been a successful, well-respected medical textbook for almost 20 years, over 3 editions. Encyclopaedic and international in scope, the textbook covers all aspects of diabetes ensuring a truly multidisciplinary and global approach. Sections covered include epidemiology, diagnosis, pathogenesis, management and complications of diabetes and public health issues worldwide. It incorporates a vast amount of new data regarding the scientific understanding and clinical management of this disease, with each new edition always reflecting the substantial advances in the field. Whereas other diabetes textbooks are primarily clinical with less focus on the basic science behind diabetes, ITDM's primary philosophy has always been to comprehensively cover the basic science of metabolism, linking this closely to the pathophysiology and clinical aspects of the disease. Edited by four world-famous diabetes specialists, the book is divided into 13 sections, each section edited by a section editor of major international prominence. As well as covering all aspects of diabetes, from epidemiology and pathophysiology to the management of the condition and the

complications that arise, this fourth edition also includes two new sections on NAFLD, NASH and non-traditional associations with diabetes, and clinical trial evidence in diabetes. This fourth edition of an internationally recognised textbook will once again provide all those involved in diabetes research and development, as well as diabetes specialists with the most comprehensive scientific reference book on diabetes available.

Nutritional and Therapeutic Interventions for Diabetes and Metabolic Syndrome Debasis Bagchi,Sreejayan Nair,2012-01-31 Diabetes mellitus affects approximately 20 million people in the US, or nearly 7% of the population. It is expected to increase by 70% within the next 25 years, and numerous epidemiologic studies have demonstrated that type 2 diabetes increases the risk of cardiovascular morbidity and mortality. It is estimated to cost over \$92 billion in health care costs and lost productivity. The increased risk is due to the detrimental vascular effects of prolonged exposure to a hyperglycemic, oxidant-rich environment yielding associated cardiovascular risk factors: atherosclerosis, hypertension and clotting abnormalities. Hypertension and dyslipidemia in diabetic patients produces substantial decreases in cardiovascular and microvascular diseases. Nutritional and Therapeutic Interventions for Diabetes and Metabolic Syndrome provides an overview of the current epidemic, outlines the consequences of this crisis and lays out strategies to forestall and prevent diabetes, obesity and other intricate issues of metabolic syndrome. The contributing experts from around the world give this book relevant and up-to-date global approaches to the critical consequences of metabolic syndrome and make it an important reference for those working with the treatment, evaluation or public health planning for the effects of metabolic syndrome and diabetes. Scientific discussion of the epidemiology and pathophysiology of the relationship between diabetes and metabolic syndrome Includes coverage of Pre-diabetes conditions plus both Type I and Type II Diabetes Presents both prevention and treatment options

Global Report on Diabetes Gojka Roglic,2016 On the occasion of World Health Day 2016, WHO issues a call for action on diabetes, drawing attention to the need to step up prevention and treatment of the disease. The first WHO Global report on diabetes demonstrates that the number of adults living with diabetes has almost quadrupled since 1980 to 422 million adults. This dramatic rise is largely due to the rise in type 2 diabetes and factors driving it include overweight and obesity. In 2012 alone diabetes caused 1.5 million deaths. Its complications can lead to heart attack, stroke, blindness, kidney failure and lower limb amputation. The new report calls upon governments to ensure that people are able to make healthy choices and that health systems are able to diagnose, treat and care for people with diabetes. It encourages us all as individuals to eat healthily, be physically active, and avoid excessive weight gain.--Publisher's description.

Diabetes Head to Toe Rita R. Kalyani,Mark D. Corriere,Thomas W. Donner,Michael W. Quartuccio,2018-12-18 A comprehensive, easy-to-follow guide to understanding and managing your diabetes. Silver Winner of the Benjamin Franklin Awards (Health & Fitness) by the Independent Book Publishers Association; Winner of the Best Book Award (Health: Medical Reference) by the American Book Fest; Silver Winner of Book Award (Education) by the National Health Information Awards Diabetes Head to Toe is an invaluable resource for anyone living with diabetes. It includes everything you should know about the disease—straight from the experts. The authors, all doctors who specialize in diabetes care, offer simple explanations and essential advice on all things diabetes. Accessible and concise, Diabetes Head to Toe presents information at a glance, with conversational prose and easy-to-digest bullet points. Each chapter begins with a short introduction and includes helpful sections on What You Need to Know and What Does It All Mean? Other notable features include Tips, Myths and Facts, and frequently asked questions. In addition to defining medical concepts in everyday language while tackling core topics, such as patient dietary needs and lifestyle changes, this book contains unique coverage of • how to prevent and diagnose diabetes • the many complications—head to toe—that people with diabetes can develop • diabetes in diverse populations, including children and adults • new treatments for diabetes and how they work • common interactions between diabetes medications and other drugs • medical conditions that occur more frequently in people with diabetes, including eye disease, heart disease, kidney problems, depression, nerve damage, and sexual problems • cutting-edge diabetes technologies and the costs, benefits, and limitations of various devices • legal considerations that everyone with diabetes should keep in mind More than 50 illustrations illuminate key points, while a two-color format allows readers to quickly identify the information they are seeking. Aimed at people with diabetes, family members, teachers, physicians, nurses, dietitians, pharmacists, specialists, and anyone else who cares about the health of diabetes patients, this up-to-date book will help readers recognize the early warning signs before diabetes-related difficulties arise, ensuring a long, healthy life. Silver Winner of the 2019 Benjamin Franklin Awards (Health & Fitness) of the Independent Book Publishers Association.

Atypical Diabetes Boris Draznin,2018-05-01 Although the vast majority of diabetes cases (type 1 and type 2) are polygenic diseases, research, funded by the American Diabetes Association, has found that some forms of diabetes, distinct from type 1 or type 2 diabetes, are caused by single gene mutations. It has been estimated that these monogenic forms of diabetes account for up to five percent of all diabetes cases. In addition to monogenic diabetes, there are other atypical causes of diabetes, including: genetic defects in insulin action; diseases of the exocrine pancreas; and endocrinopathies. Given recent advances in our understanding of sub-types of diabetes, the time has come for a book on how to correctly diagnose and treat patients with atypical forms of this disorder. The book will be divided into three parts, each exploring distinct categories of atypical diabetes. Part I: Monogenic Diabetes: Genetic Defects of β -cell development and function; Part II: Insulin resistance, genetic defects in insulin action, and diseases of exocrine pancreas; Part III: Endocrinopathies, Immune-mediated diabetes, Diabetes of Unknown cause, and Other genetic syndromes sometimes associated with diabetes.

Ukpds Rury R. Holman,2008

The Johns Hopkins Guide to Diabetes Christopher D. Saudek,Richard R. Rubin,Thomas W. Donner,2014-04-30 A comprehensive guide to the disease includes up-to-date information and answers questions for sufferers and their families.

Diabetes and Me ,2013-12-10 An upbeat, empathetic, and essential guide for young people with diabetes In Diabetes and Me: An Essential Guide for Kids and Parents, Kim Chaloner, who has been teaching award-winning science classes for fifteen years, gives kids the tools they need to take charge of their health and understand what it means to be diagnosed with diabetes. In this graphic guide, she walks four young people through the basics of diabetes, both Type 1 and Type 2, revealing . . . • The early signs of diabetes and how doctors can help • What it means to have Type 1 or Type 2 diabetes • What the pancreas is and how it works • How to manage the ups and downs of blood sugar levels • Strategies for diet and exercise • How to explain diabetes to friends and family members • And much more! Illustrated by the award-winning artist Nick Bertozzi, Diabetes and Me is an informative, empowering handbook for parents, teachers, and kids looking to learn more about how to handle one of today's most common conditions.

Think Like a Pancreas Gary Scheiner,2012-01-24 The all-in-one, comprehensive resource for the millions of people with diabetes who use insulin, revised and updated. Few diabetes books focus specifically on the day-to-day issues facing people who use insulin. Diabetes educator Gary Scheiner provides the tools to think like a pancreas -- to successfully master the art and science of matching insulin to the body's ever-changing needs. Comprehensive, free of medical jargon, and packed with useful information not readily available elsewhere, such as: Day-to-day blood glucose control and monitoring Designing an insulin program to best match your lifestyle Up-to date medication and technology New insulin formulations and combinations and more With detailed information on new medications and technologies -- both apps and devices -- surrounding insulin, as well as new injection devices, and dietary recommendations, Think Like a Pancreas is the insulin user's go-to guide.

Diabetes in Clinical Practice Evanthia Diakoumopoulou,Ionnis Ioannidis,Stavros Liatis,Nikolaos Tentolouris,Panagiotis Tsapogas,2007-04-30 Dealing with all the aspects of diabetes in clinical practice, this book offers a comprehensive, easy-to-use guide to help healthcare professionals achieve their target of optimal management and treatment of their patients. Diabetes in Clinical Practice: Questions and Answers from Case Studies is presented in the form of questions concerning diabetes diagnosis, management and therapy based on real-life case studies. Each question is answered in a clear, easy to follow style. The authors begin with general questions regarding diabetes, its pathophysiology and diagnostic tests. They then cover all the major complications that can arise in a patient with poorly controlled diabetes. The authors also discuss special groups, such as adolescents and the elderly. The book features useful information for patients and their healthcare professionals on daily activities such as exercise, nutrition, driving, travelling and sick day rules. Diabetes in Clinical Practice: Questions and Answers from Case Studies is an indispensable resource

for all members of the diabetes team, in primary and secondary care: physicians, diabetes specialist nurses, diabetes educators, dieticians, podiatrists, endocrinologists and postgraduate medical students.

Discover tales of courage and bravery in Crafted by is empowering ebook, Unleash Courage in **All About Diabetes** . In a downloadable PDF format (Download in PDF: *), this collection inspires and motivates. Download now to witness the indomitable spirit of those who dared to be brave.

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